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Note: * indicates CIS Standard and (HT) indicates a Hand Time

Best CANWEST Women's 60m Comprehensive Results for All Athletes as of Mar-23-2010 **00:20:28** (Standard: 7.61)

Rank	Result	Athlete	Team	Date	Venue
1	7.59 *	Caley Miskimmin	Manitoba	Mar-11-2010	St. Denis Athletic Centre
2	7.59 *	Amanda Ruller	Regina	Mar-11-2010	St. Denis Athletic Centre
3	7.59 *	Amonn Nelson	Calgary	Feb-26-2010	U of A Butterdome
4	7.69	Lisa Wong	Manitoba	Jan-23-2010	Bierman Field House
5	7.76	Jenn Zimmer	Calgary	Dec-05-2009	Jack Simpson Track
6	7.79	Chelsea Valois	Regina	Jan-09-2010	Saskatoon Field House
7	7.79	Christine Bushie	Alberta	Feb-26-2010	U of A Butterdome
8	7.80	Sharai Siemens	Saskatchewan	Jan-09-2010	Saskatoon Field House
9	7.83	Merissa Margetts	Regina	Jan-29-2010	Saskatoon Field House
10	7.85	Katelyn Kuspira	Saskatchewan	Jan-29-2010	Saskatoon Field House
11	7.88	Courtney Smith	Alberta	Feb-26-2010	U of A Butterdome
12	7.91	Michelle Williamson	Manitoba	Feb-26-2010	U of A Butterdome
13	7.93	Kathryn McCaffrey	Alberta	Jan-10-2010	U of A Butterdome
14	7.96	Meaghan Woo	Manitoba	Feb-26-2010	U of A Butterdome
15	7.96	Kelsey Lotwin	Calgary	Jan-23-2010	Jack Simpson Track
16	7.97	Robyn Webster	Calgary	Feb-12-2010	Regina Field House
17	8.00	Jen Rintoul	Alberta	Jan-10-2010	U of A Butterdome
18	8.01	Amanda Herron	Saskatchewan	Jan-09-2010	Saskatoon Field House
19	8.02	Tennille Davis	Regina	Jan-15-2010	U of A Butterdome
20	8.04	Melissa Breland	Calgary	Feb-12-2010	Regina Field House
21	8.05	Carrie Yuzik	Saskatchewan	Dec-05-2009	Saskatoon Field House
22	8.06	Kayla Nelson	Calgary	Dec-05-2009	Jack Simpson Track
23	8.07	Amanda Jahraus	Alberta	Feb-26-2010	U of A Butterdome
24	8.08	Alicia Boxill	Manitoba	Feb-06-2010	Max Bell Field House
25	8.09	Kimberley Stephenson	Calgary	Dec-05-2009	Jack Simpson Track
26	8.15	Richina Foggo	Calgary	Dec-05-2009	Jack Simpson Track
27	8.20	Leah Harpelle	Manitoba	Feb-06-2010	Max Bell Field House
28	8.23	Kimberly-Ann Bordun	Manitoba	Jan-17-2010	Bison Sports Arena
29	8.24	Kirklin Maclise	Alberta	Jan-29-2010	Saskatoon Field House
30	8.26	Shalane Haselhan	Regina	Jan-09-2010	Saskatoon Field House
31	8.27	Marcia Davis	Alberta	Jan-29-2010	Saskatoon Field House
32	8.28	Meaghan Rempel	Manitoba	Dec-05-2009	Max Bell Field House
33	8.29	Sarah Bauck	Regina	Jan-09-2010	Saskatoon Field House
34	8.29	Courtney Wilkes	Alberta	Nov-28-2009	Universiade Pavillion
35	8.38	Tomi Morris	Calgary	Jan-23-2010	Jack Simpson Track
36	8.39	Stephanie Pon	Calgary	Feb-12-2010	Regina Field House

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37	8.41	Ali Comeault	Manitoba	Dec-05-2009	Max Bell Field House
38	8.42	Fasuba Olamide	Lethbridge	Jan-15-2010	U of A Butterdome
39	8.44	Marissa Roberts	Calgary	Feb-12-2010	Regina Field House
40	8.47	Jocelyn Westwood	Alberta	Nov-28-2009	Universiade Pavillion
41	8.56	Amanda Schneck	Alberta	Nov-28-2009	Universiade Pavillion
42	8.56	Ashley Deschamps	Lethbridge	Jan-15-2010	U of A Butterdome
43	8.60	Amanda Gundrum	Manitoba	Dec-12-2009	Max Bell Field House
44	8.60	Alison Jestadt	Regina	Jan-09-2010	Saskatoon Field House
45	8.63	Jaclyn Fedorus	Alberta	Jan-10-2010	U of A Butterdome
46	8.63	Mackenzie Baert	Alberta	Jan-15-2010	U of A Butterdome
47	8.66	Jacqueline Wigg	Calgary	Jan-09-2010	Jack Simpson Track
48	8.67	Teresa Logoza	Manitoba	Feb-06-2010	Max Bell Field House
49	8.68	Leanne Hildenbrandt	Alberta	Jan-23-2010	Jack Simpson Track
50	8.69	Keightley Bertram	Calgary	Jan-09-2010	Jack Simpson Track
51	8.76	Debbie Trang	Alberta	Jan-15-2010	U of A Butterdome
52	8.82	Gillian McKercher	Calgary	Jan-09-2010	Jack Simpson Track
53	8.97	Alexis Prychitko	Manitoba	Dec-12-2009	Max Bell Field House
54	9.06	Cherelle Cadrain	Saskatchewan	Dec-05-2009	Saskatoon Field House
55	9.13	Lauren Grebinski	Regina	Dec-05-2009	Regina Field House
56	9.46	Rebecca Wong	Manitoba	Dec-12-2009	Max Bell Field House
57	9.53	Anne-Marie Young	Manitoba	Feb-06-2010	Max Bell Field House

Best CANWEST Women's 300m Comprehensive Results for All Athletes as of Mar-23-2010
00:20:28 (Standard: 39.93)

Rank	Result	Athlete	Team	Date	Venue
1	0:37.92 *	Amonn Nelson	Calgary	Mar-11-2010	St. Denis Athletic Centre
2	0:39.33 *	Sharai Siemens	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
3	0:40.33	Danielle Kendall	Calgary	Feb-26-2010	U of A Butterdome
4	0:40.35	Kelsey Lotwin	Calgary	Mar-11-2010	St. Denis Athletic Centre
5	0:40.64	Jenn Zimmer	Calgary	Jan-09-2010	Jack Simpson Track
6	0:41.09	Jennifer Campbell	Manitoba	Feb-26-2010	U of A Butterdome
7	0:41.26	Kirklin Maclise	Alberta	Feb-12-2010	Regina Field House
8	0:41.46	Julene Friesen	Saskatchewan	Jan-09-2010	Saskatoon Field House
9	0:41.47	Meaghan Woo	Manitoba	Feb-06-2010	Max Bell Field House
10	0:41.50	Amanda Ruller	Regina	Jan-15-2010	U of A Butterdome
11	0:41.61	Ashley Gerstmar	Saskatchewan	Feb-06-2010	Max Bell Field House
12	0:41.83	Kimberly-Ann Bordun	Manitoba	Dec-05-2009	Max Bell Field House
13	0:41.85	Veronika (Nika) Smits	Saskatchewan	Jan-29-2010	Saskatoon Field House
14	0:42.09	Tennille Davis	Regina	Feb-06-2010	Max Bell Field House
15	0:42.20	Dana Baker	Manitoba	Dec-05-2009	Max Bell Field House

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16	0:42.32	Christine Bushie	Alberta	Jan-23-2010	Jack Simpson Track
17	0:42.40	Michelle Seifert	Calgary	Jan-09-2010	Jack Simpson Track
18	0:42.51	Richina Foggo	Calgary	Feb-06-2010	Max Bell Field House
19	0:42.78	Amanda Jahraus	Alberta	Feb-12-2010	Regina Field House
20	0:43.32	Leah Harpelle	Manitoba	Dec-05-2009	Max Bell Field House
21	0:43.59	Amanda Buchko	Alberta	Jan-29-2010	Saskatoon Field House
22	0:43.61	Amanda Banks	Saskatchewan	Jan-15-2010	U of A Butterdome
23	0:43.70	Jenica Moore	Victoria	Feb-26-2010	U of A Butterdome
24	0:44.53	Jacqueline Wigg	Calgary	Jan-29-2010	Saskatoon Field House
25	0:44.54	Kayla Nelson	Calgary	Dec-05-2009	Jack Simpson Track
26	0:44.59	Meaghan Rempel	Manitoba	Dec-05-2009	Max Bell Field House
27	0:44.74	Nikki Barlow	Calgary	Jan-09-2010	Jack Simpson Track
28	0:44.91	Jamie Ferguson	Saskatchewan	Jan-09-2010	Saskatoon Field House
29	0:45.08	Katie Hanbidge	Saskatchewan	Jan-09-2010	Saskatoon Field House
30	0:45.18	Christine Olson	Saskatchewan	Jan-09-2010	Saskatoon Field House
31	0:45.25	Alicia Boxill	Manitoba	Dec-05-2009	Max Bell Field House
32	0:45.73	Jaclyn Fedorus	Alberta	Feb-12-2010	Regina Field House
33	0:45.74	Christina Calver	Saskatchewan	Jan-15-2010	U of A Butterdome
34	0:46.42	Hana Gegolick	Lethbridge	Jan-15-2010	U of A Butterdome
35	0:47.55	Peggy Hamilton	Manitoba	Dec-05-2009	Max Bell Field House
36	0:47.62	Carina Vigna	Calgary	Jan-23-2010	Jack Simpson Track

Best CANWEST Women's 600m Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 1:33.45)

Rank	Result	Athlete	Team	Date	Venue
1	1:32.74 * (1:32.47 307m)	Julene Friesen	Saskatchewan	Feb-14-2010	Dempsey Field House
2	1:33.09 *	Kailey Smith	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
3	1:34.29	Sharai Siemens	Saskatchewan	Feb-26-2010	U of A Butterdome
4	1:35.41	Kelsey Lotwin	Calgary	Feb-26-2010	U of A Butterdome
5	1:35.78	Amanda Banks	Saskatchewan	Feb-06-2010	Max Bell Field House
6	1:35.79	Jennifer Campbell	Manitoba	Feb-26-2010	U of A Butterdome
7	1:36.19	Meaghan Woo	Manitoba	Jan-23-2010	Bierman Field House
8	1:36.27	Michelle Lavoie	Manitoba	Feb-06-2010	Max Bell Field House
9	1:37.16	Michelle Seifert	Calgary	Feb-06-2010	Max Bell Field House
10	1:37.98	Gloria Kanuka	Calgary	Jan-23-2010	Jack Simpson Track
11	1:38.10	Hayley Degaust	Alberta	Jan-10-2010	U of A Butterdome
12	1:38.42	Christina Calver	Saskatchewan	Feb-06-2010	Max Bell Field House
13	1:38.45	Lauren Beaulieu	Victoria	Jan-29-2010	Saskatoon Field House
14	1:38.6 (HT)	Jackie Adamson	Manitoba	Dec-05-2009	Max Bell Field House
15	1:38.86	Valerie Hurdle	Calgary	Feb-26-2010	U of A Butterdome

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16	1:39.00	Helen Hanbidge	Saskatchewan	Feb-06-2010	Max Bell Field House
17	1:39.54	Julia Hart	Regina	Feb-26-2010	U of A Butterdome
18	1:39.63	Chantal Auger	Manitoba	Feb-06-2010	Max Bell Field House
19	1:39.64	Kendra Pomfret	Victoria	Feb-06-2010	Max Bell Field House
20	1:40.12 (1:39.85 307m)	Maureen McCulligh	Victoria	Feb-14-2010	Dempsey Field House
21	1:40.68	Jean Bolen	Alberta	Feb-06-2010	Max Bell Field House
22	1:40.81	Riley McQueen	Calgary	Feb-26-2010	U of A Butterdome
23	1:40.81 (1:40.54 307m)	Jenica Moore	Victoria	Feb-14-2010	Dempsey Field House
24	1:40.99	Nikki Barlow	Calgary	Feb-06-2010	Max Bell Field House
25	1:46.57	Jacqueline Wigg	Calgary	Jan-23-2010	Jack Simpson Track
26	1:48.55	Hana Gegolick	Lethbridge	Jan-15-2010	U of A Butterdome
27	1:50.15	Ronelle Calver	Saskatchewan	Dec-05-2009	Saskatoon Field House
28	1:52.12	Leanne Hildenbrandt	Alberta	Jan-23-2010	Jack Simpson Track
29	1:54.4 (HT)	Kailey Kroeker	Manitoba	Dec-05-2009	Max Bell Field House
30	1:54.91	Emily Brown	Lethbridge	Jan-15-2010	U of A Butterdome
31	2:12.60	Angelica Garcia Varganova	Manitoba	Feb-06-2010	Max Bell Field House
32	3:00.56	Lindsay Acheson	Alberta	Feb-06-2010	Max Bell Field House

Best CANWEST Women's 1000m Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 2:51.08)

Rank	Result	Athlete	Team	Date	Venue
1	2:50.20 * (2:49.73 307m)	Kailey Smith	Saskatchewan	Feb-14-2010	Dempsey Field House
2	2:56.38 (2:55.91 307m)	Riley McQueen	Calgary	Feb-14-2010	Dempsey Field House
3	2:57.27	Lindsay Acheson	Alberta	Feb-26-2010	U of A Butterdome
4	2:57.80	Jodi Souter	Saskatchewan	Jan-29-2010	Saskatoon Field House
5	2:58.29	Brittany Therrien	Victoria	Feb-26-2010	U of A Butterdome
6	2:58.48 (2:58.01 307m)	Madeline MacDonald	Calgary	Feb-14-2010	Dempsey Field House
7	2:58.82	Jacky Phalen	Manitoba	Feb-26-2010	U of A Butterdome
8	2:59.81	Lauren Beaulieu	Victoria	Feb-06-2010	Max Bell Field House
9	3:00.83	Marcia Richards	Saskatchewan	Feb-26-2010	U of A Butterdome
10	3:01.16	Alana Soderberg	Alberta	Feb-26-2010	U of A Butterdome
11	3:01.50	Gloria Kanuka	Calgary	Feb-06-2010	Max Bell Field House
12	3:01.77	Valerie Hurdle	Calgary	Feb-12-2010	Regina Field House
13	3:02.56	Caitlin Warkentin	Saskatchewan	Jan-29-2010	Saskatoon Field House
14	3:02.59	Christina Calver	Saskatchewan	Jan-29-2010	Saskatoon Field House
15	3:02.92	Jean Bolen	Alberta	Feb-13-2010	U of A Butterdome
16	3:02.92	Alycia Roske	Victoria	Feb-26-2010	U of A Butterdome
17	3:03.57	Melissa Petersen	Regina	Feb-26-2010	U of A Butterdome
18	3:03.83	Justine Stromberg	Manitoba	Feb-06-2010	Max Bell Field House
19	3:03.87	Nadine Brenault	Saskatchewan	Feb-06-2010	Max Bell Field House

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20	3:04.57	Jackie Adamson	Manitoba	Jan-17-2010	Bison Sports Arena
21	3:04.86	Laura Mitic	Victoria	Feb-26-2010	U of A Butterdome
22	3:06.38	Debby Querengesser	Calgary	Jan-09-2010	Jack Simpson Track
23	3:06.61	Maureen McCulligh	Victoria	Feb-26-2010	U of A Butterdome
24	3:06.86	Grace Kary	Calgary	Jan-09-2010	Jack Simpson Track
25	3:09.39	Nikki Barlow	Calgary	Feb-13-2010	U of A Butterdome
26	3:09.43	Kendra Pomfret	Victoria	Jan-29-2010	Saskatoon Field House
27	3:13.6 (HT)	Alice Sherwin	Manitoba	Dec-05-2009	Max Bell Field House
28	3:14.05	Becky Carr	Manitoba	Feb-06-2010	Max Bell Field House
29	3:16.8 (HT)	Alyssa Altomare	Manitoba	Dec-05-2009	Max Bell Field House
30	3:17.70	Michelle Seifert	Calgary	Jan-09-2010	Jack Simpson Track
31	3:24.44	Dara Mikituk	Calgary	Jan-09-2010	Jack Simpson Track
32	3:30.76	Rebecca Hartshorn	Lethbridge	Jan-15-2010	U of A Butterdome
33	3:35.89	Lexi Thomas	Lethbridge	Jan-15-2010	U of A Butterdome
34	3:40.03	Emily Brown	Lethbridge	Jan-15-2010	U of A Butterdome
35	4:55.45	Alex Bell	Manitoba	Feb-10-2010	Max Bell Field House
36	5:16.40	Andrea Hesketh	Manitoba	Feb-10-2010	Max Bell Field House

Best CANWEST Women's 1500m Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 4:32.61)

Rank	Result	Athlete	Team	Date	Venue
1	4:29.20 *	Julia Tschanz	Victoria	Mar-11-2010	St. Denis Athletic Centre
2	4:29.71 *	Claire Jean	Victoria	Mar-11-2010	St. Denis Athletic Centre
3	4:34.36	Jodi Souter	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
4	4:39.94	Marcia Richards	Saskatchewan	Feb-06-2010	Max Bell Field House
5	4:40.00	Katrina Bruckschwaiger	Manitoba	Feb-26-2010	U of A Butterdome
6	4:41.96	Alana Soderberg	Alberta	Feb-06-2010	Max Bell Field House
7	4:42.64	Brittany Therrien	Victoria	Feb-26-2010	U of A Butterdome
8	4:43.30	Melissa Petersen	Regina	Feb-06-2010	Max Bell Field House
9	4:43.67	Melanie Gregoire	Manitoba	Feb-06-2010	Max Bell Field House
10	4:46.86	Lindsay Acheson	Alberta	Feb-26-2010	U of A Butterdome
11	4:46.98	Caitlin Warkentin	Saskatchewan	Jan-29-2010	Saskatoon Field House
12	4:47.37	Jacky Phalen	Manitoba	Feb-26-2010	U of A Butterdome
13	4:48.25	Debby Querengesser	Calgary	Feb-26-2010	U of A Butterdome
14	4:49.90	Lacey Ginter	Manitoba	Feb-06-2010	Max Bell Field House
15	4:52.29	Faye Stenning	Calgary	Jan-23-2010	Jack Simpson Track
16	4:53.70	Nadine Brenault	Saskatchewan	Jan-29-2010	Saskatoon Field House
17	4:53.89	Nicole Dubois	Manitoba	Feb-06-2010	Max Bell Field House
18	4:54.03	Madeline MacDonald	Calgary	Feb-06-2010	Max Bell Field House
19	4:55.01	Grace Kary	Calgary	Jan-23-2010	Jack Simpson Track

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20	4:55.41	Justine Stromberg	Manitoba	Feb-12-2010	Regina Field House
21	4:57.32	Erin Humphreys	Saskatchewan	Feb-06-2010	Max Bell Field House
22	4:57.97	Alex Bell	Manitoba	Feb-06-2010	Max Bell Field House
23	4:58.37	Gina Tessmann	Manitoba	Feb-06-2010	Max Bell Field House
24	4:58.85	Natalia Szyrkarczuk	Alberta	Feb-26-2010	U of A Butterdome
25	5:00.54	Alyssa Altomare	Manitoba	Feb-06-2010	Max Bell Field House
26	5:00.56	Hayley Degaust	Alberta	Feb-13-2010	U of A Butterdome
27	5:01.65	Alice Sherwin	Manitoba	Dec-12-2009	Max Bell Field House
28	5:02.66	Cassandra Tomas	Alberta	Nov-28-2009	Universiade Pavillion
29	5:03.07	Kirstie Lithgow	Alberta	Nov-28-2009	Universiade Pavillion
30	5:08.78	Gloria Kanuka	Calgary	Jan-15-2010	U of A Butterdome
31	5:09.77	Sara Weselake	Alberta	Jan-15-2010	U of A Butterdome
32	5:12.27	Kristin Bodell	Lethbridge	Jan-15-2010	U of A Butterdome
33	5:12.60	Katie Anker	Calgary	Jan-15-2010	U of A Butterdome
34	5:15.70	Katie Jameson	Calgary	Feb-12-2010	Regina Field House
35	5:17.42	Dara Mikitik	Calgary	Feb-12-2010	Regina Field House
36	5:20.42	Talia Webber	Calgary	Jan-23-2010	Jack Simpson Track
37	5:25.66	Andrea Armstrong	Saskatchewan	Dec-05-2009	Saskatoon Field House
38	5:41.08	Lindsay McNicoll	Calgary	Feb-12-2010	Regina Field House
39	5:46.56	Lexi Thomas	Lethbridge	Jan-15-2010	U of A Butterdome
40	5:52.36	Katie Samoil	Alberta	Jan-15-2010	U of A Butterdome
41	6:01.83	Anna Watkins	Lethbridge	Jan-15-2010	U of A Butterdome

Best CANWEST Women's 3000m Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 9:43.88)

Rank	Result	Athlete	Team	Date	Venue
1	9:39.77 *	Julia Tschanz	Victoria	Mar-11-2010	St. Denis Athletic Centre
2	9:42.79 *	Jodi Souter	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
3	9:45.69 (9:44.22 307m)	Claire Jean	Victoria	Jan-29-2010	Dempsey Field House
4	9:47.51 (9:46.14 300m)	Katrina Bruckschwaiger	Manitoba	Feb-12-2010	Lied Recreation Centre
5	9:56.59	Debby Querengesser	Calgary	Feb-06-2010	Max Bell Field House
6	9:59.11	Deirdre Moran	Victoria	Feb-06-2010	Max Bell Field House
7	10:12.16	Faye Stenning	Calgary	Feb-06-2010	Max Bell Field House
8	10:13.02	Caitlin Warkentin	Saskatchewan	Feb-06-2010	Max Bell Field House
9	10:18.69	Natalia Szyrkarczuk	Alberta	Feb-13-2010	U of A Butterdome
10	10:18.82	Melanie Gregoire	Manitoba	Jan-23-2010	Bierman Field House
11	10:20.93 (10:19.46 307m)	Shauna Skinner	Victoria	Feb-14-2010	Dempsey Field House
12	10:21.57	Alana Soderberg	Alberta	Jan-15-2010	U of A Butterdome
13	10:22.81	Lacey Ginter	Manitoba	Jan-23-2010	Bierman Field House
14	10:24.77	Grace Kary	Calgary	Feb-06-2010	Max Bell Field House

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15	10:26.00	Gina Tessmann	Manitoba	Jan-23-2010	Bierman Field House
16	10:40.70	Alice Sherwin	Manitoba	Dec-11-2009	Max Bell Field House
17	10:41.53	Erin Humphreys	Saskatchewan	Jan-09-2010	Saskatoon Field House
18	10:53.39	Nadine Brenault	Saskatchewan	Feb-12-2010	Regina Field House
19	10:59.43	Alyssa Altomare	Manitoba	Dec-11-2009	Max Bell Field House
20	11:02.29	Cassandra Tomas	Alberta	Feb-13-2010	U of A Butterdome
21	11:02.63	Nicole Barrett	Manitoba	Dec-11-2009	Max Bell Field House
22	11:03.18	Katie Anker	Calgary	Feb-12-2010	Regina Field House
23	11:05.24	Nicole Dubois	Manitoba	Feb-12-2010	Regina Field House
24	11:07.19	Kristin Bodell	Lethbridge	Jan-15-2010	U of A Butterdome
25	11:07.53	Alex Bell	Manitoba	Jan-23-2010	Max Bell Field House
26	11:11.17	Katie Jameson	Calgary	Feb-12-2010	Regina Field House
27	11:13.62 (11:12.15 307m)	Laura Estey	Victoria	Feb-14-2010	Dempsey Field House
28	11:16.45	Madeline MacDonald	Calgary	Jan-15-2010	U of A Butterdome
29	11:21.91	Lindsay McNicoll	Calgary	Feb-12-2010	Regina Field House
30	11:26.01	Dara Mikituk	Calgary	Feb-12-2010	Regina Field House
31	11:47.00	Richelle Ready	Manitoba	Dec-05-2009	Max Bell Field House
32	12:17.98	Brittney Adams	Lethbridge	Jan-15-2010	U of A Butterdome
33	16:57.60 (16:57.62 200m)	Alicia Boxill	Manitoba	Feb-26-2010	U of A Butterdome

Best CANWEST Women's 60mH Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 8.84)

Rank	Result	Athlete	Team	Date	Venue
1	8.71 *	Kathryn McCaffrey	Alberta	Mar-11-2010	St. Denis Athletic Centre
2	8.82 *	Amanda Herron	Saskatchewan	Feb-26-2010	U of A Butterdome
3	8.85	Courtney Wilkes	Alberta	Feb-26-2010	U of A Butterdome
4	8.88	Nicole Breker	Regina	Feb-12-2010	Regina Field House
5	8.90	Jolean Somogyi	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
6	8.93	Chelsea Valois	Regina	Dec-05-2009	Regina Field House
7	8.98	Melissa Breland	Calgary	Feb-12-2010	Regina Field House
8	9.00	Veronika (Nika) Smits	Saskatchewan	Jan-15-2010	U of A Butterdome
9	9.04	Robyn Bauck	Regina	Feb-12-2010	Regina Field House
10	9.13	Merissa Margetts	Regina	Feb-06-2010	Max Bell Field House
11	9.30	Amanda Schneck	Alberta	Mar-11-2010	St. Denis Athletic Centre
12	9.35	Karen Robson	Saskatchewan	Jan-29-2010	Saskatoon Field House
13	9.42	Sarah Bauck	Regina	Feb-06-2010	Max Bell Field House
14	9.45	Leanne Hildenbrandt	Alberta	Mar-11-2010	St. Denis Athletic Centre
15	9.53	Jessica Keeler	Saskatchewan	Jan-09-2010	Saskatoon Field House
16	9.55	Erica Rutley	Alberta	Feb-26-2010	U of A Butterdome

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17	9.56	Marissa Roberts	Calgary	Jan-15-2010	U of A Butterdome
18	9.62	Tomi Morris	Calgary	Jan-15-2010	U of A Butterdome
19	9.64	Lindsay Tasker	Saskatchewan	Feb-12-2010	Regina Field House
20	9.67	Maple Liu	Calgary	Dec-05-2009	Jack Simpson Track
21	9.67	Alex Allen	Manitoba	Jan-13-2010	Max Bell Field House
22	9.68	Mackenzie Baert	Alberta	Feb-26-2010	U of A Butterdome
23	9.70	Deondra Twerdun	Manitoba	Feb-26-2010	U of A Butterdome
24	9.74	Leanne Schellenberg	Saskatchewan	Feb-12-2010	Regina Field House
25	9.82	Shalane Haselhan	Regina	Feb-06-2010	Max Bell Field House
26	9.99	Laurie Harder	Saskatchewan	Feb-26-2010	U of A Butterdome
27	10.44	Caleigh Shaw	Alberta	Feb-13-2010	U of A Butterdome
28	10.54	Amanda Gundrum	Manitoba	Dec-05-2009	Max Bell Field House
29	10.84	Angelica Lang	Saskatchewan	Jan-15-2010	U of A Butterdome
30	10.98	Amanda Poulin	Alberta	Nov-28-2009	Universiade Pavillion
31	11.02	Debbie Trang	Alberta	Jan-15-2010	U of A Butterdome
32	11.43	Jocelyn Westwood	Alberta	Nov-28-2009	Universiade Pavillion
33	12.22	Lindsay Braul	Regina	Dec-05-2009	Regina Field House
34	12.59	Alexis Prychitko	Manitoba	Dec-05-2009	Max Bell Field House

Best CANWEST Women's 4x200m Relay Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 1:41.86)

Rank	Result	Athlete	Team	Date	Venue
1	1:39.05 *	Calgary Dinos	Calgary	Mar-11-2010	St. Denis Athletic Centre
2	1:42.02	Alberta Pandas	Alberta	Feb-06-2010	Max Bell Field House
3	1:42.70	Manitoba Bisons	Manitoba	Feb-06-2010	Max Bell Field House
4	1:42.76	University of Saskatchewan Huskies	Saskatchewan	Jan-29-2010	Saskatoon Field House
5	1:45.40	University of Regina	Regina	Mar-11-2010	St. Denis Athletic Centre

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Best CANWEST Women's 4x400m Relay Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 3:52.68)

Rank	Result	Athlete	Team	Date	Venue
1	3:46.30 *	Calgary Dinos	Calgary	Mar-11-2010	St. Denis Athletic Centre
2	3:51.19 *	University of Saskatchewan Huskies	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
3	3:53.71 (3:53.06 300m)	Manitoba Bisons	Manitoba	Feb-12-2010	Lied Recreation Centre
4	4:04.44	Alberta Pandas	Alberta	Feb-26-2010	U of A Butterdome

Best CANWEST Women's 4x800m Relay Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 9:06.92)

Rank	Result	Athlete	Team	Date	Venue
1	9:08.95	Manitoba Bisons	Manitoba	Mar-11-2010	St. Denis Athletic Centre
2	9:12.18	University of Saskatchewan Huskies	Saskatchewan	Feb-06-2010	Max Bell Field House
3	9:16.57	Kendra Pomfret	Victoria	Feb-06-2010	Max Bell Field House
4	9:16.67	Alberta Pandas	Alberta	Feb-26-2010	U of A Butterdome
5	9:18.14	Calgary Dinos	Calgary	Mar-11-2010	St. Denis Athletic Centre
6	12:17.31	Victoria Vikes	Victoria	Feb-26-2010	U of A Butterdome
7	12:20.04	Alex Bell	Manitoba	Feb-26-2010	U of A Butterdome

Best CANWEST Women's High Jump Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 1.69)

Rank	Result	Athlete	Team	Date	Venue
1	1.75 *	Lindsey Bergevin	Alberta	Feb-26-2010	U of A Butterdome
2	1.66	Shalane Haselhan	Regina	Jan-15-2010	U of A Butterdome
3	1.64	Amanda Schneck	Alberta	Mar-11-2010	St. Denis Athletic Centre
4	1.63	Mackenzie Baert	Alberta	Jan-29-2010	Saskatoon Field House
5	1.63	Teresa Logozar	Manitoba	Feb-26-2010	U of A Butterdome
6	1.63	Lindsey MacDonald	Alberta	Feb-26-2010	U of A Butterdome
7	1.60	Chelsea Valois	Regina	Nov-21-2009	Regina Field House
8	1.60	Angelica Lang	Saskatchewan	Jan-29-2010	Saskatoon Field House
9	1.60	Lauren Taylor	Saskatchewan	Jan-15-2010	U of A Butterdome
10	1.56	Alex Allen	Manitoba	Dec-05-2009	Max Bell Field House
11	1.55	Leanne Hildenbrandt	Alberta	Mar-11-2010	St. Denis Athletic Centre
12	1.55	Megan Scott	Manitoba	Feb-10-2010	Max Bell Field House
13	1.55	Haley Sigurdson	Manitoba	Feb-06-2010	Max Bell Field House
14	1.55	Meredith Stoesz	Manitoba	Dec-12-2009	Max Bell Field House
15	1.54	Veronika (Nika) Smits	Saskatchewan	Jan-15-2010	U of A Butterdome

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16	1.51	Lauren Grebinski	Regina	Nov-21-2009	Regina Field House
17	1.51	Toni Bocek	Regina	Nov-21-2009	Regina Field House
18	1.50	Caleigh Shaw	Alberta	Jan-15-2010	U of A Butterdome
19	1.49	Deondra Twerdun	Manitoba	Feb-12-2010	Regina Field House
20	1.47	Richelle Foraie	Regina	Feb-12-2010	Regina Field House
21	1.46	Lindsay Tasker	Saskatchewan	Feb-12-2010	Regina Field House
22	1.45	Amanda Poulin	Alberta	Jan-10-2010	U of A Butterdome
23	1.45	Alexis Prychitko	Manitoba	Feb-06-2010	Max Bell Field House
24	1.45	Lauren Simpson	Alberta	Jan-15-2010	U of A Butterdome
25	1.45	Ashley Deschamps	Lethbridge	Feb-07-2010	Olympic Oval
26	1.40	Laurie Harder	Saskatchewan	Feb-12-2010	Regina Field House
27	1.35	Leanne Schellenberg	Saskatchewan	Dec-05-2009	Saskatoon Field House

Best CANWEST Women's Pole Vault Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 3.62)

Rank	Result	Athlete	Team	Date	Venue
1	4.00 *	Leah Vause	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
2	3.70 *	Teresa Logozar	Manitoba	Dec-11-2009	Max Bell Field House
3	3.65 *	Meghan Richey	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
4	3.62 *	Alex Allen	Manitoba	Feb-26-2010	U of A Butterdome
5	3.62 *	Erica Rutley	Alberta	Feb-26-2010	U of A Butterdome
6	3.60	Robyn Webster	Calgary	Mar-11-2010	St. Denis Athletic Centre
7	3.47	Lindsey Bergevin	Alberta	Feb-26-2010	U of A Butterdome
8	3.47	Stephanie Vause	Saskatchewan	Jan-29-2010	Saskatoon Field House
9	3.47	Kimberley Stephenson	Calgary	Feb-26-2010	U of A Butterdome
10	3.42	Keightley Bertram	Calgary	Feb-07-2010	Olympic Oval
11	3.32	Teresa Hill	Saskatchewan	Jan-29-2010	Saskatoon Field House
12	3.17	Stacey Head	Alberta	Feb-26-2010	U of A Butterdome
13	3.00	Taralyn Cook	Manitoba	Feb-24-2010	Max Bell Field House
14	2.80	Rebecca Wong	Manitoba	Feb-06-2010	Max Bell Field House
15	2.62	Katherine Kerr	Saskatchewan	Dec-05-2009	Saskatoon Field House

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Best CANWEST Women's Long Jump Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 5.65)

Rank	Result	Athlete	Team	Date	Venue
1	5.77 *	Nicole Breker	Regina	Mar-11-2010	St. Denis Athletic Centre
2	5.74 *	Dana Baker	Manitoba	Feb-26-2010	U of A Butterdome
3	5.58	Kathryn McCaffrey	Alberta	Jan-10-2010	U of A Butterdome
4	5.47	Chelsea Valois	Regina	Nov-21-2009	Regina Field House
5	5.40	Leah Vause	Saskatchewan	Jan-15-2010	U of A Butterdome
6	5.40	Laurie Harder	Saskatchewan	Feb-26-2010	U of A Butterdome
7	5.40	Courtney Wilkes	Alberta	Feb-26-2010	U of A Butterdome
8	5.36	Lisa Wong	Manitoba	Feb-12-2010	Regina Field House
9	5.33	Shalane Haselhan	Regina	Feb-26-2010	U of A Butterdome
10	5.29	Leanne Hildenbrandt	Alberta	Mar-11-2010	St. Denis Athletic Centre
11	5.28	Ashley Deschamps	Lethbridge	Jan-15-2010	U of A Butterdome
12	5.25	Veronika (Nika) Smits	Saskatchewan	Jan-29-2010	Saskatoon Field House
13	5.25	Robyn Bauck	Regina	Jan-15-2010	U of A Butterdome
14	5.13	Deondra Twerdun	Manitoba	Jan-13-2010	Max Bell Field House
15	5.12	Ali Comeault	Manitoba	Feb-12-2010	Regina Field House
16	5.12	Melanie Zunti	Alberta	Feb-26-2010	U of A Butterdome
17	5.12	Stephanie Pon	Calgary	Feb-07-2010	Olympic Oval
18	5.09	Amanda Schneck	Alberta	Feb-26-2010	U of A Butterdome
19	5.08	Amanda Gundrum	Manitoba	Jan-17-2010	Bison Sports Arena
20	5.01	Ilesha Branford	Calgary	Feb-07-2010	Olympic Oval
21	4.93	Alison Jestadt	Regina	Jan-15-2010	U of A Butterdome
22	4.87	Amanda Poulin	Alberta	Jan-10-2010	U of A Butterdome
23	4.86	Lindsay Tasker	Saskatchewan	Feb-26-2010	U of A Butterdome
24	4.84	Sarah Bauck	Regina	Jan-15-2010	U of A Butterdome
25	4.83	Keisha Sharp	Regina	Jan-15-2010	U of A Butterdome
26	4.80	Bobbi Gelsinger	Regina	Nov-21-2009	Regina Field House
27	4.80	Mackenzie Baert	Alberta	Jan-29-2010	Saskatoon Field House
28	4.77	Angelica Lang	Saskatchewan	Jan-15-2010	U of A Butterdome
29	4.75	Danielle Parrish	Calgary	Feb-26-2010	U of A Butterdome
30	4.72	Kirstie Prefontaine	Saskatchewan	Feb-12-2010	Regina Field House
31	4.69	Heather McDonald	Lethbridge	Feb-07-2010	Olympic Oval
32	4.58	Leanne Schellenberg	Saskatchewan	Jan-15-2010	U of A Butterdome
33	4.52	Megan Scott	Manitoba	Feb-24-2010	Max Bell Field House
34	4.51	Alex Allen	Manitoba	Dec-05-2009	Max Bell Field House
35	4.50	Richelle Foraie	Regina	Nov-21-2009	Regina Field House
36	4.38	Michelle Williamson	Manitoba	Dec-11-2009	Max Bell Field House
37	4.37	Lindsay Braul	Regina	Dec-05-2009	Regina Field House
38	4.32	Richina Foggo	Calgary	Feb-06-2010	Max Bell Field House

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39	4.29	Haley Sigurdson	Manitoba	Jan-13-2010	Max Bell Field House
40	4.25	Toni Boчек	Regina	Dec-05-2009	Regina Field House
41	4.20	Meaghan Woo	Manitoba	Feb-24-2010	Max Bell Field House
42	4.02	Peggy Hamilton	Manitoba	Jan-13-2010	Max Bell Field House
43	3.93	Anne-Marie Young	Manitoba	Dec-11-2009	Max Bell Field House

Best CANWEST Women's Triple Jump Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 11.45)

Rank	Result	Athlete	Team	Date	Venue
1	12.17 *	Robyn Bauck	Regina	Feb-26-2010	U of A Butterdome
2	11.88 *	Courtney Wilkes	Alberta	Feb-12-2010	Regina Field House
3	11.87 *	Nicole Breker	Regina	Mar-11-2010	St. Denis Athletic Centre
4	11.41	Alison Jestadt	Regina	Feb-26-2010	U of A Butterdome
5	11.39	Keisha Sharp	Regina	Feb-26-2010	U of A Butterdome
6	11.10	Melanie Zunti	Alberta	Feb-07-2010	Olympic Oval
7	11.07	Amanda Gundrum	Manitoba	Feb-26-2010	U of A Butterdome
8	11.03	Danielle Parrish	Calgary	Feb-26-2010	U of A Butterdome
9	11.02	Deondra Twerdun	Manitoba	Feb-10-2010	Max Bell Field House
10	10.46	Ali Comeault	Manitoba	Jan-17-2010	Bison Sports Arena
11	10.26	Megan Scott	Manitoba	Feb-26-2010	U of A Butterdome
12	10.17	Kirstie Prefontaine	Saskatchewan	Feb-12-2010	Regina Field House
13	10.06	Richelle Foraie	Regina	Feb-26-2010	U of A Butterdome
14	9.92	Stephanie Pon	Calgary	Jan-29-2010	Saskatoon Field House
15	9.47	Toni Boчек	Regina	Nov-21-2009	Regina Field House
16	9.41	Bobbi Gelsinger	Regina	Dec-05-2009	Regina Field House
17	8.86	Anne-Marie Young	Manitoba	Jan-22-2010	Max Bell Field House

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Best CANWEST Women's Shot Put Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 12.93)

Rank	Result	Athlete	Team	Date	Venue
1	15.32 *	Taryn Suttie	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
2	12.84	Kimberly Elliott	Saskatchewan	Feb-26-2010	U of A Butterdome
3	12.74	Jaime Waine	Calgary	Feb-26-2010	U of A Butterdome
4	12.48	Caitlin Fowler	Regina	Dec-05-2009	Regina Field House
5	12.35	Breanna Rak	Saskatchewan	Jan-29-2010	Saskatoon Field House
6	12.07	Michelle Ocran	Manitoba	Jan-22-2010	Max Bell Field House
7	11.83	Rigel Carias	Alberta	Feb-12-2010	Regina Field House
8	11.71	Chantelle Labrecque	Regina	Jan-09-2010	Saskatoon Field House
9	11.57	Chelcie Kucharchuk	Alberta	Feb-12-2010	Regina Field House
10	11.36	AbiOla Bello	Regina	Jan-09-2010	Saskatoon Field House
11	10.97	Emma Dyck	Regina	Jan-15-2010	U of A Butterdome
12	10.94	Deondra Twerdun	Manitoba	Feb-12-2010	Regina Field House
13	10.91	Chelsea Valois	Regina	Feb-12-2010	Regina Field House
14	10.68	Kirsten Ecklund	Regina	Feb-12-2010	Regina Field House
15	10.48	Laurie Harder	Saskatchewan	Feb-12-2010	Regina Field House
16	10.44	Lindsay Tasker	Saskatchewan	Feb-26-2010	U of A Butterdome
17	10.37	Veronika (Nika) Smits	Saskatchewan	Mar-11-2010	St. Denis Athletic Centre
18	9.99	Amanda Schneck	Alberta	Feb-26-2010	U of A Butterdome
19	9.98	Stacey Martin	Manitoba	Jan-22-2010	Max Bell Field House
20	9.94	Lindsay Chupa	Manitoba	Jan-22-2010	Max Bell Field House
21	9.78	Ciera Heshka-Wolf	Alberta	Jan-29-2010	Saskatoon Field House
22	9.72	Shalane Haselhan	Regina	Feb-12-2010	Regina Field House
23	9.46	Maple Liu	Calgary	Feb-07-2010	Olympic Oval
24	9.45	Leanne Schellenberg	Saskatchewan	Feb-12-2010	Regina Field House
25	9.39	Leanne Hildenbrandt	Alberta	Feb-26-2010	U of A Butterdome
26	9.39	Lauren Simpson	Alberta	Jan-15-2010	U of A Butterdome
27	9.23	Michelle Williamson	Manitoba	Dec-11-2009	Max Bell Field House
28	8.92	Cherelle Cadrain	Saskatchewan	Dec-19-2009	Saskatoon Field House
29	8.89	Janelle Olchowy	Saskatchewan	Dec-19-2009	Saskatoon Field House
30	8.60	Mackenzie Baert	Alberta	Feb-12-2010	Regina Field House
31	8.24	Amanda Bradley	Regina	Nov-21-2009	Regina Field House
32	7.81	Jaclyn Fedorus	Alberta	Jan-29-2010	Saskatoon Field House
33	7.71	Ashley Deschamps	Lethbridge	Feb-07-2010	Olympic Oval
34	6.93	Angelica Lang	Saskatchewan	Jan-15-2010	U of A Butterdome

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Best CANWEST Women's 20lb Weight Throw Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 17.05)

Rank	Result	Athlete	Team	Date	Venue
1	17.32 *	Taryn Suttie	Saskatchewan	Dec-19-2009	Saskatoon Field House
2	15.77	Kristen Mackie	Saskatchewan	Feb-26-2010	U of A Butterdome
3	14.52	Chelcie Kucharchuk	Alberta	Feb-12-2010	Regina Field House
4	14.45	AbiOla Bello	Regina	Feb-12-2010	Regina Field House
5	14.43	Jaime Waine	Calgary	Feb-26-2010	U of A Butterdome
6	14.22	Breanna Rak	Saskatchewan	Feb-26-2010	U of A Butterdome
7	14.01	Karen Ferris	Manitoba	Feb-10-2010	Max Bell Field House
8	13.99	Ciera Heshka-Wolf	Alberta	Feb-12-2010	Regina Field House
9	13.86	Chantelle Labrecque	Regina	Jan-15-2010	U of A Butterdome
10	13.83	Emma Dyck	Regina	Feb-26-2010	U of A Butterdome
11	13.78	Kirsten Ecklund	Regina	Feb-06-2010	Max Bell Field House
12	13.69	Caitlin Fowler	Regina	Jan-15-2010	U of A Butterdome
13	13.18	Kimberly Elliott	Saskatchewan	Jan-29-2010	Saskatoon Field House
14	12.31	Rigel Carias	Alberta	Feb-26-2010	U of A Butterdome
15	11.15	Michelle Ocran	Manitoba	Feb-26-2010	U of A Butterdome
16	10.82	Lindsay Chupa	Manitoba	Jan-22-2010	Max Bell Field House
17	9.88	Jaclyn Fedorus	Alberta	Feb-26-2010	U of A Butterdome
18	8.96	Janelle Olchowy	Saskatchewan	Dec-19-2009	Saskatoon Field House
19	8.68	Stacey Martin	Manitoba	Feb-06-2010	Max Bell Field House

Best CANWEST Women's Pentathlon Comprehensive Results for All Athletes as of Mar-23-2010

00:20:28 (Standard: 3414)

Rank	Result	Athlete	Team	Date	Venue
1	3439.00 *	Amanda Schneck	Alberta	Feb-26-2010	U of A Butterdome
2	3321.00	Chelsea Valois	Regina	Feb-12-2010	Regina Field House
3	3303.00	Veronika (Nika) Smits	Saskatchewan	Jan-15-2010	U of A Butterdome
4	3143.00	Leanne Hildenbrandt	Alberta	Mar-11-2010	St. Denis Athletic Centre
5	3125.00	Lindsay Tasker	Saskatchewan	Feb-26-2010	U of A Butterdome
6	3084.00	Deondra Twerdun	Manitoba	Feb-12-2010	Regina Field House
7	3047.00	Laurie Harder	Saskatchewan	Feb-26-2010	U of A Butterdome
8	2954.00	Mackenzie Baert	Alberta	Feb-26-2010	U of A Butterdome
9	2875.00	Shalane Haselhan	Regina	Jan-15-2010	U of A Butterdome
10	2424.00	Angelica Lang	Saskatchewan	Jan-15-2010	U of A Butterdome
11	2265.00	Leanne Schellenberg	Saskatchewan	Jan-15-2010	U of A Butterdome

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