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Note: * indicates CIS Standard and (HT) indicates a Hand Time

Best OUA Women's 60m Rankings as of Mar-10-2010 00:02:25 (Standard: 7.61)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------|---------------------|---------|-------------|---|
| 1 | 7.50 * | Sarah Peirce | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 2 | 7.55 * | Noelle Montcalm | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 7.61 * | Billie White-Gibson | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 7.66 | Nicole Sassine | Windsor | Feb-13-2010 | St. Denis Athletic Centre |
| 5 | 7.72 | Danielle Harrison | Windsor | Dec-04-2009 | St. Denis Athletic Centre |
| 6 | 7.75 | Thandiwe Vela | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 7 | 7.78 | Veronica Catry | Queen's | Feb-26-2010 | Toronto Track and Field Centre |
| 8 | 7.82 | Brenna Thomson | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 9 | 7.85 | Jeannette Goode | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 10 | 7.86 | Jen Cotten | Western | Jan-23-2010 | Thompson Recreation and Athletic Centre |
| 11 | 7.87 | Mila Simulik | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 12 | 7.87 | Brittany Pepper | York | Feb-26-2010 | Toronto Track and Field Centre |
| 13 | 7.91 | Marissa Walter | Queen's | Jan-08-2010 | Barton Hall |
| 14 | 7.91 | Camille Wallace | Windsor | Feb-20-2010 | Michigan Track and Field Centre |
| 15 | 7.92 | Charelle Anobile | Windsor | Dec-04-2009 | St. Denis Athletic Centre |

Best OUA Women's 300m Rankings as of Mar-10-2010 00:02:25 (Standard: 39.93)

| Rank | Result | Athlete | Team | Date | Venue |
|------|------------------------|------------------|---------|-------------|---|
| 1 | 0:38.99 * (38.85 330m) | Noelle Montcalm | Windsor | Feb-05-2010 | Loftus Centre |
| 2 | 0:39.32 * | Alicia Brown | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 0:40.03 (39.89 330m) | Sarah Wells | Toronto | Feb-05-2010 | Loftus Centre |
| 4 | 0:40.24 | Nicole Sassine | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 0:40.28 | Brenna Thomson | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 6 | 0:40.41 (40.18 400m) | Athena McBean | Toronto | Feb-13-2010 | Louis Riel Dome |
| 7 | 0:40.42 (40.28 330m) | Jen Cotten | Western | Feb-05-2010 | Loftus Centre |
| 8 | 0:40.45 | Christiane Lela | Ottawa | Feb-19-2010 | Tomlinson Fieldhouse |
| 9 | 0:40.69 | Jen Perrault | Western | Jan-23-2010 | Thompson Recreation and Athletic Centre |
| 10 | 0:40.71 | Jan Stirling | Queen's | Feb-26-2010 | Toronto Track and Field Centre |
| 11 | 0:40.73 | Lisa Grieve | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 12 | 0:40.99 (40.85 330m) | Charelle Anobile | Windsor | Feb-05-2010 | Loftus Centre |
| 13 | 0:41.04 | Cassandra McCaig | Western | Jan-29-2010 | Tomlinson Field House |
| 14 | 0:41.11 | Veronica Catry | Queen's | Feb-26-2010 | Toronto Track and Field Centre |
| 15 | 0:41.13 | Jenessa Olson | Western | Jan-29-2010 | Tomlinson Field House |

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Best OUA Women's 600m Rankings as of Mar-10-2010 00:02:25 (Standard: 1:33.45)

| Rank | Result | Athlete | Team | Date | Venue |
|------|------------------------|-----------------|------------|-------------|--------------------------------|
| 1 | 1:30.79 * | Melissa Bishop | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 2 | 1:32.83 * | Sarah Wells | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 1:33.31 * | Raeleen Hunter | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 1:33.85 | Jen Perrault | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 1:34.01 | Jen Cotten | Western | Feb-13-2010 | St. Denis Athletic Centre |
| 6 | 1:34.32 | Rachel Aubry | Guelph | Jan-29-2010 | Tomlinson Field House |
| 7 | 1:34.99 | Shauna Malek | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 8 | 1:35.14 (1:34.88 300m) | Andrina Slegers | Windsor | Jan-22-2010 | Grand Valley State University |
| 9 | 1:35.16 | Jen Ricks | Western | Feb-13-2010 | St. Denis Athletic Centre |
| 10 | 1:35.71 (1:35.45 300m) | Heather Kurpe | Windsor | Jan-22-2010 | Grand Valley State University |
| 11 | 1:35.93 | Emma Tallman | Laurentian | Feb-26-2010 | Toronto Track and Field Centre |
| 12 | 1:35.98 (1:35.72 300m) | Amanda Kanters | Windsor | Jan-22-2010 | Grand Valley State University |
| 13 | 1:36.60 | Christiane Lela | Ottawa | Jan-29-2010 | Tomlinson Field House |
| 14 | 1:36.71 (1:36.20 400m) | Katie Housley | Toronto | Feb-13-2010 | Louis Riel Dome |
| 15 | 1:36.74 | Alicia Kallos | Queen's | Feb-06-2010 | Toronto Track and Field Centre |

Best OUA Women's 1000m Rankings as of Mar-10-2010 00:02:25 (Standard: 2:51.08)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------------------------|----------------|------------|-------------|--------------------------------|
| 1 | 2:46.61 * | Megan Brown | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 2 | 2:47.04 * | Melissa Bishop | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 2:48.50 * | Raeleen Hunter | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 2:51.07 * (2:50.19 400m) | Julia Malleck | Ottawa | Feb-13-2010 | Louis Riel Dome |
| 5 | 2:51.50 | Nadine Frost | Guelph | Jan-29-2010 | Tomlinson Field House |
| 6 | 2:52.85 (2:52.32 330m) | Jess Vanhie | Guelph | Feb-05-2010 | Loftus Centre |
| 7 | 2:52.87 | Lydia Frost | Guelph | Jan-29-2010 | Tomlinson Field House |
| 8 | 2:53.14 | Alicia Kallos | Queen's | Feb-26-2010 | Toronto Track and Field Centre |
| 9 | 2:53.33 (2:52.80 330m) | Jillian Wyman | McMaster | Feb-05-2010 | Loftus Centre |
| 10 | 2:54.63 | Emma Tallman | Laurentian | Feb-26-2010 | Toronto Track and Field Centre |
| 11 | 2:56.22 (2:55.69 330m) | Katie Anderson | McMaster | Feb-05-2010 | Loftus Centre |
| 12 | 2:57.29 (2:56.76 330m) | Katie Housley | Toronto | Feb-05-2010 | Loftus Centre |
| 13 | 2:57.82 (2:57.29 330m) | Tamara Jewett | Toronto | Feb-05-2010 | Loftus Centre |
| 14 | 2:58.83 (2:58.30 330m) | Jen Ricks | Western | Feb-05-2010 | Loftus Centre |
| 15 | 2:59.72 | Jenni Vanos | Guelph | Feb-19-2010 | Uof T Athletic Centre |

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Best OUA Women's 1500m Rankings as of Mar-10-2010 00:02:25 (Standard: 4:32.61)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------------------------|------------------|----------|-------------|--------------------------------|
| 1 | 4:25.55 * (4:24.20 400m) | Megan Brown | Toronto | Feb-13-2010 | Louis Riel Dome |
| 2 | 4:26.30 * | Rachel Cliff | Guelph | Jan-09-2010 | UofT Athletic Centre |
| 3 | 4:31.09 * (4:29.74 400m) | Julia Malleck | Ottawa | Jan-16-2010 | Louis Riel Dome |
| 4 | 4:32.73 | Jess Vanhie | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 4:34.38 | Katie Anderson | McMaster | Feb-19-2010 | Uof T Athletic Centre |
| 6 | 4:36.25 | Nadine Frost | Guelph | Jan-09-2010 | UofT Athletic Centre |
| 7 | 4:36.48 | Jillian Wyman | McMaster | Jan-09-2010 | UofT Athletic Centre |
| 8 | 4:37.00 | Sara Giovannetti | McMaster | Jan-29-2010 | Tomlinson Field House |
| 9 | 4:36.9 (HT) | Leah Larocque | Queen's | Feb-19-2010 | Tomlinson Fieldhouse |
| 10 | 4:38.44 | Tamara Jewett | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 11 | 4:40.13 | Lydia Frost | Guelph | Feb-19-2010 | Uof T Athletic Centre |
| 12 | 4:43.23 | Courtney Laurie | Guelph | Feb-13-2010 | St. Denis Athletic Centre |
| 13 | 4:44.2 (HT) | Stephanie Hulse | Queen's | Feb-19-2010 | Tomlinson Fieldhouse |
| 14 | 4:44.3 (HT) | Liza Howard | Queen's | Feb-19-2010 | Tomlinson Fieldhouse |
| 15 | 4:45.25 | Tara MacDonald | Guelph | Feb-13-2010 | St. Denis Athletic Centre |

Best OUA Women's 3000m Rankings as of Mar-10-2010 00:02:25 (Standard: 9:43.88)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------------------------|-------------------|----------|-------------|--------------------------------|
| 1 | 9:19.67 * | Megan Brown | Toronto | Feb-19-2010 | Uof T Athletic Centre |
| 2 | 9:22.47 * (9:20.82 330m) | Rachel Cliff | Guelph | Feb-05-2010 | Loftus Centre |
| 3 | 9:33.45 * | Genevieve Lalonde | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 9:54.58 (9:52.93 330m) | Courtney Laurie | Guelph | Feb-05-2010 | Loftus Centre |
| 5 | 9:57.22 | Erin McClure | Toronto | Dec-05-2009 | Barton Hall |
| 6 | 9:57.31 (9:55.66 330m) | Sara Giovannetti | McMaster | Feb-05-2010 | Loftus Centre |
| 7 | 9:58.08 | Samantha Beattie | Guelph | Feb-19-2010 | Uof T Athletic Centre |
| 8 | 10:00.39 (9:58.74 330m) | Jessica Pearo | McMaster | Feb-05-2010 | Loftus Centre |
| 9 | 10:00.56 | Tamara Jewett | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 10 | 10:01.32 | Lynn Mockler | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 11 | 10:04.99 (10:03.62 300m) | Dayna Pidhoreshy | Windsor | Jan-22-2010 | Grand Valley State University |
| 12 | 10:06.22 | Liza Howard | Queen's | Jan-23-2010 | Newell Field House |
| 13 | 10:11.99 | Lorelle Convery | Western | Jan-15-2010 | St. Denis Athletic Centre |
| 14 | 10:13.06 | Karoline Hoy | Guelph | Jan-15-2010 | St. Denis Athletic Centre |
| 15 | 10:15.35 (10:13.70 330m) | Victoria Coates | McMaster | Feb-05-2010 | Loftus Centre |

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Best OUA Women's 60mH Rankings as of Mar-10-2010 00:02:25 (Standard: 8.84)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------|-------------------|---------|-------------|---------------------------------|
| 1 | 8.40 * | Noelle Montcalm | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 2 | 8.55 * | Jen Cotten | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 8.72 * | Charelle Anobile | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 8.86 | Tori Merrill | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 8.93 | Amilia Di Chiara | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 6 | 8.96 | Emily Coxhead | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 7 | 9.06 | Kelsi Mayne | Windsor | Feb-20-2010 | Michigan Track and Field Centre |
| 8 | 9.11 | Hannah Bagnall | Windsor | Feb-06-2010 | Toronto Track and Field Centre |
| 9 | 9.16 | Christa Acquah | York | Feb-26-2010 | Toronto Track and Field Centre |
| 10 | 9.17 | Meg Harris | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 11 | 9.19 | Jessica Caterini | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 12 | 9.29 | Tomeizel Barry | Guelph | Feb-13-2010 | St. Denis Athletic Centre |
| 13 | 9.30 | Lacey VanDerMarel | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 14 | 9.30 | Danielle Villalta | York | Feb-26-2010 | Toronto Track and Field Centre |
| 15 | 9.33 | Shannon Mueller | Windsor | Feb-13-2010 | St. Denis Athletic Centre |

Best OUA Women's 4x200m Relay Rankings as of Mar-10-2010 00:02:25 (Standard: 1:41.86)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------------------------|-----------------------|----------|-------------|--------------------------------|
| 1 | 1:40.00 * | Windsor Lancers | Windsor | Feb-13-2010 | St. Denis Athletic Centre |
| 2 | 1:42.12 | Western Mustangs | Western | Jan-29-2010 | Tomlinson Field House |
| 3 | 1:42.55 | Toronto Varsity Blues | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 1:43.14 | Queen's Gaels | Queen's | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 1:44.47 | York Lions | York | Feb-26-2010 | Toronto Track and Field Centre |
| 6 | 1:46.11 | Guelph Gryphons | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 7 | 1:46.64 | McMaster Marauders | McMaster | Feb-26-2010 | Toronto Track and Field Centre |
| 8 | 1:46.89 | Ottawa Gee Gees | Ottawa | Jan-29-2010 | Tomlinson Field House |
| 9 | 1:53.41 | Waterloo Warriors | Waterloo | Jan-29-2010 | Tomlinson Field House |
| 10 | 5:43.25 | Noelle Montcalm | Windsor | Jan-15-2010 | St. Denis Athletic Centre |
| 11 | 10:43.85 (10:43.29 400m) | Queen's Golden Gaels | Queen's | Nov-27-2009 | Louis Riel Dome |

Best OUA Women's 4x400m Relay Rankings as of Mar-10-2010 00:02:25 (Standard: 3:52.68)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------------------------|-----------------------|----------|-------------|--------------------------------|
| 1 | 3:46.95 * (3:46.17 330m) | Toronto Varsity Blues | Toronto | Feb-05-2010 | Loftus Centre |
| 2 | 3:49.29 * (3:48.51 330m) | Western Mustangs | Western | Feb-05-2010 | Loftus Centre |
| 3 | 3:50.92 * | Windsor Lancers | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 3:51.59 * | Queen's Gaels | Queen's | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 3:54.62 (3:53.84 330m) | Guelph Gryphons | Guelph | Feb-05-2010 | Loftus Centre |
| 6 | 4:03.66 | McMaster Marauders | McMaster | Feb-13-2010 | St. Denis Athletic Centre |
| 7 | 4:07.62 | York Lions | York | Feb-26-2010 | Toronto Track and Field Centre |
| 8 | 4:11.02 | Ottawa Gee Gees | Ottawa | Jan-29-2010 | Tomlinson Field House |
| 9 | 4:31.60 | Lakehead University | Lakehead | Jan-23-2010 | UWS Fieldhouse |
| 10 | 4:32.20 | Waterloo Warriors | Waterloo | Jan-15-2010 | St. Denis Athletic Centre |
| 11 | 40:06.80 (40:06.81 200m) | Queen's Golden Gaels | Queen's | Jan-08-2010 | Barton Hall |

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Best OUA Women's 4x800m Relay Rankings as of Mar-10-2010 00:02:25 (Standard: 9:06.92)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------------------------|-----------------------|----------|-------------|--------------------------------|
| 1 | 9:02.64 * | Windsor Lancers | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 2 | 9:04.42 * | Guelph Gryphons | Guelph | Jan-15-2010 | St. Denis Athletic Centre |
| 3 | 9:13.98 | McMaster Marauders | McMaster | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 9:20.25 | Queen's Gaels | Queen's | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 9:22.55 | Western Mustangs | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 6 | 9:25.99 | Toronto Varsity Blues | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 7 | 9:58.84 (9:56.05 400m) | Ottawa Gee Gees | Ottawa | Nov-21-2009 | Louis Riel Dome |
| 8 | 10:42.49 | Lakehead University | Lakehead | Feb-06-2010 | Max Bell Field House |
| 9 | 40:39.20 (40:39.99 146m) | Carly Gill | Windsor | Jan-29-2010 | Madison Square Garden |

Best OUA Women's High Jump Rankings as of Mar-10-2010 00:02:25 (Standard: 1.69)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------|-------------------|---------|-------------|---|
| 1 | 1.75 * | Sarah Boyle | Toronto | Feb-12-2010 | Barton Hall |
| 2 | 1.71 * | Laura Maessen | Toronto | Feb-12-2010 | Barton Hall |
| 3 | 1.69 * | Shaneista Haye | Guelph | Jan-15-2010 | St. Denis Athletic Centre |
| 4 | 1.65 | Kelly Morrison | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 1.65 | Jen Cotten | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 6 | 1.64 | Julia Wallace | Guelph | Feb-06-2010 | Toronto Track and Field Centre |
| 7 | 1.63 | Brooke Wilson | Western | Feb-19-2010 | Uof T Athletic Centre |
| 8 | 1.62 | Katie Johnson | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 9 | 1.62 | Danielle Villalta | York | Feb-26-2010 | Toronto Track and Field Centre |
| 10 | 1.61 | Sarah Oag | Toronto | Feb-26-2010 | Toronto Track and Field Centre |
| 11 | 1.60 | Jen Galt | Western | Jan-23-2010 | Thompson Recreation and Athletic Centre |
| 12 | 1.60 | Jackie Anderson | Windsor | Feb-06-2010 | Toronto Track and Field Centre |
| 13 | 1.60 | Taylor Whitley | Ottawa | Feb-13-2010 | Louis Riel Dome |
| 14 | 1.59 | Johanna Dobransky | Ottawa | Feb-26-2010 | Toronto Track and Field Centre |
| 15 | 1.59 | Kelsi Hurlbut | Guelph | Feb-12-2010 | Barton Hall |

Best OUA Women's Pole Vault Rankings as of Mar-10-2010 00:02:25 (Standard: 3.62)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------|------------------|---------|-------------|---|
| 1 | 4.25 * | Heather Hamilton | York | Jan-29-2010 | Livestock Arena |
| 2 | 3.86 * | Erika Reiser | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 3.68 * | Carmen Siu | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 3.62 * | Erika Fiedler | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 3.56 | Jenn Tomayer | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 6 | 3.50 | Laura Barclay | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 7 | 3.47 | Emma Crombeen | York | Feb-14-2010 | St. Denis Athletic Centre |
| 8 | 3.40 | Chelsea Paterson | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 9 | 3.35 | Marina Savic | Windsor | Feb-20-2010 | Michigan Track and Field Centre |
| 10 | 3.30 | Alex Poetschke | Western | Dec-05-2009 | Thompson Recreation and Athletic Centre |
| 11 | 3.25 | Jenn House | Western | Feb-06-2010 | Toronto Track and Field Centre |
| 12 | 3.25 | Melissa Radu | Guelph | Feb-06-2010 | Toronto Track and Field Centre |
| 13 | 3.10 | Rachel Lariviere | Windsor | Feb-13-2010 | St. Denis Athletic Centre |
| 14 | 2.95 | Julia Hayman | Western | Feb-06-2010 | Toronto Track and Field Centre |

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| 15 | 2.57 | Shannon Mueller | Windsor | Dec-04-2009 | St. Denis Athletic Centre |
|----|------|-----------------|---------|-------------|---------------------------|

Best OUA Women's Long Jump Rankings as of Mar-10-2010 00:02:25 (Standard: 5.65)

| Rank | Result | Athlete | Team | Date | Venue |
|------|--------|--------------------|---------|-------------|---|
| 1 | 6.09 * | Jen Cotten | Western | Jan-23-2010 | Thompson Recreation and Athletic Centre |
| 2 | 5.64 | Natoya Whittingham | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 5.59 | Lacey VanDerMarel | Western | Feb-19-2010 | Uof T Athletic Centre |
| 4 | 5.53 | Tori Merrill | Toronto | Feb-12-2010 | Barton Hall |
| 5 | 5.49 | Morgan Hall | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 6 | 5.48 | Alicia Smith | Western | Feb-13-2010 | St. Denis Athletic Centre |
| 7 | 5.47 | Alana Stewart | Toronto | Dec-05-2009 | Barton Hall |
| 8 | 5.45 | Jaideene Lowe | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 9 | 5.45 | Mila Simulik | Western | Jan-29-2010 | Tomlinson Field House |
| 10 | 5.40 | Emma Dobson | Guelph | Jan-22-2010 | UofT Athletic Centre |
| 11 | 5.32 | Ashley Drouillard | Windsor | Feb-13-2010 | St. Denis Athletic Centre |
| 12 | 5.27 | Julia Wallace | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 13 | 5.26 | Danielle Villalta | York | Feb-26-2010 | Toronto Track and Field Centre |
| 14 | 5.26 | Hannah Bagnall | Windsor | Jan-29-2010 | Findlay Fieldhouse |
| 15 | 5.21 | Katie Kaiser | Western | Jan-15-2010 | St. Denis Athletic Centre |

Best OUA Women's Triple Jump Rankings as of Mar-10-2010 00:02:25 (Standard: 11.45)

| Rank | Result | Athlete | Team | Date | Venue |
|------|---------|---------------------|----------|-------------|---------------------------------|
| 1 | 12.36 * | Jaideene Lowe | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 2 | 12.18 * | Mila Simulik | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 12.12 * | Alicia Smith | Western | Feb-13-2010 | St. Denis Athletic Centre |
| 4 | 11.49 * | Kim Richardson | Guelph | Feb-06-2010 | Toronto Track and Field Centre |
| 5 | 11.42 | Sarah Sylvester | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 6 | 11.31 | Katie Kaiser | Western | Feb-13-2010 | St. Denis Athletic Centre |
| 7 | 11.24 | Emma Dobson | Guelph | Jan-09-2010 | UofT Athletic Centre |
| 8 | 11.20 | Julia Wallace | Guelph | Feb-06-2010 | Toronto Track and Field Centre |
| 9 | 10.96 | Tomeizel Barry | Guelph | Nov-20-2009 | Gryphon Dome |
| 10 | 10.94 | Tori Merrill | Toronto | Feb-12-2010 | Barton Hall |
| 11 | 10.85 | Alana Stewart | Toronto | Feb-05-2010 | Loftus Centre |
| 12 | 10.82 | Khadija Sheikh | Windsor | Feb-13-2010 | St. Denis Athletic Centre |
| 13 | 10.78 | Quinnie Rwahwire | Windsor | Feb-20-2010 | Michigan Track and Field Centre |
| 14 | 10.72 | Jackie Anderson | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 15 | 10.70 | Katrina Vandervoort | Waterloo | Feb-19-2010 | Tomlinson Fieldhouse |

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Best OUA Women's Shot Put Rankings as of Mar-10-2010 00:02:25 (Standard: 12.93)

| Rank | Result | Athlete | Team | Date | Venue |
|------|---------|--------------------|----------|-------------|---|
| 1 | 14.60 * | Elizabeth Petrov | York | Feb-26-2010 | Toronto Track and Field Centre |
| 2 | 14.40 * | Cynthia Appiah | York | Feb-20-2010 | Toronto Track and Field Centre |
| 3 | 13.07 * | Steffi Stephenson | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 12.77 | Celine Gibb | Windsor | Feb-20-2010 | Michigan Track and Field Centre |
| 5 | 12.38 | Kristin Obrochta | York | Jan-23-2010 | Thompson Recreation and Athletic Centre |
| 6 | 12.35 | Shealyn McLaughlin | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 7 | 12.28 | Meg Lowry | Guelph | Nov-20-2009 | Gryphon Dome |
| 8 | 11.98 | Lydia Foley | Western | Nov-24-2009 | Thompson Recreation and Athletic Centre |
| 9 | 11.66 | Tara Penney | Guelph | Feb-19-2010 | Uof T Athletic Centre |
| 10 | 11.33 | Jaime Johns | Lakehead | Jan-09-2010 | Lakehead Hangar |
| 11 | 11.15 | Juliana Bergin | Toronto | Jan-29-2010 | Findlay Fieldhouse |
| 12 | 10.99 | Taya McGillivray | Queen's | Nov-27-2009 | Louis Riel Dome |
| 13 | 10.64 | Sara McCallum | Lakehead | Jan-09-2010 | Lakehead Hangar |
| 14 | 10.59 | Juliana Bergin | Toronto | Jan-09-2010 | UofT Athletic Centre |
| 15 | 10.41 | Laura Maessen | Toronto | Feb-12-2010 | Barton Hall |

Best OUA Women's 20lb Weight Throw Rankings as of Mar-10-2010 00:02:25 (Standard: 17.05)

| Rank | Result | Athlete | Team | Date | Venue |
|------|---------|--------------------|---------|-------------|---------------------------------|
| 1 | 18.07 * | Kristin Obrochta | York | Feb-26-2010 | Toronto Track and Field Centre |
| 2 | 16.11 | Cara Marcantonio | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 3 | 15.50 | Steffi Stephenson | Windsor | Feb-13-2010 | St. Denis Athletic Centre |
| 4 | 15.42 | Cynthia Appiah | York | Dec-05-2009 | Toronto Track and Field Centre |
| 5 | 15.10 | Brit Herd | Guelph | Feb-12-2010 | Gryphon Dome |
| 6 | 14.68 | Jenine McCutheon | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 7 | 14.66 | Elizabeth Petrov | York | Feb-06-2010 | Toronto Track and Field Centre |
| 8 | 14.56 | Shealyn McLaughlin | Windsor | Feb-20-2010 | Michigan Track and Field Centre |
| 9 | 14.41 | Chelsea Keeley | Guelph | Feb-06-2010 | Toronto Track and Field Centre |
| 10 | 14.33 | Meg Lowry | Guelph | Feb-12-2010 | Gryphon Dome |
| 11 | 14.31 | Ami Schimanski | Windsor | Feb-20-2010 | Michigan Track and Field Centre |
| 12 | 13.54 | Valerie Chartrand | Ottawa | Feb-13-2010 | Louis Riel Dome |
| 13 | 12.23 | Celine Gibb | Windsor | Feb-20-2010 | Michigan Track and Field Centre |
| 14 | 11.88 | Lydia Foley | Western | Feb-13-2010 | St. Denis Athletic Centre |
| 15 | 10.78 | Tara Penney | Guelph | Feb-12-2010 | Gryphon Dome |

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Best OUA Women's Pentathlon Rankings as of Mar-10-2010 00:02:25 (Standard: 3414)

| Rank | Result | Athlete | Team | Date | Venue |
|------|-----------|-------------------|---------|-------------|--------------------------------|
| 1 | 3966.00 * | Jen Cotten | Western | Jan-29-2010 | Tomlinson Field House |
| 2 | 3398.00 | Tori Merrill | Toronto | Jan-29-2010 | Findlay Fieldhouse |
| 3 | 3304.00 | Danielle Villalta | York | Feb-26-2010 | Toronto Track and Field Centre |
| 4 | 3289.00 | Hannah Bagnall | Windsor | Feb-26-2010 | Toronto Track and Field Centre |
| 5 | 3159.00 | Meg Harris | Guelph | Feb-12-2010 | Barton Hall |
| 6 | 3113.00 | Emma Dobson | Guelph | Jan-22-2010 | UofT Athletic Centre |
| 7 | 3109.00 | Juliana Bergin | Toronto | Feb-12-2010 | Barton Hall |
| 8 | 3103.00 | Laura Maessen | Toronto | Feb-12-2010 | Barton Hall |
| 9 | 3097.00 | Johanna Dobransky | Ottawa | Feb-26-2010 | Toronto Track and Field Centre |
| 10 | 3091.00 | Kelsi Hurlbut | Guelph | Feb-12-2010 | Barton Hall |
| 11 | 3049.00 | Lacey VanDerMarel | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 12 | 2956.00 | Kelly Morrison | Windsor | Jan-29-2010 | Findlay Fieldhouse |
| 13 | 2922.00 | Jessica May | Guelph | Feb-26-2010 | Toronto Track and Field Centre |
| 14 | 2866.00 | Katie Johnson | Western | Feb-26-2010 | Toronto Track and Field Centre |
| 15 | 2779.00 | Cheryl Coulas | Ottawa | Feb-26-2010 | Toronto Track and Field Centre |

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