

# SPORTING CANADA

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Note: \* indicates CIS Standard and (HT) indicates a Hand Time

## **Best OUA Women's 60m Comprehensive Results for All Athletes as of Mar-23-2010 00:20:24** (Standard: 7.61)

Rank	Result	Athlete	Team	Date	Venue
1	7.45 *	Sarah Peirce	Guelph	Mar-11-2010	St. Denis Athletic Centre
2	7.54 *	Noelle Montcalm	Windsor	Mar-11-2010	St. Denis Athletic Centre
3	7.60 *	Nicole Sassine	Windsor	Mar-11-2010	St. Denis Athletic Centre
4	7.61 *	Billie White-Gibson	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	7.72	Danielle Harrison	Windsor	Dec-04-2009	St. Denis Athletic Centre
6	7.75	Thandiwe Vela	Toronto	Feb-26-2010	Toronto Track and Field Centre
7	7.78	Veronica Catry	Queen's	Feb-26-2010	Toronto Track and Field Centre
8	7.82	Brenna Thomson	Western	Feb-26-2010	Toronto Track and Field Centre
9	7.85	Jeannette Goode	Guelph	Feb-26-2010	Toronto Track and Field Centre
10	7.86	Jen Cotten	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
11	7.87	Mila Simulik	Western	Feb-26-2010	Toronto Track and Field Centre
12	7.87	Brittany Pepper	York	Feb-26-2010	Toronto Track and Field Centre
13	7.91	Marissa Walter	Queen's	Jan-08-2010	Barton Hall
14	7.91	Camille Wallace	Windsor	Feb-20-2010	Michigan Track and Field Centre
15	7.92	Charelle Anobile	Windsor	Dec-04-2009	St. Denis Athletic Centre
16	7.93	Rachel Oppong-Agyei	York	Feb-26-2010	Toronto Track and Field Centre
17	7.95	Vanessa Brathwaite	Western	Feb-26-2010	Toronto Track and Field Centre
18	7.96	Christiane Lela	Ottawa	Dec-19-2009	Louis Riel Dome
19	8.00	Ashley Drouillard	Windsor	Feb-13-2010	St. Denis Athletic Centre
20	8.01	Natoya Whittingham	Windsor	Dec-04-2009	St. Denis Athletic Centre
21	8.01	Cassandra McCaig	Western	Feb-19-2010	Uof T Athletic Centre
22	8.02	Kelsi Mayne	Windsor	Jan-22-2010	Grand Valley State University
23	8.03	Iman Blackman	Windsor	Dec-04-2009	St. Denis Athletic Centre
24	8.07	Morgan Hall	Western	Jan-29-2010	Tomlinson Field House
25	8.09	Melanie Lui	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
26	8.11	Tomeizel Barry	Guelph	Dec-05-2009	Toronto Track and Field Centre
27	8.11	Marina Savic	Windsor	Dec-04-2009	St. Denis Athletic Centre
28	8.14	Jen Perrault	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
29	8.14	Jaide Lyons	Windsor	Dec-04-2009	St. Denis Athletic Centre
30	8.15	Jennifer Adebajo	Waterloo	Feb-26-2010	Toronto Track and Field Centre
31	8.15	Jan Stirling	Queen's	Jan-29-2010	Tomlinson Field House
32	8.17	Sherelle Solomon	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
33	8.17	Latisha Rhooms	McMaster	Feb-26-2010	Toronto Track and Field Centre
34	8.18	Joy Ogundare	Queen's	Jan-15-2010	St. Denis Athletic Centre
35	8.18	Pauliina Beretta	Queen's	Feb-26-2010	Toronto Track and Field Centre
36	8.20	Caitlin Fortier	Windsor	Feb-13-2010	St. Denis Athletic Centre

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37	8.21	Alicia Smith	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
38	8.24	Kari Kluge	Lakehead	Jan-23-2010	UWS Fieldhouse
39	8.24	Stephanie Baello	York	Jan-29-2010	Tomlinson Field House
40	8.25	Marina Yacob	Ottawa	Feb-13-2010	Louis Riel Dome
41	8.28	Katrina Vandervoort	Waterloo	Feb-19-2010	Tomlinson Fieldhouse
42	8.29	Jenessa Olson	Western	Jan-15-2010	St. Denis Athletic Centre
43	8.30	Emily Coxhead	Western	Jan-29-2010	Tomlinson Field House
44	8.34	Heather Schmidt	Guelph	Feb-13-2010	St. Denis Athletic Centre
45	8.35	Acacia Hill	York	Feb-13-2010	St. Denis Athletic Centre
46	8.35	Jessica Burke-Trebell	Windsor	Dec-04-2009	St. Denis Athletic Centre
47	8.35	Sarah Ducasse	Ottawa	Feb-26-2010	Toronto Track and Field Centre
48	8.37	Angela King	Queen's	Dec-05-2009	Tomlinson Fieldhouse
49	8.38	Sandra Vanessa Ndikumasabo	Ottawa	Jan-29-2010	Tomlinson Field House
50	8.38	Vanessa Ivec	Lakehead	Jan-23-2010	UWS Fieldhouse
51	8.42	Caroline Ssemanda	McMaster	Jan-29-2010	Tomlinson Field House
52	8.43	Krystal Christopher	York	Jan-15-2010	St. Denis Athletic Centre
53	8.49	Lacey VanDerMarel	Western	Jan-15-2010	St. Denis Athletic Centre
54	8.52	Carmen Siu	Western	Jan-29-2010	Tomlinson Field House
55	8.53	Rachel Lorimer	Waterloo	Dec-05-2009	Thompson Recreation and Athletic Centre
56	8.57	Erika Reiser	Windsor	Dec-04-2009	St. Denis Athletic Centre
57	8.57	Becky Van Zeyl	Laurentian	Feb-13-2010	Louis Riel Dome
58	8.57	Reba Timbrell	Ottawa	Feb-13-2010	Louis Riel Dome
59	8.57	Andrina Slegers	Windsor	Dec-04-2009	St. Denis Athletic Centre
60	8.58	Diandra Forde	York	Nov-26-2009	Toronto Track and Field Centre
61	8.58	Sarah Sylvester	Western	Feb-06-2010	Toronto Track and Field Centre
62	8.59	Emma Crombeen	York	Nov-26-2009	Toronto Track and Field Centre
63	8.60	Donia Oumesrour	Windsor	Dec-04-2009	St. Denis Athletic Centre
64	8.60	Cassie Ostrom	Lakehead	Jan-23-2010	UWS Fieldhouse
65	8.61	Johanna Dobransky	Ottawa	Feb-13-2010	Louis Riel Dome
66	8.61	Sarah Schweter	Toronto	Feb-06-2010	Toronto Track and Field Centre
67	8.63	Nadine Johnson	Ottawa	Feb-13-2010	Louis Riel Dome
68	8.63	Melanie Banville	Ottawa	Nov-27-2009	Louis Riel Dome
69	8.63	Melissa Bishop	Windsor	Dec-04-2009	St. Denis Athletic Centre
70	8.66	Victoria Tschirhart	McMaster	Feb-06-2010	Toronto Track and Field Centre
71	8.66	Marie-Eve Gauthier	Ottawa	Nov-27-2009	Louis Riel Dome
72	8.68	Brittney Lawrence	Windsor	Dec-04-2009	St. Denis Athletic Centre
73	8.69	Heather Kurpe	Windsor	Dec-04-2009	St. Denis Athletic Centre
74	8.69	Amanda Kanters	Windsor	Dec-04-2009	St. Denis Athletic Centre
75	8.71	Kate Portner Gartke	Queen's	Nov-27-2009	Louis Riel Dome
76	8.71	Kylie Rains	Ottawa	Nov-27-2009	Louis Riel Dome
77	8.71	Jenn Tomayer	Windsor	Dec-04-2009	St. Denis Athletic Centre

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78	8.72	Shannon Mueller	Windsor	Jan-15-2010	St. Denis Athletic Centre
79	8.73	Elizabeth Pandza	Toronto	Jan-22-2010	UofT Athletic Centre
80	8.76	Tayler Whitley	Ottawa	Feb-13-2010	Louis Riel Dome
81	8.80	Nancy Spreitzer	Waterloo	Feb-06-2010	Toronto Track and Field Centre
82	8.80	Wendy Zhang	Ottawa	Feb-13-2010	Louis Riel Dome
83	8.83	Laura Barclay	Western	Jan-29-2010	Tomlinson Field House
84	8.83	Ginnette Reyes	Toronto	Jan-22-2010	UofT Athletic Centre
85	8.85	Cynthia Appiah	York	Nov-26-2009	Toronto Track and Field Centre
86	8.87	Rachel Lariviere	Windsor	Dec-04-2009	St. Denis Athletic Centre
87	9.04	Lindsay Morrison	Windsor	Dec-04-2009	St. Denis Athletic Centre
88	9.06	Stephanie Loy Son	McMaster	Feb-06-2010	Toronto Track and Field Centre
89	9.11	Chelsea Paterson	Windsor	Dec-04-2009	St. Denis Athletic Centre
90	9.17	Jacqueline Rennebohm	Western	Feb-19-2010	Uof T Athletic Centre
91	9.18	Chantel Pilon	Waterloo	Dec-05-2009	Thompson Recreation and Athletic Centre
92	9.18	Leanne Sinclair	Waterloo	Feb-19-2010	Uof T Athletic Centre
93	9.40	Elizabeth Ultee	Queen's	Dec-05-2009	Tomlinson Fieldhouse
94	9.50	Sara Ellick	Ottawa	Jan-10-2010	Leverone Fieldhouse
95	9.66	Tanis Smith	Windsor	Dec-04-2009	St. Denis Athletic Centre
96	10.37	Sarah Quinn	Windsor	Dec-04-2009	St. Denis Athletic Centre
97	30.00	Jessica Caterini	Toronto	Feb-06-2010	Toronto Track and Field Centre

**Best OUA Women's 300m Comprehensive Results for All Athletes as of Mar-23-2010 00:20:24** (Standard: 39.93)

Rank	Result	Athlete	Team	Date	Venue
1	0:38.73 *	Noelle Montcalm	Windsor	Mar-11-2010	St. Denis Athletic Centre
2	0:39.15 *	Alicia Brown	Toronto	Mar-11-2010	St. Denis Athletic Centre
3	0:40.03 (39.89 330m)	Sarah Wells	Toronto	Feb-05-2010	Loftus Centre
4	0:40.24	Nicole Sassine	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	0:40.28	Brenna Thomson	Western	Feb-26-2010	Toronto Track and Field Centre
6	0:40.41 (40.18 400m)	Athena McBean	Toronto	Feb-13-2010	Louis Riel Dome
7	0:40.42 (40.28 330m)	Jen Cotten	Western	Feb-05-2010	Loftus Centre
8	0:40.45	Christiane Lela	Ottawa	Feb-19-2010	Tomlinson Fieldhouse
9	0:40.69	Jen Perrault	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
10	0:40.71	Jan Stirling	Queen's	Feb-26-2010	Toronto Track and Field Centre
11	0:40.73	Lisa Grieve	Western	Feb-26-2010	

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					Toronto Track and Field Centre
12	0:40.99 (40.85 330m)	Charelle Anobile	Windsor	Feb-05-2010	Loftus Centre
13	0:41.04	Cassandra McCaig	Western	Jan-29-2010	Tomlinson Field House
14	0:41.11	Veronica Catry	Queen's	Feb-26-2010	Toronto Track and Field Centre
15	0:41.13	Jenessa Olson	Western	Jan-29-2010	Tomlinson Field House
16	0:41.21	Shauna Malek	Guelph	Jan-29-2010	Tomlinson Field House
17	0:41.26 (41.03 400m)	Marissa Walter	Queen's	Nov-27-2009	Louis Riel Dome
18	0:41.59	Jennifer Barrow	Queen's	Feb-26-2010	Toronto Track and Field Centre
19	0:41.81	Donia Oumesrour	Windsor	Feb-13-2010	St. Denis Athletic Centre
20	0:41.89	Jaide Lyons	Windsor	Feb-13-2010	St. Denis Athletic Centre
21	0:42.00	Amanda Kanters	Windsor	Dec-04-2009	St. Denis Athletic Centre
22	0:42.03	Jessica Caterini	Toronto	Jan-15-2010	St. Denis Athletic Centre
23	0:42.04	Sherelle Solomon	Western	Feb-19-2010	Uof T Athletic Centre
24	0:42.04	Sarah Peirce	Guelph	Feb-06-2010	Toronto Track and Field Centre
25	0:42.17	Iman Blackman	Windsor	Feb-13-2010	St. Denis Athletic Centre
26	0:42.24	Corinne Smith	Guelph	Feb-26-2010	Toronto Track and Field Centre
27	0:42.31	Billie White-Gibson	Windsor	Feb-13-2010	St. Denis Athletic Centre
28	0:42.57	Andrina Slegers	Windsor	Jan-15-2010	St. Denis Athletic Centre
29	0:42.80	Rachel Aubry	Guelph	Jan-09-2010	UofT Athletic Centre
30	0:42.88	Jessica Tat	McMaster	Jan-29-2010	Tomlinson Field House
31	0:42.94	Brittany Pepper	York	Feb-06-2010	Toronto Track and Field Centre
32	0:42.7 (HT)	Melanie Lui	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
33	0:42.97	Vanessa Ivec	Lakehead	Feb-06-2010	Max Bell Field House
34	0:43.01	Melissa Bishop	Windsor	Dec-04-2009	St. Denis Athletic Centre
35	0:43.08	Amanda Spriel	Guelph	Feb-26-2010	Toronto Track and Field Centre
36	0:43.13	Angela King	Queen's	Dec-05-2009	Tomlinson Fieldhouse
37	0:43.0 (HT)	Jen Ricks	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
38	0:43.32	Amilia Di Chiara	Windsor	Dec-04-2009	St. Denis Athletic Centre
39	0:43.33	Danielle Vanos	Western	Feb-06-2010	Toronto Track and Field Centre
40	0:43.36	Alison McCart	Guelph	Feb-26-2010	Toronto Track and Field Centre
41	0:43.38	Dana Hislop	McMaster	Feb-26-2010	

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					Toronto Track and Field Centre
42	0:43.41	Diandra Forde	York	Feb-26-2010	Toronto Track and Field Centre
43	0:43.53	Pauliina Beretta	Queen's	Feb-06-2010	Toronto Track and Field Centre
44	0:43.58	Vanessa Brathwaite	Western	Jan-29-2010	Tomlinson Field House
45	0:43.72 (43.49 400m)	Katie Housley	Toronto	Feb-13-2010	Louis Riel Dome
46	0:43.79	Raeleen Hunter	Windsor	Dec-04-2009	St. Denis Athletic Centre
47	0:43.88	Vicky Siemon	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
48	0:44.00	Heather Kurpe	Windsor	Dec-04-2009	St. Denis Athletic Centre
49	0:44.10	Morgan Van Mierlo	McMaster	Jan-15-2010	St. Denis Athletic Centre
50	0:44.10	Camille Wallace	Windsor	Dec-04-2009	St. Denis Athletic Centre
51	0:44.18	Rachel Lorimer	Waterloo	Dec-05-2009	Thompson Recreation and Athletic Centre
52	0:44.22 (43.99 400m)	Marina Yacob	Ottawa	Nov-27-2009	Louis Riel Dome
53	0:44.24	Caitlin Fortier	Windsor	Jan-15-2010	St. Denis Athletic Centre
54	0:44.42	Reba Timbrell	Ottawa	Feb-19-2010	Tomlinson Fieldhouse
55	0:44.45 (44.22 400m)	Nadine Johnson	Ottawa	Feb-13-2010	Louis Riel Dome
56	0:44.48 (44.25 400m)	Johanna Dobransky	Ottawa	Feb-13-2010	Louis Riel Dome
57	0:44.77	Stephanie Baello	York	Jan-29-2010	Tomlinson Field House
58	0:45.15	Sarah Schweter	Toronto	Feb-06-2010	Toronto Track and Field Centre
59	0:45.40	Katrina Vandervoort	Waterloo	Jan-15-2010	St. Denis Athletic Centre
60	0:45.42 (45.19 400m)	Kylie Rains	Ottawa	Jan-16-2010	Louis Riel Dome
61	0:45.62	Becky Van Zeyl	Laurentian	Feb-19-2010	Uof T Athletic Centre
62	0:45.77	Heather Schmidt	Guelph	Feb-13-2010	St. Denis Athletic Centre
63	0:45.87	Fiona Emes	Toronto	Jan-15-2010	St. Denis Athletic Centre
64	0:45.93	Brittney Lawrence	Windsor	Dec-04-2009	St. Denis Athletic Centre
65	0:46.17	Kelsey Hawryluk	Queen's	Dec-05-2009	Tomlinson Fieldhouse
66	0:46.23 (46.00 400m)	Emily Coleman	Ottawa	Nov-27-2009	Louis Riel Dome
67	0:46.40	Acacia Hill	York	Jan-29-2010	Tomlinson Field House
68	0:46.43	Krystal Christopher	York	Nov-26-2009	Toronto Track and Field Centre
69	0:46.55	Joy Ogundare	Queen's	Jan-15-2010	St. Denis Athletic Centre
70	0:46.57	Krystal Goodwin	Windsor	Dec-04-2009	St. Denis Athletic Centre
71		Paulina Maher	Toronto	Feb-13-2010	Louis Riel Dome

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	0:46.77 (46.54 400m)				
72	0:47.26	Lindsay Morrison	Windsor	Dec-04-2009	St. Denis Athletic Centre
73	0:47.40	Chantel Pilon	Waterloo	Feb-26-2010	Toronto Track and Field Centre
74	0:47.59 (47.36 400m)	Marie-Eve Gauthier	Ottawa	Feb-13-2010	Louis Riel Dome
75	0:47.69	Cassie Ostrom	Lakehead	Jan-23-2010	UWS Fieldhouse
76	0:47.83	Leanne Sinclair	Waterloo	Feb-26-2010	Toronto Track and Field Centre
77	0:47.85	Kim Kallio	Queen's	Dec-05-2009	Tomlinson Fieldhouse
78	0:48.35 (48.12 400m)	Tasha Bell	Queen's	Nov-27-2009	Louis Riel Dome
79	0:48.85 (48.62 400m)	Sara Ellick	Ottawa	Feb-13-2010	Louis Riel Dome
80	0:48.85	Jacqueline Rennebohm	Western	Feb-06-2010	Toronto Track and Field Centre
81	0:50.29	Golbom Moltaji	Windsor	Dec-04-2009	St. Denis Athletic Centre
82	0:50.39 (50.16 400m)	Amy Thorton	Royal Military College	Feb-13-2010	Louis Riel Dome
83	0:51.81	Elizabeth Ultee	Queen's	Dec-05-2009	Tomlinson Fieldhouse
84	1:40.22 (1:39.99 400m)	Megan Andrews	Queen's	Nov-27-2009	Louis Riel Dome

**Best OUA Women's 600m Comprehensive Results for All Athletes as of Mar-23-2010 00:20:24** (Standard: 1:33.45)

Rank	Result	Athlete	Team	Date	Venue
1	1:30.48 *	Melissa Bishop	Windsor	Mar-11-2010	St. Denis Athletic Centre
2	1:32.20 *	Sarah Wells	Toronto	Mar-11-2010	St. Denis Athletic Centre
3	1:32.89 *	Raeleen Hunter	Windsor	Mar-11-2010	St. Denis Athletic Centre
4	1:33.85	Jen Perrault	Western	Feb-26-2010	Toronto Track and Field Centre
5	1:34.01	Jen Cotten	Western	Feb-13-2010	St. Denis Athletic Centre
6	1:34.07	Rachel Aubry	Guelph	Mar-11-2010	St. Denis Athletic Centre
7	1:34.99	Shauna Malek	Guelph	Feb-26-2010	Toronto Track and Field Centre
8	1:35.14 (1:34.88 300m)	Andrina Slegers	Windsor	Jan-22-2010	Grand Valley State University
9	1:35.16	Jen Ricks	Western	Feb-13-2010	St. Denis Athletic Centre
10	1:35.71 (1:35.45 300m)	Heather Kurpe	Windsor	Jan-22-2010	Grand Valley State University
11	1:35.93	Emma Tallman	Laurentian	Feb-26-2010	Toronto Track and Field Centre
12	1:35.98 (1:35.72 300m)	Amanda Kanters	Windsor	Jan-22-2010	Grand Valley State University
13	1:36.60	Christiane Lela	Ottawa	Jan-29-2010	Tomlinson Field House

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14	1:36.71 (1:36.20 400m)	Katie Housley	Toronto	Feb-13-2010	Louis Riel Dome
15	1:36.74	Alicia Kallos	Queen's	Feb-06-2010	Toronto Track and Field Centre
16	1:37.89	Corinne Smith	Guelph	Feb-13-2010	St. Denis Athletic Centre
17	1:38.13	Kim Volterman	McMaster	Feb-26-2010	Toronto Track and Field Centre
18	1:38.34	Jillian Wyman	McMaster	Jan-29-2010	Tomlinson Field House
19	1:38.38	Jenni Vanos	Guelph	Feb-26-2010	Toronto Track and Field Centre
20	1:39.13	Vicky Siemon	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
21	1:39.20	Kelsey Desjarlais	York	Jan-23-2010	Thompson Recreation and Athletic Centre
22	1:39.70	Paulina Maher	Toronto	Jan-29-2010	Findlay Fieldhouse
23	1:39.71	Courtney Long	Western	Feb-06-2010	Toronto Track and Field Centre
24	1:39.83	Heather Bijman	Queen's	Feb-06-2010	Toronto Track and Field Centre
25	1:39.85	Jackie Todd	Western	Jan-29-2010	Tomlinson Field House
26	1:40.83	Jennifer Bays	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
27	1:41.01	Kalesia Hilborn	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
28	1:41.27	Stephanie Hinton	Waterloo	Feb-26-2010	Toronto Track and Field Centre
29	1:41.31	Sarah Haliburton	McMaster	Feb-26-2010	Toronto Track and Field Centre
30	1:42.44	Jennifer Barrow	Queen's	Jan-15-2010	St. Denis Athletic Centre
31	1:43.20	Danielle Vanos	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
32	1:43.76	Kate MacNaughton	Ottawa	Feb-26-2010	Toronto Track and Field Centre
33	1:43.82	Kim Kallio	Queen's	Dec-05-2009	Tomlinson Fieldhouse
34	1:44.54	Diandra Forde	York	Feb-06-2010	Toronto Track and Field Centre
35	1:45.00	Lorelle Convery	Western	Feb-13-2010	St. Denis Athletic Centre
36	1:47.66	Maggie Robins	Laurentian	Feb-06-2010	Toronto Track and Field Centre
37	1:48.01 (1:47.50 400m)	Reba Timbrell	Ottawa	Dec-19-2009	Louis Riel Dome
38	1:48.6 (HT)	Vanessa Ivec	Lakehead	Jan-09-2010	Lakehead Hangar
39	1:50.09	Charelle Anobile	Windsor	Dec-04-2009	St. Denis Athletic Centre
40	1:50.56	Lindsay Morrison	Windsor	Dec-04-2009	St. Denis Athletic Centre
41	1:50.63 (1:50.12 400m)	Sara Ellick	Ottawa	Feb-13-2010	Louis Riel Dome
42	1:50.99	Jessica Shantz	McMaster	Jan-09-2010	UofT Athletic Centre
43	1:50.99	Laura-Ellen Devries	McMaster	Dec-05-2009	Thompson Recreation and Athletic Centre
44	1:51.88	Breanna Hall	McMaster	Dec-05-2009	Thompson Recreation and Athletic Centre
45	1:54.63	Golbom Moltaji	Windsor	Dec-04-2009	St. Denis Athletic Centre
46	1:58.23	Jacqueline Rennebohm	Western	Feb-19-2010	Uof T Athletic Centre

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47	2:01.30 (2:00.79 400m)	Kristin Loeper	Ottawa	Jan-16-2010	Louis Riel Dome
48	2:02.4 (HT)	Cassie Ostrom	Lakehead	Jan-09-2010	Lakehead Hangar
49	2:22.70	Donia Oumesrour	Windsor	Dec-04-2009	St. Denis Athletic Centre
50	2:22.80	Brittney Lawrence	Windsor	Dec-04-2009	St. Denis Athletic Centre
51	2:26.66	Nicole Sassine	Windsor	Dec-04-2009	St. Denis Athletic Centre
52	2:26.72	Jaide Lyons	Windsor	Dec-04-2009	St. Denis Athletic Centre

**Best OUA Women's 1000m Comprehensive Results for All Athletes as of Mar-23-2010 00:20:24** (Standard: 2:51.08)

Rank	Result	Athlete	Team	Date	Venue
1	2:46.61 *	Megan Brown	Toronto	Feb-26-2010	Toronto Track and Field Centre
2	2:47.04 *	Melissa Bishop	Windsor	Feb-26-2010	Toronto Track and Field Centre
3	2:48.50 *	Raeleen Hunter	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	2:51.07 * (2:50.19 400m)	Julia Malleck	Ottawa	Feb-13-2010	Louis Riel Dome
5	2:51.50	Nadine Frost	Guelph	Jan-29-2010	Tomlinson Field House
6	2:52.85 (2:52.32 330m)	Jess Vanhie	Guelph	Feb-05-2010	Loftus Centre
7	2:52.87	Lydia Frost	Guelph	Jan-29-2010	Tomlinson Field House
8	2:53.14	Alicia Kallos	Queen's	Feb-26-2010	Toronto Track and Field Centre
9	2:53.33 (2:52.80 330m)	Jillian Wyman	McMaster	Feb-05-2010	Loftus Centre
10	2:54.63	Emma Tallman	Laurentian	Feb-26-2010	Toronto Track and Field Centre
11	2:56.22 (2:55.69 330m)	Katie Anderson	McMaster	Feb-05-2010	Loftus Centre
12	2:57.29 (2:56.76 330m)	Katie Housley	Toronto	Feb-05-2010	Loftus Centre
13	2:57.82 (2:57.29 330m)	Tamara Jewett	Toronto	Feb-05-2010	Loftus Centre
14	2:58.83 (2:58.30 330m)	Jen Ricks	Western	Feb-05-2010	Loftus Centre
15	2:59.72	Jenni Vanos	Guelph	Feb-19-2010	Uof T Athletic Centre
16	2:59.72	Tara MacDonald	Guelph	Feb-19-2010	Uof T Athletic Centre
17	2:59.72 (2:59.19 330m)	Carly Gill	Windsor	Feb-05-2010	Loftus Centre
18	3:00.03	Leah Larocque	Queen's	Jan-29-2010	Tomlinson Field House
19	3:00.33	Sarah Haliburton	McMaster	Feb-13-2010	St. Denis Athletic Centre

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20	3:00.64 (3:00.11 330m)	Ashley Kellam	Windsor	Feb-05-2010	Loftus Centre
21	3:01.36	Maggie Robins	Laurentian	Jan-22-2010	UofT Athletic Centre
22	3:02.87	Lisa Giles	McMaster	Feb-19-2010	Uof T Athletic Centre
23	3:02.90	Rachel Lamb	McMaster	Feb-06-2010	Toronto Track and Field Centre
24	3:03.56	Kim Kallio	Queen's	Feb-06-2010	Toronto Track and Field Centre
25	3:03.62	Vicky Siemon	Western	Jan-29-2010	Tomlinson Field House
26	3:03.64	Jennifer Bays	Western	Jan-29-2010	Tomlinson Field House
27	3:03.67	Alyssa Thrasher	Windsor	Jan-15-2010	St. Denis Athletic Centre
28	3:04.23	Patricia Roney	Queen's	Feb-26-2010	Toronto Track and Field Centre
29	3:04.43	Alyssa Giuliani	Western	Feb-19-2010	Uof T Athletic Centre
30	3:05.82	Heather Bijman	Queen's	Jan-29-2010	Tomlinson Field House
31	3:06.23	Heather Kurpe	Windsor	Jan-29-2010	Findlay Fieldhouse
32	3:06.88	Jackie Todd	Western	Jan-15-2010	St. Denis Athletic Centre
33	3:07.40	Alex DiGiacomo	Toronto	Jan-29-2010	Findlay Fieldhouse
34	3:07.55 (3:06.67 400m)	Alex Gatza	Queen's	Nov-27-2009	Louis Riel Dome
35	3:07.73	Courtney Long	Western	Feb-06-2010	Toronto Track and Field Centre
36	3:07.84	Kelly Laing	Windsor	Jan-29-2010	Findlay Fieldhouse
37	3:09.09	Paulina Maher	Toronto	Feb-19-2010	Uof T Athletic Centre
38	3:09.19	Lauren Coutts	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
39	3:09.33	Tess Naroski	Lakehead	Jan-23-2010	UWS Fieldhouse
40	3:10.12	Rachel Windsor	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
41	3:10.15 (3:09.27 400m)	Tiffany Locke	Ottawa	Nov-27-2009	Louis Riel Dome
42	3:10.28	Haley Cadwallader	Windsor	Jan-29-2010	Findlay Fieldhouse
43	3:10.38	Kalesia Hilborn	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
44	3:10.64	Kim Volterman	McMaster	Jan-29-2010	Tomlinson Field House
45	3:10.87 (3:09.99 400m)	Kate MacNaughton	Ottawa	Feb-13-2010	Louis Riel Dome
46	3:12.00	Blaire Robertshaw	Western	Feb-13-2010	St. Denis Athletic Centre
47	3:13.72	Heather Stroeder	Laurentian	Jan-22-2010	UofT Athletic Centre
48	3:14.37 (3:13.49 400m)	Jill Seymour	Ottawa	Nov-27-2009	Louis Riel Dome
49	3:17.71 (3:16.83 400m)	Caitlin Tino	Queen's	Nov-27-2009	Louis Riel Dome
50	3:17.80	Monica Bolejszo	Waterloo	Jan-29-2010	Tomlinson Field House

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51	3:18.26	Leslie Gray	Waterloo	Jan-09-2010	UofT Athletic Centre
52	3:19.32 (3:18.44 400m)	Nicole Badry	Ottawa	Feb-13-2010	Louis Riel Dome
53	3:19.41	Kathryn Pistor	York	Nov-26-2009	Toronto Track and Field Centre
54	3:19.43	Lisa Alaimo	Lakehead	Jan-23-2010	UWS Fieldhouse
55	3:21.81	Andrina Slegers	Windsor	Dec-04-2009	St. Denis Athletic Centre
56	3:23.87	Hannah McCurdy-Adams	Laurentian	Feb-06-2010	Toronto Track and Field Centre
57	3:24.84	Jennifer Allan	Royal Military College	Jan-22-2010	UofT Athletic Centre
58	3:25.50	Donia Oumesrour	Windsor	Dec-04-2009	St. Denis Athletic Centre
59	3:27.66	Stephanie Hinton	Waterloo	Jan-09-2010	UofT Athletic Centre
60	3:29.42	Mary Sun	Royal Military College	Jan-22-2010	UofT Athletic Centre
61	3:31.29	Sara Ellick	Ottawa	Jan-29-2010	Tomlinson Field House
62	3:55.37	Amanda Kanters	Windsor	Dec-04-2009	St. Denis Athletic Centre
63	5:18.16	Latesha Francis	Windsor	Dec-04-2009	St. Denis Athletic Centre

## **Best OUA Women's 1500m Comprehensive Results for All Athletes as of Mar-23-2010 00:20:24** (Standard: 4:32.61)

Rank	Result	Athlete	Team	Date	Venue
1	4:23.27 *	Megan Brown	Toronto	Mar-11-2010	St. Denis Athletic Centre
2	4:25.32 *	Rachel Cliff	Guelph	Mar-11-2010	St. Denis Athletic Centre
3	4:31.09 * (4:29.74 400m)	Julia Malleck	Ottawa	Jan-16-2010	Louis Riel Dome
4	4:32.73	Jess Vanhie	Guelph	Feb-26-2010	Toronto Track and Field Centre
5	4:33.40	Katie Anderson	McMaster	Mar-11-2010	St. Denis Athletic Centre
6	4:36.25	Nadine Frost	Guelph	Jan-09-2010	UofT Athletic Centre
7	4:36.48	Jillian Wyman	McMaster	Jan-09-2010	UofT Athletic Centre
8	4:37.00	Sara Giovannetti	McMaster	Jan-29-2010	Tomlinson Field House
9	4:36.9 (HT)	Leah Larocque	Queen's	Feb-19-2010	Tomlinson Fieldhouse
10	4:38.44	Tamara Jewett	Toronto	Feb-26-2010	Toronto Track and Field Centre
11	4:40.13	Lydia Frost	Guelph	Feb-19-2010	Uof T Athletic Centre
12	4:43.23	Courtney Laurie	Guelph	Feb-13-2010	St. Denis Athletic Centre
13	4:44.2 (HT)	Stephanie Hulse	Queen's	Feb-19-2010	Tomlinson Fieldhouse
14	4:44.3 (HT)	Liza Howard	Queen's	Feb-19-2010	Tomlinson Fieldhouse
15	4:45.25	Tara MacDonald	Guelph	Feb-13-2010	St. Denis Athletic Centre
16	4:45.46	Dayna Pidhoreshy	Windsor	Feb-13-2010	St. Denis Athletic Centre
17	4:45.47	Alicia Kallos	Queen's	Jan-29-2010	Tomlinson Field House

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18	4:46.16 (4:44.81 400m)	Tiffany Locke	Ottawa	Feb-13-2010	Louis Riel Dome
19	4:46.44 (4:45.09 400m)	Heather Bijman	Queen's	Feb-13-2010	Louis Riel Dome
20	4:46.74	Rachel Lamb	McMaster	Jan-29-2010	Tomlinson Field House
21	4:47.00	Alyssa Giuliani	Western	Feb-26-2010	Toronto Track and Field Centre
22	4:47.05	Ashley Kellam	Windsor	Feb-26-2010	Toronto Track and Field Centre
23	4:47.44	Samantha Beattie	Guelph	Jan-15-2010	St. Denis Athletic Centre
24	4:49.42	Jennifer Bays	Western	Feb-19-2010	Uof T Athletic Centre
25	4:50.25	Gabrielle Foran	Guelph	Feb-13-2010	St. Denis Athletic Centre
26	4:50.35	Karoline Hoy	Guelph	Jan-09-2010	UofT Athletic Centre
27	4:50.85	Patricia Roney	Queen's	Jan-29-2010	Tomlinson Field House
28	4:51.72	Victoria Coates	McMaster	Feb-13-2010	St. Denis Athletic Centre
29	4:51.85	Lynn Mockler	Western	Jan-29-2010	Tomlinson Field House
30	4:53.87	Alex DiGiacomo	Toronto	Jan-22-2010	UofT Athletic Centre
31	4:54.82	Monica Bolejszo	Waterloo	Feb-26-2010	Toronto Track and Field Centre
32	4:55.33	Tess Naroski	Lakehead	Feb-06-2010	Max Bell Field House
33	4:55.35	Lorelle Convery	Western	Jan-29-2010	Tomlinson Field House
34	4:56.93	Nadia Tatlow	Queen's	Jan-15-2010	St. Denis Athletic Centre
35	4:56.96 (4:55.61 400m)	Gracie Tetzlaff	Laurentian	Feb-13-2010	Louis Riel Dome
36	4:57.14	Lindsay Furtado	Guelph	Feb-06-2010	Toronto Track and Field Centre
37	4:57.0 (HT)	Grace Keenleyside	Queen's	Feb-19-2010	Tomlinson Fieldhouse
38	4:57.61	Lauren Coutts	Western	Feb-13-2010	St. Denis Athletic Centre
39	4:57.67 (4:56.32 400m)	Megan Andrews	Queen's	Feb-13-2010	Louis Riel Dome
40	4:57.75	Kelly Laing	Windsor	Feb-13-2010	St. Denis Athletic Centre
41	4:57.91	Meaghan Morand	Windsor	Jan-15-2010	St. Denis Athletic Centre
42	4:58.18	Kathryn Pistor	York	Jan-15-2010	St. Denis Athletic Centre
43	4:58.24	Stephanie MacNeill	McMaster	Feb-13-2010	St. Denis Athletic Centre
44	4:58.30	Heather Stroeder	Laurentian	Jan-22-2010	UofT Athletic Centre
45	4:59.08	Raeleen Hunter	Windsor	Dec-04-2009	St. Denis Athletic Centre
46	5:00.06	Krystal Goodwin	Windsor	Feb-06-2010	Toronto Track and Field Centre
47	5:00.18	Hailey Cummings	Western	Feb-13-2010	St. Denis Athletic Centre
48	5:00.51	Jen Corrick	Windsor	Feb-13-2010	St. Denis Athletic Centre
49	5:00.97	Alex Gatza	Queen's	Dec-05-2009	Tomlinson Fieldhouse
50	5:00.99	Laura Gill	Windsor	Jan-15-2010	St. Denis Athletic Centre
51	5:02.26	Alicia Knox	Western	Jan-15-2010	St. Denis Athletic Centre

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52	5:03.08	Robin Mildren	Guelph	Feb-06-2010	Toronto Track and Field Centre
53	5:03.31	Leslie Gray	Waterloo	Jan-15-2010	St. Denis Athletic Centre
54	5:03.60 (5:02.25 400m)	Jill Seymour	Ottawa	Feb-13-2010	Louis Riel Dome
55	5:04.41	Rachel Windsor	Western	Feb-06-2010	Toronto Track and Field Centre
56	5:06.11	Stephanie Flieler	Laurentian	Feb-06-2010	Toronto Track and Field Centre
57	5:06.51	Maggie Robins	Laurentian	Jan-22-2010	UofT Athletic Centre
58	5:07.76	Emma Tallman	Laurentian	Feb-06-2010	Toronto Track and Field Centre
59	5:08.75 (5:07.40 400m)	Vanessa de Hoog	Queen's	Feb-13-2010	Louis Riel Dome
60	5:09.01	Julia Britton	Ottawa	Feb-26-2010	Toronto Track and Field Centre
61	5:09.25	Blaire Robertshaw	Western	Feb-06-2010	Toronto Track and Field Centre
62	5:09.46	Laura Desjardins	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
63	5:09.97	Caitlin Tino	Queen's	Dec-05-2009	Tomlinson Fieldhouse
64	5:09.98	Carly Gill	Windsor	Dec-04-2009	St. Denis Athletic Centre
65	5:11.38	Celine Best	Royal Military College	Feb-19-2010	Tomlinson Fieldhouse
66	5:12.47 (5:11.12 400m)	Nicole Badry	Ottawa	Feb-13-2010	Louis Riel Dome
67	5:12.52	Theresa Fritz-Endres	Queen's	Dec-05-2009	Tomlinson Fieldhouse
68	5:12.83	Haley Cadwallader	Windsor	Dec-04-2009	St. Denis Athletic Centre
69	5:14.87	Hayley Green	Windsor	Dec-04-2009	St. Denis Athletic Centre
70	5:16.57	Alison Ludzki	McMaster	Feb-06-2010	Toronto Track and Field Centre
71	5:16.65	Feyisayo Oni	Ottawa	Dec-05-2009	Tomlinson Fieldhouse
72	5:19.52	Bronwen Douglas	McMaster	Feb-06-2010	Toronto Track and Field Centre
73	5:21.35 (5:20.00 400m)	Paris Adams	Queen's	Nov-27-2009	Louis Riel Dome
74	5:22.59 (5:21.24 400m)	Jennifer Allan	Royal Military College	Feb-13-2010	Louis Riel Dome
75	5:26.30	Hannah McCurdy-Adams	Laurentian	Feb-19-2010	Uof T Athletic Centre
76	5:28.80	Mary Sun	Royal Military College	Jan-22-2010	UofT Athletic Centre
77	5:31.43	Hilary Kilbreath	Laurentian	Jan-22-2010	UofT Athletic Centre
78	5:38.84	Sarah Quinn	Windsor	Feb-14-2010	St. Denis Athletic Centre
79	5:42.62 (5:41.27 400m)	Amanda Pinch	Ottawa	Jan-16-2010	Louis Riel Dome

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80	6:01.40	Jessica Schmidt	Windsor	Dec-04-2009	St. Denis Athletic Centre
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**Best OUA Women's 3000m Comprehensive Results for All Athletes as of Mar-23-2010 00:20:24** (Standard: 9:43.88)

Rank	Result	Athlete	Team	Date	Venue
1	9:19.67 *	Megan Brown	Toronto	Feb-19-2010	Uof T Athletic Centre
2	9:21.29 *	Rachel Cliff	Guelph	Mar-11-2010	St. Denis Athletic Centre
3	9:33.45 *	Genevieve Lalonde	Guelph	Feb-26-2010	Toronto Track and Field Centre
4	9:47.44	Courtney Laurie	Guelph	Mar-11-2010	St. Denis Athletic Centre
5	9:57.22	Erin McClure	Toronto	Dec-05-2009	Barton Hall
6	9:57.31 (9:55.66 330m)	Sara Giovannetti	McMaster	Feb-05-2010	Loftus Centre
7	9:58.08	Samantha Beattie	Guelph	Feb-19-2010	Uof T Athletic Centre
8	10:00.39 (9:58.74 330m)	Jessica Pearo	McMaster	Feb-05-2010	Loftus Centre
9	10:00.56	Tamara Jewett	Toronto	Feb-26-2010	Toronto Track and Field Centre
10	10:01.32	Lynn Mockler	Western	Feb-26-2010	Toronto Track and Field Centre
11	10:04.99 (10:03.62 300m)	Dayna Pidhoreshy	Windsor	Jan-22-2010	Grand Valley State University
12	10:06.22	Liza Howard	Queen's	Jan-23-2010	Newell Field House
13	10:11.99	Lorelle Convery	Western	Jan-15-2010	St. Denis Athletic Centre
14	10:13.06	Karoline Hoy	Guelph	Jan-15-2010	St. Denis Athletic Centre
15	10:15.35 (10:13.70 330m)	Victoria Coates	McMaster	Feb-05-2010	Loftus Centre
16	10:16.58 (10:13.84 400m)	Emily Klassen	Queen's	Nov-21-2009	Louis Riel Dome
17	10:18.20	Tiffany Locke	Ottawa	Jan-10-2010	Leverone Fieldhouse
18	10:20.00	Stephanie Hulse	Queen's	Feb-12-2010	Barton Hall
19	10:23.30	Gabrielle Foran	Guelph	Feb-19-2010	Uof T Athletic Centre
20	10:24.18	Meaghan Morand	Windsor	Feb-20-2010	Michigan Track and Field Centre
21	10:26.39	Stephanie MacNeill	McMaster	Jan-15-2010	St. Denis Athletic Centre
22	10:26.94 (10:25.29 330m)	Jen Corrick	Windsor	Feb-05-2010	Loftus Centre
23	10:27.26	Nadia Tatlow	Queen's	Jan-15-2010	St. Denis Athletic Centre
24	10:27.33	Patricia Roney	Queen's	Jan-15-2010	St. Denis Athletic Centre
25	10:29.44	Lindsay Furtado	Guelph	Feb-19-2010	Uof T Athletic Centre
26	10:29.57	Alyssa Giuliani	Western	Jan-29-2010	Tomlinson Field House
27	10:29.78	Tess Naroski	Lakehead	Feb-13-2010	St Scholastica Fieldhouse
28	10:31.43	Kathryn Pistor	York	Feb-06-2010	Toronto Track and Field Centre
29	10:32.96 (10:31.59 300m)	Laura Gill	Windsor	Jan-22-2010	Grand Valley State University
30	10:34.30 (10:31.56 400m)	Grace Keenleyside	Queen's	Feb-13-2010	Louis Riel Dome

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31	10:34.36	Leslie Gray	Waterloo	Jan-15-2010	St. Denis Athletic Centre
32	10:39.95	Hilary Quirion	Lakehead	Feb-26-2010	Toronto Track and Field Centre
33	10:41.15	Hailey Cummings	Western	Feb-19-2010	Uof T Athletic Centre
34	10:42.01	Alicia Knox	Western	Jan-15-2010	St. Denis Athletic Centre
35	10:43.61	Laura Desjardins	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
36	10:44.82	Lisa Alaimo	Lakehead	Feb-13-2010	St Scholastica Fieldhouse
37	10:45.12	Stephanie Flieler	Laurentian	Feb-06-2010	Toronto Track and Field Centre
38	10:50.70	Rachel Lamb	McMaster	Jan-09-2010	UofT Athletic Centre
39	10:52.89	Jill Seymour	Ottawa	Jan-10-2010	Leverone Fieldhouse
40	10:57.60 (10:54.86 400m)	Julia Britton	Ottawa	Feb-13-2010	Louis Riel Dome
41	10:57.92	Maggie Hutton	Queen's	Jan-23-2010	Newell Field House
42	11:06.00	Kaylie Iserhoff	Lakehead	Jan-23-2010	UWS Fieldhouse
43	11:06.1 (HT)	Tafline Tong	Lakehead	Jan-09-2010	Lakehead Hangar
44	11:06.64	Melanie McLean	Lakehead	Feb-13-2010	St Scholastica Fieldhouse
45	11:10.73	Theresa Fritz-Endres	Queen's	Jan-23-2010	Newell Field House
46	11:13.99 (11:11.25 400m)	Feyisayo Oni	Ottawa	Nov-21-2009	Louis Riel Dome
47	11:16.35 (11:13.61 400m)	Nicole Badry	Ottawa	Jan-16-2010	Louis Riel Dome
48	11:18.51	Ashley Kellam	Windsor	Dec-04-2009	St. Denis Athletic Centre
49	11:18.63	Kelly Laing	Windsor	Dec-04-2009	St. Denis Athletic Centre
50	11:20.73	Heather Stroeder	Laurentian	Feb-06-2010	Toronto Track and Field Centre
51	11:24.36 (11:22.99 300m)	Krystal Goodwin	Windsor	Jan-22-2010	Grand Valley State University
52	11:25.36	Bronwen Douglas	McMaster	Jan-09-2010	UofT Athletic Centre
53	11:28.92	Hayley Green	Windsor	Dec-04-2009	St. Denis Athletic Centre
54	11:36.41	Rachel Windsor	Western	Jan-15-2010	St. Denis Athletic Centre
55	11:38.1 (HT)	Christina Asmussen	Lakehead	Jan-09-2010	Lakehead Hangar
56	11:47.72	Hannah McCurdy-Adams	Laurentian	Feb-06-2010	Toronto Track and Field Centre
57	11:52.41	Tanis Smith	Windsor	Dec-04-2009	St. Denis Athletic Centre
58	12:28.99 (12:26.25 400m)	Zeena Rashid	Ottawa	Feb-13-2010	Louis Riel Dome
59	13:15.83 (13:13.09 400m)	Amanda Canfield	Ottawa	Nov-21-2009	Louis Riel Dome

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## **Best OUA Women's 60mH Comprehensive Results for All Athletes as of Mar-23-2010 00:20:24** (Standard: 8.84)

Rank	Result	Athlete	Team	Date	Venue
1	8.40 *	Noelle Montcalm	Windsor	Feb-26-2010	Toronto Track and Field Centre
2	8.55 *	Jen Cotten	Western	Feb-26-2010	Toronto Track and Field Centre
3	8.72 *	Charelle Anobile	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	8.86	Tori Merrill	Toronto	Feb-26-2010	Toronto Track and Field Centre
5	8.93	Amilia Di Chiara	Windsor	Feb-26-2010	Toronto Track and Field Centre
6	8.96	Emily Coxhead	Western	Feb-26-2010	Toronto Track and Field Centre
7	9.06	Kelsi Mayne	Windsor	Feb-20-2010	Michigan Track and Field Centre
8	9.11	Hannah Bagnall	Windsor	Feb-06-2010	Toronto Track and Field Centre
9	9.16	Christa Acquah	York	Feb-26-2010	Toronto Track and Field Centre
10	9.17	Meg Harris	Guelph	Feb-26-2010	Toronto Track and Field Centre
11	9.19	Jessica Caterini	Toronto	Feb-26-2010	Toronto Track and Field Centre
12	9.29	Tomeizel Barry	Guelph	Feb-13-2010	St. Denis Athletic Centre
13	9.30	Lacey VanDerMarel	Western	Feb-26-2010	Toronto Track and Field Centre
14	9.30	Danielle Villalta	York	Feb-26-2010	Toronto Track and Field Centre
15	9.33	Shannon Mueller	Windsor	Feb-13-2010	St. Denis Athletic Centre
16	9.44	Jessica May	Guelph	Feb-26-2010	Toronto Track and Field Centre
17	9.50	Kelly Morrison	Windsor	Feb-13-2010	St. Denis Athletic Centre
18	9.56	Juliana Bergin	Toronto	Feb-26-2010	Toronto Track and Field Centre
19	9.68	Johanna Dobransky	Ottawa	Feb-26-2010	Toronto Track and Field Centre
20	9.71	Mila Simulik	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
21	9.71	Julia Hayman	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
22	9.73	Kelsi Hurlbut	Guelph	Feb-12-2010	Barton Hall
23	9.79	Emma Dobson	Guelph	Jan-22-2010	UofT Athletic Centre
24	9.91	Jenessa Olson	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
25	9.95	Thandiwe Vela	Toronto	Dec-05-2009	Toronto Track and Field Centre
26	9.96	Taylor Whitley	Ottawa	Dec-05-2009	Tomlinson Fieldhouse
27	10.04	Laura Maessen	Toronto	Feb-26-2010	Toronto Track and Field Centre
28	10.13	Katie Johnson	Western	Feb-26-2010	Toronto Track and Field Centre
29	10.14	Cheryl Coulas	Ottawa	Feb-26-2010	Toronto Track and Field Centre
30	10.19	Brittany Hicks	McMaster	Feb-06-2010	Toronto Track and Field Centre
31	10.19	Alana Kelly	Windsor	Jan-15-2010	St. Denis Athletic Centre
32	10.30	Alana Stewart	Toronto	Feb-12-2010	Barton Hall
33	10.48	Meagan King	Queen's	Dec-05-2009	Tomlinson Fieldhouse
34	10.54	Cheryl Coulas	Ottawa	Jan-16-2010	Louis Riel Dome
35	10.96	Taya McGillivray	Queen's	Feb-06-2010	Toronto Track and Field Centre
36	11.64	Stephanie Loy Son	McMaster	Feb-06-2010	Toronto Track and Field Centre
37	12.07	Caroline Ssemanda	McMaster	Dec-05-2009	Thompson Recreation and Athletic Centre

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38	12.32	Shermiah Balthazar	McMaster	Jan-09-2010	UofT Athletic Centre
39	45.00	Kathryn Pistor	York	Feb-26-2010	Toronto Track and Field Centre

## **Best OUA Women's 4x200m Relay Comprehensive Results for All Athletes as of Mar-23-2010**

**00:20:24** (Standard: 1:41.86)

Rank	Result	Athlete	Team	Date	Venue
1	1:38.60 *	Windsor Lancers	Windsor	Mar-11-2010	St. Denis Athletic Centre
2	1:40.59 *	Western Mustangs	Western	Mar-11-2010	St. Denis Athletic Centre
3	1:42.55	Toronto Varsity Blues	Toronto	Feb-26-2010	Toronto Track and Field Centre
4	1:42.71	Queen's Gaels	Queen's	Mar-11-2010	St. Denis Athletic Centre
5	1:44.47	York Lions	York	Feb-26-2010	Toronto Track and Field Centre
6	1:46.11	Guelph Gryphons	Guelph	Feb-26-2010	Toronto Track and Field Centre
7	1:46.64	McMaster Marauders	McMaster	Feb-26-2010	Toronto Track and Field Centre
8	1:46.89	Ottawa Gee Gees	Ottawa	Jan-29-2010	Tomlinson Field House
9	1:53.41	Waterloo Warriors	Waterloo	Jan-29-2010	Tomlinson Field House
10	5:43.25	Noelle Montcalm	Windsor	Jan-15-2010	St. Denis Athletic Centre
11	10:43.85 (10:43.29 400m)	Queen's Golden Gaels	Queen's	Nov-27-2009	Louis Riel Dome

## **Best OUA Women's 4x400m Relay Comprehensive Results for All Athletes as of Mar-23-2010**

**00:20:24** (Standard: 3:52.68)

Rank	Result	Athlete	Team	Date	Venue
1	3:46.59 *	Toronto Varsity Blues	Toronto	Mar-11-2010	St. Denis Athletic Centre
2	3:48.48 *	Western Mustangs	Western	Mar-11-2010	St. Denis Athletic Centre
3	3:50.92 *	Windsor Lancers	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	3:51.59 *	Queen's Gaels	Queen's	Feb-26-2010	Toronto Track and Field Centre
5	3:54.62 (3:53.84 330m)	Guelph Gryphons	Guelph	Feb-05-2010	Loftus Centre
6	4:01.60	McMaster Marauders	McMaster	Mar-11-2010	St. Denis Athletic Centre
7	4:07.62	York Lions	York	Feb-26-2010	Toronto Track and Field Centre
8	4:11.02	Ottawa Gee Gees	Ottawa	Jan-29-2010	Tomlinson Field House
9	4:31.60	Lakehead University	Lakehead	Jan-23-2010	UWS Fieldhouse
10	4:32.20	Waterloo Warriors	Waterloo	Jan-15-2010	St. Denis Athletic Centre
11	40:06.80 (40:06.81 200m)	Queen's Golden Gaels	Queen's	Jan-08-2010	Barton Hall

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## **Best OUA Women's 4x800m Relay Comprehensive Results for All Athletes as of Mar-23-2010**

**00:20:24** (Standard: 9:06.92)

Rank	Result	Athlete	Team	Date	Venue
1	8:58.40 *	Windsor Lancers	Windsor	Mar-11-2010	St. Denis Athletic Centre
2	8:59.98 *	Guelph Gryphons	Guelph	Mar-11-2010	St. Denis Athletic Centre
3	9:05.78 *	McMaster Marauders	McMaster	Mar-11-2010	St. Denis Athletic Centre
4	9:14.25	Queen's Gaels	Queen's	Mar-11-2010	St. Denis Athletic Centre
5	9:22.55	Western Mustangs	Western	Feb-26-2010	Toronto Track and Field Centre
6	9:25.99	Toronto Varsity Blues	Toronto	Feb-26-2010	Toronto Track and Field Centre
7	9:58.84 (9:56.05 400m)	Ottawa Gee Gees	Ottawa	Nov-21-2009	Louis Riel Dome
8	10:42.49	Lakehead University	Lakehead	Feb-06-2010	Max Bell Field House
9	40:39.20 (40:39.99 146m)	Carly Gill	Windsor	Jan-29-2010	Madison Square Garden

## **Best OUA Women's High Jump Comprehensive Results for All Athletes as of Mar-23-2010**

**00:20:24** (Standard: 1.69)

Rank	Result	Athlete	Team	Date	Venue
1	1.80 *	Sarah Boyle	Toronto	Mar-11-2010	St. Denis Athletic Centre
2	1.71 *	Laura Maessen	Toronto	Feb-12-2010	Barton Hall
3	1.69 *	Shaneista Haye	Guelph	Jan-15-2010	St. Denis Athletic Centre
4	1.65	Kelly Morrison	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	1.65	Jen Cotten	Western	Feb-26-2010	Toronto Track and Field Centre
6	1.64	Julia Wallace	Guelph	Feb-06-2010	Toronto Track and Field Centre
7	1.63	Brooke Wilson	Western	Feb-19-2010	Uof T Athletic Centre
8	1.62	Katie Johnson	Western	Feb-26-2010	Toronto Track and Field Centre
9	1.62	Danielle Villalta	York	Feb-26-2010	Toronto Track and Field Centre
10	1.61	Sarah Oag	Toronto	Feb-26-2010	Toronto Track and Field Centre
11	1.60	Jen Galt	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
12	1.60	Jackie Anderson	Windsor	Feb-06-2010	Toronto Track and Field Centre
13	1.60	Taylor Whitley	Ottawa	Feb-13-2010	Louis Riel Dome
14	1.59	Johanna Dobransky	Ottawa	Feb-26-2010	Toronto Track and Field Centre
15	1.59	Kelsi Hurlbut	Guelph	Feb-12-2010	Barton Hall
16	1.58	Alana Kelly	Windsor	Jan-15-2010	St. Denis Athletic Centre
17	1.57	Cheryl Coulas	Ottawa	Jan-29-2010	Tomlinson Field House
18	1.56	Jessica May	Guelph	Feb-26-2010	Toronto Track and Field Centre
19	1.56	Tori Merrill	Toronto	Feb-12-2010	Barton Hall
20	1.56	Diana Titova	Ottawa	Dec-19-2009	Louis Riel Dome
21	1.55	Katie Kaiser	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
22	1.55	Marie-Eve Chainey	Ottawa	Dec-05-2009	Tomlinson Fieldhouse
23	1.55	Emma Dobson	Guelph	Nov-20-2009	Gryphon Dome
24	1.55	Sherelle Solomon	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
25	1.50	Alex Poetschke	Western	Dec-05-2009	Thompson Recreation and Athletic Centre

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26	1.50	Natoya Whittingham	Windsor	Dec-04-2009	St. Denis Athletic Centre
27	1.50	Suzette Janse van Rensburg	Queen's	Dec-05-2009	Tomlinson Fieldhouse
28	1.50	Hannah Bagnall	Windsor	Feb-26-2010	Toronto Track and Field Centre
29	1.50	Meg Harris	Guelph	Feb-12-2010	Barton Hall
30	1.50	Lacey VanDerMarel	Western	Feb-26-2010	Toronto Track and Field Centre
31	1.48	Karen Belfall	Waterloo	Jan-15-2010	St. Denis Athletic Centre
32	1.48	Juliana Bergin	Toronto	Jan-15-2010	St. Denis Athletic Centre
33	1.45	Erika Reiser	Windsor	Dec-04-2009	St. Denis Athletic Centre
34	1.41	Alana Stewart	Toronto	Feb-12-2010	Barton Hall
35	1.37	Jessica Caterini	Toronto	Dec-05-2009	Barton Hall
36	1.30	Brittany Hicks	McMaster	Jan-29-2010	Tomlinson Field House
37	1.30	Taya McGillivary	Queen's	Jan-29-2010	Tomlinson Field House

## **Best OUA Women's Pole Vault Comprehensive Results for All Athletes as of Mar-23-2010**

**00:20:24** (Standard: 3.62)

Rank	Result	Athlete	Team	Date	Venue
1	4.25 *	Heather Hamilton	York	Jan-29-2010	Livestock Arena
2	3.86 *	Erika Reiser	Windsor	Feb-26-2010	Toronto Track and Field Centre
3	3.68 *	Carmen Siu	Western	Feb-26-2010	Toronto Track and Field Centre
4	3.62 *	Erika Fiedler	Guelph	Feb-26-2010	Toronto Track and Field Centre
5	3.56	Jenn Tomayer	Windsor	Feb-26-2010	Toronto Track and Field Centre
6	3.50	Laura Barclay	Western	Feb-26-2010	Toronto Track and Field Centre
7	3.47	Emma Crombeen	York	Feb-14-2010	St. Denis Athletic Centre
8	3.40	Chelsea Paterson	Windsor	Feb-26-2010	Toronto Track and Field Centre
9	3.35	Marina Savic	Windsor	Feb-20-2010	Michigan Track and Field Centre
10	3.30	Alex Poetschke	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
11	3.25	Jenn House	Western	Feb-06-2010	Toronto Track and Field Centre
12	3.25	Melissa Radu	Guelph	Feb-06-2010	Toronto Track and Field Centre
13	3.10	Rachel Lariviere	Windsor	Feb-13-2010	St. Denis Athletic Centre
14	2.95	Julia Hayman	Western	Feb-06-2010	Toronto Track and Field Centre
15	2.57	Shannon Mueller	Windsor	Dec-04-2009	St. Denis Athletic Centre
16	2.51	Melanie Banville	Ottawa	Nov-27-2009	Louis Riel Dome

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## Best OUA Women's Long Jump Comprehensive Results for All Athletes as of Mar-23-2010

00:20:24 (Standard: 5.65)

Rank	Result	Athlete	Team	Date	Venue
1	6.09 *	Jen Cotten	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
2	5.64	Natoya Whittingham	Windsor	Feb-26-2010	Toronto Track and Field Centre
3	5.59	Lacey VanDerMarel	Western	Feb-19-2010	Uof T Athletic Centre
4	5.53	Tori Merrill	Toronto	Feb-12-2010	Barton Hall
5	5.49	Morgan Hall	Western	Feb-26-2010	Toronto Track and Field Centre
6	5.48	Alicia Smith	Western	Feb-13-2010	St. Denis Athletic Centre
7	5.47	Alana Stewart	Toronto	Dec-05-2009	Barton Hall
8	5.45	Jaideene Lowe	Windsor	Feb-26-2010	Toronto Track and Field Centre
9	5.45	Mila Simulik	Western	Jan-29-2010	Tomlinson Field House
10	5.40	Emma Dobson	Guelph	Jan-22-2010	UofT Athletic Centre
11	5.32	Ashley Drouillard	Windsor	Feb-13-2010	St. Denis Athletic Centre
12	5.27	Julia Wallace	Guelph	Feb-26-2010	Toronto Track and Field Centre
13	5.26	Danielle Villalta	York	Feb-26-2010	Toronto Track and Field Centre
14	5.26	Hannah Bagnall	Windsor	Jan-29-2010	Findlay Fieldhouse
15	5.21	Katie Kaiser	Western	Jan-15-2010	St. Denis Athletic Centre
16	5.21	Marina Savic	Windsor	Feb-14-2010	St. Denis Athletic Centre
17	5.15	Jessica May	Guelph	Feb-19-2010	Uof T Athletic Centre
18	5.14	Kelsi Hurlbut	Guelph	Feb-12-2010	Barton Hall
19	5.14	Katrina Vandervoort	Waterloo	Feb-06-2010	Toronto Track and Field Centre
20	5.12	Kim Richardson	Guelph	Jan-09-2010	UofT Athletic Centre
21	5.09	Juliana Bergin	Toronto	Feb-12-2010	Barton Hall
22	5.09	Brittany Pepper	York	Dec-05-2009	Toronto Track and Field Centre
23	5.08	Kelly Morrison	Windsor	Feb-06-2010	Toronto Track and Field Centre
24	5.06	Meg Harris	Guelph	Feb-12-2010	Barton Hall
25	5.06	Tomeizel Barry	Guelph	Feb-13-2010	St. Denis Athletic Centre
26	5.06	Heather Hamilton	York	Nov-26-2009	Toronto Track and Field Centre
27	5.03	Johanna Dobransky	Ottawa	Jan-10-2010	Leverone Fieldhouse
28	4.97	Erika Fiedler	Guelph	Feb-19-2010	Uof T Athletic Centre
29	4.90	Elizabeth Petrov	York	Nov-26-2009	Toronto Track and Field Centre
30	4.90	Camille Wallace	Windsor	Feb-06-2010	Toronto Track and Field Centre
31	4.89	Khadija Sheikh	Windsor	Feb-14-2010	St. Denis Athletic Centre
32	4.88	Cheryl Coulas	Ottawa	Jan-29-2010	Tomlinson Field House
33	4.88	Victoria Tschirhart	McMaster	Feb-06-2010	Toronto Track and Field Centre
34	4.87	Rachel Oppong-Agyei	York	Nov-26-2009	Toronto Track and Field Centre
35	4.87	Sarah Sylvester	Western	Feb-13-2010	St. Denis Athletic Centre
36	4.78	Quinnie Rwahwire	Windsor	Jan-29-2010	Findlay Fieldhouse
37	4.77	Laura Maessen	Toronto	Jan-22-2010	UofT Athletic Centre
38	4.74	Nancy Spreitzer	Waterloo	Feb-26-2010	Toronto Track and Field Centre

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39	4.73	Ginnette Reyes	Toronto	Jan-22-2010	UofT Athletic Centre
40	4.71	Sandra Vanessa Ndikumasabo	Ottawa	Jan-23-2010	Newell Field House
41	4.70	Kylie Rains	Ottawa	Nov-27-2009	Louis Riel Dome
42	4.70	Katie Johnson	Western	Jan-29-2010	Tomlinson Field House
43	4.69	Jackie Anderson	Windsor	Dec-04-2009	St. Denis Athletic Centre
44	4.69	Erika Reiser	Windsor	Dec-04-2009	St. Denis Athletic Centre
45	4.68	Sherfieldann John	Windsor	Dec-04-2009	St. Denis Athletic Centre
46	4.68	Alana Kelly	Windsor	Jan-29-2010	Findlay Fieldhouse
47	4.64	Wendy Zhang	Ottawa	Feb-13-2010	Louis Riel Dome
48	4.63	Jessica Caterini	Toronto	Dec-05-2009	Barton Hall
49	4.61	Taya McGillivray	Queen's	Jan-08-2010	Barton Hall
50	4.58	Karen Belfall	Waterloo	Feb-06-2010	Toronto Track and Field Centre
51	4.53	Christa Acquah	York	Nov-26-2009	Toronto Track and Field Centre
52	4.52	Charesse Bloomfield	York	Nov-26-2009	Toronto Track and Field Centre
53	4.49	Taylor Whitley	Ottawa	Nov-27-2009	Louis Riel Dome
54	4.46	Brittany Hicks	McMaster	Dec-05-2009	Thompson Recreation and Athletic Centre
55	4.39	Kristin Obrochta	York	Nov-26-2009	Toronto Track and Field Centre
56	4.39	Dalvis Dalbanka	York	Jan-09-2010	UofT Athletic Centre
57	4.38	Suzette Janse van Rensburg	Queen's	Dec-05-2009	Tomlinson Fieldhouse
58	4.10	Sarah Ducasse	Ottawa	Feb-13-2010	Louis Riel Dome
59	4.07	Christine Joannou	Queen's	Nov-27-2009	Louis Riel Dome
60	3.90	Jennifer Adebajo	Waterloo	Dec-05-2009	Thompson Recreation and Athletic Centre
61	2.17	Emma Crombeen	York	Nov-26-2009	Toronto Track and Field Centre

## **Best OUA Women's Triple Jump Comprehensive Results for All Athletes as of Mar-23-2010**

**00:20:24** (Standard: 11.45)

Rank	Result	Athlete	Team	Date	Venue
1	12.73 *	Jaideene Lowe	Windsor	Mar-11-2010	St. Denis Athletic Centre
2	12.35 *	Alicia Smith	Western	Mar-11-2010	St. Denis Athletic Centre
3	12.18 *	Mila Simulik	Western	Feb-26-2010	Toronto Track and Field Centre
4	11.67 *	Kim Richardson	Guelph	Mar-11-2010	St. Denis Athletic Centre
5	11.42	Sarah Sylvester	Western	Mar-11-2010	St. Denis Athletic Centre
6	11.40	Katie Kaiser	Western	Mar-11-2010	St. Denis Athletic Centre
7	11.24	Emma Dobson	Guelph	Jan-09-2010	UofT Athletic Centre
8	11.20	Julia Wallace	Guelph	Feb-06-2010	Toronto Track and Field Centre
9	10.96	Tomeizel Barry	Guelph	Nov-20-2009	Gryphon Dome
10	10.94	Tori Merrill	Toronto	Feb-12-2010	Barton Hall
11	10.85	Alana Stewart	Toronto	Feb-05-2010	Loftus Centre
12	10.82	Khadija Sheikh	Windsor	Feb-13-2010	St. Denis Athletic Centre
13	10.78	Quinnie Rwahwire	Windsor	Feb-20-2010	Michigan Track and Field Centre
14	10.72	Jackie Anderson	Windsor	Feb-26-2010	Toronto Track and Field Centre

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15	10.70	Katrina Vandervoort	Waterloo	Feb-19-2010	Tomlinson Fieldhouse
16	10.66	Nancy Spreitzer	Waterloo	Feb-19-2010	Uof T Athletic Centre
17	10.29	Victoria Tschirhart	McMaster	Dec-05-2009	Thompson Recreation and Athletic Centre
18	10.21	Brittany Pepper	York	Nov-26-2009	Toronto Track and Field Centre
19	10.16	Suzette Janse van Rensburg	Queen's	Dec-05-2009	Tomlinson Fieldhouse
20	10.15	Karen Belfall	Waterloo	Feb-06-2010	Toronto Track and Field Centre
21	10.09	Ashley Drouillard	Windsor	Jan-15-2010	St. Denis Athletic Centre
22	10.08	Brooke Wilson	Western	Jan-29-2010	Tomlinson Field House
23	10.07	Dalvis Dalbanka	York	Jan-29-2010	Tomlinson Field House
24	10.05	Chasse Bloomfield	York	Nov-26-2009	Toronto Track and Field Centre
25	10.04	Shannon Mueller	Windsor	Dec-04-2009	St. Denis Athletic Centre
26	9.93	Ginhette Reyes	Toronto	Jan-22-2010	UofT Athletic Centre
27	9.74	Natoya Whittingham	Windsor	Dec-04-2009	St. Denis Athletic Centre

## Best OUA Women's Shot Put Comprehensive Results for All Athletes as of Mar-23-2010 00:20:24 (Standard: 12.93)

Rank	Result	Athlete	Team	Date	Venue
1	14.60 *	Elizabeth Petrov	York	Feb-26-2010	Toronto Track and Field Centre
2	14.40 *	Cynthia Appiah	York	Feb-20-2010	Toronto Track and Field Centre
3	13.74 *	Steffi Stephenson	Windsor	Mar-11-2010	St. Denis Athletic Centre
4	13.47 *	Celine Gibb	Windsor	Mar-11-2010	St. Denis Athletic Centre
5	12.38	Kristin Obrochta	York	Jan-23-2010	Thompson Recreation and Athletic Centre
6	12.35	Shealyn McLaughlin	Windsor	Feb-26-2010	Toronto Track and Field Centre
7	12.28	Meg Lowry	Guelph	Nov-20-2009	Gryphon Dome
8	11.98	Lydia Foley	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
9	11.66	Tara Penney	Guelph	Feb-19-2010	Uof T Athletic Centre
10	11.33	Jaime Johns	Lakehead	Jan-09-2010	Lakehead Hangar
11	11.15	Juliana Bergin	Toronto	Jan-29-2010	Findlay Fieldhouse
12	10.99	Taya McGillivray	Queen's	Nov-27-2009	Louis Riel Dome
13	10.64	Sara McCallum	Lakehead	Jan-09-2010	Lakehead Hangar
14	10.59	Juliana Bergin	Toronto	Jan-09-2010	UofT Athletic Centre
15	10.48	Tori Merrill	Toronto	Mar-11-2010	St. Denis Athletic Centre
16	10.41	Laura Maessen	Toronto	Feb-12-2010	Barton Hall
17	10.40	Ami Schimanski	Windsor	Dec-04-2009	St. Denis Athletic Centre
18	10.36	Hannah Bagnall	Windsor	Feb-26-2010	Toronto Track and Field Centre
19	10.18	Jen Cotten	Western	Jan-29-2010	Tomlinson Field House
20	10.04	Brit Herd	Guelph	Feb-12-2010	Gryphon Dome
21	10.03	Cara Marcantonio	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
22	9.94	Lacey VanDerMarel	Western	Feb-26-2010	Toronto Track and Field Centre
23	9.83	Brittany Hicks	McMaster	Feb-26-2010	Toronto Track and Field Centre
24	9.79	Kelsi Hurlbut	Guelph	Feb-12-2010	Barton Hall

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25	9.68	Chelsea Keeley	Guelph	Jan-15-2010	St. Denis Athletic Centre
26	9.49	Johanna Dobransky	Ottawa	Feb-26-2010	Toronto Track and Field Centre
27	9.48	Valerie Chartrand	Ottawa	Feb-13-2010	Louis Riel Dome
28	9.46	Meg Harris	Guelph	Nov-20-2009	Gryphon Dome
29	9.45	Jessica May	Guelph	Dec-05-2009	Toronto Track and Field Centre
30	9.39	Danielle Villalta	York	Jan-15-2010	St. Denis Athletic Centre
31	9.35	Emma Dobson	Guelph	Jan-22-2010	UofT Athletic Centre
32	9.32	Christa Acquah	York	Nov-26-2009	Toronto Track and Field Centre
33	9.30	Alana Kelly	Windsor	Jan-15-2010	St. Denis Athletic Centre
34	9.29	Cheryl Coulas	Ottawa	Feb-26-2010	Toronto Track and Field Centre
35	9.15	Katie Johnson	Western	Feb-06-2010	Toronto Track and Field Centre
36	8.91	Shannon Galea	McMaster	Feb-19-2010	Uof T Athletic Centre
37	8.66	Jaideene Lowe	Windsor	Dec-04-2009	St. Denis Athletic Centre
38	8.65	Justyna Surzyn	Toronto	Feb-06-2010	Toronto Track and Field Centre
39	8.60	Latesha Francis	Windsor	Dec-04-2009	St. Denis Athletic Centre
40	8.40	Amber Blackwell	Waterloo	Dec-05-2009	Thompson Recreation and Athletic Centre
41	8.37	Vanissa Tang	Waterloo	Feb-26-2010	Toronto Track and Field Centre
42	8.34	Danielle Gyemi	Windsor	Dec-04-2009	St. Denis Athletic Centre
43	8.19	Charesse Bloomfield	York	Nov-26-2009	Toronto Track and Field Centre
44	8.13	Kelly Morrison	Windsor	Dec-04-2009	St. Denis Athletic Centre
45	8.03	Camille Wallace	Windsor	Dec-04-2009	St. Denis Athletic Centre
46	7.75	Erika Reiser	Windsor	Dec-04-2009	St. Denis Athletic Centre
47	7.59	Amanda Kanters	Windsor	Dec-04-2009	St. Denis Athletic Centre
48	7.40	Alana Stewart	Toronto	Feb-12-2010	Barton Hall
49	7.32	Natoya Whittingham	Windsor	Dec-04-2009	St. Denis Athletic Centre
50	7.13	Taylor Whitley	Ottawa	Nov-21-2009	Louis Riel Dome
51	7.05	Jessica Caterini	Toronto	Dec-05-2009	Barton Hall
52	6.90	Donia Oumesrou	Windsor	Dec-04-2009	St. Denis Athletic Centre
53	6.88	Kelsi Mayne	Windsor	Dec-04-2009	St. Denis Athletic Centre
54	6.77	Melissa Bishop	Windsor	Dec-04-2009	St. Denis Athletic Centre
55	6.74	Rachel Lariviere	Windsor	Dec-04-2009	St. Denis Athletic Centre
56	6.74	Rachel Oppong-Agyei	York	Nov-26-2009	Toronto Track and Field Centre
57	6.67	Kathryn Pistor	York	Nov-26-2009	Toronto Track and Field Centre
58	6.64	Danielle Harrison	Windsor	Dec-04-2009	St. Denis Athletic Centre
59	6.63	Nicole Sassine	Windsor	Dec-04-2009	St. Denis Athletic Centre
60	6.34	Jenn Tomayer	Windsor	Dec-04-2009	St. Denis Athletic Centre
61	6.29	Andrina Slegers	Windsor	Dec-04-2009	St. Denis Athletic Centre
62	6.24	Haley Cadwallader	Windsor	Dec-04-2009	St. Denis Athletic Centre
63	5.90	Krystal Goodwin	Windsor	Dec-04-2009	St. Denis Athletic Centre
64	5.61	Kelly Laing	Windsor	Dec-04-2009	St. Denis Athletic Centre
65	5.58	Ashley Kellam	Windsor	Dec-04-2009	St. Denis Athletic Centre

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66	5.52	Carly Gill	Windsor	Dec-04-2009	St. Denis Athletic Centre
67	5.30	Chelsea Paterson	Windsor	Dec-04-2009	St. Denis Athletic Centre
68	5.21	Caitlin Fortier	Windsor	Dec-04-2009	St. Denis Athletic Centre
69	4.90	Laura Gill	Windsor	Dec-04-2009	St. Denis Athletic Centre
70	4.53	Raeleen Hunter	Windsor	Dec-04-2009	St. Denis Athletic Centre
71	4.17	Diandra Forde	York	Nov-26-2009	Toronto Track and Field Centre

## **Best OUA Women's 20lb Weight Throw Comprehensive Results for All Athletes as of Mar-23-2010**

**00:20:24** (Standard: 17.05)

Rank	Result	Athlete	Team	Date	Venue
1	18.07 *	Kristin Obrochta	York	Feb-26-2010	Toronto Track and Field Centre
2	17.10 *	Cynthia Appiah	York	Mar-11-2010	St. Denis Athletic Centre
3	16.49	Cara Marcantonio	Western	Mar-11-2010	St. Denis Athletic Centre
4	15.95	Brit Herd	Guelph	Mar-11-2010	St. Denis Athletic Centre
5	15.50	Steffi Stephenson	Windsor	Feb-13-2010	St. Denis Athletic Centre
6	14.96	Shealyn McLaughlin	Windsor	Mar-11-2010	St. Denis Athletic Centre
7	14.92	Jenine McCutheon	Western	Mar-11-2010	St. Denis Athletic Centre
8	14.66	Elizabeth Petrov	York	Feb-06-2010	Toronto Track and Field Centre
9	14.41	Chelsea Keeley	Guelph	Feb-06-2010	Toronto Track and Field Centre
10	14.33	Meg Lowry	Guelph	Feb-12-2010	Gryphon Dome
11	14.31	Ami Schimanski	Windsor	Feb-20-2010	Michigan Track and Field Centre
12	13.54	Valerie Chartrand	Ottawa	Feb-13-2010	Louis Riel Dome
13	12.23	Celine Gibb	Windsor	Feb-20-2010	Michigan Track and Field Centre
14	11.88	Lydia Foley	Western	Feb-13-2010	St. Denis Athletic Centre
15	10.78	Tara Penney	Guelph	Feb-12-2010	Gryphon Dome
16	8.56	Sara McCallum	Lakehead	Feb-06-2010	Max Bell Field House
17	8.23	Amber Blackwell	Waterloo	Feb-26-2010	Toronto Track and Field Centre

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## **Best OUA Women's Pentathlon Comprehensive Results for All Athletes as of Mar-23-2010**

**00:20:24** (Standard: 3414)

Rank	Result	Athlete	Team	Date	Venue
1	3966.00 *	Jen Cotten	Western	Jan-29-2010	Tomlinson Field House
2	3631.00 *	Tori Merrill	Toronto	Mar-11-2010	St. Denis Athletic Centre
3	3304.00	Danielle Villalta	York	Feb-26-2010	Toronto Track and Field Centre
4	3289.00	Hannah Bagnall	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	3159.00	Meg Harris	Guelph	Feb-12-2010	Barton Hall
6	3113.00	Emma Dobson	Guelph	Jan-22-2010	UofT Athletic Centre
7	3109.00	Juliana Bergin	Toronto	Feb-12-2010	Barton Hall
8	3103.00	Laura Maessen	Toronto	Feb-12-2010	Barton Hall
9	3097.00	Johanna Dobransky	Ottawa	Feb-26-2010	Toronto Track and Field Centre
10	3091.00	Kelsi Hurlbut	Guelph	Feb-12-2010	Barton Hall
11	3049.00	Lacey VanDerMarel	Western	Feb-26-2010	Toronto Track and Field Centre
12	2956.00	Kelly Morrison	Windsor	Jan-29-2010	Findlay Fieldhouse
13	2922.00	Jessica May	Guelph	Feb-26-2010	Toronto Track and Field Centre
14	2866.00	Katie Johnson	Western	Feb-26-2010	Toronto Track and Field Centre
15	2779.00	Cheryl Coulas	Ottawa	Feb-26-2010	Toronto Track and Field Centre
16	2733.00	Alana Stewart	Toronto	Feb-12-2010	Barton Hall
17	2729.00	Jessica Caterini	Toronto	Dec-05-2009	Barton Hall
18	2353.00	Taya McGillivray	Queen's	Jan-29-2010	Tomlinson Field House
19	2334.00	Taylor Whitley	Ottawa	Nov-21-2009	Louis Riel Dome
20	2277.00	Brittany Hicks	McMaster	Jan-29-2010	Tomlinson Field House
21	2267.00	Alana Kelly	Windsor	Jan-29-2010	Findlay Fieldhouse

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