

# SPORTING CANADA

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## Rankings include NON CIS Equivalent Events

Note: \* indicates a Standard and (HT) indicates a Hand Time

### Best OUA Women's 60m Result for All Athletes as of 10-Mar-2010 00:11:25 (Standard: 7.61)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	7.50 *		Sarah Peirce	Guelph	26-Feb-2010	Toronto Track and Field Centre
2	7.55 *		Noelle Montcalm	Windsor	26-Feb-2010	Toronto Track and Field Centre
3	7.61 *		Billie White-Gibson	Windsor	26-Feb-2010	Toronto Track and Field Centre
4	7.66		Nicole Sassine	Windsor	13-Feb-2010	St. Denis Athletic Centre
4	7.72		Danielle Harrison	Windsor	04-Dec-2009	St. Denis Athletic Centre
6	7.75		Thandiwe Vela	Toronto	26-Feb-2010	Toronto Track and Field Centre
6	7.78		Veronica Catry	Queen's	26-Feb-2010	Toronto Track and Field Centre
8	7.82		Brenna Thomson	Western	26-Feb-2010	Toronto Track and Field Centre
8	7.85		Jeannette Goode	Guelph	26-Feb-2010	Toronto Track and Field Centre
8	7.86		Jen Cotten	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
11	7.87		Mila Simulik	Western	26-Feb-2010	Toronto Track and Field Centre
11	7.87		Brittany Pepper	York	26-Feb-2010	Toronto Track and Field Centre
13	7.91		Marissa Walter	Queen's	08-Jan-2010	Barton Hall
13	7.91		Camille Wallace	Windsor	20-Feb-2010	Michigan Track and Field Centre
15	7.92		Charelle Anobile	Windsor	04-Dec-2009	St. Denis Athletic Centre
15	7.93		Rachel Oppong-Agyei	York	26-Feb-2010	Toronto Track and Field Centre
15	7.95		Vanessa Brathwaite	Western	26-Feb-2010	Toronto Track and Field Centre
18	7.96		Christiane Lela	Ottawa	19-Dec-2009	Louis Riel Dome
18	8.00		Ashley Drouillard	Windsor	13-Feb-2010	St. Denis Athletic Centre
18	8.01		Cassandra McCaig	Western	19-Feb-2010	Uof T Athletic Centre
18	8.01		Natoya Whittingham	Windsor	04-Dec-2009	St. Denis Athletic Centre
22	8.02		Kelsi Mayne	Windsor	22-Jan-2010	Grand Valley State University
22	8.03		Iman Blackman	Windsor	04-Dec-2009	St. Denis Athletic Centre
24	8.07		Morgan Hall	Western	29-Jan-2010	Tomlinson Field House
24	8.09		Melanie Lui	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
24	8.11		Marina Savic	Windsor	04-Dec-2009	St. Denis Athletic Centre
24	8.11		Tomeizel Barry	Guelph	05-Dec-2009	Toronto Track and Field Centre
28	8.14		Jen Perrault	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
28	8.14		Jaide Lyons	Windsor	04-Dec-2009	St. Denis Athletic Centre
30	8.15		Jan Stirling	Queen's	29-Jan-2010	Tomlinson Field House
30	8.15		Jennifer Adebajo	Waterloo	26-Feb-2010	Toronto Track and Field Centre
30	8.17		Sherelle Solomon	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
30	8.17		Latisha Rhooms	McMaster	26-Feb-2010	Toronto Track and Field Centre

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30	8.18		Joy Ogundare	Queen's	15-Jan-2010	St. Denis Athletic Centre
30	8.18		Paulina Beretta	Queen's	26-Feb-2010	Toronto Track and Field Centre
30	8.20		Caitlin Fortier	Windsor	13-Feb-2010	St. Denis Athletic Centre
30	8.21		Alicia Smith	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
30	8.24		Stephanie Baello	York	29-Jan-2010	Tomlinson Field House
30	8.24		Kari Kluge	Lakehead	23-Jan-2010	UWS Fieldhouse
30	8.25		Marina Yacob	Ottawa	13-Feb-2010	Louis Riel Dome
30	8.28		Katrina Vandervoort	Waterloo	19-Feb-2010	Tomlinson Fieldhouse
30	8.29		Jenessa Olson	Western	15-Jan-2010	St. Denis Athletic Centre
30	8.30		Emily Coxhead	Western	29-Jan-2010	Tomlinson Field House
44	8.34		Heather Schmidt	Guelph	13-Feb-2010	St. Denis Athletic Centre
45	8.35		Sarah Ducasse	Ottawa	26-Feb-2010	Toronto Track and Field Centre
45	8.35		Jessica Burke-Trebell	Windsor	04-Dec-2009	St. Denis Athletic Centre
45	8.35		Acacia Hill	York	13-Feb-2010	St. Denis Athletic Centre
48	8.37		Angela King	Queen's	05-Dec-2009	Tomlinson Fieldhouse
48	8.38		Vanessa Ivec	Lakehead	23-Jan-2010	UWS Fieldhouse
48	8.38		Sandra Vanessa Ndikumasabo	Ottawa	29-Jan-2010	Tomlinson Field House
48	8.42		Caroline Ssemanda	McMaster	29-Jan-2010	Tomlinson Field House
52	8.43		Krystal Christopher	York	15-Jan-2010	St. Denis Athletic Centre
52	8.49		Lacey VanDerMarel	Western	15-Jan-2010	St. Denis Athletic Centre
54	8.52		Carmen Siu	Western	29-Jan-2010	Tomlinson Field House
54	8.53		Rachel Lorimer	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
56	8.57		Andrina Slegers	Windsor	04-Dec-2009	St. Denis Athletic Centre
56	8.57		Becky Van Zeyl	Laurentian	13-Feb-2010	Louis Riel Dome
56	8.57		Erika Reiser	Windsor	04-Dec-2009	St. Denis Athletic Centre
56	8.57		Reba Timbrell	Ottawa	13-Feb-2010	Louis Riel Dome
60	8.58		Sarah Sylvester	Western	06-Feb-2010	Toronto Track and Field Centre
60	8.58		Diandra Forde	York	26-Nov-2009	Toronto Track and Field Centre
62	8.59		Emma Crombeen	York	26-Nov-2009	Toronto Track and Field Centre
63	8.60		Donia Oumesrou	Windsor	04-Dec-2009	St. Denis Athletic Centre
63	8.60		Cassie Ostrom	Lakehead	23-Jan-2010	UWS Fieldhouse
65	8.61		Johanna Dobransky	Ottawa	13-Feb-2010	Louis Riel Dome
65	8.61		Sarah Schweter	Toronto	06-Feb-2010	Toronto Track and Field Centre
65	8.63		Melanie Banville	Ottawa	27-Nov-2009	Louis Riel Dome
65	8.63		Nadine Johnson	Ottawa	13-Feb-2010	Louis Riel Dome
65	8.63		Melissa Bishop	Windsor	04-Dec-2009	St. Denis Athletic Centre
65	8.66		Marie-Eve Gauthier	Ottawa	27-Nov-2009	Louis Riel Dome
65	8.66		Victoria Tschirhart	McMaster	06-Feb-2010	Toronto Track and Field Centre
72	8.68		Brittney Lawrence	Windsor	04-Dec-2009	St. Denis Athletic Centre

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73	8.69		Amanda Kanters	Windsor	04-Dec-2009	St. Denis Athletic Centre
73	8.69		Heather Kurpe	Windsor	04-Dec-2009	St. Denis Athletic Centre
75	8.71		Kylie Rains	Ottawa	27-Nov-2009	Louis Riel Dome
75	8.71		Kate Portner Gartke	Queen's	27-Nov-2009	Louis Riel Dome
75	8.71		Jenn Tomayer	Windsor	04-Dec-2009	St. Denis Athletic Centre
78	8.72		Shannon Mueller	Windsor	15-Jan-2010	St. Denis Athletic Centre
78	8.73		Elizabeth Pandza	Toronto	22-Jan-2010	UofT Athletic Centre
80	8.76		Taylor Whitley	Ottawa	13-Feb-2010	Louis Riel Dome
81	8.80		Wendy Zhang	Ottawa	13-Feb-2010	Louis Riel Dome
81	8.80		Nancy Spreitzer	Waterloo	06-Feb-2010	Toronto Track and Field Centre
83	8.83		Laura Barclay	Western	29-Jan-2010	Tomlinson Field House
83	8.83		Ginnette Reyes	Toronto	22-Jan-2010	UofT Athletic Centre
85	8.85		Cynthia Appiah	York	26-Nov-2009	Toronto Track and Field Centre
86	8.87		Rachel Lariviere	Windsor	04-Dec-2009	St. Denis Athletic Centre
87	9.04		Lindsay Morrison	Windsor	04-Dec-2009	St. Denis Athletic Centre
88	9.06		Stephanie Loy Son	McMaster	06-Feb-2010	Toronto Track and Field Centre
89	9.11		Chelsea Paterson	Windsor	04-Dec-2009	St. Denis Athletic Centre
90	9.17		Jacqueline Rennebohm	Western	19-Feb-2010	Uof T Athletic Centre
91	9.18		Leanne Sinclair	Waterloo	19-Feb-2010	Uof T Athletic Centre
91	9.18		Chantel Pilon	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
93	9.40		Elizabeth Ultee	Queen's	05-Dec-2009	Tomlinson Fieldhouse
94	9.50		Sara Ellick	Ottawa	10-Jan-2010	Leverone Fieldhouse
95	9.66		Tanis Smith	Windsor	04-Dec-2009	St. Denis Athletic Centre
96	10.37		Sarah Quinn	Windsor	04-Dec-2009	St. Denis Athletic Centre
97	30.00		Jessica Caterini	Toronto	06-Feb-2010	Toronto Track and Field Centre

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## **Best OUA Women's 300m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 39.93)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	38.02 *	24.10 (200m)	Noelle Montcalm	Windsor	05-Feb-2010	Loftus Centre
2	39.32 *		Alicia Brown	Toronto	26-Feb-2010	Toronto Track and Field Centre
3	39.75 *	25.20 (200m)	Danielle Harrison	Windsor	05-Feb-2010	Loftus Centre
4	39.89 *		Sarah Wells	Toronto	05-Feb-2010	Loftus Centre
5	39.96	25.33 (200m)	Nicole Sassine	Windsor	22-Jan-2010	Grand Valley State University
6	40.18		Athena McBean	Toronto	13-Feb-2010	Louis Riel Dome
7	40.28		Brenna Thomson	Western	26-Feb-2010	Toronto Track and Field Centre
7	40.28		Jen Cotten	Western	05-Feb-2010	Loftus Centre
9	40.45		Christiane Lela	Ottawa	19-Feb-2010	Tomlinson Fieldhouse
10	40.62	25.75 (200m)	Iman Blackman	Windsor	22-Jan-2010	Grand Valley State University
11	40.64	25.76 (200m)	Veronica Catry	Queen's	12-Feb-2010	Barton Hall
12	40.65	25.77 (200m)	Sarah Peirce	Guelph	05-Dec-2009	Toronto Track and Field Centre
12	40.69		Jen Perrault	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
14	40.71		Jan Stirling	Queen's	26-Feb-2010	Toronto Track and Field Centre
15	40.73		Lisa Grieve	Western	26-Feb-2010	Toronto Track and Field Centre
16	40.85		Charelle Anobile	Windsor	05-Feb-2010	Loftus Centre
17	41.03		Marissa Walter	Queen's	27-Nov-2009	Louis Riel Dome
18	41.04		Cassandra McCaig	Western	29-Jan-2010	Tomlinson Field House
18	41.13		Jenessa Olson	Western	29-Jan-2010	Tomlinson Field House
20	41.21		Shauna Malek	Guelph	29-Jan-2010	Tomlinson Field House
21	41.40	26.24 (200m)	Natoya Whittingham	Windsor	20-Feb-2010	Michigan Track and Field Centre
22	41.59		Jennifer Barrow	Queen's	26-Feb-2010	Toronto Track and Field Centre
23	41.81		Donia Oumesrou	Windsor	13-Feb-2010	St. Denis Athletic Centre
24	41.89		Jaide Lyons	Windsor	13-Feb-2010	St. Denis Athletic Centre
25	42.00		Amanda Kanters	Windsor	04-Dec-2009	St. Denis Athletic Centre
25	42.03		Jessica Caterini	Toronto	06-Feb-2010	Toronto Track and Field Centre
27	42.04		Sherelle Solomon	Western	19-Feb-2010	Uof T Athletic Centre
28	42.18	26.74 (200m)	Billie White-Gibson	Windsor	22-Jan-2010	Grand Valley State University
29	42.24		Corinne Smith	Guelph	26-Feb-2010	

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						Toronto Track and Field Centre
30	42.26	26.79 (200m)	Vanessa Brathwaite	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
31	42.36	26.85 (200m)	Camille Wallace	Windsor	22-Jan-2010	Grand Valley State University
32	42.42	26.89 (200m)	Melanie Lui	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
33	42.55	26.97 (200m)	Ashley Drouillard	Windsor	22-Jan-2010	Grand Valley State University
34	42.57		Andrina Slegers	Windsor	15-Jan-2010	St. Denis Athletic Centre
35	42.64	27.03 (200m)	Caitlin Fortier	Windsor	29-Jan-2010	Findlay Fieldhouse
36	42.80		Rachel Aubry	Guelph	09-Jan-2010	UofT Athletic Centre
37	42.88		Jessica Tat	McMaster	29-Jan-2010	Tomlinson Field House
38	42.94		Brittany Pepper	York	06-Feb-2010	Toronto Track and Field Centre
39	42.97		Vanessa Ivec	Lakehead	06-Feb-2010	Max Bell Field House
40	43.01		Melissa Bishop	Windsor	04-Dec-2009	St. Denis Athletic Centre
41	43.08		Amanda Spriel	Guelph	26-Feb-2010	Toronto Track and Field Centre
42	43.10	27.32 (200m)	Alison McCart	Guelph	05-Dec-2009	Toronto Track and Field Centre
43	43.13		Angela King	Queen's	05-Dec-2009	Tomlinson Fieldhouse
44	43.0 (HT)		Jen Ricks	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
45	43.32		Amilia Di Chiara	Windsor	04-Dec-2009	St. Denis Athletic Centre
45	43.33		Danielle Vanos	Western	06-Feb-2010	Toronto Track and Field Centre
47	43.38		Dana Hislop	McMaster	26-Feb-2010	Toronto Track and Field Centre
48	43.40	27.51 (200m)	Pauliina Beretta	Queen's	12-Feb-2010	Barton Hall
49	43.41		Diandra Forde	York	26-Feb-2010	Toronto Track and Field Centre
50	43.49		Katie Housley	Toronto	13-Feb-2010	Louis Riel Dome
51	43.79		Raeleen Hunter	Windsor	04-Dec-2009	St. Denis Athletic Centre
52	43.88		Vicky Siemon	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
52	43.99		Marina Yacob	Ottawa	27-Nov-2009	Louis Riel Dome
54	44.00		Heather Kurpe	Windsor	04-Dec-2009	St. Denis Athletic Centre
55	44.08	27.94 (200m)	Katrina Vandervoort	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
55	44.10		Morgan Van Mierlo	McMaster	15-Jan-2010	St. Denis Athletic Centre
57	44.18		Rachel Lorimer	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre

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58	44.19	28.01 (200m)	Kari Kluke	Lakehead	23-Jan-2010	UWS Fieldhouse
59	44.22		Nadine Johnson	Ottawa	13-Feb-2010	Louis Riel Dome
60	44.25		Johanna Dobransky	Ottawa	13-Feb-2010	Louis Riel Dome
61	44.27		Reba Timbrell	Ottawa	13-Feb-2010	Louis Riel Dome
62	44.44	28.17 (200m)	Morgan Hall	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
63	44.57	28.25 (200m)	Joy Ogundare	Queen's	12-Feb-2010	Barton Hall
64	44.60	28.27 (200m)	Heather Schmidt	Guelph	05-Dec-2009	Toronto Track and Field Centre
65	44.64	28.30 (200m)	Latisha Rhooms	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
66	44.77		Stephanie Baello	York	29-Jan-2010	Tomlinson Field House
67	45.15		Sarah Schweter	Toronto	06-Feb-2010	Toronto Track and Field Centre
68	45.19		Kylie Rains	Ottawa	16-Jan-2010	Louis Riel Dome
69	45.31	28.72 (200m)	Sarah Ducasse	Ottawa	23-Jan-2010	Newell Field House
70	45.50	28.84 (200m)	Sandra Vanessa Ndikummasabo	Ottawa	23-Jan-2010	Newell Field House
71	45.62		Becky Van Zeyl	Laurentian	19-Feb-2010	Uof T Athletic Centre
72	45.87		Fiona Emes	Toronto	15-Jan-2010	St. Denis Athletic Centre
73	45.93		Brittney Lawrence	Windsor	04-Dec-2009	St. Denis Athletic Centre
74	46.00		Emily Coleman	Ottawa	27-Nov-2009	Louis Riel Dome
75	46.17		Kelsey Hawryluk	Queen's	05-Dec-2009	Tomlinson Fieldhouse
76	46.40	29.41 (200m)	Marie-Eve Gauthier	Ottawa	23-Jan-2010	Newell Field House
77	46.40		Acacia Hill	York	29-Jan-2010	Tomlinson Field House
78	46.43		Krystal Christopher	York	26-Nov-2009	Toronto Track and Field Centre
79	46.54		Paulina Maher	Toronto	13-Feb-2010	Louis Riel Dome
80	46.57		Krystal Goodwin	Windsor	04-Dec-2009	St. Denis Athletic Centre
81	47.26		Lindsay Morrison	Windsor	04-Dec-2009	St. Denis Athletic Centre
82	47.40		Chantel Pilon	Waterloo	26-Feb-2010	Toronto Track and Field Centre
83	47.69		Cassie Ostrom	Lakehead	23-Jan-2010	UWS Fieldhouse
84	47.83		Leanne Sinclair	Waterloo	26-Feb-2010	Toronto Track and Field Centre
85	47.85		Kim Kallio	Queen's	05-Dec-2009	Tomlinson Fieldhouse
86	48.12		Tasha Bell	Queen's	27-Nov-2009	Louis Riel Dome
87	48.29	30.61 (200m)	Jennifer Adebanjo	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
88	48.62		Sara Ellick	Ottawa	13-Feb-2010	Louis Riel Dome
89	48.85		Jacqueline Rennebohm	Western	06-Feb-2010	Toronto Track and Field Centre
90	50.16		Amy Thorton	Royal Military	13-Feb-2010	Louis Riel Dome

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				College		
91	50.29		Golbom Moltaji	Windsor	04-Dec-2009	St. Denis Athletic Centre
92	51.81		Elizabeth Ultee	Queen's	05-Dec-2009	Tomlinson Fieldhouse
93	54.30	1:16.29 (400m)	Kristin Loeper	Ottawa	10-Jan-2010	Leverone Fieldhouse
94	1:39.99		Megan Andrews	Queen's	27-Nov-2009	Louis Riel Dome

## **Best OUA Women's 600m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 1:33.45)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:28.90 *	2:05.88 (800m)	Melissa Bishop	Windsor	05-Feb-2010	Loftus Centre
2	1:30.95 *	2:08.79 (800m)	Raeleen Hunter	Windsor	05-Feb-2010	Loftus Centre
3	1:31.44 *	2:09.49 (800m)	Rachel Aubry	Guelph	05-Feb-2010	Loftus Centre
4	1:32.37 *		Sarah Wells	Toronto	13-Feb-2010	Louis Riel Dome
5	1:33.76	1:15.06 (500m)	Jan Stirling	Queen's	12-Feb-2010	Barton Hall
6	1:33.85		Jen Perrault	Western	26-Feb-2010	Toronto Track and Field Centre
7	1:34.01		Jen Cotten	Western	13-Feb-2010	St. Denis Athletic Centre
8	1:34.55	57.48 (400m)	Christiane Lela	Ottawa	10-Jan-2010	Leverone Fieldhouse
9	1:34.88		Andrina Slegers	Windsor	22-Jan-2010	Grand Valley State University
10	1:34.99		Shauna Malek	Guelph	26-Feb-2010	Toronto Track and Field Centre
11	1:35.16		Jen Ricks	Western	13-Feb-2010	St. Denis Athletic Centre
12	1:35.45		Heather Kurpe	Windsor	22-Jan-2010	Grand Valley State University
13	1:35.72		Amanda Kanters	Windsor	22-Jan-2010	Grand Valley State University
14	1:35.93		Emma Tallman	Laurentian	26-Feb-2010	Toronto Track and Field Centre
15	1:36.07	2:16.04 (800m)	Katie Housley	Toronto	05-Feb-2010	Loftus Centre
15	1:36.74		Alicia Kallos	Queen's	06-Feb-2010	Toronto Track and Field Centre
17	1:37.67	2:18.30 (800m)	Julia Malleck	Ottawa	23-Jan-2010	Newell Field House
18	1:37.89		Corinne Smith	Guelph	13-Feb-2010	St. Denis Athletic Centre
19	1:38.13		Kim Volterman	McMaster	26-Feb-2010	Toronto Track and Field Centre
20	1:38.34		Jillian Wyman	McMaster	29-Jan-2010	Tomlinson Field House
21	1:38.38		Jenni Vanos	Guelph	26-Feb-2010	Toronto Track and Field Centre
22	1:39.13		Vicky Siemon	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
23	1:39.20		Kelsey Desjarlais	York	23-Jan-2010	Thompson Recreation and Athletic Centre
24	1:39.70		Paulina Maher	Toronto	29-Jan-2010	Findlay Fieldhouse
25	1:39.71		Courtney Long	Western	06-Feb-2010	Toronto Track and Field Centre
25	1:39.83		Heather Bijman	Queen's	06-Feb-2010	Toronto Track and Field Centre
27	1:39.85		Jackie Todd	Western	29-Jan-2010	Tomlinson Field House
28	1:40.24	2:21.95 (800m)	Ashley Kellam	Windsor	20-Feb-2010	Michigan Track and Field Centre
29	1:40.83		Jennifer Bays	Western	05-Dec-2009	Thompson Recreation and Athletic Centre

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30	1:41.01		Kalesia Hilborn	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
31	1:41.27		Stephanie Hinton	Waterloo	26-Feb-2010	Toronto Track and Field Centre
32	1:41.31		Sarah Haliburton	McMaster	26-Feb-2010	Toronto Track and Field Centre
33	1:41.99	1:21.65 (500m)	Jennifer Barrow	Queen's	08-Jan-2010	Barton Hall
34	1:42.99	2:25.84 (800m)	Kim Kallio	Queen's	23-Jan-2010	Newell Field House
35	1:43.20		Danielle Vanos	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
36	1:43.47	2:26.52 (800m)	Heather Stroeder	Laurentian	16-Jan-2010	Arbuckle Student Activity Center
37	1:43.76		Kate MacNaughton	Ottawa	26-Feb-2010	Toronto Track and Field Centre
38	1:44.54		Diandra Forde	York	06-Feb-2010	Toronto Track and Field Centre
39	1:45.00		Lorelle Convery	Western	13-Feb-2010	St. Denis Athletic Centre
40	1:47.50		Reba Timbrell	Ottawa	19-Dec-2009	Louis Riel Dome
41	1:47.60	2:32.36 (800m)	Maggie Robins	Laurentian	16-Jan-2010	Arbuckle Student Activity Center
42	1:48.09	1:26.53 (500m)	Alex Gatza	Queen's	08-Jan-2010	Barton Hall
43	1:48.6 (HT)		Vanessa Ivec	Lakehead	09-Jan-2010	Lakehead Hangar
44	1:50.09		Charelle Anobile	Windsor	04-Dec-2009	St. Denis Athletic Centre
45	1:50.12		Sara Ellick	Ottawa	13-Feb-2010	Louis Riel Dome
46	1:50.56		Lindsay Morrison	Windsor	04-Dec-2009	St. Denis Athletic Centre
47	1:50.99		Laura-Ellen Devries	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
47	1:50.99		Jessica Shantz	McMaster	09-Jan-2010	UofT Athletic Centre
49	1:51.88		Breanna Hall	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
50	1:53.14	2:40.21 (800m)	Cheryl Coulas	Ottawa	10-Jan-2010	Leverone Fieldhouse
51	1:54.63		Golbom Moltaji	Windsor	04-Dec-2009	St. Denis Athletic Centre
52	1:55.54	2:43.61 (800m)	Johanna Dobransky	Ottawa	10-Jan-2010	Leverone Fieldhouse
53	1:58.23		Jacqueline Rennebohm	Western	19-Feb-2010	Uof T Athletic Centre
54	2:00.79		Kristin Loeper	Ottawa	16-Jan-2010	Louis Riel Dome
55	2:02.4 (HT)		Cassie Ostrom	Lakehead	09-Jan-2010	Lakehead Hangar
56	2:22.70		Donia Oumesrour	Windsor	04-Dec-2009	St. Denis Athletic Centre
57	2:22.80		Brittney Lawrence	Windsor	04-Dec-2009	St. Denis Athletic Centre
58	2:26.66		Nicole Sassine	Windsor	04-Dec-2009	St. Denis Athletic Centre
59	2:26.72		Jaide Lyons	Windsor	04-Dec-2009	St. Denis Athletic Centre

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## **Best OUA Women's 1000m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 2:51.08)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2:46.61 *		Megan Brown	Toronto	26-Feb-2010	Toronto Track and Field Centre
2	2:47.04 *		Melissa Bishop	Windsor	26-Feb-2010	Toronto Track and Field Centre
3	2:48.50 *		Raeleen Hunter	Windsor	26-Feb-2010	Toronto Track and Field Centre
4	2:50.19 *		Julia Malleck	Ottawa	13-Feb-2010	Louis Riel Dome
5	2:51.50		Nadine Frost	Guelph	29-Jan-2010	Tomlinson Field House
6	2:52.32		Jess Vanhie	Guelph	05-Feb-2010	Loftus Centre
7	2:52.49		Lydia Frost	Guelph	05-Feb-2010	Loftus Centre
8	2:52.80		Jillian Wyman	McMaster	05-Feb-2010	Loftus Centre
9	2:53.14		Alicia Kallos	Queen's	26-Feb-2010	Toronto Track and Field Centre
10	2:54.63		Emma Tallman	Laurentian	26-Feb-2010	Toronto Track and Field Centre
11	2:55.69		Katie Anderson	McMaster	05-Feb-2010	Loftus Centre
12	2:56.76		Katie Housley	Toronto	05-Feb-2010	Loftus Centre
13	2:57.29		Tamara Jewett	Toronto	05-Feb-2010	Loftus Centre
14	2:58.30		Jen Ricks	Western	05-Feb-2010	Loftus Centre
15	2:59.19		Carly Gill	Windsor	05-Feb-2010	Loftus Centre
16	2:59.72		Tara MacDonald	Guelph	19-Feb-2010	Uof T Athletic Centre
16	2:59.72		Jenni Vanos	Guelph	19-Feb-2010	Uof T Athletic Centre
18	3:00.03		Leah Larocque	Queen's	29-Jan-2010	Tomlinson Field House
19	3:00.11		Ashley Kellam	Windsor	05-Feb-2010	Loftus Centre
20	3:00.33		Sarah Haliburton	McMaster	13-Feb-2010	St. Denis Athletic Centre
21	3:01.36		Maggie Robins	Laurentian	22-Jan-2010	UofT Athletic Centre
22	3:01.89	2:18.09 (800m)	Kelly Laing	Windsor	22-Jan-2010	Grand Valley State University
23	3:02.87		Lisa Giles	McMaster	19-Feb-2010	Uof T Athletic Centre
24	3:02.90		Rachel Lamb	McMaster	06-Feb-2010	Toronto Track and Field Centre
25	3:03.56		Kim Kallio	Queen's	06-Feb-2010	Toronto Track and Field Centre
26	3:03.62		Vicky Siemon	Western	29-Jan-2010	Tomlinson Field House
27	3:03.64		Jennifer Bays	Western	29-Jan-2010	Tomlinson Field House
28	3:03.67		Alyssa Thrasher	Windsor	15-Jan-2010	St. Denis Athletic Centre
29	3:04.23		Patricia Roney	Queen's	26-Feb-2010	Toronto Track and Field Centre
30	3:04.43		Alyssa Giuliani	Western	19-Feb-2010	Uof T Athletic Centre

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31	3:05.82		Heather Bijman	Queen's	29-Jan-2010	Tomlinson Field House
32	3:06.23		Heather Kurpe	Windsor	29-Jan-2010	Findlay Fieldhouse
33	3:06.67		Alex Gatza	Queen's	27-Nov-2009	Louis Riel Dome
34	3:06.88		Jackie Todd	Western	15-Jan-2010	St. Denis Athletic Centre
35	3:07.40		Alex DiGiacomo	Toronto	29-Jan-2010	Findlay Fieldhouse
36	3:07.73		Courtney Long	Western	06-Feb-2010	Toronto Track and Field Centre
37	3:09.09		Paulina Maher	Toronto	19-Feb-2010	Uof T Athletic Centre
38	3:09.19		Lauren Coutts	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
39	3:09.27		Tiffany Locke	Ottawa	27-Nov-2009	Louis Riel Dome
40	3:09.33		Tess Naroski	Lakehead	23-Jan-2010	UWS Fieldhouse
41	3:09.99		Kate MacNaughton	Ottawa	13-Feb-2010	Louis Riel Dome
42	3:10.12		Rachel Windsor	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
43	3:10.28		Haley Cadwallader	Windsor	29-Jan-2010	Findlay Fieldhouse
44	3:10.38		Kalesia Hilborn	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
45	3:10.64		Kim Volterman	McMaster	29-Jan-2010	Tomlinson Field House
46	3:12.00		Blaire Robertshaw	Western	13-Feb-2010	St. Denis Athletic Centre
47	3:13.49		Jill Seymour	Ottawa	27-Nov-2009	Louis Riel Dome
48	3:13.72		Heather Stroeder	Laurentian	22-Jan-2010	UofT Athletic Centre
49	3:16.83		Caitlin Tino	Queen's	27-Nov-2009	Louis Riel Dome
50	3:17.80		Monica Bolejszo	Waterloo	29-Jan-2010	Tomlinson Field House
51	3:18.26		Leslie Gray	Waterloo	09-Jan-2010	UofT Athletic Centre
52	3:18.44		Nicole Badry	Ottawa	13-Feb-2010	Louis Riel Dome
53	3:19.41		Kathryn Pistor	York	26-Nov-2009	Toronto Track and Field Centre
54	3:19.43		Lisa Alaimo	Lakehead	23-Jan-2010	UWS Fieldhouse
55	3:21.81		Andrina Slegers	Windsor	04-Dec-2009	St. Denis Athletic Centre
56	3:23.87		Hannah McCurdy-Adams	Laurentian	06-Feb-2010	Toronto Track and Field Centre
57	3:24.84		Jennifer Allan	Royal Military College	22-Jan-2010	UofT Athletic Centre
58	3:25.50		Donia Oumesrour	Windsor	04-Dec-2009	St. Denis Athletic Centre
59	3:27.66		Stephanie Hinton	Waterloo	09-Jan-2010	UofT Athletic Centre
60	3:29.42		Mary Sun	Royal Military College	22-Jan-2010	UofT Athletic Centre
61	3:31.29		Sara Ellick	Ottawa	29-Jan-2010	Tomlinson Field House
62	3:55.37		Amanda Kanters	Windsor	04-Dec-2009	

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						St. Denis Athletic Centre
63	5:18.16		Latesha Francis	Windsor	04-Dec-2009	St. Denis Athletic Centre

## **Best OUA Women's 1500m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 4:32.61)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	4:24.20 *		Megan Brown	Toronto	13-Feb-2010	Louis Riel Dome
2	4:26.30 *		Rachel Cliff	Guelph	09-Jan-2010	UofT Athletic Centre
3	4:29.74 *		Julia Malleck	Ottawa	16-Jan-2010	Louis Riel Dome
4	4:32.73		Jess Vanhie	Guelph	26-Feb-2010	Toronto Track and Field Centre
5	4:34.38		Katie Anderson	McMaster	19-Feb-2010	Uof T Athletic Centre
6	4:36.25		Nadine Frost	Guelph	09-Jan-2010	UofT Athletic Centre
7	4:36.48		Jillian Wyman	McMaster	09-Jan-2010	UofT Athletic Centre
8	4:37.00		Sara Giovannetti	McMaster	29-Jan-2010	Tomlinson Field House
9	4:36.9 (HT)		Leah Larocque	Queen's	19-Feb-2010	Tomlinson Fieldhouse
10	4:38.44		Tamara Jewett	Toronto	26-Feb-2010	Toronto Track and Field Centre
11	4:40.13		Lydia Frost	Guelph	19-Feb-2010	Uof T Athletic Centre
12	4:43.23		Courtney Laurie	Guelph	13-Feb-2010	St. Denis Athletic Centre
13	4:44.2 (HT)		Stephanie Hulse	Queen's	19-Feb-2010	Tomlinson Fieldhouse
14	4:44.3 (HT)		Liza Howard	Queen's	19-Feb-2010	Tomlinson Fieldhouse
15	4:44.81		Tiffany Locke	Ottawa	13-Feb-2010	Louis Riel Dome
16	4:45.09		Heather Bijman	Queen's	13-Feb-2010	Louis Riel Dome
17	4:45.25		Tara MacDonald	Guelph	13-Feb-2010	St. Denis Athletic Centre
18	4:45.46		Dayna Pidhoresky	Windsor	13-Feb-2010	St. Denis Athletic Centre
19	4:45.47		Alicia Kallos	Queen's	29-Jan-2010	Tomlinson Field House
20	4:46.74		Rachel Lamb	McMaster	29-Jan-2010	Tomlinson Field House
21	4:47.00		Alyssa Giuliani	Western	26-Feb-2010	Toronto Track and Field Centre
22	4:47.05		Ashley Kellam	Windsor	26-Feb-2010	Toronto Track and Field Centre
23	4:47.44		Samantha Beattie	Guelph	15-Jan-2010	St. Denis Athletic Centre
24	4:49.42		Jennifer Bays	Western	19-Feb-2010	Uof T Athletic Centre
25	4:50.25		Gabrielle Foran	Guelph	13-Feb-2010	St. Denis Athletic Centre
26	4:50.35		Karoline Hoy	Guelph	09-Jan-2010	UofT Athletic Centre

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27	4:50.85		Patricia Roney	Queen's	29-Jan-2010	Tomlinson Field House
28	4:51.72		Victoria Coates	McMaster	13-Feb-2010	St. Denis Athletic Centre
29	4:51.85		Lynn Mockler	Western	29-Jan-2010	Tomlinson Field House
30	4:53.87		Alex DiGiacomo	Toronto	22-Jan-2010	UofT Athletic Centre
31	4:54.82		Monica Bolejszo	Waterloo	26-Feb-2010	Toronto Track and Field Centre
32	4:55.33		Tess Naroski	Lakehead	06-Feb-2010	Max Bell Field House
33	4:55.35		Lorelle Convery	Western	29-Jan-2010	Tomlinson Field House
34	4:55.61		Gracie Tetzlaff	Laurentian	13-Feb-2010	Louis Riel Dome
35	4:56.32		Megan Andrews	Queen's	13-Feb-2010	Louis Riel Dome
36	4:56.93		Nadia Tatlow	Queen's	15-Jan-2010	St. Denis Athletic Centre
37	4:57.14		Lindsay Furtado	Guelph	06-Feb-2010	Toronto Track and Field Centre
38	4:57.0 (HT)		Grace Keenleyside	Queen's	19-Feb-2010	Tomlinson Fieldhouse
39	4:57.61		Lauren Coutts	Western	13-Feb-2010	St. Denis Athletic Centre
40	4:57.75		Kelly Laing	Windsor	13-Feb-2010	St. Denis Athletic Centre
41	4:57.91		Meaghan Morand	Windsor	15-Jan-2010	St. Denis Athletic Centre
42	4:58.18		Kathryn Pistor	York	15-Jan-2010	St. Denis Athletic Centre
43	4:58.24		Stephanie MacNeill	McMaster	13-Feb-2010	St. Denis Athletic Centre
44	4:58.30		Heather Stroeder	Laurentian	22-Jan-2010	UofT Athletic Centre
45	4:58.46	5:17.74 (Mile)	Laura Gill	Windsor	29-Jan-2010	Findlay Fieldhouse
46	4:59.08		Raeleen Hunter	Windsor	04-Dec-2009	St. Denis Athletic Centre
47	4:59.67	5:19.03 (Mile)	Krystal Goodwin	Windsor	29-Jan-2010	Findlay Fieldhouse
48	5:00.18		Hailey Cummings	Western	13-Feb-2010	St. Denis Athletic Centre
49	5:00.27	5:19.67 (Mile)	Jen Corrick	Windsor	29-Jan-2010	Findlay Fieldhouse
50	5:00.97		Alex Gatza	Queen's	05-Dec-2009	Tomlinson Fieldhouse
51	5:02.25		Jill Seymour	Ottawa	13-Feb-2010	Louis Riel Dome
52	5:02.26		Alicia Knox	Western	15-Jan-2010	St. Denis Athletic Centre
53	5:03.08		Robin Mildren	Guelph	06-Feb-2010	Toronto Track and Field Centre
54	5:03.31		Leslie Gray	Waterloo	15-Jan-2010	St. Denis Athletic Centre
55	5:04.41		Rachel Windsor	Western	06-Feb-2010	Toronto Track and Field Centre

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56	5:06.11		Stephanie Flieler	Laurentian	06-Feb-2010	Toronto Track and Field Centre
57	5:06.51		Maggie Robins	Laurentian	22-Jan-2010	UofT Athletic Centre
58	5:06.74	5:26.56 (Mile)	Emily Klassen	Queen's	08-Jan-2010	Barton Hall
59	5:07.40		Vanessa de Hoog	Queen's	13-Feb-2010	Louis Riel Dome
60	5:07.73	5:27.61 (Mile)	Lisa Alaimo	Lakehead	23-Jan-2010	UWS Fieldhouse
61	5:07.76		Emma Tallman	Laurentian	06-Feb-2010	Toronto Track and Field Centre
62	5:09.01		Julia Britton	Ottawa	26-Feb-2010	Toronto Track and Field Centre
63	5:09.25		Blaire Robertshaw	Western	06-Feb-2010	Toronto Track and Field Centre
64	5:09.46		Laura Desjardins	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
65	5:09.97		Caitlin Tino	Queen's	05-Dec-2009	Tomlinson Fieldhouse
66	5:09.98		Carly Gill	Windsor	04-Dec-2009	St. Denis Athletic Centre
67	5:11.12		Nicole Badry	Ottawa	13-Feb-2010	Louis Riel Dome
68	5:11.38		Celine Best	Royal Military College	19-Feb-2010	Tomlinson Fieldhouse
69	5:12.52		Theresa Fritz-Endres	Queen's	05-Dec-2009	Tomlinson Fieldhouse
70	5:12.83		Haley Cadwallader	Windsor	04-Dec-2009	St. Denis Athletic Centre
71	5:14.87		Hayley Green	Windsor	04-Dec-2009	St. Denis Athletic Centre
72	5:16.57		Alison Ludzki	McMaster	06-Feb-2010	Toronto Track and Field Centre
73	5:16.65		Feyisayo Oni	Ottawa	05-Dec-2009	Tomlinson Fieldhouse
74	5:18.34	5:38.91 (Mile)	Maggie Hutton	Queen's	08-Jan-2010	Barton Hall
75	5:19.52		Bronwen Douglas	McMaster	06-Feb-2010	Toronto Track and Field Centre
76	5:19.91	5:40.58 (Mile)	Kate MacNaughton	Ottawa	12-Dec-2009	Newell Field House
77	5:20.00		Paris Adams	Queen's	27-Nov-2009	Louis Riel Dome
78	5:21.24		Jennifer Allan	Royal Military College	13-Feb-2010	Louis Riel Dome
79	5:26.30		Hannah McCurdy-Adams	Laurentian	19-Feb-2010	Uof T Athletic Centre
80	5:28.80		Mary Sun	Royal Military College	22-Jan-2010	UofT Athletic Centre
81	5:31.43		Hilary Kilbreath	Laurentian	22-Jan-2010	UofT Athletic Centre
82	5:38.84		Sarah Quinn	Windsor	14-Feb-2010	St. Denis Athletic Centre
83	5:41.27		Amanda Pinch	Ottawa	16-Jan-2010	Louis Riel Dome
84	5:59.05	6:22.24 (Mile)	Tanis Smith	Windsor	20-Feb-2010	Michigan Track and Field Centre

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85	6:01.40		Jessica Schmidt	Windsor	04-Dec-2009	St. Denis Athletic Centre
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## **Best OUA Women's 3000m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 9:43.88)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	9:19.67 *		Megan Brown	Toronto	19-Feb-2010	Uof T Athletic Centre
2	9:20.82 *		Rachel Cliff	Guelph	05-Feb-2010	Loftus Centre
3	9:33.45 *		Genevieve Lalonde	Guelph	26-Feb-2010	Toronto Track and Field Centre
4	9:52.93		Courtney Laurie	Guelph	05-Feb-2010	Loftus Centre
5	9:55.66		Sara Giovannetti	McMaster	05-Feb-2010	Loftus Centre
6	9:57.22		Erin McClure	Toronto	05-Dec-2009	Barton Hall
7	9:58.08		Samantha Beattie	Guelph	19-Feb-2010	Uof T Athletic Centre
8	9:58.74		Jessica Pearo	McMaster	05-Feb-2010	Loftus Centre
9	10:00.56		Tamara Jewett	Toronto	26-Feb-2010	Toronto Track and Field Centre
10	10:01.32		Lynn Mockler	Western	26-Feb-2010	Toronto Track and Field Centre
11	10:03.62		Dayna Pidhoreshy	Windsor	22-Jan-2010	Grand Valley State University
12	10:06.22		Liza Howard	Queen's	23-Jan-2010	Newell Field House
13	10:11.99		Lorelle Convery	Western	15-Jan-2010	St. Denis Athletic Centre
14	10:13.06		Karoline Hoy	Guelph	15-Jan-2010	St. Denis Athletic Centre
15	10:13.70		Victoria Coates	McMaster	05-Feb-2010	Loftus Centre
16	10:13.84		Emily Klassen	Queen's	21-Nov-2009	Louis Riel Dome
17	10:18.20		Tiffany Locke	Ottawa	10-Jan-2010	Leverone Fieldhouse
18	10:20.00		Stephanie Hulse	Queen's	12-Feb-2010	Barton Hall
19	10:23.30		Gabrielle Foran	Guelph	19-Feb-2010	Uof T Athletic Centre
20	10:24.18		Meaghan Morand	Windsor	20-Feb-2010	Michigan Track and Field Centre
21	10:25.29		Jen Corrick	Windsor	05-Feb-2010	Loftus Centre
22	10:26.39		Stephanie MacNeill	McMaster	15-Jan-2010	St. Denis Athletic Centre
23	10:27.26		Nadia Tatlow	Queen's	15-Jan-2010	St. Denis Athletic Centre
24	10:27.33		Patricia Roney	Queen's	15-Jan-2010	St. Denis Athletic Centre
25	10:29.44		Lindsay Furtado	Guelph	19-Feb-2010	Uof T Athletic Centre
26	10:29.57		Alyssa Giuliani	Western	29-Jan-2010	Tomlinson Field House
27	10:29.78		Tess Naroski	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
28	10:31.43		Kathryn Pistor	York	06-Feb-2010	Toronto Track and Field Centre
29	10:31.56		Grace Keenleyside	Queen's	13-Feb-2010	Louis Riel Dome
30	10:31.59		Laura Gill	Windsor	22-Jan-2010	Grand Valley State University
31	10:34.36		Leslie Gray	Waterloo	15-Jan-2010	St. Denis Athletic Centre
32	10:39.95		Hilary Quirion	Lakehead	26-Feb-2010	Toronto Track and Field Centre
33	10:41.15		Hailey Cummings	Western	19-Feb-2010	Uof T Athletic Centre
34	10:42.01		Alicia Knox	Western	15-Jan-2010	St. Denis Athletic Centre
35	10:43.61		Laura Desjardins	Western	24-Nov-2009	Thompson Recreation and

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						Athletic Centre
36	10:44.82		Lisa Alaimo	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
37	10:45.12		Stephanie Flieler	Laurentian	06-Feb-2010	Toronto Track and Field Centre
38	10:50.70		Rachel Lamb	McMaster	09-Jan-2010	UofT Athletic Centre
39	10:52.89		Jill Seymour	Ottawa	10-Jan-2010	Leverone Fieldhouse
40	10:54.86		Julia Britton	Ottawa	13-Feb-2010	Louis Riel Dome
41	10:57.92		Maggie Hutton	Queen's	23-Jan-2010	Newell Field House
42	11:06.00		Kaylie Iserhoff	Lakehead	23-Jan-2010	UWS Fieldhouse
43	11:06.1 (HT)		Tafline Tong	Lakehead	09-Jan-2010	Lakehead Hangar
44	11:06.64		Melanie McLean	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
45	11:10.73		Theresa Fritz-Endres	Queen's	23-Jan-2010	Newell Field House
46	11:11.25		Feyisayo Oni	Ottawa	21-Nov-2009	Louis Riel Dome
47	11:13.61		Nicole Badry	Ottawa	16-Jan-2010	Louis Riel Dome
48	11:18.51		Ashley Kellam	Windsor	04-Dec-2009	St. Denis Athletic Centre
49	11:18.63		Kelly Laing	Windsor	04-Dec-2009	St. Denis Athletic Centre
50	11:20.73		Heather Stroeder	Laurentian	06-Feb-2010	Toronto Track and Field Centre
51	11:22.99		Krystal Goodwin	Windsor	22-Jan-2010	Grand Valley State University
52	11:25.36		Bronwen Douglas	McMaster	09-Jan-2010	UofT Athletic Centre
53	11:28.92		Hayley Green	Windsor	04-Dec-2009	St. Denis Athletic Centre
54	11:36.41		Rachel Windsor	Western	15-Jan-2010	St. Denis Athletic Centre
55	11:38.1 (HT)		Christina Asmussen	Lakehead	09-Jan-2010	Lakehead Hangar
56	11:46.18		Hannah McCurdy-Adams	Laurentian	13-Feb-2010	Louis Riel Dome
57	11:52.41		Tanis Smith	Windsor	04-Dec-2009	St. Denis Athletic Centre
58	12:26.25		Zeena Rashid	Ottawa	13-Feb-2010	Louis Riel Dome
59	13:13.09		Amanda Canfield	Ottawa	21-Nov-2009	Louis Riel Dome

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## **Best OUA Women's 60mH Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 8.84)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	8.40 *		Noelle Montcalm	Windsor	26-Feb-2010	Toronto Track and Field Centre
2	8.55 *		Jen Cotten	Western	26-Feb-2010	Toronto Track and Field Centre
3	8.72 *		Charelle Anobile	Windsor	26-Feb-2010	Toronto Track and Field Centre
4	8.86		Tori Merrill	Toronto	26-Feb-2010	Toronto Track and Field Centre
5	8.93		Amilia Di Chiara	Windsor	26-Feb-2010	Toronto Track and Field Centre
6	8.96		Emily Coxhead	Western	26-Feb-2010	Toronto Track and Field Centre
7	9.06		Kelsi Mayne	Windsor	20-Feb-2010	Michigan Track and Field Centre
8	9.11		Hannah Bagnall	Windsor	06-Feb-2010	Toronto Track and Field Centre
8	9.16		Christa Acquah	York	26-Feb-2010	Toronto Track and Field Centre
8	9.17		Meg Harris	Guelph	26-Feb-2010	Toronto Track and Field Centre
11	9.19		Jessica Caterini	Toronto	26-Feb-2010	Toronto Track and Field Centre
11	9.29		Tomeizel Barry	Guelph	13-Feb-2010	St. Denis Athletic Centre
13	9.30		Lacey VanDerMarel	Western	26-Feb-2010	Toronto Track and Field Centre
13	9.30		Danielle Villalta	York	26-Feb-2010	Toronto Track and Field Centre
13	9.33		Shannon Mueller	Windsor	13-Feb-2010	St. Denis Athletic Centre
13	9.44		Jessica May	Guelph	26-Feb-2010	Toronto Track and Field Centre
17	9.50		Kelly Morrison	Windsor	13-Feb-2010	St. Denis Athletic Centre
18	9.56		Juliana Bergin	Toronto	26-Feb-2010	Toronto Track and Field Centre
18	9.68		Johanna Dobransky	Ottawa	26-Feb-2010	Toronto Track and Field Centre
20	9.71		Mila Simulik	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
20	9.71		Julia Hayman	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
22	9.73		Kelsi Hurlbut	Guelph	12-Feb-2010	Barton Hall
22	9.79		Emma Dobson	Guelph	22-Jan-2010	UofT Athletic Centre
24	9.91		Jenessa Olson	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
25	9.95		Thandiwe Vela	Toronto	05-Dec-2009	Toronto Track and Field Centre
26	9.96		Taylor Whitley	Ottawa	05-Dec-2009	Tomlinson Fieldhouse
27	10.04		Laura Maessen	Toronto	26-Feb-2010	Toronto Track and Field Centre
28	10.13		Katie Johnson	Western	26-Feb-2010	Toronto Track and Field Centre
28	10.14		Cheryl Coulas	Ottawa	26-Feb-2010	Toronto Track and Field Centre
30	10.19		Brittany Hicks	McMaster	06-Feb-2010	Toronto Track and Field Centre
30	10.19		Alana Kelly	Windsor	15-Jan-2010	St. Denis Athletic Centre
32	10.30		Alana Stewart	Toronto	12-Feb-2010	Barton Hall
33	10.48		Meagan King	Queen's	05-Dec-2009	Tomlinson Fieldhouse
34	10.54		Cheryl Coulas	Ottawa	16-Jan-2010	Louis Riel Dome
35	10.96		Taya McGillivray	Queen's	06-Feb-2010	Toronto Track and Field Centre
36	11.64		Stephanie Loy Son	McMaster	06-Feb-2010	Toronto Track and Field Centre
37	12.07		Caroline Ssemamda	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
38	12.32		Shermiah Balthazar	McMaster	09-Jan-2010	UofT Athletic Centre

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39	45.00		Kathryn Pistor	York	26-Feb-2010	Toronto Track and Field Centre
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## **Best OUA Women's 4x200m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 1:41.86)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:40.00 *		Windsor Lancers	Windsor	13-Feb-2010	St. Denis Athletic Centre
2	1:42.12		Western Mustangs	Western	29-Jan-2010	Tomlinson Field House
3	1:42.50		Toronto Varsity Blues	Toronto	13-Feb-2010	Louis Riel Dome
4	1:43.14		Queen's Gaels	Queen's	26-Feb-2010	Toronto Track and Field Centre
5	1:44.47		York Lions	York	26-Feb-2010	Toronto Track and Field Centre
6	1:46.11		Guelph Gryphons	Guelph	26-Feb-2010	Toronto Track and Field Centre
7	1:46.64		McMaster Marauders	McMaster	26-Feb-2010	Toronto Track and Field Centre
8	1:46.89		Ottawa Gee Gees	Ottawa	29-Jan-2010	Tomlinson Field House
9	1:53.41		Waterloo Warriors	Waterloo	29-Jan-2010	Tomlinson Field House
10	5:43.25		Noelle Montcalm	Windsor	15-Jan-2010	St. Denis Athletic Centre
11	10:43.29		Queen's Golden Gaels	Queen's	27-Nov-2009	Louis Riel Dome

## **Best OUA Women's 4x400m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 3:52.68)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	3:46.17 *		Toronto Varsity Blues	Toronto	05-Feb-2010	Loftus Centre
2	3:48.51 *		Western Mustangs	Western	05-Feb-2010	Loftus Centre
3	3:50.92 *		Windsor Lancers	Windsor	26-Feb-2010	Toronto Track and Field Centre
3	3:51.59 *		Queen's Gaels	Queen's	26-Feb-2010	Toronto Track and Field Centre
5	3:53.84		Guelph Gryphons	Guelph	05-Feb-2010	Loftus Centre
6	4:03.66		McMaster Marauders	McMaster	13-Feb-2010	St. Denis Athletic Centre
7	4:07.62		York Lions	York	26-Feb-2010	Toronto Track and Field Centre
8	4:11.02		Ottawa Gee Gees	Ottawa	29-Jan-2010	Tomlinson Field House
9	4:31.60		Lakehead University	Lakehead	23-Jan-2010	UWS Fieldhouse
10	4:32.20		Waterloo Warriors	Waterloo	15-Jan-2010	St. Denis Athletic Centre
11	40:06.81		Queen's Golden Gaels	Queen's	08-Jan-2010	Barton Hall

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## **Best OUA Women's 4x800m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 9:06.92)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	9:02.64 *		Windsor Lancers	Windsor	26-Feb-2010	Toronto Track and Field Centre
2	9:04.42 *		Guelph Gryphons	Guelph	15-Jan-2010	St. Denis Athletic Centre
3	9:13.98		McMaster Marauders	McMaster	26-Feb-2010	Toronto Track and Field Centre
4	9:20.25		Queen's Gaels	Queen's	26-Feb-2010	Toronto Track and Field Centre
5	9:22.55		Western Mustangs	Western	26-Feb-2010	Toronto Track and Field Centre
6	9:25.99		Toronto Varsity Blues	Toronto	26-Feb-2010	Toronto Track and Field Centre
7	9:56.05		Ottawa Gee Gees	Ottawa	21-Nov-2009	Louis Riel Dome
8	10:42.49		Lakehead University	Lakehead	06-Feb-2010	Max Bell Field House
9	40:39.99		Carly Gill	Windsor	29-Jan-2010	Madison Square Garden

## **Best OUA Women's High Jump Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 1.69)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1.30		Taya McGillivray	Queen's	29-Jan-2010	Tomlinson Field House
1	1.30		Brittany Hicks	McMaster	29-Jan-2010	Tomlinson Field House
3	1.35		Juliana Bergin	Toronto	12-Feb-2010	Barton Hall
4	1.36		Alana Stewart	Toronto	29-Jan-2010	Findlay Fieldhouse
5	1.37		Jessica Caterini	Toronto	05-Dec-2009	Barton Hall
6	1.40		Meg Harris	Guelph	09-Jan-2010	UofT Athletic Centre
6	1.40		Hannah Bagnall	Windsor	06-Feb-2010	Toronto Track and Field Centre
6	1.40		Jessica May	Guelph	05-Dec-2009	Toronto Track and Field Centre
6	1.42		Tori Merrill	Toronto	22-Jan-2010	UofT Athletic Centre
10	1.45		Lacey VanDerMarel	Western	29-Jan-2010	Tomlinson Field House
10	1.45		Erika Reiser	Windsor	04-Dec-2009	St. Denis Athletic Centre
10	1.45		Alex Poetschke	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
13	1.46		Marie-Eve Chainey	Ottawa	27-Nov-2009	Louis Riel Dome
13	1.46		Diana Titova	Ottawa	27-Nov-2009	Louis Riel Dome
13	1.46		Suzette Janse van Rensburg	Queen's	27-Nov-2009	Louis Riel Dome
13	1.48		Taylor Whitley	Ottawa	26-Feb-2010	Toronto Track and Field Centre
13	1.48		Johanna Dobransky	Ottawa	26-Feb-2010	Toronto Track and Field Centre
13	1.48		Jen Galt	Western	13-Feb-2010	St. Denis Athletic Centre
13	1.48		Jackie Anderson	Windsor	13-Feb-2010	St. Denis Athletic Centre
13	1.48		Karen Belfall	Waterloo	15-Jan-2010	St. Denis Athletic Centre
13	1.50		Katie Kaiser	Western	29-Jan-2010	Tomlinson Field House
13	1.50		Natoya Whittingham	Windsor	04-Dec-2009	St. Denis Athletic Centre
13	1.50		Emma Dobson	Guelph	09-Jan-2010	UofT Athletic Centre
13	1.50		Cheryl Coulas	Ottawa	21-Nov-2009	Louis Riel Dome

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13	1.50		Kelsi Hurlbut	Guelph	06-Feb-2010	Toronto Track and Field Centre
13	1.50		Danielle Villalta	York	06-Feb-2010	Toronto Track and Field Centre
13	1.50		Alana Kelly	Windsor	06-Feb-2010	Toronto Track and Field Centre
13	1.53		Kelly Morrison	Windsor	15-Jan-2010	St. Denis Athletic Centre
13	1.53		Katie Johnson	Western	15-Jan-2010	St. Denis Athletic Centre
30	1.55		Julia Wallace	Guelph	09-Jan-2010	UofT Athletic Centre
30	1.55		Brooke Wilson	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
30	1.55		Sherelle Solomon	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
30	1.55		Sarah Oag	Toronto	12-Feb-2010	Barton Hall
30	1.57		Jen Cotten	Western	29-Jan-2010	Tomlinson Field House
30	1.58		Laura Maessen	Toronto	26-Feb-2010	Toronto Track and Field Centre
30	1.64		Shaneista Haye	Guelph	13-Feb-2010	St. Denis Athletic Centre
37	1.70 *		Sarah Boyle	Toronto	22-Jan-2010	UofT Athletic Centre

## **Best OUA Women's Pole Vault Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 3.62)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2.51		Melanie Banville	Ottawa	27-Nov-2009	Louis Riel Dome
2	2.57		Shannon Mueller	Windsor	04-Dec-2009	St. Denis Athletic Centre
3	2.72		Rachel Lariviere	Windsor	04-Dec-2009	St. Denis Athletic Centre
4	2.80		Marina Savic	Windsor	13-Feb-2010	St. Denis Athletic Centre
4	2.87		Chelsea Paterson	Windsor	04-Dec-2009	St. Denis Athletic Centre
4	2.87		Julia Hayman	Western	15-Jan-2010	St. Denis Athletic Centre
7	3.00		Erika Fiedler	Guelph	05-Dec-2009	Toronto Track and Field Centre
7	3.00		Melissa Radu	Guelph	26-Feb-2010	Toronto Track and Field Centre
9	3.13		Laura Barclay	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
9	3.17		Erika Reiser	Windsor	15-Jan-2010	St. Denis Athletic Centre
9	3.17		Alex Poetschke	Western	15-Jan-2010	St. Denis Athletic Centre
9	3.17		Jenn House	Western	15-Jan-2010	St. Denis Athletic Centre
9	3.17		Jenn Tomayer	Windsor	15-Jan-2010	St. Denis Athletic Centre
9	3.30		Emma Crombeen	York	29-Jan-2010	Livestock Arena
9	3.30		Carmen Siu	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
16	3.55		Heather Hamilton	York	26-Nov-2009	Toronto Track and Field Centre

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## Best OUA Women's Long Jump Result for All Athletes as of 10-Mar-2010 00:11:25 (Standard: 5.65)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2.17		Emma Crombeen	York	26-Nov-2009	Toronto Track and Field Centre
2	3.46		Rachel Oppong-Agyei	York	09-Jan-2010	UofT Athletic Centre
3	3.82		Sarah Ducasse	Ottawa	29-Jan-2010	Tomlinson Field House
4	3.90		Jennifer Adebajo	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
5	4.03		Christine Joannou	Queen's	05-Dec-2009	Tomlinson Fieldhouse
6	4.08		Dalvis Dalbanka	York	29-Jan-2010	Tomlinson Field House
7	4.17		Karen Belfall	Waterloo	09-Jan-2010	UofT Athletic Centre
8	4.20		Tomeizel Barry	Guelph	06-Feb-2010	Toronto Track and Field Centre
8	4.20		Brittany Hicks	McMaster	06-Feb-2010	Toronto Track and Field Centre
10	4.26		Sandra Vanessa Ndikummasabo	Ottawa	29-Jan-2010	Tomlinson Field House
11	4.27		Taya McGillivray	Queen's	06-Feb-2010	Toronto Track and Field Centre
12	4.30		Suzette Janse van Rensburg	Queen's	27-Nov-2009	Louis Riel Dome
12	4.35		Cheryl Coulas	Ottawa	21-Nov-2009	Louis Riel Dome
14	4.36		Meg Harris	Guelph	22-Jan-2010	UofT Athletic Centre
14	4.36		Wendy Zhang	Ottawa	16-Jan-2010	Louis Riel Dome
16	4.39		Kristin Obrochta	York	26-Nov-2009	Toronto Track and Field Centre
16	4.43		Taylor Whitley	Ottawa	21-Nov-2009	Louis Riel Dome
16	4.46		Ginnette Reyes	Toronto	06-Feb-2010	Toronto Track and Field Centre
19	4.47		Kelly Morrison	Windsor	15-Jan-2010	St. Denis Athletic Centre
20	4.48		Alana Kelly	Windsor	22-Jan-2010	Grand Valley State University
21	4.49		Nancy Spreitzer	Waterloo	29-Jan-2010	Tomlinson Field House
22	4.52		Marina Savic	Windsor	29-Jan-2010	Findlay Fieldhouse
22	4.52		Charesse Bloomfield	York	26-Nov-2009	Toronto Track and Field Centre
24	4.53		Christa Acquah	York	26-Nov-2009	Toronto Track and Field Centre
25	4.54		Camille Wallace	Windsor	20-Feb-2010	Michigan Track and Field Centre
26	4.55		Katie Johnson	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
26	4.55		Kylie Rains	Ottawa	05-Dec-2009	Tomlinson Fieldhouse
28	4.56		Katrina Vandervoort	Waterloo	15-Jan-2010	St. Denis Athletic Centre
28	4.56		Laura Maessen	Toronto	26-Feb-2010	Toronto Track and Field Centre
30	4.57		Jessica May	Guelph	15-Jan-2010	St. Denis Athletic Centre
30	4.58		Hannah Bagnall	Windsor	15-Jan-2010	St. Denis Athletic Centre
30	4.58		Juliana Bergin	Toronto	15-Jan-2010	St. Denis Athletic Centre
30	4.62		Jackie Anderson	Windsor	22-Jan-2010	Grand Valley State University
30	4.63		Jessica Caterini	Toronto	05-Dec-2009	Barton Hall
35	4.65		Victoria Tschirhart	McMaster	29-Jan-2010	Tomlinson Field House
35	4.67		Julia Wallace	Guelph	09-Jan-2010	UofT Athletic Centre

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35	4.68		Sherfieldann John	Windsor	04-Dec-2009	St. Denis Athletic Centre
35	4.69		Erika Reiser	Windsor	04-Dec-2009	St. Denis Athletic Centre
39	4.72		Quinnie Rwahwire	Windsor	22-Jan-2010	Grand Valley State University
40	4.75		Katie Kaiser	Western	29-Jan-2010	Tomlinson Field House
40	4.75		Emma Dobson	Guelph	26-Feb-2010	Toronto Track and Field Centre
42	4.76		Kim Richardson	Guelph	06-Feb-2010	Toronto Track and Field Centre
42	4.77		Johanna Dobransky	Ottawa	26-Feb-2010	Toronto Track and Field Centre
42	4.78		Lacey VanDerMarel	Western	13-Feb-2010	St. Denis Athletic Centre
42	4.79		Alana Stewart	Toronto	15-Jan-2010	St. Denis Athletic Centre
42	4.79		Ashley Drouillard	Windsor	29-Jan-2010	Findlay Fieldhouse
47	4.82		Khadija Sheikh	Windsor	15-Jan-2010	St. Denis Athletic Centre
48	4.83		Tori Merrill	Toronto	05-Dec-2009	Barton Hall
48	4.83		Sarah Sylvester	Western	06-Feb-2010	Toronto Track and Field Centre
48	4.85		Danielle Villalta	York	23-Jan-2010	Thompson Recreation and Athletic Centre
48	4.85		Kelsi Hurlbut	Guelph	26-Feb-2010	Toronto Track and Field Centre
52	4.90		Elizabeth Petrov	York	26-Nov-2009	Toronto Track and Field Centre
52	4.97		Brittany Pepper	York	26-Nov-2009	Toronto Track and Field Centre
52	4.97		Erika Fiedler	Guelph	19-Feb-2010	Uof T Athletic Centre
52	5.01		Jaideene Lowe	Windsor	15-Jan-2010	St. Denis Athletic Centre
52	5.06		Heather Hamilton	York	26-Nov-2009	Toronto Track and Field Centre
52	5.17		Natoya Whittingham	Windsor	22-Jan-2010	Grand Valley State University
58	5.25		Alicia Smith	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
58	5.29		Morgan Hall	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
60	5.30		Mila Simulik	Western	05-Feb-2010	Loftus Centre
61	5.72 *		Jen Cotten	Western	26-Feb-2010	Toronto Track and Field Centre

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## **Best OUA Women's Triple Jump Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 11.45)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	9.01		Ginhette Reyes	Toronto	06-Feb-2010	Toronto Track and Field Centre
2	9.42		Charesse Bloomfield	York	15-Jan-2010	St. Denis Athletic Centre
3	9.45		Karen Belfall	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
4	9.51		Dalvis Dalbanka	York	22-Jan-2010	UofT Athletic Centre
5	9.74		Natoya Whittingham	Windsor	04-Dec-2009	St. Denis Athletic Centre
6	9.85		Brittany Pepper	York	06-Feb-2010	Toronto Track and Field Centre
7	9.97		Victoria Tschirhart	McMaster	09-Jan-2010	UofT Athletic Centre
8	9.99		Quinnie Rwahwire	Windsor	29-Jan-2010	Findlay Fieldhouse
9	10.00		Suzette Janse van Rensburg	Queen's	27-Nov-2009	Louis Riel Dome
10	10.04		Shannon Mueller	Windsor	04-Dec-2009	St. Denis Athletic Centre
10	10.06		Katrina Vandervoort	Waterloo	09-Jan-2010	UofT Athletic Centre
12	10.08		Brooke Wilson	Western	29-Jan-2010	Tomlinson Field House
13	10.09		Ashley Drouillard	Windsor	15-Jan-2010	St. Denis Athletic Centre
14	10.13		Alana Stewart	Toronto	22-Jan-2010	UofT Athletic Centre
14	10.15		Jackie Anderson	Windsor	15-Jan-2010	St. Denis Athletic Centre
16	10.21		Tomeizel Barry	Guelph	19-Feb-2010	Uof T Athletic Centre
17	10.27		Nancy Spreitzer	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
18	10.39		Khadija Sheikh	Windsor	06-Feb-2010	Toronto Track and Field Centre
19	10.41		Julia Wallace	Guelph	15-Jan-2010	St. Denis Athletic Centre
20	10.68		Emma Dobson	Guelph	20-Nov-2009	Gryphon Dome
21	10.80		Katie Kaiser	Western	26-Feb-2010	Toronto Track and Field Centre
22	10.86		Tori Merrill	Toronto	26-Feb-2010	Toronto Track and Field Centre
23	10.89		Sarah Sylvester	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
24	11.00		Kim Richardson	Guelph	09-Jan-2010	UofT Athletic Centre
25	11.20		Alicia Smith	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
26	11.73 *		Mila Simulik	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
27	11.75 *		Jaideene Lowe	Windsor	22-Jan-2010	Grand Valley State University

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## Best OUA Women's Shot Put Result for All Athletes as of 10-Mar-2010 00:11:25 (Standard: 12.93)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	4.17		Diandra Forde	York	26-Nov-2009	Toronto Track and Field Centre
2	4.53		Raeleen Hunter	Windsor	04-Dec-2009	St. Denis Athletic Centre
3	4.90		Laura Gill	Windsor	04-Dec-2009	St. Denis Athletic Centre
4	5.21		Caitlin Fortier	Windsor	04-Dec-2009	St. Denis Athletic Centre
5	5.30		Chelsea Paterson	Windsor	04-Dec-2009	St. Denis Athletic Centre
6	5.52		Carly Gill	Windsor	04-Dec-2009	St. Denis Athletic Centre
7	5.58		Ashley Kellam	Windsor	04-Dec-2009	St. Denis Athletic Centre
8	5.61		Kelly Laing	Windsor	04-Dec-2009	St. Denis Athletic Centre
9	5.90		Krystal Goodwin	Windsor	04-Dec-2009	St. Denis Athletic Centre
10	6.24		Haley Cadwallader	Windsor	04-Dec-2009	St. Denis Athletic Centre
11	6.28		Alana Stewart	Toronto	05-Dec-2009	Barton Hall
12	6.29		Andrina Slegers	Windsor	04-Dec-2009	St. Denis Athletic Centre
13	6.34		Jenn Tomayer	Windsor	04-Dec-2009	St. Denis Athletic Centre
14	6.63		Nicole Sassine	Windsor	04-Dec-2009	St. Denis Athletic Centre
15	6.64		Danielle Harrison	Windsor	04-Dec-2009	St. Denis Athletic Centre
16	6.67		Kathryn Pistor	York	26-Nov-2009	Toronto Track and Field Centre
17	6.74		Rachel Lariviere	Windsor	04-Dec-2009	St. Denis Athletic Centre
17	6.74		Rachel Oppong-Agyei	York	26-Nov-2009	Toronto Track and Field Centre
19	6.77		Melissa Bishop	Windsor	04-Dec-2009	St. Denis Athletic Centre
20	6.88		Kelsi Mayne	Windsor	04-Dec-2009	St. Denis Athletic Centre
21	6.90		Donia Oumesrour	Windsor	04-Dec-2009	St. Denis Athletic Centre
22	7.05		Jessica Caterini	Toronto	05-Dec-2009	Barton Hall
23	7.13		Taylor Whitley	Ottawa	21-Nov-2009	Louis Riel Dome
24	7.32		Natoya Whittingham	Windsor	04-Dec-2009	St. Denis Athletic Centre
25	7.51		Kelly Morrison	Windsor	29-Jan-2010	Findlay Fieldhouse
26	7.53		Vanissa Tang	Waterloo	06-Feb-2010	Toronto Track and Field Centre
27	7.55		Cheryl Coulas	Ottawa	29-Jan-2010	Tomlinson Field House
28	7.59		Amanda Kanters	Windsor	04-Dec-2009	St. Denis Athletic Centre
29	7.65		Hannah Bagnall	Windsor	04-Dec-2009	St. Denis Athletic Centre
30	7.75		Erika Reiser	Windsor	04-Dec-2009	St. Denis Athletic Centre
31	7.83		Amber Blackwell	Waterloo	15-Jan-2010	St. Denis Athletic Centre
32	8.03		Camille Wallace	Windsor	04-Dec-2009	St. Denis Athletic Centre
32	8.03		Katie Johnson	Western	15-Jan-2010	St. Denis Athletic Centre
32	8.19		Charesse Bloomfield	York	26-Nov-2009	Toronto Track and Field Centre
35	8.21		Emma Dobson	Guelph	15-Jan-2010	St. Denis Athletic Centre
36	8.34		Danielle Gyemi	Windsor	04-Dec-2009	St. Denis Athletic Centre
36	8.34		Justyna Surzyn	Toronto	22-Jan-2010	UofT Athletic Centre
38	8.46		Johanna Dobransky	Ottawa	21-Nov-2009	Louis Riel Dome

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39	8.50		Valerie Chartrand	Ottawa	27-Nov-2009	Louis Riel Dome
40	8.51		Shannon Galea	McMaster	09-Jan-2010	UofT Athletic Centre
41	8.54		Alana Kelly	Windsor	22-Jan-2010	Grand Valley State University
42	8.55		Brittany Hicks	McMaster	13-Feb-2010	St. Denis Athletic Centre
43	8.57		Meg Harris	Guelph	07-Jan-2010	Gryphon Dome
44	8.60		Latesha Francis	Windsor	04-Dec-2009	St. Denis Athletic Centre
45	8.66		Jaideene Lowe	Windsor	04-Dec-2009	St. Denis Athletic Centre
46	8.71		Juliana Bergin	Toronto	26-Feb-2010	Toronto Track and Field Centre
46	8.76		Laura Maessen	Toronto	09-Jan-2010	UofT Athletic Centre
48	8.78		Jessica May	Guelph	26-Feb-2010	Toronto Track and Field Centre
49	8.84		Lacey VanDerMarel	Western	15-Jan-2010	St. Denis Athletic Centre
50	8.98		Cara Marcantonio	Western	26-Feb-2010	Toronto Track and Field Centre
51	9.10		Danielle Villalta	York	23-Jan-2010	Thompson Recreation and Athletic Centre
52	9.21		Kelsi Hurlbut	Guelph	15-Jan-2010	St. Denis Athletic Centre
53	9.29		Brit Herd	Guelph	20-Nov-2009	Gryphon Dome
54	9.32		Christa Acquah	York	26-Nov-2009	Toronto Track and Field Centre
55	9.45		Jen Cotten	Western	15-Jan-2010	St. Denis Athletic Centre
56	9.61		Sara McCallum	Lakehead	23-Jan-2010	UWS Fieldhouse
57	9.68		Tori Merrill	Toronto	29-Jan-2010	Findlay Fieldhouse
57	9.68		Chelsea Keeley	Guelph	15-Jan-2010	St. Denis Athletic Centre
57	9.77		Taya McGillivray	Queen's	19-Feb-2010	Tomlinson Fieldhouse
60	9.90		Ami Schimanski	Windsor	13-Feb-2010	St. Denis Athletic Centre
60	10.06		Meg Lowry	Guelph	15-Jan-2010	St. Denis Athletic Centre
60	10.40		Jaime Johns	Lakehead	23-Jan-2010	UWS Fieldhouse
63	10.52		Celine Gibb	Windsor	29-Jan-2010	Findlay Fieldhouse
64	10.56		Shealyn McLaughlin	Windsor	29-Jan-2010	Findlay Fieldhouse
65	10.59		Juliana Bergin	Toronto	09-Jan-2010	UofT Athletic Centre
66	10.63		Kristin Obrochta	York	26-Nov-2009	Toronto Track and Field Centre
67	10.80		Tara Penney	Guelph	05-Dec-2009	Toronto Track and Field Centre
68	11.01		Lydia Foley	Western	29-Jan-2010	Tomlinson Field House
69	12.22		Steffi Stephenson	Windsor	22-Jan-2010	Grand Valley State University
70	12.30		Cynthia Appiah	York	05-Dec-2009	Toronto Track and Field Centre
71	13.92 *		Elizabeth Petrov	York	05-Dec-2009	Toronto Track and Field Centre

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## **Best OUA Women's Weight Throw Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 17.05)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	7.52		Amber Blackwell	Waterloo	06-Feb-2010	Toronto Track and Field Centre
2	8.56		Sara McCallum	Lakehead	06-Feb-2010	Max Bell Field House
3	8.74		Tara Penney	Guelph	20-Nov-2009	Gryphon Dome
4	9.00		Celine Gibb	Windsor	04-Dec-2009	St. Denis Athletic Centre
5	10.40		Lydia Foley	Western	29-Jan-2010	Tomlinson Field House
6	11.39		Valerie Chartrand	Ottawa	27-Nov-2009	Louis Riel Dome
7	11.82		Ami Schimanski	Windsor	29-Jan-2010	Findlay Fieldhouse
8	12.07		Meg Lowry	Guelph	26-Feb-2010	Toronto Track and Field Centre
9	12.18		Shealyn McLaughlin	Windsor	15-Jan-2010	St. Denis Athletic Centre
10	12.90		Chelsea Keeley	Guelph	07-Jan-2010	Gryphon Dome
11	13.00		Elizabeth Petrov	York	05-Dec-2009	Toronto Track and Field Centre
12	13.28		Steffi Stephenson	Windsor	04-Dec-2009	St. Denis Athletic Centre
13	13.31		Jenine McCutcheon	Western	15-Jan-2010	St. Denis Athletic Centre
14	13.53		Brit Herd	Guelph	07-Jan-2010	Gryphon Dome
15	13.98		Cynthia Appiah	York	26-Nov-2009	Toronto Track and Field Centre
16	15.28		Cara Marcantonio	Western	29-Jan-2010	Tomlinson Field House
17	15.55		Kristin Obrochta	York	06-Feb-2010	Toronto Track and Field Centre

## **Best OUA Women's Pentathlon Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 3414.00)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2000.00		Kelly Morrison	Windsor	26-Feb-2010	Toronto Track and Field Centre
2	2118.00		Tori Merrill	Toronto	12-Feb-2010	Barton Hall
3	2267.00		Alana Kelly	Windsor	29-Jan-2010	Findlay Fieldhouse
4	2277.00		Brittany Hicks	McMaster	29-Jan-2010	Tomlinson Field House
5	2334.00		Taylor Whitley	Ottawa	21-Nov-2009	Louis Riel Dome
6	2353.00		Taya McGillivray	Queen's	29-Jan-2010	Tomlinson Field House
7	2411.00		Cheryl Coulas	Ottawa	21-Nov-2009	Louis Riel Dome
8	2436.00		Alana Stewart	Toronto	22-Jan-2010	UofT Athletic Centre
9	2443.00		Juliana Bergin	Toronto	22-Jan-2010	UofT Athletic Centre
10	2465.00		Meg Harris	Guelph	26-Feb-2010	Toronto Track and Field Centre
11	2508.00		Laura Maessen	Toronto	26-Feb-2010	Toronto Track and Field Centre
12	2729.00		Jessica Caterini	Toronto	05-Dec-2009	Barton Hall
13	2791.00		Jessica May	Guelph	22-Jan-2010	UofT Athletic Centre
14	2793.00		Katie Johnson	Western	29-Jan-2010	Tomlinson Field House
15	2897.00		Lacey VanDerMarel	Western	29-Jan-2010	Tomlinson Field House
16	2920.00		Johanna Dobransky	Ottawa	10-Jan-2010	Leverone Fieldhouse
17	2998.00		Kelsi Hurlbut	Guelph	26-Feb-2010	Toronto Track and Field Centre

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18	3032.00		Danielle Villalta	York	29-Jan-2010	Tomlinson Field House
19	3113.00		Emma Dobson	Guelph	22-Jan-2010	UofT Athletic Centre
20	3152.00		Hannah Bagnall	Windsor	29-Jan-2010	Findlay Fieldhouse
21	3718.00 *		Jen Cotten	Western	26-Feb-2010	Toronto Track and Field Centre

## **Best OUA Women's 55m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 7.07)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	7.75		Marina Yacob	Ottawa	23-Jan-2010	Newell Field House
2	7.76		Kari Kluge	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
3	7.89		Sarah Ducasse	Ottawa	23-Jan-2010	Newell Field House
4	7.90		Vanessa Ivec	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
5	8.07		Nadine Johnson	Ottawa	23-Jan-2010	Newell Field House
6	8.17		Becky Van Zeyl	Laurentian	16-Jan-2010	Arbuckle Student Activity Center
7	8.19		Marie-Eve Gauthier	Ottawa	23-Jan-2010	Newell Field House

## **Best OUA Women's 200m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 24.99)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	24.10 *		Noelle Montcalm	Windsor	05-Feb-2010	Loftus Centre
2	25.20		Danielle Harrison	Windsor	05-Feb-2010	Loftus Centre
3	25.33		Nicole Sassine	Windsor	22-Jan-2010	Grand Valley State University
3	25.47		Athena McBean	Toronto	05-Feb-2010	Loftus Centre
5	25.75		Iman Blackman	Windsor	22-Jan-2010	Grand Valley State University
6	25.76		Veronica Catry	Queen's	12-Feb-2010	Barton Hall
6	25.76		Alicia Brown	Toronto	29-Jan-2010	Findlay Fieldhouse
8	25.77		Sarah Peirce	Guelph	05-Dec-2009	Toronto Track and Field Centre
9	25.98		Christiane Lela	Ottawa	23-Jan-2010	Newell Field House
10	26.24		Natoya Whittingham	Windsor	20-Feb-2010	Michigan Track and Field Centre
11	26.55		Charelle Anobile	Windsor	22-Jan-2010	Grand Valley State University
11	26.55		Marissa Walter	Queen's	08-Jan-2010	Barton Hall
13	26.69		Cassandra McCaig	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
14	26.74		Billie White-Gibson	Windsor	22-Jan-2010	Grand Valley State University
15	26.79		Vanessa Brathwaite	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
16	26.80		Sherelle Solomon	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
17	26.83		Jenessa Olson	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
18	26.85		Camille Wallace	Windsor	22-Jan-2010	Grand Valley State University
19	26.86		Jaide Lyons	Windsor	20-Feb-2010	Michigan Track and Field Centre

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19	26.89		Melanie Lui	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
21	26.97		Ashley Drouillard	Windsor	22-Jan-2010	Grand Valley State University
22	27.00		Lisa Grieve	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
23	27.03		Caitlin Fortier	Windsor	29-Jan-2010	Findlay Fieldhouse
24	27.04		Donia Oumesrour	Windsor	22-Jan-2010	Grand Valley State University
25	27.17		Shauna Malek	Guelph	05-Dec-2009	Toronto Track and Field Centre
26	27.32		Alison McCart	Guelph	05-Dec-2009	Toronto Track and Field Centre
27	27.51		Pauliina Beretta	Queen's	12-Feb-2010	Barton Hall
28	27.91		Marina Yacob	Ottawa	23-Jan-2010	Newell Field House
29	27.94		Katrina Vandervoort	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
30	28.01		Kari Kluge	Lakehead	23-Jan-2010	UWS Fieldhouse
31	28.06		Amanda Spriel	Guelph	05-Dec-2009	Toronto Track and Field Centre
32	28.17		Morgan Hall	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
33	28.20		Johanna Dobransky	Ottawa	23-Jan-2010	Newell Field House
34	28.25		Joy Ogundare	Queen's	12-Feb-2010	Barton Hall
35	28.27		Heather Schmidt	Guelph	05-Dec-2009	Toronto Track and Field Centre
36	28.30		Latisha Rhooms	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
37	28.31		Morgan Van Mierlo	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
38	28.53		Reba Timbrell	Ottawa	23-Jan-2010	Newell Field House
39	28.58		Nadine Johnson	Ottawa	23-Jan-2010	Newell Field House
40	28.72		Sarah Ducasse	Ottawa	23-Jan-2010	Newell Field House
41	28.84		Sandra Vanessa Ndikumasabo	Ottawa	23-Jan-2010	Newell Field House
42	29.10		Becky Van Zeyl	Laurentian	16-Jan-2010	Arbuckle Student Activity Center
43	29.41		Marie-Eve Gauthier	Ottawa	23-Jan-2010	Newell Field House
44	30.61		Jennifer Adebajo	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre

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## **Best OUA Women's 400m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 56.02)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	57.48		Christiane Lela	Ottawa	10-Jan-2010	Leverone Fieldhouse
2	57.89		Alicia Brown	Toronto	29-Jan-2010	Findlay Fieldhouse
3	58.21		Jan Stirling	Queen's	08-Jan-2010	Barton Hall
4	59.08		Athena McBean	Toronto	29-Jan-2010	Findlay Fieldhouse
5	59.23		Shauna Malek	Guelph	05-Dec-2009	Toronto Track and Field Centre
6	1:01.49		Jaide Lyons	Windsor	29-Jan-2010	Findlay Fieldhouse
7	1:02.22		Amanda Spriel	Guelph	05-Dec-2009	Toronto Track and Field Centre
8	1:03.09		Alison McCart	Guelph	05-Dec-2009	Toronto Track and Field Centre
9	1:03.76		Reba Timbrell	Ottawa	23-Jan-2010	Newell Field House
10	1:16.29		Kristin Loeper	Ottawa	10-Jan-2010	Leverone Fieldhouse

## **Best OUA Women's 500m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 1:14.51)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:15.06		Jan Stirling	Queen's	12-Feb-2010	Barton Hall
2	1:17.10		Amanda Kanters	Windsor	05-Feb-2010	Loftus Centre
3	1:19.03		Andrina Slegers	Windsor	05-Feb-2010	Loftus Centre
4	1:21.65		Jennifer Barrow	Queen's	08-Jan-2010	Barton Hall
5	1:25.36		Kim Kallio	Queen's	08-Jan-2010	Barton Hall
6	1:26.53		Alex Gatza	Queen's	08-Jan-2010	Barton Hall

## **Best OUA Women's 800m Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 2:11.56)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2:05.88 *		Melissa Bishop	Windsor	05-Feb-2010	Loftus Centre
2	2:08.79 *		Raeleen Hunter	Windsor	05-Feb-2010	Loftus Centre
3	2:09.49 *		Rachel Aubry	Guelph	05-Feb-2010	Loftus Centre
4	2:16.04		Katie Housley	Toronto	05-Feb-2010	Loftus Centre
5	2:16.05		Julia Malleck	Ottawa	10-Jan-2010	Leverone Fieldhouse
6	2:16.24		Heather Kurpe	Windsor	05-Feb-2010	Loftus Centre
7	2:17.68		Carly Gill	Windsor	22-Jan-2010	Grand Valley State University
8	2:18.09		Kelly Laing	Windsor	22-Jan-2010	Grand Valley State University
9	2:19.21		Emma Tallman	Laurentian	16-Jan-2010	Arbuckle Student Activity Center
10	2:20.52		Ashley Kellam	Windsor	22-Jan-2010	Grand Valley State University
11	2:23.97		Kim Kallio	Queen's	12-Feb-2010	Barton Hall
12	2:25.24		Alyssa Thrasher	Windsor	22-Jan-2010	Grand Valley State University
13	2:25.34		Haley Cadwallader	Windsor	22-Jan-2010	Grand Valley State University
14	2:26.52		Heather Stroeder	Laurentian	16-Jan-2010	Arbuckle Student Activity Center

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15	2:27.09		Paulina Maher	Toronto	20-Feb-2010	Toronto Track and Field Centre
16	2:29.47		Corinne Smith	Guelph	05-Dec-2009	Toronto Track and Field Centre
17	2:31.08		Kate MacNaughton	Ottawa	10-Jan-2010	Leverone Fieldhouse
18	2:32.36		Maggie Robins	Laurentian	16-Jan-2010	Arbuckle Student Activity Center
19	2:40.00		Sara Ellick	Ottawa	23-Jan-2010	Newell Field House
20	2:40.21		Cheryl Coulas	Ottawa	10-Jan-2010	Leverone Fieldhouse
21	2:43.61		Johanna Dobransky	Ottawa	10-Jan-2010	Leverone Fieldhouse
22	2:51.69		Kristin Loeper	Ottawa	23-Jan-2010	Newell Field House

## **Best OUA Women's Mile Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 4:54.68)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	4:53.15 *		Jess Vanhie	Guelph	05-Feb-2010	Loftus Centre
2	4:58.70		Tamara Jewett	Toronto	29-Jan-2010	Findlay Fieldhouse
3	5:05.44		Julia Malleck	Ottawa	10-Jan-2010	Leverone Fieldhouse
4	5:09.23		Leah Larocque	Queen's	08-Jan-2010	Barton Hall
5	5:17.74		Laura Gill	Windsor	29-Jan-2010	Findlay Fieldhouse
6	5:18.71		Meaghan Morand	Windsor	29-Jan-2010	Findlay Fieldhouse
7	5:18.95		Tiffany Locke	Ottawa	23-Jan-2010	Newell Field House
8	5:19.03		Krystal Goodwin	Windsor	29-Jan-2010	Findlay Fieldhouse
9	5:19.67		Jen Corrick	Windsor	29-Jan-2010	Findlay Fieldhouse
10	5:19.71		Patricia Roney	Queen's	08-Jan-2010	Barton Hall
11	5:20.72		Nadia Tatlow	Queen's	08-Jan-2010	Barton Hall
12	5:23.48		Jill Seymour	Ottawa	12-Dec-2009	Newell Field House
13	5:24.24		Tess Naroski	Lakehead	23-Jan-2010	UWS Fieldhouse
14	5:26.56		Emily Klassen	Queen's	08-Jan-2010	Barton Hall
15	5:27.61		Lisa Alaimo	Lakehead	23-Jan-2010	UWS Fieldhouse
16	5:27.80		Kelly Laing	Windsor	20-Feb-2010	Michigan Track and Field Centre
17	5:32.44		Grace Keenleyside	Queen's	08-Jan-2010	Barton Hall
18	5:35.70		Julia Britton	Ottawa	23-Jan-2010	Newell Field House
19	5:38.91		Maggie Hutton	Queen's	08-Jan-2010	Barton Hall
20	5:40.58		Kate MacNaughton	Ottawa	12-Dec-2009	Newell Field House
21	6:03.86		Hannah McCurdy-Adams	Laurentian	16-Jan-2010	Arbuckle Student Activity Center
22	6:22.24		Tanis Smith	Windsor	20-Feb-2010	Michigan Track and Field Centre

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## **Best OUA Women's 55mH Result for All Athletes as of 10-Mar-2010 00:11:25** (Standard: 8.18)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	9.27		Johanna Dobransky	Ottawa	23-Jan-2010	Newell Field House
2	9.82		Cheryl Coulas	Ottawa	23-Jan-2010	Newell Field House