

# SPORTING CANADA

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## Rankings include NON CIS Equivalent Events

Note: \* indicates a Standard and (HT) indicates a Hand Time

### Best Men's 60m Result for All Athletes as of 15-Mar-2010 00:07:35 (Standard: 6.79)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	6.57 *		Sam Effah	Calgary	11-Mar-2010	St. Denis Athletic Centre
2	6.74 *		Tyrone Halstead	York	26-Feb-2010	Toronto Track and Field Centre
2	6.74 *		Randolph Fajardo	York	26-Feb-2010	Toronto Track and Field Centre
2	6.75 *		Jason Kerr	Western	11-Mar-2010	St. Denis Athletic Centre
5	6.78 *		Hank Palmer	McGill	29-Jan-2010	Tomlinson Field House
6	6.81		Olu Ogunde	York	22-Jan-2010	UofT Athletic Centre
6	6.84		Oluwasegun Makinde	Ottawa	26-Feb-2010	Toronto Track and Field Centre
6	6.85		Moussa Sissoko	Ottawa	26-Feb-2010	Toronto Track and Field Centre
9	6.86		Graeme Rinholm	Saskatchewan	26-Feb-2010	U of A Butterdome
9	6.86		Dontae Richards-Kwok	York	26-Feb-2010	Toronto Track and Field Centre
11	6.87		Aaron Bowman	Windsor	29-Jan-2010	Tomlinson Field House
11	6.87		Justin Keating	Windsor	29-Jan-2010	Tomlinson Field House
13	6.90		Michael Robertson	Ottawa	16-Jan-2010	Louis Riel Dome
13	6.92		Brandon McCartney	Western	26-Feb-2010	Toronto Track and Field Centre
13	6.93		Mason Foote	Regina	26-Feb-2010	U of A Butterdome
13	6.94		Christopher Greenaway	Ottawa	29-Jan-2010	Tomlinson Field House
13	6.97		Elias Granillo	Western	26-Feb-2010	Toronto Track and Field Centre
18	6.98		Les Andersen	Regina	12-Feb-2010	Regina Field House
18	6.98		Sissoko Moussa	Ottawa	10-Jan-2010	Leverone Fieldhouse
18	6.99		Luke Govia	Waterloo	29-Jan-2010	Tomlinson Field House
18	7.01		Kofi Kwarko-Fosu	Waterloo	26-Feb-2010	Toronto Track and Field Centre
18	7.04		Michael Bawol	Dalhousie	29-Jan-2010	Tomlinson Field House
18	7.04		Shlomo Dunyo	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
24	7.05		David Szczepaniak	Manitoba	23-Jan-2010	Bierman Field House
24	7.05		Brendan Dills	Windsor	04-Dec-2009	St. Denis Athletic Centre
24	7.05		Emmanuel Kamara	York	29-Jan-2010	Tomlinson Field House
24	7.05		Shayne Rice	Windsor	04-Dec-2009	St. Denis Athletic Centre
24	7.06		Eric Clark	Regina	12-Feb-2010	Regina Field House
24	7.07		Dan Rosenke	Alberta	15-Jan-2010	U of A Butterdome
24	7.08		Tony Risling	Ottawa	27-Nov-2009	Louis Riel Dome
24	7.08		Daniel Goddard	Western	06-Feb-2010	Toronto Track and Field Centre
24	7.08		Andrew Hamilton	McGill	05-Dec-2009	Tomlinson Fieldhouse
24	7.09		Brandon Holland	Windsor	13-Feb-2010	St. Denis Athletic Centre
24	7.10		Mychael Windrum	Regina	26-Feb-2010	U of A Butterdome
24	7.10		Eric Roque	Waterloo	06-Feb-2010	Toronto Track and Field Centre

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36	7.11		Andrew Judge	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
36	7.11		Enyinnah Okere	Regina	26-Feb-2010	U of A Butterdome
36	7.12		Leonae Nichol	Windsor	26-Feb-2010	Toronto Track and Field Centre
36	7.12		David Walford	Regina	12-Feb-2010	Regina Field House
36	7.13		Jonathan Charest	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
36	7.13		Shea Pierre	Windsor	13-Feb-2010	St. Denis Athletic Centre
36	7.14		Gauthier-Kwan Olivier	Ottawa	16-Jan-2010	Louis Riel Dome
36	7.15		Kevin Blimke	Alberta	15-Jan-2010	U of A Butterdome
36	7.16		Olivier Gauthier-Kwan	Ottawa	16-Jan-2010	Louis Riel Dome
36	7.16		Adam Clark	Calgary	29-Jan-2010	Saskatoon Field House
36	7.17		Kevin Honig	Guelph	26-Feb-2010	Toronto Track and Field Centre
36	7.18		Mason Torresan	Alberta	28-Nov-2009	Universiade Pavillion
36	7.19		Luke Demetre	Dalhousie	27-Feb-2010	CEPS
36	7.19		Trent Becker	Manitoba	26-Feb-2010	U of A Butterdome
50	7.20		Matt Carrejola	McMaster	26-Feb-2010	Toronto Track and Field Centre
50	7.20		Trent Johnston	Calgary	09-Jan-2010	Jack Simpson Track
50	7.21		Mack Gajadhar	Manitoba	06-Feb-2010	Max Bell Field House
50	7.21		Christian Desulme	Ottawa	29-Jan-2010	Tomlinson Field House
50	7.21		Hazem Osman	Toronto	15-Jan-2010	St. Denis Athletic Centre
50	7.22		Steven Poole	Manitoba	06-Feb-2010	Max Bell Field House
50	7.22		Simon Léveillé	Sherbrooke	10-Jan-2010	Leverone Fieldhouse
50	7.23		Matt Brisson	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
50	7.24		Clément Ouellette-Léveillé	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
50	7.24		Isaac Rynn	Calgary	05-Dec-2009	Jack Simpson Track
50	7.24		Carl Dallaire	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
50	7.25		Travis Nightingale	Windsor	04-Dec-2009	St. Denis Athletic Centre
50	7.25		Chris Reid	Windsor	04-Dec-2009	St. Denis Athletic Centre
50	7.25		Andrew Archibald	McGill	05-Dec-2009	Tomlinson Fieldhouse
50	7.25		Kingston Knudsen	Windsor	04-Dec-2009	St. Denis Athletic Centre
65	7.26		David Sarfati	McGill	27-Nov-2009	Louis Riel Dome
65	7.26		Stewart Bury-Jones	Calgary	23-Jan-2010	Jack Simpson Track
65	7.26		Josh Breski	Calgary	23-Jan-2010	Jack Simpson Track
65	7.26		Michael Trnkus	Toronto	09-Jan-2010	UofT Athletic Centre
69	7.27		Taylor Petrucha	Saskatchewan	09-Jan-2010	Saskatoon Field House
69	7.27		Miguel Mangalindan	McGill	27-Nov-2009	Louis Riel Dome
69	7.27		Ayoub Rachati	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
69	7.28		Justin Baker	Regina	05-Dec-2009	Regina Field House
69	7.28		Boris Ouedraogo	Laval	23-Jan-2010	PEPS
69	7.28		Gord Frenke	Queen's	08-Jan-2010	Barton Hall

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69	7.29		Denis Noronha	McMaster	29-Jan-2010	Tomlinson Field House
69	7.29		Wray Hussey	Guelph	05-Dec-2009	Toronto Track and Field Centre
69	7.30		Gabriel LeBlanc	Moncton	27-Feb-2010	CEPS
69	7.30		Glen Downs	St. Mary's	09-Jan-2010	CEPS
79	7.31		Tyler Fawcett	Ottawa	13-Feb-2010	Louis Riel Dome
79	7.31		Dustin Eldridge	Windsor	04-Dec-2009	St. Denis Athletic Centre
79	7.31		Daniel Moylan	Queen's	26-Feb-2010	Toronto Track and Field Centre
79	7.31		Lane Britnell	Saskatchewan	09-Jan-2010	Saskatoon Field House
79	7.31		Daryl Robertson	Guelph	09-Jan-2010	UofT Athletic Centre
79	7.31		Uzair Ahmed	Regina	09-Jan-2010	Saskatoon Field House
79	7.32		Jimmy Tat	McMaster	13-Feb-2010	St. Denis Athletic Centre
79	7.32		Bastian Mayer	Calgary	05-Dec-2009	Jack Simpson Track
79	7.32		Mathew Reid	Windsor	29-Jan-2010	Findlay Fieldhouse
79	7.33		Eric Lavigne	Laval	29-Jan-2010	Tomlinson Field House
79	7.33		Craig White	Regina	05-Dec-2009	Regina Field House
79	7.33		Nick Moore	St. Mary's	20-Feb-2010	Dalplex
79	7.33		Jam He	Toronto	05-Dec-2009	Toronto Track and Field Centre
79	7.33		Dwayne Norman	York	15-Jan-2010	St. Denis Athletic Centre
93	7.34		Rhys Lautenschlager	Manitoba	17-Jan-2010	Bison Sports Arena
93	7.34		Michael Antwi	York	26-Nov-2009	Toronto Track and Field Centre
93	7.34		Anthony Dandie	Windsor	15-Jan-2010	St. Denis Athletic Centre
93	7.35		Andrew Arndt	Saskatchewan	05-Dec-2009	Saskatoon Field House
93	7.35		Brendon Gryba	Saskatchewan	05-Dec-2009	Saskatoon Field House
98	7.36		Thierry-Olivier Roy	Laval	29-Jan-2010	Tomlinson Field House
98	7.36		Paolo Sangone	Toronto	05-Dec-2009	Toronto Track and Field Centre
98	7.36		Guyson Kuruneri	Guelph	29-Jan-2010	Tomlinson Field House
98	7.36		Evan Neufeldt	Saskatchewan	05-Dec-2009	Saskatoon Field House
98	7.37		Sean Setyo	Saskatchewan	29-Jan-2010	Saskatoon Field House
98	7.37		Goran Miletic	Alberta	12-Feb-2010	Regina Field House
98	7.37		Jason Goetz	Waterloo	15-Jan-2010	St. Denis Athletic Centre
98	7.38		Rey Stewart	Manitoba	05-Dec-2009	Max Bell Field House
98	7.38		Jeremy Sin	Toronto	05-Dec-2009	Toronto Track and Field Centre
98	7.38		Troy Smook	Manitoba	23-Jan-2010	Bierman Field House
98	7.38		Brent Savoie	Moncton	27-Feb-2010	CEPS
98	7.38		Michael Prime	Queen's	27-Nov-2009	Louis Riel Dome
98	7.38		David Mayer	York	26-Nov-2009	Toronto Track and Field Centre
98	7.38		Chidi Small	York	06-Feb-2010	Toronto Track and Field Centre
98	7.38		Benson Ng	York	15-Jan-2010	St. Denis Athletic Centre
98	7.38		Tyler Nightingale	Queen's	12-Feb-2010	Barton Hall
98	7.39		Cauchy Muamba	St. FX	27-Feb-2010	CEPS
98	7.39		Joseph Ariwi	McGill	19-Feb-2010	Tomlinson Fieldhouse

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98	7.39		Randy Henley	Dalhousie	28-Nov-2009	CFB Gagetown Indoor Facility
98	7.39		Greg Andrais	Alberta	28-Nov-2009	Universiade Pavillion
98	7.39		Chaka Zinyemba	Alberta	13-Feb-2010	U of A Butterdome
98	7.39		Corey Allen	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
98	7.39		Charles Fournier	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
98	7.39		Townsend Benard	Toronto	15-Jan-2010	St. Denis Athletic Centre
98	7.39		Guillaume Rioux	Laval	13-Feb-2010	Louis Riel Dome
98	7.40		Mathieu Frenette	Moncton	09-Jan-2010	CEPS
98	7.40		Andrew Dandie	Windsor	15-Jan-2010	St. Denis Athletic Centre
98	7.40		Zachary Quevillon	Ottawa	27-Nov-2009	Louis Riel Dome
98	7.40		David Boyle	Saskatchewan	05-Dec-2009	Saskatoon Field House
98	7.40		Jared Chapman	Western	15-Jan-2010	St. Denis Athletic Centre
98	7.40		Marc-Olivier Guindon	Montreal	29-Jan-2010	Tomlinson Field House
129	7.41		Nathan Scott	Saskatchewan	05-Dec-2009	Saskatoon Field House
129	7.41		Tony Giounnikouris	McMaster	13-Feb-2010	St. Denis Athletic Centre
129	7.41		KJ Lukas	Guelph	05-Dec-2009	Toronto Track and Field Centre
129	7.41		Marc-Antoine Doré	Laval	19-Dec-2009	Tomlinson Fieldhouse
129	7.42		Catlin Adams	Manitoba	22-Jan-2010	Max Bell Field House
129	7.42		Connor MacDonald	Regina	06-Feb-2010	Max Bell Field House
129	7.42		Jason Guenette	Laval	19-Dec-2009	Tomlinson Fieldhouse
129	7.42		Shane Kelly	Queen's	12-Feb-2010	Barton Hall
129	7.42		Jamie McMaster	Manitoba	05-Dec-2009	Max Bell Field House
129	7.42		Mitch Atkinson	Windsor	04-Dec-2009	St. Denis Athletic Centre
129	7.42		Lucas Lafourcade	McGill	19-Feb-2010	Tomlinson Fieldhouse
140	7.43		Alexandre Lemieux-Hudon	Sherbrooke	16-Jan-2010	Centre Sportif
140	7.43		Nicholas Peters	Windsor	29-Jan-2010	Findlay Fieldhouse
140	7.43		Greg Salmon	Alberta	06-Feb-2010	Max Bell Field House
140	7.43		Andrej Brajic	Calgary	23-Jan-2010	Jack Simpson Track
140	7.44		Kyle Donsberger	Saskatchewan	05-Dec-2009	Saskatoon Field House
140	7.44		Brandon Brown	Lakehead	23-Jan-2010	UWS Fieldhouse
140	7.44		Jeremy Khan	York	06-Feb-2010	Toronto Track and Field Centre
140	7.44		Tanner Twerdun	Manitoba	12-Feb-2010	Regina Field House
140	7.44		Dylan Hollohan	St. FX	20-Feb-2010	Dalplex

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## **Best Men's 300m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 34.53)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	33.25 *		Michael Robertson	Ottawa	16-Jan-2010	Louis Riel Dome
2	33.30 *		Sam Effah	Calgary	06-Feb-2010	Max Bell Field House
3	33.80 *		Dontae Richards-Kwok	York	26-Feb-2010	Toronto Track and Field Centre
4	34.03 *		Jason Kerr	Western	11-Mar-2010	St. Denis Athletic Centre
5	34.14 *		Tyrone Halstead	York	13-Feb-2010	Louis Riel Dome
6	34.41 *		Oluwasegun Makinde	Ottawa	16-Jan-2010	Louis Riel Dome
7	34.64		Kyle Murray	Lethbridge	26-Feb-2010	U of A Butterdome
8	34.73		Chris Reid	Windsor	29-Jan-2010	Tomlinson Field House
9	34.78		Graeme Rinholm	Saskatchewan	06-Feb-2010	Max Bell Field House
10	34.82		Moussa Sissoko	Ottawa	29-Jan-2010	Tomlinson Field House
11	34.85		Brendan Dills	Windsor	15-Jan-2010	St. Denis Athletic Centre
12	34.90	48.83 (400m)	Michael Trnkus	Toronto	05-Feb-2010	Loftus Centre
13	35.14		Kris Geyson	Manitoba	06-Feb-2010	Max Bell Field House
13	35.14		Evan Kimick	Calgary	06-Feb-2010	Max Bell Field House
15	35.19		Elias Granillo	Western	26-Feb-2010	Toronto Track and Field Centre
16	35.25		Gord Frenke	Queen's	27-Nov-2009	Louis Riel Dome
17	35.32		Ayoub Rachati	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
18	35.43		Shayne Rice	Windsor	13-Feb-2010	St. Denis Athletic Centre
18	35.45		Jeremy Batt	Ottawa	19-Dec-2009	Louis Riel Dome
18	35.51		Scott Leitch	Western	26-Feb-2010	Toronto Track and Field Centre
18	35.51		Michael Saizew	Calgary	09-Jan-2010	Jack Simpson Track
22	35.55		Jimmy Tat	McMaster	29-Jan-2010	Tomlinson Field House
23	35.56		Tyler Fawcett	Ottawa	13-Feb-2010	Louis Riel Dome
23	35.56		Eric Clark	Regina	06-Feb-2010	Max Bell Field House
23	35.60		Adrian Heller	Queen's	05-Dec-2009	Tomlinson Fieldhouse
26	35.65		Jonathan Charest	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
27	35.67		Dwayne Norman	York	19-Feb-2010	Tomlinson Fieldhouse
28	35.71		Leonae Nichol	Windsor	13-Feb-2010	St. Denis Athletic Centre
29	35.72		David Mayer	York	26-Feb-2010	Toronto Track and Field Centre
30	35.73		Wynand Nel	Alberta	06-Feb-2010	Max Bell Field House
31	35.75		David Szczepaniak	Manitoba	12-Dec-2009	Max Bell Field House
32	35.81		Les Andersen	Regina	06-Feb-2010	Max Bell Field House
33	35.82		Jamie McMaster	Manitoba	06-Feb-2010	Max Bell Field House
33	35.83		Kevin Blimke	Alberta	06-Feb-2010	Max Bell Field House
33	35.83		Scott Hutchinson	McMaster	26-Feb-2010	Toronto Track and Field Centre

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36	35.90		Rob Gooch	Western	15-Jan-2010	St. Denis Athletic Centre
36	35.90		Jay Waters	Manitoba	06-Feb-2010	Max Bell Field House
38	35.93		Bastian Mayer	Calgary	06-Feb-2010	Max Bell Field House
39	35.98		Randolph Fajardo	York	29-Jan-2010	Tomlinson Field House
40	36.03		Mason Torresan	Alberta	06-Feb-2010	Max Bell Field House
40	36.03		Shane Kelly	Queen's	26-Feb-2010	Toronto Track and Field Centre
42	36.08		Tait Nystuen	Regina	15-Jan-2010	U of A Butterdome
43	36.09		Greg Salmon	Alberta	06-Feb-2010	Max Bell Field House
44	36.13		Luke Govia	Waterloo	29-Jan-2010	Tomlinson Field House
45	36.13	50.56 (400m)	Pierre Puyjalon	Sherbrooke	12-Feb-2010	B U TrackCenter
45	36.15		Travis Nightingale	Windsor	15-Jan-2010	St. Denis Athletic Centre
45	36.15		Tyler Nightingale	Queen's	26-Feb-2010	Toronto Track and Field Centre
48	36.20	22.56 (200m)	Aaron Bowman	Windsor	22-Jan-2010	Grand Valley State University
49	36.27		Daniel Goddard	Western	29-Jan-2010	Tomlinson Field House
50	36.31		Brandon McCartney	Western	05-Feb-2010	Loftus Centre
51	36.32		Tony Risling	Ottawa	27-Nov-2009	Louis Riel Dome
52	36.33		Shea Pierre	Windsor	29-Jan-2010	Tomlinson Field House
53	36.34		Stephen Lamarche	Windsor	05-Feb-2010	Loftus Centre
54	36.35		Michael Prime	Queen's	15-Jan-2010	St. Denis Athletic Centre
55	36.39		Eric Ellemo	McGill	13-Feb-2010	Louis Riel Dome
55	36.39		Stewart Bury-Jones	Calgary	06-Feb-2010	Max Bell Field House
57	36.41		Camillo Quevedo	Windsor	04-Dec-2009	St. Denis Athletic Centre
57	36.41		Christian Desulme	Ottawa	13-Feb-2010	Louis Riel Dome
59	36.42		Curtis Buhs	Saskatchewan	06-Feb-2010	Max Bell Field House
60	36.43		Goran Miletic	Alberta	26-Feb-2010	U of A Butterdome
61	36.2 (HT)		Anthony Bernard	Dalhousie	06-Feb-2010	Dalplex
61	36.2 (HT)		Luke Demetre	Dalhousie	06-Feb-2010	Dalplex
61	36.46		Zacharie Durand	Manitoba	06-Feb-2010	Max Bell Field House
61	36.46		Sean Setyo	Saskatchewan	06-Feb-2010	Max Bell Field House
61	36.49		Charles-olivier Laporte	Laval	29-Jan-2010	Tomlinson Field House
61	36.50		Jacob Muirhead	Waterloo	26-Feb-2010	Toronto Track and Field Centre
67	36.61		Maciek Krowlikowski	Calgary	09-Jan-2010	Jack Simpson Track
68	36.65	22.84 (200m)	Justin Keating	Windsor	22-Jan-2010	Grand Valley State University
69	36.66		Sean Pearce	Dalhousie	20-Feb-2010	Dalplex
70	36.66	22.85 (200m)	Mason Foote	Regina	05-Dec-2009	Regina Field House
71	36.70		Oliver Grant	Waterloo	06-Feb-2010	Toronto Track and Field Centre

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71	36.76		Gareh Murray-Johnson	Toronto	13-Feb-2010	Louis Riel Dome
73	36.77		Christian Desulme	Ottawa	27-Nov-2009	Louis Riel Dome
73	36.78		Gavin Abrahamson	Guelph	06-Feb-2010	Toronto Track and Field Centre
75	36.79		Daryl Robertson	Guelph	13-Feb-2010	St. Denis Athletic Centre
76	36.79	51.48 (400m)	Benjamin Gravel	Sherbrooke	10-Jan-2010	Leverone Fieldhouse
77	36.81		Mathieu Raymond	Laval	19-Dec-2009	Tomlinson Fieldhouse
77	36.89		Brandon Holland	Windsor	29-Jan-2010	Tomlinson Field House
79	36.90	23.00 (200m)	Christopher Greenaway	Ottawa	23-Jan-2010	Newell Field House
80	36.93		Russell Morrison	Queen's	27-Nov-2009	Louis Riel Dome
80	36.96		Ben Terejko	Waterloo	06-Feb-2010	Toronto Track and Field Centre
82	36.99		Greg Andrais	Alberta	23-Jan-2010	Jack Simpson Track
83	37.01	51.78 (400m)	Cameron Smithers	Ottawa	10-Jan-2010	Leverone Fieldhouse
84	37.02		Tyler Levy	McGill	13-Feb-2010	Louis Riel Dome
85	37.05		Matt Pawelke	McMaster	29-Jan-2010	Tomlinson Field House
85	37.05		Kevin Andal	Saskatchewan	09-Jan-2010	Saskatoon Field House
85	37.09		Matt Reddy	Dalhousie	20-Feb-2010	Dalplex
85	37.09		Kyle Donsberger	Saskatchewan	06-Feb-2010	Max Bell Field House
89	37.11		Spencer Bell	Ottawa	27-Nov-2009	Louis Riel Dome
89	37.11		KJ Lukas	Guelph	26-Feb-2010	Toronto Track and Field Centre
89	37.12		Eric Lavigne	Laval	29-Jan-2010	Tomlinson Field House
92	37.16		Denis Noronha	McMaster	06-Feb-2010	Toronto Track and Field Centre
93	37.20		Steven Mamczasz	Alberta	12-Feb-2010	Regina Field House
93	37.20		Trent Johnston	Calgary	12-Feb-2010	Regina Field House
93	37.20		Daniel Moylan	Queen's	19-Feb-2010	Tomlinson Fieldhouse
96	37.21		Thomas Davis	Queen's	05-Dec-2009	Tomlinson Fieldhouse
97	37.23	23.20 (200m)	David Walford	Regina	05-Dec-2009	Regina Field House
97	37.23		Nathan Scott	Saskatchewan	15-Jan-2010	U of A Butterdome
97	37.24		Zachary Quevillon	Ottawa	27-Nov-2009	Louis Riel Dome
100	37.26		Connor Bays	McGill	05-Dec-2009	Tomlinson Fieldhouse
101	37.27		David Sarfati	McGill	16-Jan-2010	Centre Sportif
102	37.28		Marc Martin	Manitoba	22-Jan-2010	Max Bell Field House
102	37.28		Yasin Sohawon	York	06-Feb-2010	Toronto Track and Field Centre
104	37.29	23.24 (200m)	Mychael Windrum	Regina	05-Dec-2009	Regina Field House
105	37.35		Stefan Ristic	York	15-Jan-2010	St. Denis Athletic Centre
105	37.35		Felipe Rodriguez	Toronto	13-Feb-2010	Louis Riel Dome
107	37.37		Ariston Sirota	Saskatchewan	09-Jan-2010	Saskatoon Field House
108	37.38		Mathew Reid	Windsor	06-Feb-2010	Toronto Track and Field

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						Centre
109	37.41		Derek MacKinnon	Manitoba	10-Feb-2010	Max Bell Field House
109	37.42		Randy Henley	Dalhousie	29-Jan-2010	Tomlinson Field House
109	37.42		Vincent Beaudoin-Hamel	Laval	29-Jan-2010	Tomlinson Field House
109	37.43		Isaac Rynn	Calgary	23-Jan-2010	Jack Simpson Track
113	37.44		Steve Greening	Western	06-Feb-2010	Toronto Track and Field Centre
113	37.44		Zac Tars	Toronto	19-Feb-2010	Uof T Athletic Centre
115	37.45		Hazem Osman	Toronto	06-Feb-2010	Toronto Track and Field Centre
115	37.46		Florian Bobeuf	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
117	37.49		Josh Breski	Calgary	29-Jan-2010	Saskatoon Field House
118	37.52		Ian Donald	Windsor	04-Dec-2009	St. Denis Athletic Centre
119	37.57		Hanafi Haruna	Manitoba	05-Dec-2009	Max Bell Field House
119	37.58		Mike Makarov	McMaster	15-Jan-2010	St. Denis Athletic Centre
121	37.63		Scott MacDonald	Queen's	19-Feb-2010	Tomlinson Fieldhouse
122	37.64		Ben Leis	Saskatchewan	09-Jan-2010	Saskatoon Field House
122	37.64		Charles Fournier	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
124	37.64	52.67 (400m)	Marc-Philippe Taillon	Ottawa	10-Jan-2010	Leverone Fieldhouse
124	37.65		Mack Gajadhar	Manitoba	05-Dec-2009	Max Bell Field House
126	37.70		Bruno-Charles Busseau	Ottawa	27-Nov-2009	Louis Riel Dome
127	37.72		Danny Taphorn	Manitoba	10-Feb-2010	Max Bell Field House
127	37.73		Jimmy Davis	Queen's	27-Nov-2009	Louis Riel Dome
127	37.73		Jeremy Khan	York	13-Feb-2010	St. Denis Athletic Centre
130	37.75	23.53 (200m)	Uzair Ahmed	Regina	05-Dec-2009	Regina Field House
131	37.76		Nate Vanderheyden	Western	19-Feb-2010	Uof T Athletic Centre
132	37.77		Ryan Charlton	York	15-Jan-2010	St. Denis Athletic Centre
132	37.77	23.54 (200m)	Kingston Knudsen	Windsor	22-Jan-2010	Grand Valley State University
134	37.80		Nicholas Peters	Windsor	14-Feb-2010	St. Denis Athletic Centre
135	37.80	23.56 (200m)	Rey Stewart	Manitoba	24-Feb-2010	Max Bell Field House
136	37.81		Aaron Rublee	Ottawa	16-Jan-2010	Louis Riel Dome
137	37.82		Peter Tarleton	Manitoba	06-Feb-2010	Max Bell Field House
137	37.83		Rohan Belnavis	York	26-Nov-2009	Toronto Track and Field Centre
139	37.86		Joshua Waithe	York	06-Feb-2010	Toronto Track and Field Centre
140	37.87		Conor Fanning	Windsor	04-Dec-2009	St. Denis Athletic Centre
141	37.88		Jared Kope	Alberta	12-Feb-2010	Regina Field House
142	37.90	53.03 (400m)	Luc Wittig	Victoria	14-Feb-2010	Dempsey Field House
142	37.90		Carl Dallaire	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
142	37.91		Rob Gardiner	Manitoba	06-Feb-2010	Max Bell Field House

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145	37.93		Nick Moore	St. Mary's	29-Jan-2010	Tomlinson Field House
145	37.95		Simon Gabriel-Savard	Toronto	05-Feb-2010	Loftus Centre
145	37.95		Chris Schneider	Saskatchewan	06-Feb-2010	Max Bell Field House
148	37.96		Murray tyler	Ottawa	13-Feb-2010	Louis Riel Dome
148	37.96		Craig Ball	Calgary	15-Jan-2010	U of A Butterdome
148	38.05		Michael Antwi	York	26-Nov-2009	Toronto Track and Field Centre
151	38.07		Vincent Fréchet	Laval	19-Dec-2009	Tomlinson Fieldhouse
152	38.09		Scott Ratzlaff	Calgary	29-Jan-2010	Saskatoon Field House
152	38.09	23.74 (200m)	Steven Poole	Manitoba	11-Dec-2009	Max Bell Field House
152	38.13		Vincent Bisailon	Laval	13-Feb-2010	Louis Riel Dome
155	38.17		Chase Gregoire	Ottawa	05-Dec-2009	Tomlinson Fieldhouse
156	38.20		Jean-Philippe Boutin	Laval	29-Jan-2010	Tomlinson Field House
157	38.20	23.81 (200m)	Enyinnah Okere	Regina	05-Dec-2009	Regina Field House
158	38.23		Brent Savoie	Moncton	29-Jan-2010	Tomlinson Field House
159	38.25		George Diczno	McMaster	19-Feb-2010	Uof T Athletic Centre
160	38.25	23.84 (200m)	Eric Roque	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
161	38.42		Mathieu Frenette	Moncton	27-Feb-2010	CEPS
162	38.42	53.76 (400m)	Josh Simair	Saskatchewan	12-Feb-2010	Regina Field House
163	38.46		Bradley Forde-Cummings	York	06-Feb-2010	Toronto Track and Field Centre
164	38.46	23.97 (200m)	Catlin Adams	Manitoba	23-Jan-2010	Max Bell Field House
164	38.47		Mark Staples	Alberta	13-Feb-2010	U of A Butterdome
164	38.48		Kofi Kwarko-Fosu	Waterloo	29-Jan-2010	Tomlinson Field House
167	38.51		Dan Ritz	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
168	38.54		John MacLellan	St. FX	27-Feb-2010	CEPS
169	38.56	24.03 (200m)	Jam He	Toronto	05-Dec-2009	Toronto Track and Field Centre
169	38.61		Julien Barriere	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
171	38.62		Philip Kelsick	York	26-Nov-2009	Toronto Track and Field Centre
171	38.68		Joel Vosburg	Windsor	04-Dec-2009	St. Denis Athletic Centre
173	38.71		Cory Huybregts	Ottawa	16-Jan-2010	Louis Riel Dome
174	38.72		William Newmarch	Queen's	05-Dec-2009	Tomlinson Fieldhouse
175	38.73		Benson Ng	York	15-Jan-2010	St. Denis Athletic Centre

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## **Best Men's 600m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 1:19.67)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:18.53 *		Michael Robertson	Ottawa	29-Jan-2010	Tomlinson Field House
2	1:18.85 *		Dustin Gamble	Guelph	29-Jan-2010	Tomlinson Field House
3	1:18.91 *		Scott Leitch	Western	29-Jan-2010	Tomlinson Field House
4	1:19.66 *		Michael Saizew	Calgary	11-Mar-2010	St. Denis Athletic Centre
5	1:19.79		Mitchell Tome	Windsor	26-Feb-2010	Toronto Track and Field Centre
6	1:19.84		Charles-olivier Laporte	Laval	29-Jan-2010	Tomlinson Field House
7	1:19.98		Dustin Eldridge	Windsor	26-Feb-2010	Toronto Track and Field Centre
8	1:20.03		Travis Toet	Manitoba	06-Feb-2010	Max Bell Field House
8	1:20.03		Tait Nystuen	Regina	06-Feb-2010	Max Bell Field House
10	1:20.14		Benjamin Gravel	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
11	1:20.41		Tommy Lecours	Laval	19-Feb-2010	Tomlinson Fieldhouse
12	1:20.43		Stefan Ristic	York	26-Feb-2010	Toronto Track and Field Centre
13	1:20.44	1:53.14 (800m)	Mathieu Raymond	Laval	12-Feb-2010	B U TrackCenter
14	1:20.84		Camillo Quevedo	Windsor	26-Feb-2010	Toronto Track and Field Centre
15	1:20.92		Jaden Ostapowich	Alberta	13-Feb-2010	U of A Butterdome
16	1:21.28	1:54.32 (800m)	Andrew Cruickshank	Toronto	05-Feb-2010	Loftus Centre
17	1:21.48		Michael Nishiyama	Queen's	26-Feb-2010	Toronto Track and Field Centre
18	1:21.69		Tyler Levy	McGill	27-Feb-2010	Tomlinson Fieldhouse
19	1:21.83		Ryan Charlton	York	06-Feb-2010	Toronto Track and Field Centre
20	1:21.84		Noah Fleming	McMaster	13-Feb-2010	St. Denis Athletic Centre
21	1:21.85		Rob Gooch	Western	26-Feb-2010	Toronto Track and Field Centre
22	1:22.01		Matt Hulse	Queen's	06-Feb-2010	Toronto Track and Field Centre
23	1:22.03		Isaak Kornelsen	Alberta	06-Feb-2010	Max Bell Field House
23	1:22.13		Ben Lane	Windsor	22-Jan-2010	Grand Valley State University
25	1:22.14		Scott Nicol	Calgary	14-Feb-2010	Dempsey Field House
26	1:22.20		Jean-Marc Doiron	Moncton	29-Jan-2010	Tomlinson Field House
27	1:22.23		Evan Kimick	Calgary	15-Jan-2010	U of A Butterdome
28	1:22.26		Nathan Scott	Saskatchewan	14-Feb-2010	Dempsey Field House
29	1:22.33		Evan Stevens	Guelph	29-Jan-2010	Tomlinson Field House
30	1:22.35		Cameron Smithers	Ottawa	13-Feb-2010	Louis Riel Dome
30	1:22.49		Ryan Russell	Calgary	26-Feb-2010	U of A Butterdome

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30	1:22.49		Matt MacDonald	Guelph	06-Feb-2010	Toronto Track and Field Centre
33	1:22.54	1:56.09 (800m)	Andrew Schellenberg	Manitoba	12-Feb-2010	Lied Recreation Centre
34	1:22.54		Adam Wasylyshyn	Calgary	15-Jan-2010	U of A Butterdome
35	1:22.62		Matt Reddy	Dalhousie	20-Feb-2010	Dalplex
36	1:22.66		Joshua Potvin	Queen's	26-Feb-2010	Toronto Track and Field Centre
36	1:22.66		Marc-Philippe Taillon	Ottawa	16-Jan-2010	Louis Riel Dome
38	1:22.71		Sofian Azzi	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
39	1:22.81		Kyle Murray	Lethbridge	13-Feb-2010	U of A Butterdome
40	1:22.82		Jimmy Tat	McMaster	15-Jan-2010	St. Denis Athletic Centre
40	1:22.87		Connor Bays	McGill	27-Feb-2010	Tomlinson Fieldhouse
42	1:23.13		Gage Bonneville	Regina	26-Feb-2010	U of A Butterdome
43	1:23.38	1:57.27 (800m)	Trevor Schiavonne	Victoria	14-Feb-2010	Dempsey Field House
44	1:23.45	1:05.61 (500m)	Moise N'Ken	Sherbrooke	12-Feb-2010	B U TrackCenter
45	1:23.45		Travis Roske	Lakehead	26-Feb-2010	Toronto Track and Field Centre
46	1:23.48		Thomas Davis	Queen's	27-Nov-2009	Louis Riel Dome
47	1:23.50		Joel Vankoughnet	Manitoba	23-Jan-2010	Bierman Field House
48	1:23.62		Michal Warchol	Ottawa	27-Nov-2009	Louis Riel Dome
49	1:23.63		Ben Procter	Windsor	22-Jan-2010	Grand Valley State University
50	1:23.84		Sean Pearce	Dalhousie	27-Feb-2010	CEPS
51	1:23.89		Scott Ratzlaff	Calgary	06-Feb-2010	Max Bell Field House
52	1:23.96		Eric Ellemo	McGill	13-Feb-2010	Louis Riel Dome
53	1:24.07		Ayoub Rachati	Sherbrooke	16-Jan-2010	Centre Sportif
54	1:24.10		Sidney Doucette	St. Mary's	20-Feb-2010	Dalplex
55	1:24.11		Mathieu Bilodeau	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
55	1:24.18		Zac Tars	Toronto	26-Feb-2010	Toronto Track and Field Centre
57	1:24.27		Stephen Lamarche	Windsor	22-Jan-2010	Grand Valley State University
58	1:24.29		George Dicenzo	McMaster	26-Feb-2010	Toronto Track and Field Centre
59	1:24.52		Dominic Michaud	Laval	23-Jan-2010	PEPS
60	1:24.55		Rory Carroll	Alberta	26-Feb-2010	U of A Butterdome
61	1:24.66	1:59.07 (800m)	Kyle Irvine	Victoria	14-Feb-2010	Dempsey Field House
62	1:24.73	1:59.17 (800m)	Stephen Campbell	Manitoba	24-Feb-2010	Max Bell Field House
63	1:24.75		David Mayer	York	29-Jan-2010	Tomlinson Field House
64	1:24.80		James Harrington	McMaster	29-Jan-2010	Tomlinson Field House
65	1:24.87		Ben Leis	Saskatchewan	29-Jan-2010	Saskatoon Field House
66	1:24.90		Benoit Boulay	Guelph	06-Feb-2010	Toronto Track and Field Centre

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66	1:24.92		Trevor Salmon	Waterloo	26-Feb-2010	Toronto Track and Field Centre
68	1:24.96		Joel Vosburg	Windsor	06-Feb-2010	Toronto Track and Field Centre
69	1:24.8 (HT)		Kyle Tramble	St. FX	06-Feb-2010	Dalplex
70	1:25.18	51.08 (400m)	Jeremy Batt	Ottawa	10-Jan-2010	Leverone Fieldhouse
71	1:25.21		Adam Ward	Alberta	26-Feb-2010	U of A Butterdome
72	1:25.23		Clay Patterson	Queen's	06-Feb-2010	Toronto Track and Field Centre
72	1:25.23		Jeff Mountjoy	Queen's	27-Nov-2009	Louis Riel Dome
74	1:25.46		John Corbit	St. FX	09-Jan-2010	CEPS
75	1:25.56	2:00.34 (800m)	Kevin Brennan	Ottawa	23-Jan-2010	Newell Field House
76	1:25.61		Eric Downing	McMaster	29-Jan-2010	Tomlinson Field House
76	1:25.62		Joel Archer	Windsor	06-Feb-2010	Toronto Track and Field Centre
78	1:25.5 (HT)		Zacharie Durand	Manitoba	05-Dec-2009	Max Bell Field House
79	1:25.74		Jacob Muirhead	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
80	1:25.76		Nicolas Boucher	Laval	29-Jan-2010	Tomlinson Field House
81	1:25.91		Kevin Andal	Saskatchewan	06-Feb-2010	Max Bell Field House
82	1:25.92		Olivier Babineau	Moncton	09-Jan-2010	CEPS
83	1:25.98		Philippe Cloutier	Ottawa	29-Jan-2010	Tomlinson Field House
84	1:26.01	2:00.97 (800m)	Kyle Mackie	Ottawa	23-Jan-2010	Newell Field House
85	1:26.04		Derek MacKinnon	Manitoba	06-Feb-2010	Max Bell Field House
86	1:26.06		Ian Sandler	McGill	29-Jan-2010	Tomlinson Field House
87	1:26.14		Patrick Mallory	Guelph	29-Jan-2010	Tomlinson Field House
88	1:26.15		Evan Andrin	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
89	1:26.21		Kevin Montgomery	York	29-Jan-2010	Tomlinson Field House
89	1:26.28		Marco Venne	Guelph	19-Feb-2010	Uof T Athletic Centre
91	1:26.40		Spencer Bell	Ottawa	13-Feb-2010	Louis Riel Dome
91	1:26.44		Tyson Loney	Queen's	06-Feb-2010	Toronto Track and Field Centre
93	1:26.47		DAVID BERNATCHEZ	Royal Military College	13-Feb-2010	Louis Riel Dome
94	1:26.51	51.88 (400m)	Moussa Sissoko	Ottawa	23-Jan-2010	Newell Field House
94	1:26.54		Oliver Grant	Waterloo	09-Jan-2010	UofT Athletic Centre
94	1:26.62		Thomas Faulkner	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
97	1:26.82		Scott Knieriem	Queen's	05-Dec-2009	Tomlinson Fieldhouse
98	1:27.01		Anders Klaus	Queen's	06-Feb-2010	Toronto Track and Field Centre
99	1:27.04		Darragh O'Connor	Western	05-Dec-2009	Thompson Recreation

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						and Athletic Centre
100	1:27.05		Nicholas Sader	Manitoba	06-Feb-2010	Max Bell Field House
101	1:27.20		Ian Donald	Windsor	04-Dec-2009	St. Denis Athletic Centre
102	1:27.33		Adam Dykes	York	22-Jan-2010	UofT Athletic Centre
103	1:27.34		Mitch Singleton	Regina	06-Feb-2010	Max Bell Field House
104	1:27.35		Mike Bashucky	York	15-Jan-2010	St. Denis Athletic Centre
105	1:27.59		Johnathan Ell	Saskatchewan	29-Jan-2010	Saskatoon Field House
105	1:27.63		Evan Olynyk	Saskatchewan	12-Feb-2010	Regina Field House
107	1:27.4 (HT)		James O'Brien	Manitoba	05-Dec-2009	Max Bell Field House
108	1:27.65		Mitsuru Wilson	Toronto	19-Feb-2010	Uof T Athletic Centre
109	1:27.70		Luc Wittig	Victoria	29-Jan-2010	Saskatoon Field House
109	1:27.70		Julien Barriere	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
111	1:27.71	2:03.36 (800m)	Remy Binns	Ottawa	23-Jan-2010	Newell Field House
112	1:27.78		Daniel Mireault	Waterloo	29-Jan-2010	Tomlinson Field House
112	1:27.78		Ian Polos	Queen's	06-Feb-2010	Toronto Track and Field Centre
114	1:28.00		Marshall Gallaway	Manitoba	13-Jan-2010	Max Bell Field House
115	1:28.04		Lawrence Xie	Waterloo	26-Feb-2010	Toronto Track and Field Centre
116	1:28.17		Jordan Saccucci	Manitoba	22-Jan-2010	Max Bell Field House
117	1:28.0 (HT)		Peter Tarleton	Manitoba	05-Dec-2009	Max Bell Field House
118	1:28.26		Drew Patterson	Windsor	04-Dec-2009	St. Denis Athletic Centre
119	1:28.29		Miguel Potosme	Regina	15-Jan-2010	U of A Butterdome
119	1:28.29		Jonathan Zidar	Windsor	22-Jan-2010	Grand Valley State University
121	1:28.31		Matt Walters	Windsor	04-Dec-2009	St. Denis Athletic Centre
122	1:28.39		Danny Taphorn	Manitoba	13-Jan-2010	Max Bell Field House
123	1:28.41	1:09.51 (500m)	Shane Kelly	Queen's	08-Jan-2010	Barton Hall
124	1:28.61		Justin Burke	Queen's	05-Dec-2009	Tomlinson Fieldhouse
125	1:28.62		Greg Hitchon	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
126	1:29.07		Joel Reany	McMaster	06-Feb-2010	Toronto Track and Field Centre
127	1:29.20		Elliott Cooke	Manitoba	13-Jan-2010	Max Bell Field House
128	1:29.21		Nathaniel Minichiello	St. FX	27-Feb-2010	CEPS
129	1:29.23		Jean-Francois Rouleau	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
130	1:29.24		Colin McLean	Waterloo	29-Jan-2010	Tomlinson Field House
131	1:29.27		William Newmarch	Queen's	05-Dec-2009	Tomlinson Fieldhouse
132	1:29.61		Matt Sinclair	Windsor	04-Dec-2009	St. Denis Athletic Centre
133	1:29.64		Tyson Hart	Manitoba	06-Feb-2010	Max Bell Field House
134	1:29.77		Maxwell Putnam	Queen's	27-Nov-2009	Louis Riel Dome
135	1:29.79		Marc-Andre Forget	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse

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136	1:29.82		Arash Mirrahimi	Toronto	13-Feb-2010	Louis Riel Dome
137	1:29.92		Lucas Lafourcade	McGill	19-Feb-2010	Tomlinson Fieldhouse
138	1:30.12		Patrick Kelly	Manitoba	13-Jan-2010	Max Bell Field House
139	1:30.18		Evan Neufeldt	Saskatchewan	05-Dec-2009	Saskatoon Field House
140	1:30.19		Maciek Krowlikowski	Calgary	23-Jan-2010	Jack Simpson Track
141	1:30.27		Brad Palmer	St. Mary's	29-Jan-2010	Tomlinson Field House
142	1:30.35		Ryan Hawkrigg	St. FX	27-Feb-2010	CEPS
143	1:30.45	2:07.21 (800m)	Kevin Lohrenz	Manitoba	11-Dec-2009	Max Bell Field House
144	1:30.48		Jean-Paul Martin	Queen's	06-Feb-2010	Toronto Track and Field Centre
145	1:30.51	54.28 (400m)	Mack Gajadhar	Manitoba	10-Feb-2010	Max Bell Field House
146	1:30.68		Bastian Mayer	Calgary	23-Jan-2010	Jack Simpson Track
147	1:30.69		Stephen Bell	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
148	1:30.71		Stuart MacNeil	St. FX	27-Feb-2010	CEPS
149	1:30.7 (HT)		Aaron Beddome	Manitoba	05-Dec-2009	Max Bell Field House
150	1:30.97		Patrick Khalaf	Ottawa	27-Nov-2009	Louis Riel Dome
151	1:30.99		Curtis Buhs	Saskatchewan	05-Dec-2009	Saskatoon Field House
152	1:31.21		Jeremy Yen-Chiu	Queen's	27-Nov-2009	Louis Riel Dome
153	1:31.46	54.85 (400m)	Nicholas Bode	Ottawa	10-Jan-2010	Leverone Fieldhouse
154	1:31.53		Andrew Kennedy	Toronto	09-Jan-2010	UofT Athletic Centre
155	1:31.68		Rob Gardiner	Manitoba	13-Jan-2010	Max Bell Field House
156	1:32.02		Philippe Larochelle	Laval	23-Jan-2010	PEPS
157	1:32.20		Jesse Wetzl	Ottawa	13-Feb-2010	Louis Riel Dome
158	1:32.26		PATRICK WHEELER	Royal Military College	13-Feb-2010	Louis Riel Dome
159	1:32.44		Alex Green	Queen's	06-Feb-2010	Toronto Track and Field Centre
160	1:32.70	2:10.38 (800m)	Michael Bergeron	Ottawa	23-Jan-2010	Newell Field House
161	1:32.8 (HT)		Paul Athayde	Manitoba	05-Dec-2009	Max Bell Field House
162	1:33.29		Stephen Williams	Alberta	10-Jan-2010	U of A Butterdome
163	1:34.05	56.40 (400m)	Chase Gregoire	Ottawa	10-Jan-2010	Leverone Fieldhouse
164	1:34.35		Sylvain Bérubé	Moncton	29-Jan-2010	Tomlinson Field House
165	1:34.64		Randy Kuefler	Windsor	04-Dec-2009	St. Denis Athletic Centre
166	1:34.65		Nicholas Falk	Windsor	04-Dec-2009	St. Denis Athletic Centre
167	1:34.7 (HT)		Jericho De Castro	Manitoba	05-Dec-2009	Max Bell Field House
168	1:35.24		Scott Zatylny	Manitoba	22-Jan-2010	Max Bell Field House
169	1:35.83		Jeff Costain	McMaster	19-Feb-2010	Uof T Athletic Centre
170	1:36.06		Pierre Kasongo	Alberta	13-Feb-2010	U of A Butterdome
171	1:36.09		Michael Young	Calgary	23-Jan-2010	Jack Simpson Track
172	1:36.91		Evan Orlikow	Manitoba	11-Dec-2009	Max Bell Field House
173	1:36.92		David Zylberberg	York	26-Nov-2009	

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174	1:38.05		Richard Poirier	Moncton	29-Jan-2010	Tomlinson Field House
175	1:38.98		Dave Weston	Windsor	04-Dec-2009	St. Denis Athletic Centre
176	1:39.36		Jesse Bauer	Windsor	04-Dec-2009	St. Denis Athletic Centre
177	1:39.39		Kevin Mintah	York	26-Nov-2009	Toronto Track and Field Centre
178	1:46.50		Svein Piene	Windsor	04-Dec-2009	St. Denis Athletic Centre
179	1:47.75		Chris Reid	Windsor	04-Dec-2009	St. Denis Athletic Centre
180	1:47.76		Brendan Dills	Windsor	04-Dec-2009	St. Denis Athletic Centre
181	4:00.00		Isaac Rynn	Calgary	26-Feb-2010	U of A Butterdome

## **Best Men's 1000m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 2:26.58)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2:22.72 *	1:49.71 (800m)	Dustin Gamble	Guelph	05-Feb-2010	Loftus Centre
2	2:23.99 *		Mike Delmonte	Toronto	26-Feb-2010	Toronto Track and Field Centre
3	2:24.14 *	1:50.80 (800m)	Darren Mazzei	Victoria	29-Jan-2010	Dempsey Field House
4	2:24.50 *		Adam Kellar	Windsor	05-Feb-2010	Loftus Centre
5	2:24.66 *		Matt Hulse	Queen's	26-Feb-2010	Toronto Track and Field Centre
6	2:24.86 *		James Poulin-Cadovius	Sherbrooke	12-Feb-2010	B U TrackCenter
7	2:25.10 *		Matt Walters	Windsor	05-Feb-2010	Loftus Centre
8	2:25.12 *		Tommy Lecours	Laval	12-Feb-2010	B U TrackCenter
9	2:26.31 *		Daniel Mallie	Victoria	06-Feb-2010	Max Bell Field House
10	2:26.46 *		John Corbit	St. FX	29-Jan-2010	Tomlinson Field House
11	2:26.74		Scott Nicol	Calgary	06-Feb-2010	Max Bell Field House
12	2:26.79	1:52.84 (800m)	Chris Simair	Saskatchewan	13-Feb-2010	Dempsey Field House
13	2:26.80		Benjamin Gravel	Sherbrooke	12-Feb-2010	B U TrackCenter
14	2:26.96		Pier-Olivier Laflamme	Laval	12-Feb-2010	B U TrackCenter
15	2:26.97		Olivier-Gabriel Lavoie	Sherbrooke	12-Feb-2010	B U TrackCenter
16	2:27.48	1:53.37 (800m)	Karl Robertson	Victoria	16-Jan-2010	Dempsey Field House
17	2:27.52		Dominic Michaud	Laval	29-Jan-2010	Tomlinson Field House
18	2:27.71		Rob Jackson	Guelph	12-Feb-2010	B U TrackCenter
19	2:27.88	1:53.68 (800m)	Evan Stevens	Guelph	05-Feb-2010	Loftus Centre
20	2:28.57		Daniel Gorman	Dalhousie	12-Feb-2010	B U TrackCenter
21	2:29.01		Kenneth Douglas	McGill	12-Feb-2010	B U TrackCenter
21	2:29.01		Ethan Davenport	Toronto	05-Feb-2010	Loftus Centre
21	2:29.19		Ryan Russell	Calgary	11-Mar-2010	St. Denis Athletic

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						Centre
24	2:29.58		Charles–olivier Laporte	Laval	16–Jan–2010	Centre Sportif
24	2:29.87		Joshua Potvin	Queen's	19–Feb–2010	Tomlinson Fieldhouse
26	2:29.97		Tyler Pettes	Toronto	05–Feb–2010	Loftus Centre
27	2:30.02		Stephen Douglas	Toronto	13–Feb–2010	Louis Riel Dome
28	2:30.25		Jeremy Walsh	McMaster	05–Feb–2010	Loftus Centre
29	2:30.28		Benoit Boulay	Guelph	19–Feb–2010	Uof T Athletic Centre
30	2:30.37		Daniel Kramer	McGill	05–Feb–2010	The Armory Track Field Center
31	2:30.42		Noah Fleming	McMaster	05–Feb–2010	Loftus Centre
32	2:30.54		Andrew Cruickshank	Toronto	19–Feb–2010	Uof T Athletic Centre
33	2:30.73		Kevin Brennan	Ottawa	27–Nov–2009	Louis Riel Dome
34	2:30.77		Stephen Holmes	Guelph	19–Feb–2010	Uof T Athletic Centre
35	2:30.82		Clay Patterson	Queen's	06–Feb–2010	Toronto Track and Field Centre
35	2:30.85		Andrew Douglas	McMaster	15–Jan–2010	St. Denis Athletic Centre
37	2:30.88		Alastair Brown	Lakehead	13–Feb–2010	St Scholastica Fieldhouse
37	2:30.88		Jamie Weikum	Alberta	06–Feb–2010	Max Bell Field House
39	2:30.93		Patrick Mallory	Guelph	13–Feb–2010	St. Denis Athletic Centre
40	2:31.02		Phil Dalton	Windsor	19–Feb–2010	Uof T Athletic Centre
41	2:31.18		Mathieu Raymond	Laval	23–Jan–2010	PEPS
42	2:31.32		Josh Riker–Fox	Calgary	06–Feb–2010	Max Bell Field House
43	2:31.78	1:56.68 (800m)	James Barnes	Victoria	14–Feb–2010	Dempsey Field House
44	2:31.98		Adam Wasylyshyn	Calgary	15–Jan–2010	U of A Butterdome
45	2:32.20		Adam Elford	Calgary	06–Feb–2010	Max Bell Field House
46	2:32.34	1:57.11 (800m)	Jordan Saccucci	Manitoba	12–Feb–2010	Lied Recreation Centre
47	2:32.50		Sam Dorosz	Calgary	06–Feb–2010	Max Bell Field House
48	2:32.55	1:57.27 (800m)	Trevor Schiavonne	Victoria	14–Feb–2010	Dempsey Field House
49	2:32.70		Sofian Azzi	Sherbrooke	12–Feb–2010	B U TrackCenter
50	2:32.91		Travis Roske	Lakehead	06–Feb–2010	Max Bell Field House
51	2:32.92	1:57.55 (800m)	Mathieu Bilodeau	Sherbrooke	12–Feb–2010	B U TrackCenter
52	2:33.01		Michael Saizew	Calgary	12–Feb–2010	Regina Field House
53	2:33.18		Michael Nishiyama	Queen's	06–Feb–2010	Toronto Track and Field Centre
54	2:33.20		Isaak Kornelsen	Alberta	15–Jan–2010	U of A Butterdome
55	2:33.42		Tyson Loney	Queen's	26–Feb–2010	Toronto Track and Field Centre
56	2:33.57		Tyler Levy	McGill	19–Feb–2010	Tomlinson Fieldhouse
57	2:33.60		Evan Andrin	Western	06–Feb–2010	

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						Toronto Track and Field Centre
58	2:33.84	1:58.26 (800m)	Marc-Philippe Taillon	Ottawa	23-Jan-2010	Newell Field House
59	2:34.03		Rob Gibb	McMaster	19-Feb-2010	Tomlinson Fieldhouse
60	2:34.53		Alyosha Boldt	Saskatchewan	06-Feb-2010	Max Bell Field House
61	2:34.55		Anders Klaus	Queen's	29-Jan-2010	Tomlinson Field House
62	2:34.66		Alex Denault	Toronto	26-Feb-2010	Toronto Track and Field Centre
63	2:34.69		Eric Downing	McMaster	29-Jan-2010	Tomlinson Field House
64	2:34.80		Kyle Irvine	Victoria	26-Feb-2010	U of A Butterdome
65	2:34.81		Kyle Mackie	Ottawa	26-Feb-2010	Toronto Track and Field Centre
66	2:34.89	1:59.07 (800m)	Nicholas Falk	Windsor	22-Jan-2010	Grand Valley State University
67	2:35.04		Spencer Pootz	Calgary	29-Jan-2010	Saskatoon Field House
68	2:35.14	1:59.26 (800m)	Colin Barnett	Manitoba	12-Feb-2010	Lied Recreation Centre
69	2:35.32		Jean-Simon Fournier-Dufour	Laval	29-Jan-2010	Tomlinson Field House
70	2:35.40		Cody Carver	Alberta	26-Feb-2010	U of A Butterdome
71	2:35.57		Kevin Montgomery	York	13-Feb-2010	St. Denis Athletic Centre
72	2:35.80		Olivier Babineau	Moncton	29-Jan-2010	Tomlinson Field House
73	2:36.11		Adam Dykes	York	13-Feb-2010	St. Denis Athletic Centre
74	2:36.15		Jean-Marc Doiron	Moncton	27-Feb-2010	CEPS
74	2:36.15		Mike Percival	McMaster	26-Feb-2010	Toronto Track and Field Centre
76	2:36.33		Jesse Bauer	Windsor	06-Feb-2010	Toronto Track and Field Centre
77	2:36.47		Graham Bowes	McMaster	06-Feb-2010	Toronto Track and Field Centre
78	2:36.52		Remy Binns	Ottawa	27-Nov-2009	Louis Riel Dome
79	2:36.55		Dale Wig	Regina	29-Jan-2010	Saskatoon Field House
80	2:36.68	2:00.44 (800m)	Owen deLange	Calgary	05-Dec-2009	Jack Simpson Track
81	2:36.68		JACOB TRIVERS	Royal Military College	13-Feb-2010	Louis Riel Dome
82	2:36.89		David Wituluk	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
83	2:36.95		Matt Mazurik	Saskatchewan	29-Jan-2010	

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						Saskatoon Field House
84	2:37.04		Iain Macdonald	McGill	19-Feb-2010	Tomlinson Fieldhouse
85	2:37.06		Nicolas Boucher	Laval	29-Jan-2010	Tomlinson Field House
86	2:37.09		Johnathan Ell	Saskatchewan	06-Feb-2010	Max Bell Field House
87	2:37.22		Meki Cherkaoui	McGill	27-Feb-2010	Tomlinson Fieldhouse
88	2:37.24		Darragh O'Connor	Western	13-Feb-2010	St. Denis Athletic Centre
89	2:37.30		Larry Abbott	McMaster	09-Jan-2010	UofT Athletic Centre
90	2:37.54		Philippe Cloutier	Ottawa	16-Jan-2010	Louis Riel Dome
91	2:37.67		Joel Reany	McMaster	06-Feb-2010	Toronto Track and Field Centre
92	2:37.70		Kenton Sportak	St. FX	20-Feb-2010	Dalplex
92	2:37.83		Graeme Nicol	Windsor	06-Feb-2010	Toronto Track and Field Centre
94	2:37.91		Daniel Mireault	Waterloo	26-Feb-2010	Toronto Track and Field Centre
95	2:37.98		Justin Spalvieri	Waterloo	19-Feb-2010	Uof T Athletic Centre
96	2:38.32		Thomas Faulkner	Western	06-Feb-2010	Toronto Track and Field Centre
97	2:38.45		Josh Clouthier	Victoria	29-Jan-2010	Saskatoon Field House
98	2:38.46		Ben Lane	Windsor	04-Dec-2009	St. Denis Athletic Centre
99	2:38.48	2:01.83 (800m)	Doug Oxland	Victoria	16-Jan-2010	Dempsey Field House
99	2:38.59		Alex Green	Queen's	27-Nov-2009	Louis Riel Dome
101	2:38.77		Adam Ward	Alberta	13-Feb-2010	U of A Butterdome
102	2:38.95		Nick Walters	Windsor	29-Jan-2010	Findlay Fieldhouse
103	2:39.10		Cameron Smithers	Ottawa	21-Nov-2009	Louis Riel Dome
104	2:38.9 (HT)		Colin Shepherd	Manitoba	05-Dec-2009	Max Bell Field House
105	2:39.15	2:02.34 (800m)	Stephen Campbell	Manitoba	23-Jan-2010	Bierman Field House
106	2:39.41		Evan Olynyk	Saskatchewan	06-Feb-2010	Max Bell Field House
107	2:39.3 (HT)		Kyle Tramble	St. FX	17-Jan-2010	Dalplex
108	2:39.97		Connor Bays	McGill	29-Jan-2010	Tomlinson Field House
109	2:40.10		James Harrington	McMaster	09-Jan-2010	UofT Athletic Centre
110	2:40.12		Sidney Doucette	St. Mary's	27-Feb-2010	CEPS
111	2:40.16		Josh Coyle	Dalhousie	20-Feb-2010	Dalplex
112	2:40.22		Shane Harrigan	Ottawa	16-Jan-2010	Louis Riel Dome
113	2:40.29	2:03.22 (800m)	Jason Redpath	Manitoba	23-Jan-2010	Bierman Field House
114	2:40.80		Les Andersen	Regina	11-Mar-2010	St. Denis Athletic Centre

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114	2:40.80		Jean-Paul Martin	Queen's	27-Nov-2009	Louis Riel Dome
116	2:40.93		Brad Palmer	St. Mary's	27-Feb-2010	CEPS
117	2:41.15		Matt Reddy	Dalhousie	20-Feb-2010	Dalplex
118	2:41.19	2:03.91 (800m)	Marshall Gallaway	Manitoba	11-Dec-2009	Max Bell Field House
119	2:41.25		Vincent Fluet	Ottawa	19-Dec-2009	Louis Riel Dome
120	2:41.26		Philippe Laroche	Laval	12-Feb-2010	B U TrackCenter
121	2:41.92		Florian Bobeuf	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
122	2:41.9 (HT)		Patrick Kelly	Manitoba	05-Dec-2009	Max Bell Field House
123	2:42.50	2:04.92 (800m)	Adam Penner	Manitoba	11-Dec-2009	Max Bell Field House
124	2:42.84		Michael Cox	Victoria	29-Jan-2010	Saskatoon Field House
125	2:43.17		Marc Beaton	Regina	06-Feb-2010	Max Bell Field House
126	2:43.45		Brad Orchard	St. Mary's	09-Jan-2010	CEPS
127	2:43.91		Michael Bergeron	Ottawa	13-Feb-2010	Louis Riel Dome
128	2:43.9 (HT)		Tyson Churchill	St. Mary's	17-Jan-2010	Dalplex
129	2:44.27		Ben Procter	Windsor	04-Dec-2009	St. Denis Athletic Centre
130	2:44.43		Matthew Spendiff	Calgary	09-Jan-2010	Jack Simpson Track
131	2:45.28		Andrew Kennedy	Toronto	09-Jan-2010	UofT Athletic Centre
132	2:45.46	2:07.19 (800m)	Jonathan Zidar	Windsor	20-Feb-2010	Michigan Track and Field Centre
133	2:45.58		Eric Wiebe	Saskatchewan	09-Jan-2010	Saskatoon Field House
134	2:45.78		James Jessup	Royal Military College	13-Feb-2010	Louis Riel Dome
135	2:45.83		Evan Schinkel	Manitoba	06-Feb-2010	Max Bell Field House
136	2:45.85		Evan Neufeldt	Saskatchewan	26-Feb-2010	U of A Butterdome
137	2:45.90		Ted Nonowski	Toronto	19-Feb-2010	Uof T Athletic Centre
138	2:45.99		Adam Maybee	McMaster	19-Feb-2010	Uof T Athletic Centre
139	2:46.10		Keegan Sharp	Saskatchewan	15-Jan-2010	U of A Butterdome
140	2:46.26		Mike Bashucky	York	29-Jan-2010	Tomlinson Field House
141	2:46.60		Garrett de Jong	Ottawa	27-Nov-2009	Louis Riel Dome
142	2:46.71		Omar Fayoumi	Western	29-Jan-2010	Tomlinson Field House
143	2:46.95		Alexandre Genois	Laval	19-Dec-2009	Tomlinson Fieldhouse
143	2:47.11		Rory Carroll	Alberta	15-Jan-2010	U of A Butterdome
145	2:47.24		Mike Asmussen	Lakehead	23-Jan-2010	UWS Fieldhouse
146	2:47.33		Chris Crossley	Saskatchewan	26-Feb-2010	U of A Butterdome
146	2:47.46		Brad Bickley	Calgary	09-Jan-2010	Jack Simpson Track
148	2:47.82		Matt Vierula	Ottawa	27-Nov-2009	Louis Riel Dome
149	2:47.98		David Knowland	St. Mary's	20-Feb-2010	Dalplex
150	2:48.06		Joel Howlett	Saskatchewan	09-Jan-2010	

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						Saskatoon Field House
150	2:48.06		Pierre Puyjalon	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
152	2:48.08		Lawrence Xie	Waterloo	19-Feb-2010	Uof T Athletic Centre
153	2:48.09		Jason MacKenzie	Moncton	27-Feb-2010	CEPS
154	2:48.36		Ryan Hawkrigg	St. FX	29-Jan-2010	Tomlinson Field House
155	2:48.39		Anthony Dandie	Windsor	26-Feb-2010	Toronto Track and Field Centre
156	2:48.81		Mitch Singleton	Regina	29-Jan-2010	Saskatoon Field House
157	2:48.86		David Zylberberg	York	26-Nov-2009	Toronto Track and Field Centre
158	2:48.92		Mitchell Tome	Windsor	04-Dec-2009	St. Denis Athletic Centre
159	2:49.40		Marco Venne	Guelph	09-Jan-2010	UofT Athletic Centre
160	2:49.60		Mathew Melnik	Waterloo	09-Jan-2010	UofT Athletic Centre
161	2:50.09		Ian Sandler	McGill	29-Jan-2010	Tomlinson Field House
162	2:50.21		Corwin Trotter	St. Mary's	20-Feb-2010	Dalplex
163	2:50.63		Joel Archer	Windsor	04-Dec-2009	St. Denis Athletic Centre
164	2:51.57		Rob McCulloch	Dalhousie	27-Feb-2010	CEPS
165	2:52.09		Jeremy Eckert	Regina	26-Feb-2010	U of A Butterdome
166	2:52.47		Jeff Hoskins	Ottawa	23-Jan-2010	Newell Field House
167	2:53.86		Adrian Adams	Alberta	13-Feb-2010	U of A Butterdome
168	2:54.23		Despatie Mathieu	Ottawa	16-Jan-2010	Louis Riel Dome
169	2:54.42		Chris Brown	Lakehead	23-Jan-2010	UWS Fieldhouse
170	2:54.45		Matt Sinclair	Windsor	04-Dec-2009	St. Denis Athletic Centre
171	2:54.6 (HT)		Tyson Hart	Manitoba	05-Dec-2009	Max Bell Field House
172	2:55.09		Lucas Lafourcade	McGill	21-Nov-2009	Louis Riel Dome
173	2:55.30		Zachary Quevillon	Ottawa	26-Feb-2010	Toronto Track and Field Centre
174	2:55.54		Alec Chisholm	Calgary	09-Jan-2010	Jack Simpson Track
175	2:55.5 (HT)		Paul Athayde	Manitoba	05-Dec-2009	Max Bell Field House
176	2:56.46		Jason Diston	Guelph	26-Feb-2010	Toronto Track and Field Centre
177	2:57.35		Kevin Mintah	York	26-Nov-2009	Toronto Track and Field Centre
178	2:57.73		Aaron Beddome	Manitoba	17-Jan-2010	Bison Sports Arena
179	2:58.68		Jean-Philippe Garant	McGill	27-Feb-2010	Tomlinson Fieldhouse
180	2:59.35		Jason Guenette	Laval	29-Jan-2010	Tomlinson Field House

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181	2:59.49		Richard Hayes	Royal Military College	22-Jan-2010	UofT Athletic Centre
182	2:59.78		Felix Li	Western	26-Feb-2010	Toronto Track and Field Centre
183	2:59.95		Sebastien Mezeret	McGill	27-Feb-2010	Tomlinson Fieldhouse
184	2:59.98		David Crittenden	Alberta	26-Feb-2010	U of A Butterdome
185	3:00.15		Ryan Johnson	McGill	27-Feb-2010	Tomlinson Fieldhouse
186	3:00.68		Drew Patterson	Windsor	04-Dec-2009	St. Denis Athletic Centre
187	3:00.73		Jesse Wetzl	Ottawa	16-Jan-2010	Louis Riel Dome
188	3:02.06		PATRICK WHEELER	Royal Military College	22-Jan-2010	UofT Athletic Centre
189	3:02.37		Gani Ablachim	Calgary	12-Feb-2010	Regina Field House
190	3:02.84		Josh Logozar	Manitoba	23-Jan-2010	Max Bell Field House
191	3:03.28		Micah Quinn	Ottawa	13-Feb-2010	Louis Riel Dome
192	3:03.36		Steven Fox	Dalhousie	27-Feb-2010	CEPS
193	3:05.23		Chris Weatherhead	Ottawa	21-Nov-2009	Louis Riel Dome
194	3:05.24		Justin Baker	Regina	26-Feb-2010	U of A Butterdome
195	3:05.32		Vincent Bisailon	Laval	21-Nov-2009	Louis Riel Dome
196	3:06.11		Justin Conlon	Waterloo	22-Jan-2010	UofT Athletic Centre
197	3:06.24		Olivier Melanson	Moncton	09-Jan-2010	CEPS
198	3:06.53		Richard Poirier	Moncton	29-Jan-2010	Tomlinson Field House
199	3:08.32		Patrick Arbour	Ottawa	26-Feb-2010	Toronto Track and Field Centre
200	3:09.05		Bradley Matheson	York	26-Feb-2010	Toronto Track and Field Centre
201	3:10.11		Yvon Gagnon	Moncton	27-Feb-2010	CEPS
202	3:10.32		Curtis Finnson	Manitoba	12-Feb-2010	Regina Field House
203	3:12.16		Dylan de Peuter	Lethbridge	15-Jan-2010	U of A Butterdome
204	3:12.92		Rhys Lautenschlager	Manitoba	23-Jan-2010	Max Bell Field House
205	3:15.51		Vince DiBacco	York	29-Jan-2010	Tomlinson Field House
206	3:21.06		Shawn Hind	Guelph	26-Feb-2010	Toronto Track and Field Centre
207	3:28.93		Dustin Eldridge	Windsor	04-Dec-2009	St. Denis Athletic Centre
208	3:30.88		Brandon Brown	Lakehead	13-Feb-2010	St Scholastica Fieldhouse

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## **Best Men's 1500m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 3:52.56)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	3:44.71 *	4:01.79 (Mile)	Kyle Boorsma	Guelph	05-Feb-2010	Loftus Centre
2	3:50.05 *		Mike Delmonte	Toronto	22-Jan-2010	UofT Athletic Centre
3	3:50.44 *		Rob Jackson	Guelph	29-Jan-2010	Tomlinson Field House
4	3:51.29 *	4:08.87 (Mile)	Daniel Mallie	Victoria	16-Jan-2010	Dempsey Field House
5	3:51.70 *		Matt Hulse	Queen's	29-Jan-2010	Tomlinson Field House
6	3:51.79 *	4:09.40 (Mile)	Matt Walters	Windsor	05-Feb-2010	Loftus Centre
7	3:51.9 * (HT)		John Corbit	St. FX	06-Feb-2010	Dalplex
8	3:52.45 *		James Poulin-Cadovius	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
9	3:52.49 *		Adam Kellar	Windsor	13-Feb-2010	St. Denis Athletic Centre
10	3:52.87		Allan Brett	Guelph	29-Jan-2010	Tomlinson Field House
11	3:52.93		Andrew Aguanno	Windsor	13-Feb-2010	St. Denis Athletic Centre
12	3:53.23	4:10.95 (Mile)	Nigel Wray	Guelph	05-Feb-2010	Loftus Centre
13	3:53.24		Dave Weston	Windsor	13-Feb-2010	St. Denis Athletic Centre
14	3:53.55		Olivier-Gabriel Lavoie	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
15	3:54.2 (HT)		Petr Doubravsky	St. FX	06-Feb-2010	Dalplex
16	3:54.72		Daniel Kramer	McGill	27-Feb-2010	Tomlinson Fieldhouse
17	3:55.33		Kyle O'Neill	Western	13-Feb-2010	St. Denis Athletic Centre
18	3:55.37		Karl Robertson	Victoria	06-Feb-2010	Max Bell Field House
19	3:56.41		Stephen Douglas	Toronto	13-Feb-2010	Louis Riel Dome
20	3:56.74		Daniel Gorman	Dalhousie	20-Feb-2010	Dalplex
21	3:58.21		Alastair Brown	Lakehead	29-Jan-2010	Tomlinson Field House
22	3:58.35		Ryan Huff	Western	29-Jan-2010	Tomlinson Field House
23	3:58.59	4:16.72 (Mile)	Cliff Childs	Victoria	14-Feb-2010	Dempsey Field House
24	3:58.83		Ethan Davenport	Toronto	19-Feb-2010	Uof T Athletic Centre
25	3:59.11		Larry Abbott	McMaster	13-Feb-2010	St. Denis Athletic Centre
26	3:59.19		Tommy Lecours	Laval	23-Jan-2010	PEPS
27	3:59.42	4:17.61 (Mile)	Darren Mazzei	Victoria	16-Jan-2010	Dempsey Field House
28	3:59.46		Chris Simair	Saskatchewan	15-Jan-2010	U of A Butterdome
29	3:59.66		Clay Patterson	Queen's	29-Jan-2010	Tomlinson Field House
30	3:59.86		Pier-Olivier Laflamme	Laval	29-Jan-2010	

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						Tomlinson Field House
31	4:00.75		Jamie Weikum	Alberta	26-Feb-2010	U of A Butterdome
32	4:00.91		Charles Allan	Waterloo	22-Jan-2010	UofT Athletic Centre
33	4:00.98		Spencer Pootz	Calgary	26-Feb-2010	U of A Butterdome
34	4:01.02		Chantry Cargill	Ottawa	19-Dec-2009	Louis Riel Dome
35	4:01.28		James Barnes	Victoria	29-Jan-2010	Saskatoon Field House
36	4:01.35		Chris Brown	Lakehead	26-Feb-2010	Toronto Track and Field Centre
37	4:01.52		Jeremy Walsh	McMaster	26-Feb-2010	Toronto Track and Field Centre
38	4:02.02		Dominic Michaud	Laval	29-Jan-2010	Tomlinson Field House
39	4:02.45		Stephen Holmes	Guelph	29-Jan-2010	Tomlinson Field House
40	4:02.53		Colin Shepherd	Manitoba	06-Feb-2010	Max Bell Field House
41	4:02.80		Anders Klaus	Queen's	29-Jan-2010	Tomlinson Field House
42	4:02.94		Rob Koziarski	Guelph	09-Jan-2010	UofT Athletic Centre
43	4:03.02		Scott Nicol	Calgary	15-Jan-2010	U of A Butterdome
44	4:03.28		Drew Patterson	Windsor	15-Jan-2010	St. Denis Athletic Centre
45	4:03.34		Kelly Wiebe	Regina	26-Feb-2010	U of A Butterdome
46	4:03.37		Kenneth Douglas	McGill	29-Jan-2010	Tomlinson Field House
47	4:03.56		Eduardo Paolini	Windsor	06-Feb-2010	Toronto Track and Field Centre
48	4:03.58		Matt Suda	Western	26-Feb-2010	Toronto Track and Field Centre
48	4:03.58		Nick Walters	Windsor	15-Jan-2010	St. Denis Athletic Centre
50	4:03.59		Kevin Brennan	Ottawa	29-Jan-2010	Tomlinson Field House
51	4:03.84		Sam Dorosz	Calgary	06-Feb-2010	Max Bell Field House
51	4:03.84		Kenton Sportak	St. FX	20-Feb-2010	Dalplex
53	4:03.91		Matt Mazurik	Saskatchewan	12-Feb-2010	Regina Field House
54	4:04.10		Jordan Anderson	Waterloo	29-Jan-2010	Tomlinson Field House
55	4:04.12		John Parrott	Guelph	09-Jan-2010	UofT Athletic Centre
56	4:04.32		Tyler Pettes	Toronto	09-Jan-2010	UofT Athletic Centre
57	4:04.37		Rob Gibb	McMaster	13-Feb-2010	St. Denis Athletic Centre
58	4:04.67		Jesse Bauer	Windsor	13-Feb-2010	St. Denis Athletic

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						Centre
59	4:04.95		Noah Fleming	McMaster	09-Jan-2010	UofT Athletic Centre
60	4:04.98		Graham Bowes	McMaster	13-Feb-2010	St. Denis Athletic Centre
61	4:05.25	4:23.89 (Mile)	Adam Penner	Manitoba	12-Feb-2010	Lied Recreation Centre
62	4:05.58		Matthew Cloutier	Calgary	26-Feb-2010	U of A Butterdome
63	4:05.69		Josh Riker-Fox	Calgary	06-Feb-2010	Max Bell Field House
64	4:05.82		Evan Andrin	Western	13-Feb-2010	St. Denis Athletic Centre
65	4:05.9 (HT)		Bruce Russell	Dalhousie	06-Feb-2010	Dalplex
66	4:06.41		Harry Moore	Alberta	10-Jan-2010	U of A Butterdome
67	4:06.93		David Wituluk	Lakehead	29-Jan-2010	Tomlinson Field House
68	4:07.19		Andrew Nicholl	Toronto	19-Feb-2010	Uof T Athletic Centre
69	4:07.33		Phil Dalton	Windsor	15-Jan-2010	St. Denis Athletic Centre
70	4:07.41		Lee MacCarron	St. FX	20-Feb-2010	Dalplex
71	4:07.55		Kevin Montgomery	York	26-Feb-2010	Toronto Track and Field Centre
72	4:07.61		Jean-Simon Fournier-Dufour	Laval	29-Jan-2010	Tomlinson Field House
73	4:07.63		Graeme Law	Alberta	26-Feb-2010	U of A Butterdome
74	4:07.72		Alyosha Boldt	Saskatchewan	12-Feb-2010	Regina Field House
75	4:07.76		Ryan Russell	Calgary	15-Jan-2010	U of A Butterdome
76	4:08.01		Mark Henshaw	Windsor	15-Jan-2010	St. Denis Athletic Centre
77	4:08.06		Spencer McGillicuddy	Windsor	06-Feb-2010	Toronto Track and Field Centre
77	4:08.06		Garrett de Jong	Ottawa	13-Feb-2010	Louis Riel Dome
79	4:08.28	4:27.15 (Mile)	Jason Redpath	Manitoba	17-Jan-2010	Bison Sports Arena
80	4:08.1 (HT)		Brad Orchard	St. Mary's	06-Feb-2010	Dalplex
81	4:08.50		Kyle Mackie	Ottawa	19-Feb-2010	Tomlinson Fieldhouse
82	4:08.59		Evan Schinkel	Manitoba	26-Feb-2010	U of A Butterdome
83	4:09.16		Adam Elford	Calgary	06-Feb-2010	Max Bell Field House
83	4:09.16		Connor MacGuire	St. FX	27-Feb-2010	CEPS
85	4:09.28		Jake Woloshyn	Toronto	19-Feb-2010	Uof T Athletic Centre
86	4:09.41		Travis Roske	Lakehead	29-Jan-2010	Tomlinson Field House
87	4:09.51		David Arango	Western	06-Feb-2010	Toronto Track and Field Centre
88	4:09.66		Dale Wig	Regina	29-Jan-2010	Saskatoon Field House
89	4:09.74		Isaak Kornelsen	Alberta	26-Feb-2010	U of A Butterdome

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90	4:09.89		Simon Schaerz	Lethbridge	13-Feb-2010	U of A Butterdome
91	4:10.06		Alex Meyer	Windsor	15-Jan-2010	St. Denis Athletic Centre
92	4:10.14		Antun Pavelic	Toronto	09-Jan-2010	UofT Athletic Centre
93	4:10.15		Mathew Melnik	Waterloo	19-Feb-2010	Tomlinson Fieldhouse
94	4:10.54		Graydon Snider	McGill	19-Feb-2010	Tomlinson Fieldhouse
95	4:10.65		Cody Murray	Guelph	09-Jan-2010	UofT Athletic Centre
96	4:10.82		Nicholas Falk	Windsor	15-Jan-2010	St. Denis Athletic Centre
97	4:10.99		Alex Denault	Toronto	22-Jan-2010	UofT Athletic Centre
98	4:11.70		Josh Clouthier	Victoria	29-Jan-2010	Saskatoon Field House
99	4:11.5 (HT)		Joel Bergman	St. Mary's	06-Feb-2010	Dalplex
100	4:12.39	4:31.57 (Mile)	Zain Ahmed	Toronto	29-Jan-2010	Findlay Fieldhouse
101	4:12.54		Owen deLange	Calgary	15-Jan-2010	U of A Butterdome
102	4:12.69		Tyson Loney	Queen's	27-Nov-2009	Louis Riel Dome
103	4:12.77		Shane Harrigan	Ottawa	27-Nov-2009	Louis Riel Dome
104	4:13.02		Cody Carver	Alberta	15-Jan-2010	U of A Butterdome
105	4:13.11		Samir Marin	Saskatchewan	26-Feb-2010	U of A Butterdome
106	4:13.25		Remy Binns	Ottawa	19-Dec-2009	Louis Riel Dome
106	4:13.66		Patrick MacKinnon	Waterloo	06-Feb-2010	Toronto Track and Field Centre
108	4:13.69		Sean Bowen	McMaster	06-Feb-2010	Toronto Track and Field Centre
109	4:14.66	4:34.01 (Mile)	Michael Cox	Victoria	16-Jan-2010	Dempsey Field House
110	4:14.69		Rob Bark	Waterloo	29-Jan-2010	Tomlinson Field House
111	4:14.71		Jordan Saccucci	Manitoba	26-Feb-2010	U of A Butterdome
112	4:15.10		Vincent Fluet	Ottawa	19-Dec-2009	Louis Riel Dome
113	4:15.23		Curtis Semple	Windsor	06-Feb-2010	Toronto Track and Field Centre
114	4:15.24		Greg Pigeon	Guelph	09-Jan-2010	UofT Athletic Centre
115	4:15.25		Elliott Cooke	Manitoba	06-Feb-2010	Max Bell Field House
116	4:15.27		Adrian Lambert	Toronto	09-Jan-2010	UofT Athletic Centre
117	4:15.88		Andrew Douglas	McMaster	29-Jan-2010	Tomlinson Field House
118	4:16.03		David Zylberberg	York	06-Feb-2010	Toronto Track and Field Centre
118	4:16.03		Luc Mahler	Ottawa	27-Nov-2009	Louis Riel Dome
120	4:16.05		Tristan Sandhu	McMaster	29-Jan-2010	Tomlinson Field House
121	4:16.26		Joel Reany	McMaster	29-Jan-2010	Tomlinson Field House

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122	4:16.80		Brian Loehr	Alberta	13-Feb-2010	U of A Butterdome
123	4:16.89		Josh Coyle	Dalhousie	20-Feb-2010	Dalplex
124	4:17.21	4:36.76 (Mile)	Fraser Kegel	Windsor	20-Feb-2010	Michigan Track and Field Centre
125	4:17.22		Meki Cherkaoui	McGill	29-Jan-2010	Tomlinson Field House
126	4:17.24		Matt Vierula	Ottawa	19-Dec-2009	Louis Riel Dome
127	4:17.57		David Knowland	St. Mary's	20-Feb-2010	Dalplex
128	4:17.64		JOHN MARSHALL	Royal Military College	13-Feb-2010	Louis Riel Dome
129	4:18.04		Patrick Kelly	Manitoba	12-Dec-2009	Max Bell Field House
130	4:18.36		Julien Biboud	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
131	4:18.60		Stephen Campbell	Manitoba	12-Dec-2009	Max Bell Field House
132	4:18.68	4:38.34 (Mile)	Doug Oxland	Victoria	14-Feb-2010	Dempsey Field House
133	4:19.46		Jeff Costen	Queen's	27-Nov-2009	Louis Riel Dome
134	4:19.48		Iain Macdonald	McGill	16-Jan-2010	Centre Sportif
135	4:19.5 (HT)		Ivan Lewis	St. FX	06-Feb-2010	Dalplex
136	4:20.01		Brendyn Muise	Manitoba	12-Feb-2010	Regina Field House
137	4:20.55		Mike Percival	McMaster	06-Feb-2010	Toronto Track and Field Centre
138	4:21.04		Maxime Lapierre	Laval	29-Jan-2010	Tomlinson Field House
139	4:21.39		Justin Spalvieri	Waterloo	22-Jan-2010	UofT Athletic Centre
140	4:21.45		Tyson Churchill	St. Mary's	20-Feb-2010	Dalplex
141	4:21.54		Anthony Larouche	Laval	29-Jan-2010	Tomlinson Field House
142	4:21.95		Brad Bickley	Calgary	15-Jan-2010	U of A Butterdome
143	4:22.12		Marshall Gallaway	Manitoba	12-Dec-2009	Max Bell Field House
144	4:22.51		Michael Bergeron	Ottawa	13-Feb-2010	Louis Riel Dome
145	4:22.53		Alex Green	Queen's	22-Jan-2010	UofT Athletic Centre
145	4:23.19		Daniel Mireault	Waterloo	15-Jan-2010	St. Denis Athletic Centre
147	4:23.22		Philippe Larochelle	Laval	29-Jan-2010	Tomlinson Field House
148	4:23.9 (HT)		Brad Palmer	St. Mary's	06-Feb-2010	Dalplex
149	4:24.93		Adam Dykes	York	22-Jan-2010	UofT Athletic Centre
150	4:25.03		Marc Beaton	Regina	12-Feb-2010	Regina Field House
151	4:24.8 (HT)		Robert Lavers	St. FX	06-Feb-2010	Dalplex
152	4:25.22		John Rasmussen	McMaster	06-Feb-2010	Toronto Track and Field Centre
153	4:25.66		Oliver Hatheway	Queen's	15-Jan-2010	St. Denis Athletic Centre
154	4:26.45		Kevin Medirios	Guelph	09-Jan-2010	UofT Athletic Centre

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155	4:26.48		Julian deCiutiis	Saskatchewan	05-Dec-2009	Saskatoon Field House
156	4:27.43		Jeff Hoskins	Ottawa	16-Jan-2010	Louis Riel Dome
157	4:28.07		Elliott Davies	Calgary	12-Feb-2010	Regina Field House
158	4:29.60		Corwin Trotter	St. Mary's	20-Feb-2010	Dalplex
159	4:30.0 (HT)		Mike Asmussen	Lakehead	09-Jan-2010	Lakehead Hangar
160	4:30.36		Alec Chisholm	Calgary	12-Feb-2010	Regina Field House
161	4:32.69		JACOB TRIVERS	Royal Military College	22-Jan-2010	UofT Athletic Centre
162	4:33.71		Donald Saul	Royal Military College	13-Feb-2010	Louis Riel Dome
163	4:34.21		Adam Maybee	McMaster	06-Feb-2010	Toronto Track and Field Centre
164	4:35.40		Joshua Matthewman	Ottawa	13-Feb-2010	Louis Riel Dome
165	4:35.54		Dave Liu	Toronto	22-Jan-2010	UofT Athletic Centre
166	4:36.72		Ryan Thomas	McMaster	19-Feb-2010	Uof T Athletic Centre
167	4:38.93		Liam Mulroy	Waterloo	06-Feb-2010	Toronto Track and Field Centre
168	4:39.15		Austin Zygmunt	Queen's	27-Nov-2009	Louis Riel Dome
169	4:40.26		Adrian Adams	Alberta	13-Feb-2010	U of A Butterdome
170	4:40.90		Zach MacDonald	St. FX	09-Jan-2010	CEPS
171	4:41.05		Tyson Hart	Manitoba	12-Dec-2009	Max Bell Field House
172	4:42.51	5:03.98 (Mile)	Despatie Mathieu	Ottawa	23-Jan-2010	Newell Field House
173	4:42.58		James Jessup	Royal Military College	22-Jan-2010	UofT Athletic Centre
174	4:43.13		Bentley Regehr	Alberta	10-Jan-2010	U of A Butterdome
175	4:43.61		Barret Hildebrandt	Manitoba	22-Jan-2010	Max Bell Field House
176	4:44.86		PATRICK WHEELER	Royal Military College	22-Jan-2010	UofT Athletic Centre
177	4:46.71		Philippe Tremblay	Moncton	27-Feb-2010	CEPS
178	4:47.88		Jason MacKenzie	Moncton	27-Feb-2010	CEPS
179	4:48.62		Edward Choi	Calgary	23-Jan-2010	Jack Simpson Track
180	4:51.95		Bryan Fenske	Alberta	13-Feb-2010	U of A Butterdome
181	4:53.2 (HT)		Olivier Melanson	Moncton	13-Feb-2010	CFB Gagetown Indoor Facility
182	4:53.52		Gani Ablachim	Calgary	12-Feb-2010	Regina Field House
183	4:55.31	5:17.75 (Mile)	Micah Quinn	Ottawa	10-Jan-2010	Leverone Fieldhouse
184	5:00.50		Kai Seltner	St. Mary's	27-Feb-2010	CEPS
185	5:07.54		Martin Fazelpour	Ottawa	16-Jan-2010	Louis Riel Dome
186	5:19.31		Kevin Chubb	Lethbridge	15-Jan-2010	U of A Butterdome
187	9:00.53		Simon Hodge	Western	06-Feb-2010	Toronto Track and Field Centre
188	34:02.80		Shane Kelly	Queen's	29-Jan-2010	

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						Tomlinson Field House
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## **Best Men's 3000m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 8:20.47)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	8:09.75 *		Dave Weston	Windsor	05-Feb-2010	Loftus Centre
2	8:13.98 *		Kyle O'Neill	Western	05-Feb-2010	Loftus Centre
3	8:15.61 *		Kyle Boorsma	Guelph	29-Jan-2010	Tomlinson Field House
4	8:16.40 *		Andrew Aguanno	Windsor	05-Feb-2010	Loftus Centre
5	8:17.53 *		Allan Brett	Guelph	05-Feb-2010	Loftus Centre
6	8:19.10 *		Nigel Wray	Guelph	29-Jan-2010	Tomlinson Field House
7	8:26.88		Matt Brunsting	Guelph	19-Feb-2010	Uof T Athletic Centre
8	8:26.96		Kelly Wiebe	Regina	11-Mar-2010	St. Denis Athletic Centre
9	8:28.37		Cliff Childs	Victoria	13-Feb-2010	Dempsey Field House
10	8:28.4 (HT)		Russell Christie	Dalhousie	17-Jan-2010	Dalplex
11	8:29.69		Matt Walters	Windsor	22-Jan-2010	Grand Valley State University
12	8:30.84		John Parrott	Guelph	19-Feb-2010	Uof T Athletic Centre
13	8:30.90		Ryan Huff	Western	26-Feb-2010	Toronto Track and Field Centre
14	8:33.43		Petr Doubravsky	St. FX	20-Feb-2010	Dalplex
15	8:33.66		Jamie Weikum	Alberta	26-Feb-2010	U of A Butterdome
16	8:36.53		Matthew Cloutier	Calgary	06-Feb-2010	Max Bell Field House
17	8:37.95		Spencer Pootz	Calgary	26-Feb-2010	U of A Butterdome
18	8:39.15		Drew Patterson	Windsor	22-Jan-2010	Grand Valley State University
19	8:39.19		Larry Abbott	McMaster	05-Feb-2010	Loftus Centre
20	8:40.24		Matt Suda	Western	05-Feb-2010	Loftus Centre
21	8:40.25		Alex Meyer	Windsor	22-Jan-2010	Grand Valley State University
22	8:41.17		James Poulin-Cadovius	Sherbrooke	19-Dec-2009	Tomlinson Fieldhouse
23	8:41.31		Andrew Nixon	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
24	8:42.68		Rob Koziarski	Guelph	29-Jan-2010	Tomlinson Field House
25	8:43.73		Matt Mazurik	Saskatchewan	06-Feb-2010	Max Bell Field House
26	8:44.48		Simon Schaerz	Lethbridge	06-Feb-2010	Max Bell Field House
27	8:45.16		Kevin Brennan	Ottawa	21-Nov-2009	Louis Riel Dome
28	8:45.20		Harry Moore	Alberta	26-Feb-2010	U of A Butterdome
29	8:45.21		Jason Redpath	Manitoba	06-Feb-2010	Max Bell Field House
30	8:46.51		Colin Shepherd	Manitoba	12-Feb-2010	Lied Recreation Centre

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31	8:46.99		Robert Winslow	St. FX	29-Jan-2010	Tomlinson Field House
32	8:47.02		Eduardo Paolini	Windsor	22-Jan-2010	Grand Valley State University
33	8:47.32		Jake Woloshyn	Toronto	26-Feb-2010	Toronto Track and Field Centre
34	8:48.01		Mark Henshaw	Windsor	22-Jan-2010	Grand Valley State University
35	8:48.53		Samir Marin	Saskatchewan	06-Feb-2010	Max Bell Field House
36	8:48.75		David Zylberberg	York	13-Feb-2010	St. Denis Athletic Centre
37	8:49.66		Patrick MacKinnon	Waterloo	26-Feb-2010	Toronto Track and Field Centre
38	8:50.12		Graham Bowes	McMaster	26-Feb-2010	Toronto Track and Field Centre
39	8:50.47		Jeremy Walsh	McMaster	09-Jan-2010	UofT Athletic Centre
40	8:50.51		Graydon Snider	McGill	13-Feb-2010	Louis Riel Dome
41	8:50.69		Andrew Nicholl	Toronto	22-Jan-2010	UofT Athletic Centre
42	8:52.18		Cody Murray	Guelph	19-Feb-2010	Uof T Athletic Centre
43	8:52.70		William Dick	Windsor	13-Feb-2010	St. Denis Athletic Centre
44	8:52.76		Dale Wig	Regina	06-Feb-2010	Max Bell Field House
45	8:52.92		Zain Ahmed	Toronto	22-Jan-2010	UofT Athletic Centre
46	8:53.07		Daniel Kramer	McGill	19-Feb-2010	Tomlinson Fieldhouse
47	8:53.93		Chantry Cargill	Ottawa	21-Nov-2009	Louis Riel Dome
48	8:54.05		Nick Walters	Windsor	06-Feb-2010	Toronto Track and Field Centre
49	8:54.43		Jonas Holmberg	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
50	8:54.87		Jesse Bauer	Windsor	22-Jan-2010	Grand Valley State University
51	8:54.96		Brent Smith	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
52	8:54.97		Connor MacGuire	St. FX	29-Jan-2010	Tomlinson Field House
53	8:55.19		Joel Bergman	St. Mary's	20-Feb-2010	Dalplex
54	8:55.52		Trevor Walmsley	Queen's	06-Feb-2010	Toronto Track and Field Centre
55	8:55.66		Brad Orchard	St. Mary's	20-Feb-2010	Dalplex
56	8:55.72		Ethan Davenport	Toronto	05-Dec-2009	Barton Hall
57	8:56.78		Rob Bark	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
58	8:56.79		David Arango	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
59	8:56.99		Bruce Russell	Dalhousie	20-Feb-2010	Dalplex
60	8:57.1 (HT)		David Gerych	St. FX	17-Jan-2010	Dalplex

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61	8:57.89		Scott Nicol	Calgary	15-Jan-2010	U of A Butterdome
62	8:58.06		Adrian Lambert	Toronto	05-Dec-2009	Barton Hall
63	8:58.94		Dominic Michaud	Laval	19-Dec-2009	Tomlinson Fieldhouse
64	8:59.59		Taylor Reid	McMaster	06-Feb-2010	Toronto Track and Field Centre
65	8:59.90		Curtis Semple	Windsor	29-Jan-2010	Findlay Fieldhouse
66	9:00.53		Simon Hodge	Western	06-Feb-2010	Toronto Track and Field Centre
67	9:01.52		Graeme Law	Alberta	06-Feb-2010	Max Bell Field House
68	9:01.92		Michael Cox	Victoria	14-Feb-2010	Dempsey Field House
69	9:02.1 (HT)		Robert Lavers	St. FX	17-Jan-2010	Dalplex
70	9:02.40		Adam Penner	Manitoba	24-Feb-2010	Max Bell Field House
71	9:02.85		Oliver Hatheway	Queen's	19-Feb-2010	Tomlinson Fieldhouse
72	9:03.02		Colin Murray-Lawson	Toronto	05-Dec-2009	Barton Hall
73	9:03.13		Spencer McGillicuddy	Windsor	04-Dec-2009	St. Denis Athletic Centre
74	9:03.2 (HT)		Alastair Brown	Lakehead	09-Jan-2010	Lakehead Hangar
75	9:04.21		Sean Bowen	McMaster	19-Feb-2010	Uof T Athletic Centre
76	9:04.22		Vincent Fluet	Ottawa	16-Jan-2010	Louis Riel Dome
77	9:04.71		Cory McCurry	McMaster	13-Feb-2010	St. Denis Athletic Centre
78	9:05.38		Matt Vierula	Ottawa	21-Nov-2009	Louis Riel Dome
79	9:05.79		Jeff Costen	Queen's	22-Jan-2010	UofT Athletic Centre
80	9:06.53		Tristan Sandhu	McMaster	29-Jan-2010	Tomlinson Field House
81	9:08.09		Garrett de Jong	Ottawa	29-Jan-2010	Tomlinson Field House
82	9:08.52		Maxime Lapierre	Laval	12-Feb-2010	B U TrackCenter
83	9:09.29		Adam Elford	Calgary	12-Feb-2010	Regina Field House
84	9:09.2 (HT)		David Witoluk	Lakehead	09-Jan-2010	Lakehead Hangar
85	9:10.20		Jean-Simon Fournier-Dufour	Laval	19-Dec-2009	Tomlinson Fieldhouse
86	9:10.4 (HT)		Chris Brown	Lakehead	09-Jan-2010	Lakehead Hangar
87	9:12.03		Greg Pigeon	Guelph	06-Feb-2010	Toronto Track and Field Centre
88	9:12.99		Tom Fleming	Victoria	26-Feb-2010	U of A Butterdome
89	9:13.47		Brendyn Muise	Manitoba	12-Feb-2010	Regina Field House
90	9:14.43		Remy Binns	Ottawa	21-Nov-2009	Louis Riel Dome
91	9:14.93		Justin Spalvieri	Waterloo	06-Feb-2010	Toronto Track and Field Centre
92	9:16.67		Anthony Larouche	Laval	12-Feb-2010	B U TrackCenter
93	9:18.16		Antun Pavelic	Toronto	05-Dec-2009	Barton Hall
94	9:20.41		Julien Biboud	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
95	9:23.07		Ford Thompson	Queen's	06-Feb-2010	Toronto Track and Field Centre
96	9:23.52		Dan Fiorini	York	22-Jan-2010	UofT Athletic Centre

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97	9:24.20		Luc Mahler	Ottawa	16-Jan-2010	Louis Riel Dome
98	9:25.44		Dustin Moore	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
99	9:27.12		Joel Laurier	Manitoba	24-Feb-2010	Max Bell Field House
100	9:26.9 (HT)		Ivan Lewis	St. FX	17-Jan-2010	Dalplex
101	9:28.52		Stephane Gerard	Saskatchewan	09-Jan-2010	Saskatoon Field House
102	9:29.83		David Knowland	St. Mary's	27-Feb-2010	CEPS
103	9:31.46		Richard Hayes	Royal Military College	13-Feb-2010	Louis Riel Dome
104	9:31.83		Elliott Cooke	Manitoba	05-Dec-2009	Max Bell Field House
105	9:32.65		Raphael Waknine	York	09-Jan-2010	UofT Athletic Centre
106	9:32.79		Eric Henderson	Royal Military College	13-Feb-2010	Louis Riel Dome
107	9:33.79		JOHN MARSHALL	Royal Military College	22-Jan-2010	UofT Athletic Centre
108	9:34.85		Elliott Davies	Calgary	12-Feb-2010	Regina Field House
109	9:38.45		Brad Bickley	Calgary	15-Jan-2010	U of A Butterdome
110	9:40.3 (HT)		Zach MacDonald	St. FX	17-Jan-2010	Dalplex
111	9:40.68		John Rasmussen	McMaster	09-Jan-2010	UofT Athletic Centre
112	9:44.16		Philippe Larochelle	Laval	19-Dec-2009	Tomlinson Fieldhouse
113	9:45.4 (HT)		Aaron Doucette	St. FX	17-Jan-2010	Dalplex
114	9:50.71		Felix Camirand	Sherbrooke	16-Jan-2010	Centre Sportif
115	9:50.92		Mathew Melnik	Waterloo	09-Jan-2010	UofT Athletic Centre
116	9:51.64		Joshua Matthewman	Ottawa	16-Jan-2010	Louis Riel Dome
117	9:52.77		Jeff Hoskins	Ottawa	10-Jan-2010	Leverone Fieldhouse
118	9:53.87		Alec Chisholm	Calgary	12-Feb-2010	Regina Field House
119	9:55.70		Andy Tavares	Windsor	04-Dec-2009	St. Denis Athletic Centre
120	9:58.02		Evan Schinkel	Manitoba	05-Dec-2009	Max Bell Field House
121	10:12.17		Jason MacKenzie	Moncton	27-Feb-2010	CEPS
122	10:12.97		Barret Hildebrandt	Manitoba	17-Jan-2010	Bison Sports Arena
123	10:15.52		Marc Beaton	Regina	15-Jan-2010	U of A Butterdome
124	10:16.45		Donald Saul	Royal Military College	22-Jan-2010	UofT Athletic Centre
125	10:24.36		Paul Athayde	Manitoba	24-Feb-2010	Max Bell Field House
126	10:28.03		Despatie Mathieu	Ottawa	13-Feb-2010	Louis Riel Dome
127	10:32.56		Philippe Tremblay	Moncton	27-Feb-2010	CEPS
128	10:51.33		Perry Bisaro	Ottawa	13-Feb-2010	Louis Riel Dome
129	11:12.40		Kai Seltner	St. Mary's	27-Feb-2010	CEPS
130	11:29.02		Olivier Melanson	Moncton	29-Jan-2010	Tomlinson Field House
131	11:30.31		Richard Poirier	Moncton	09-Jan-2010	CEPS
132	11:31.94		Mike Van de Velde	Manitoba	06-Feb-2010	Max Bell Field House

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133	11:35.30		Kevin Chubb	Lethbridge	15-Jan-2010	U of A Butterdome
134	16:31.83		Justin Charrier	Manitoba	05-Dec-2009	Max Bell Field House
135	40:39.99		Gavin Osborne	Guelph	15-Jan-2010	St. Denis Athletic Centre

## Best Men's 60mH Result for All Athletes as of 15-Mar-2010 00:07:35 (Standard: 8.33)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	7.98 *		Chris Theriau	York	26-Feb-2010	Toronto Track and Field Centre
2	8.04 *		Matt Brisson	Western	26-Feb-2010	Toronto Track and Field Centre
3	8.06 *		Justin Baker	Regina	11-Mar-2010	St. Denis Athletic Centre
3	8.13 *		Tyler Fawcett	Ottawa	26-Feb-2010	Toronto Track and Field Centre
5	8.21 *		Anthony Dandie	Windsor	26-Feb-2010	Toronto Track and Field Centre
5	8.22 *		Oluwasegun Makinde	Ottawa	26-Feb-2010	Toronto Track and Field Centre
7	8.27 *		Mark Stewart	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
8	8.37		Kevin O'Neill	Western	26-Feb-2010	Toronto Track and Field Centre
9	8.41	7.82 (55mH)	Pierre Puyjalon	Sherbrooke	12-Feb-2010	B U TrackCenter
10	8.44		Chris Crossley	Saskatchewan	26-Feb-2010	U of A Butterdome
11	8.46		Jeremy Sin	Toronto	06-Feb-2010	Toronto Track and Field Centre
12	8.47		Dong Liu	McGill	19-Dec-2009	Tomlinson Fieldhouse
13	8.48		Les Andersen	Regina	26-Feb-2010	U of A Butterdome
14	8.51		Patrick Arbour	Ottawa	26-Feb-2010	Toronto Track and Field Centre
14	8.53		Conor Fanning	Windsor	26-Feb-2010	Toronto Track and Field Centre
16	8.55		Keegan Sharp	Saskatchewan	15-Jan-2010	U of A Butterdome
16	8.58		Hugo Lopez	Waterloo	26-Feb-2010	Toronto Track and Field Centre
16	8.59		Jackson Hinton	Alberta	15-Jan-2010	U of A Butterdome
16	8.59		Matthew Daly-Grafstein	Toronto	26-Feb-2010	Toronto Track and Field Centre
20	8.68		Jason Guenette	Laval	19-Dec-2009	Tomlinson Fieldhouse
20	8.72		Matthew Janssen	Alberta	12-Feb-2010	Regina Field House
20	8.73		Lucas Lafourcade	McGill	21-Nov-2009	Louis Riel Dome
20	8.73		Austin Roth	Windsor	06-Feb-2010	

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						Toronto Track and Field Centre
20	8.74		Matt Morden	Western	13-Feb-2010	St. Denis Athletic Centre
25	8.77		Evan Neufeldt	Saskatchewan	26-Feb-2010	U of A Butterdome
25	8.77		Eric Noland	Waterloo	06-Feb-2010	Toronto Track and Field Centre
27	8.81		Uzair Ahmed	Regina	05-Dec-2009	Regina Field House
27	8.81		Gareh Murray-Johnson	Toronto	09-Jan-2010	UofT Athletic Centre
29	8.83		Jeremy Eckert	Regina	09-Jan-2010	Saskatoon Field House
29	8.85		Rohan Belnavis	York	26-Nov-2009	Toronto Track and Field Centre
29	8.86		Jafari Francis	Toronto	19-Feb-2010	Uof T Athletic Centre
29	8.86	8.24 (55mH)	Patrick Khalaf	Ottawa	23-Jan-2010	Newell Field House
29	8.88		Felix Li	Western	26-Feb-2010	Toronto Track and Field Centre
29	8.89		Ryan Tasker	Calgary	09-Jan-2010	Jack Simpson Track
29	8.89		Simon Gabriel-Savard	Toronto	22-Jan-2010	UofT Athletic Centre
29	8.90		Jason Diston	Guelph	26-Feb-2010	Toronto Track and Field Centre
29	8.91		Emmanuel Kamara	York	26-Feb-2010	Toronto Track and Field Centre
29	8.91		Florian Bobeuf	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
29	9.00		Steven Fox	Dalhousie	27-Feb-2010	CEPS
40	9.01		Troy Smook	Manitoba	06-Feb-2010	Max Bell Field House
40	9.01		Rhys Lautenschlager	Manitoba	12-Feb-2010	Regina Field House
40	9.09		Zachary Little	Calgary	09-Jan-2010	Jack Simpson Track
40	9.10		Craig Thomas	Calgary	05-Dec-2009	Jack Simpson Track
40	9.10		Zach Godwin	Western	06-Feb-2010	Toronto Track and Field Centre
40	9.14		David Crittenden	Alberta	26-Feb-2010	U of A Butterdome
46	9.19		Nick Clarke	Saskatchewan	05-Dec-2009	Saskatoon Field House
47	9.20		Andrew Arndt	Saskatchewan	05-Dec-2009	Saskatoon Field House
48	9.21		Tony Giounnikouris	McMaster	13-Feb-2010	St. Denis Athletic Centre
49	9.23		Omar Fayoumi	Western	26-Feb-2010	Toronto Track and Field Centre
50	9.34		Spencer Bell	Ottawa	05-Dec-2009	Tomlinson Fieldhouse
51	9.35		Bradley Matheson	York	26-Feb-2010	Toronto Track and Field Centre
51	9.35		Vince DiBacco	York	26-Feb-2010	Toronto Track and Field Centre
53	9.49		Drew Glazer	Regina	05-Dec-2009	Regina Field House
53	9.51		Chris Peng	McGill	27-Feb-2010	Tomlinson Fieldhouse

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53	9.51		Curtis Finsson	Manitoba	06-Feb-2010	Max Bell Field House
56	9.52		Zachary Quevillon	Ottawa	26-Feb-2010	Toronto Track and Field Centre
56	9.54		Martin Brandt	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
58	9.56		Mike Makarov	McMaster	15-Jan-2010	St. Denis Athletic Centre
59	9.60		Sebastien Mezeret	McGill	29-Jan-2010	Tomlinson Field House
60	9.64		Rob McCulloch	Dalhousie	27-Feb-2010	CEPS
60	9.64		Aaron Beddome	Manitoba	06-Feb-2010	Max Bell Field House
60	9.64		Ben Browning	Saskatchewan	09-Jan-2010	Saskatoon Field House
60	9.71		Jason MacKenzie	Moncton	27-Feb-2010	CEPS
64	9.85		Shawn Hind	Guelph	22-Jan-2010	UofT Athletic Centre
65	9.87		Alexandre Genois	Laval	21-Nov-2009	Louis Riel Dome
66	9.96		Justin Conlon	Waterloo	26-Feb-2010	Toronto Track and Field Centre
67	10.32		Maxime Beaumont-Courteau	McGill	19-Feb-2010	Tomlinson Fieldhouse
68	10.46		Vincent Bisailon	Laval	21-Nov-2009	Louis Riel Dome
69	11.08		Chris Weatherhead	Ottawa	21-Nov-2009	Louis Riel Dome
70	11.09		Yvon Gagnon	Moncton	27-Feb-2010	CEPS
71	11.23		Jean-Philippe Garant	McGill	27-Feb-2010	Tomlinson Fieldhouse
72	11.42		Josh Logozar	Manitoba	23-Jan-2010	Max Bell Field House
73	11.46		Ben Merwin	Windsor	04-Dec-2009	St. Denis Athletic Centre
74	11.48		Preston Matthews	St. Mary's	27-Feb-2010	CEPS
75	11.73		Joseph Ricci	McGill	19-Feb-2010	Tomlinson Fieldhouse
76	11.87		Ryan Johnson	McGill	27-Feb-2010	Tomlinson Fieldhouse
77	12.07		Antonin Forget-Besnard	Sherbrooke	29-Jan-2010	Tomlinson Field House
78	12.68		Mike Bashucky	York	29-Jan-2010	Tomlinson Field House

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## Best Men's 4x200m Result for All Athletes as of 15-Mar-2010 00:07:35 (Standard: 1:28.57)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:26.60 *		York Lions	York	26-Feb-2010	Toronto Track and Field Centre
2	1:26.96 *		Ottawa Gee Gees	Ottawa	16-Jan-2010	Louis Riel Dome
3	1:27.20 *		Western Mustangs	Western	26-Feb-2010	Toronto Track and Field Centre
4	1:27.68 *		Windsor Lancers	Windsor	26-Feb-2010	Toronto Track and Field Centre
5	1:27.86 *		Western Mustangs	Western	11-Mar-2010	St. Denis Athletic Centre
6	1:28.73		University of Regina	Regina	06-Feb-2010	Max Bell Field House
7	1:29.26		Calgary Dinos	Calgary	26-Feb-2010	U of A Butterdome
8	1:30.27		Waterloo Warriors	Waterloo	19-Feb-2010	Tomlinson Fieldhouse
9	1:30.47		Queen's Gaels	Queen's	06-Feb-2010	Toronto Track and Field Centre
10	1:30.65		McGill University	McGill	27-Feb-2010	Tomlinson Fieldhouse
10	1:30.90		University of Saskatchewan Huskies	Saskatchewan	26-Feb-2010	U of A Butterdome
12	1:31.22		Golden Bears	Alberta	12-Feb-2010	Regina Field House
13	1:31.38		Guelph Gryphons	Guelph	26-Feb-2010	Toronto Track and Field Centre
14	1:31.46		Toronto Varsity Blues	Toronto	13-Feb-2010	Louis Riel Dome
15	1:31.64		Manitoba Bisons	Manitoba	26-Feb-2010	U of A Butterdome
16	1:31.83		McMaster Marauders	McMaster	26-Feb-2010	Toronto Track and Field Centre
17	1:31.95		Sherbrooke Vert Or	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
18	1:32.55		Dalhousie Tigers	Dalhousie	29-Jan-2010	Tomlinson Field House
19	1:35.53		Rouge et Or Université Laval	Laval	29-Jan-2010	Tomlinson Field House
20	1:36.38		StFX University	St. FX	20-Feb-2010	Dalplex
21	1:37.44		Universite de Moncton	Moncton	29-Jan-2010	Tomlinson Field House
22	3:31.53		Enyinnah Okere	Regina	09-Jan-2010	Saskatoon Field House
23	10:31.01		Queen's Golden Gaels	Queen's	27-Nov-2009	Louis Riel Dome

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## **Best Men's 4x400m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 3:20.70)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	3:16.32 *		Western Mustangs	Western	05-Feb-2010	Loftus Centre
2	3:16.50 *		Windsor Lancers	Windsor	22-Jan-2010	Grand Valley State University
3	3:18.53 *		Calgary Dinos	Calgary	11-Mar-2010	St. Denis Athletic Centre
4	3:19.30 *		Sherbrooke Vert Or	Sherbrooke	12-Feb-2010	B U TrackCenter
5	3:19.36 *		York Lions	York	26-Feb-2010	Toronto Track and Field Centre
6	3:19.98 *		Ottawa Gee Gees	Ottawa	27-Nov-2009	Louis Riel Dome
7	3:20.75		Queen's Gaels	Queen's	19-Feb-2010	Tomlinson Fieldhouse
8	3:21.96		Manitoba Bisons	Manitoba	12-Feb-2010	Lied Recreation Centre
9	3:22.00		University of Regina	Regina	11-Mar-2010	St. Denis Athletic Centre
10	3:22.74		Waterloo Warriors	Waterloo	19-Feb-2010	Tomlinson Fieldhouse
11	3:22.76		McMaster Marauders	McMaster	05-Feb-2010	Loftus Centre
12	3:23.31		Guelph Gryphons	Guelph	29-Jan-2010	Tomlinson Field House
13	3:24.04		Toronto Varsity Blues	Toronto	05-Feb-2010	Loftus Centre
14	3:24.51		Rouge et Or Université Laval	Laval	27-Feb-2010	Tomlinson Fieldhouse
15	3:24.91		Western Mustangs	Western	15-Jan-2010	St. Denis Athletic Centre
16	3:26.13		McGill University	McGill	19-Feb-2010	Tomlinson Fieldhouse
17	3:26.60		Golden Bears	Alberta	26-Feb-2010	U of A Butterdome
18	3:27.31		University of Saskatchewan Huskies	Saskatchewan	15-Jan-2010	U of A Butterdome
19	3:28.80		Dalhousie Tigers	Dalhousie	29-Jan-2010	Tomlinson Field House
20	3:28.97		Universite de Moncton	Moncton	29-Jan-2010	Tomlinson Field House
21	3:30.70		Ian Fung	Queen's	27-Nov-2009	Louis Riel Dome
22	3:42.40		StFX University	St. FX	27-Feb-2010	CEPS
23	3:45.57		Lakehead University	Lakehead	23-Jan-2010	UWS Fieldhouse
24	30:30.52		Queen's Golden Gaels	Queen's	08-Jan-2010	Barton Hall

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## **Best Men's 4x800m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 7:42.91)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	7:38.07 *		Toronto Varsity Blues	Toronto	11-Mar-2010	St. Denis Athletic Centre
2	7:41.46 *		Sherbrooke Vert Or	Sherbrooke	29-Jan-2010	Tomlinson Field House
2	7:42.23 *		Calgary Dinos	Calgary	11-Mar-2010	St. Denis Athletic Centre
4	7:42.40 *		Rouge et Or Université Laval	Laval	29-Jan-2010	Tomlinson Field House
5	7:42.42 *		Guelph Gryphons	Guelph	15-Jan-2010	St. Denis Athletic Centre
6	7:42.60 *		Windsor Lancers	Windsor	26-Feb-2010	Toronto Track and Field Centre
7	7:42.79 *		Queen's Gaels	Queen's	26-Feb-2010	Toronto Track and Field Centre
8	7:43.68		Victoria Vikes	Victoria	26-Feb-2010	U of A Butterdome
9	7:48.20		StFX University	St. FX	29-Jan-2010	Tomlinson Field House
10	7:49.07		Manitoba Bisons	Manitoba	24-Feb-2010	Max Bell Field House
11	7:49.94		McMaster Marauders	McMaster	26-Feb-2010	Toronto Track and Field Centre
12	7:51.11		Ben Lane	Windsor	29-Jan-2010	Madison Square Garden
13	7:51.39		York Lions	York	26-Feb-2010	Toronto Track and Field Centre
14	7:51.51		McGill University	McGill	27-Feb-2010	Tomlinson Fieldhouse
15	7:51.89		Lakehead University	Lakehead	26-Feb-2010	Toronto Track and Field Centre
16	7:52.63		Golden Bears	Alberta	26-Feb-2010	U of A Butterdome
17	7:53.60		Ottawa Gee Gees	Ottawa	29-Jan-2010	Tomlinson Field House
18	8:01.14		Western Mustangs	Western	13-Feb-2010	St. Denis Athletic Centre
19	8:05.01		University of Saskatchewan Huskies	Saskatchewan	06-Feb-2010	Max Bell Field House
20	8:13.24		Waterloo Warriors	Waterloo	29-Jan-2010	Tomlinson Field House
21	8:13.91		Western Mustangs	Western	15-Jan-2010	St. Denis Athletic Centre
22	8:38.18		University of Regina	Regina	26-Feb-2010	U of A Butterdome
23	9:52.38		Universite de Moncton	Moncton	27-Feb-2010	CEPS
24	10:51.31		Karl Robertson	Victoria	06-Feb-2010	Max Bell Field House

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## **Best Men's High Jump Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 2.00)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	0.01		Rossel Sabourin	Manitoba	26-Feb-2010	U of A Butterdome
2	1.25		Andrew Foster	Windsor	14-Feb-2010	St. Denis Athletic Centre
3	1.30		Ryan Johnson	McGill	27-Feb-2010	Tomlinson Fieldhouse
4	1.50		Chris Weatherhead	Ottawa	21-Nov-2009	Louis Riel Dome
4	1.50		Zachary Bertram	Windsor	04-Dec-2009	St. Denis Athletic Centre
6	1.52		Yvon Gagnon	Moncton	27-Feb-2010	CEPS
7	1.56		Bradley Matheson	York	29-Jan-2010	Tomlinson Field House
8	1.58		Vince DiBacco	York	22-Jan-2010	UofT Athletic Centre
9	1.59		Vincent Bisailon	Laval	21-Nov-2009	Louis Riel Dome
9	1.59		Jason MacKenzie	Moncton	29-Jan-2010	Tomlinson Field House
11	1.60		Marc Martin	Manitoba	22-Jan-2010	Max Bell Field House
11	1.60		Felix Li	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
11	1.60		Sebastien Mezeret	McGill	27-Feb-2010	Tomlinson Fieldhouse
11	1.60		Aaron Beddome	Manitoba	12-Dec-2009	Max Bell Field House
11	1.61		Bruno-Charles Busseau	Ottawa	16-Jan-2010	Louis Riel Dome
16	1.62		Alexandre Genois	Laval	16-Jan-2010	Centre Sportif
17	1.63		Curtis Finsson	Manitoba	12-Feb-2010	Regina Field House
18	1.65		Omar Fayoumi	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
18	1.65		Matt Walters	Windsor	04-Dec-2009	St. Denis Athletic Centre
20	1.66		Benjamin Harack	Regina	21-Nov-2009	Regina Field House
21	1.68		Zachary Quevillon	Ottawa	29-Jan-2010	Tomlinson Field House
21	1.68		Josh Logozar	Manitoba	23-Jan-2010	Max Bell Field House
21	1.68		Mike Bashucky	York	29-Jan-2010	Tomlinson Field House
24	1.69		Rhys Lautenschlager	Manitoba	12-Feb-2010	Regina Field House
24	1.69		David Crittenden	Alberta	12-Feb-2010	Regina Field House
24	1.70		Graeme Nicol	Windsor	04-Dec-2009	St. Denis Athletic Centre
24	1.70		Ryan Tasker	Calgary	07-Feb-2010	Olympic Oval
24	1.70		Ross Bodnar	Saskatchewan	05-Dec-2009	Saskatoon Field House
24	1.70		Shawn Hind	Guelph	06-Feb-2010	Toronto Track and Field Centre
24	1.70		Chris Peng	McGill	19-Dec-2009	Tomlinson Fieldhouse
24	1.70		Craig Thomas	Calgary	05-Dec-2009	Jack Simpson Track
32	1.71		Ehis Adada	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
32	1.71		Jean-Philippe Garant	McGill	27-Nov-2009	Louis Riel Dome
32	1.71		Jason Guenette	Laval	29-Jan-2010	Tomlinson Field House
32	1.71		Florian Bobeuf	Sherbrooke	16-Jan-2010	Centre Sportif
32	1.74		Riley Booth	Calgary	26-Feb-2010	U of A Butterdome

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32	1.75		Jose Belfast-Kum	Western	06-Feb-2010	Toronto Track and Field Centre
32	1.75		Justin Conlon	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
32	1.75		Levi Dow	York	09-Jan-2010	UofT Athletic Centre
32	1.75		James (Cole) Digel	Saskatchewan	09-Jan-2010	Saskatoon Field House
32	1.75		Lincoln Crooks	Saskatchewan	09-Jan-2010	Saskatoon Field House
32	1.75		Drew Glazer	Regina	21-Nov-2009	Regina Field House
32	1.75		Jean-Philippe Bamba	Laval	23-Jan-2010	PEPS
32	1.75		Ismael Karidio	Alberta	15-Jan-2010	U of A Butterdome
45	1.77		Patrick Arbour	Ottawa	21-Nov-2009	Louis Riel Dome
45	1.77		Mathew McNaughton	Windsor	29-Jan-2010	Findlay Fieldhouse
45	1.79		Evan Neufeldt	Saskatchewan	15-Jan-2010	U of A Butterdome
48	1.80		Matthew Ziobrowski	York	06-Feb-2010	Toronto Track and Field Centre
48	1.80		Andrew Good	Waterloo	09-Jan-2010	UofT Athletic Centre
48	1.80		Eric Graves	Alberta	29-Jan-2010	Saskatoon Field House
48	1.80		Brendon Gryba	Saskatchewan	09-Jan-2010	Saskatoon Field House
48	1.80		Hank Palmer	McGill	27-Feb-2010	Tomlinson Fieldhouse
48	1.80		Jason Diston	Guelph	29-Jan-2010	Tomlinson Field House
48	1.80		Roderick Iyekekpdor	Alberta	28-Nov-2009	Universiade Pavillion
48	1.81		Mike Lopatowski	Guelph	06-Feb-2010	Toronto Track and Field Centre
48	1.81		Justin Baker	Regina	26-Feb-2010	U of A Butterdome
48	1.83		Anthony Dandie	Windsor	29-Jan-2010	Findlay Fieldhouse
48	1.84		Todd Rigaux	Calgary	26-Feb-2010	U of A Butterdome
48	1.84		Brett Galloway	Regina	26-Feb-2010	U of A Butterdome
48	1.85		Lucas Rodewald	Manitoba	05-Dec-2009	Max Bell Field House
48	1.85		Andrew Dandie	Windsor	22-Jan-2010	Grand Valley State University
48	1.85		Mark Baerg	Saskatchewan	12-Feb-2010	Regina Field House
48	1.85		Keegan Sharp	Saskatchewan	06-Feb-2010	Max Bell Field House
48	1.85		Mehdi Khamadmadi	York	26-Nov-2009	Toronto Track and Field Centre
48	1.85		Les Andersen	Regina	09-Jan-2010	Saskatoon Field House
66	1.86		Lucas Lafourcade	McGill	21-Nov-2009	Louis Riel Dome
66	1.89		Tyrone Welchinski	Manitoba	17-Jan-2010	Bison Sports Arena
66	1.89		Brett Georgevski	Toronto	12-Feb-2010	Barton Hall
66	1.90		Rob McCulloch	Dalhousie	09-Jan-2010	CEPS
66	1.90		Jonathan Odemeru	York	09-Jan-2010	UofT Athletic Centre
66	1.90		Cornell Haynes	Guelph	09-Jan-2010	UofT Athletic Centre
72	1.92		Christopher Greenaway	Ottawa	26-Feb-2010	Toronto Track and Field Centre
73	1.94		Chris Crossley	Saskatchewan	15-Jan-2010	U of A Butterdome
73	1.95		Pierre Puyjalon	Sherbrooke	03-Jan-2010	Centre Sportif Aubieres
73	1.95		Connor MacDonald	Regina	06-Feb-2010	Max Bell Field House
73	1.95		Steven Fox	Dalhousie	09-Jan-2010	CEPS

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77	1.96		Jeremy Eckert	Regina	26-Feb-2010	U of A Butterdome
77	1.97		Josh Edwards	Windsor	15-Jan-2010	St. Denis Athletic Centre
77	2.00 *		Simon Watts	Dalhousie	28-Nov-2009	CFB Gagetown Indoor Facility
80	2.02 *		Justin Darlington	McGill	27-Nov-2009	Louis Riel Dome

## **Best Men's Pole Vault Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 4.64)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2.80		Ryan Johnson	McGill	19-Dec-2009	Tomlinson Fieldhouse
2	2.95		Rahim Noormohamed	McGill	23-Jan-2010	PEPS
3	3.00		Mark Staples	Alberta	13-Feb-2010	U of A Butterdome
4	3.11		Brandon Yuen	Ottawa	19-Dec-2009	Louis Riel Dome
4	3.30		Aaron Beddome	Manitoba	10-Feb-2010	Max Bell Field House
6	3.35		Josh Logozar	Manitoba	13-Jan-2010	Max Bell Field House
7	3.40		Mike Weatherhead	Ottawa	29-Jan-2010	Tomlinson Field House
7	3.40		Jonathan Budning	McGill	05-Dec-2009	Tomlinson Fieldhouse
7	3.40		Lucas Lafourcade	McGill	19-Dec-2009	Tomlinson Fieldhouse
7	3.40		Joseph Ricci	McGill	19-Dec-2009	Tomlinson Fieldhouse
7	3.40		Rhys Lautenschlager	Manitoba	11-Dec-2009	Max Bell Field House
12	3.44		Matthew Janssen	Alberta	15-Jan-2010	U of A Butterdome
13	3.64		Zachary Bertram	Windsor	15-Jan-2010	St. Denis Athletic Centre
13	3.64		Kyle Weiman	Saskatchewan	05-Dec-2009	Saskatoon Field House
15	3.65		Eric Furletti	Manitoba	13-Jan-2010	Max Bell Field House
16	3.66		David Crittenden	Alberta	29-Jan-2010	Saskatoon Field House
17	3.75		Mark Farnsworth	Ottawa	29-Jan-2010	Tomlinson Field House
18	3.79		Paul Sumpton	Western	15-Jan-2010	St. Denis Athletic Centre
19	3.84		Dana Agar-Newman	Saskatchewan	15-Jan-2010	U of A Butterdome
19	3.84		Craig Ball	Calgary	15-Jan-2010	U of A Butterdome
19	3.90		Chris Erle	Western	29-Jan-2010	Tomlinson Field House
22	4.00		Maxime Beaumont-Courteau	McGill	05-Dec-2009	Tomlinson Fieldhouse
23	4.05		Adam Wyprysky	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
24	4.10		Mike Lopatowski	Guelph	05-Dec-2009	Toronto Track and Field Centre
24	4.10		Lane Clark	Guelph	09-Jan-2010	UofT Athletic Centre
24	4.10		Andrew Debus	Guelph	09-Jan-2010	UofT Athletic Centre
27	4.15		Rossel Sabourin	Manitoba	13-Jan-2010	Max Bell Field House
27	4.15		Vuk Bogunuvik	Guelph	19-Feb-2010	Uof T Athletic Centre
27	4.24		Townsend Benard	Toronto	15-Jan-2010	St. Denis Athletic Centre
30	4.34		Dillion Petrucha	Saskatchewan	15-Jan-2010	U of A Butterdome
30	4.35		Jeff Vukasovic	Windsor	22-Jan-2010	Grand Valley State University

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30	4.39		Mark Baerg	Saskatchewan	12-Feb-2010	Regina Field House
33	4.40		Geoff Law	Toronto	09-Jan-2010	UofT Athletic Centre
33	4.44		Lane Britnell	Saskatchewan	05-Dec-2009	Saskatoon Field House
33	4.44		Scott McCubbing	Saskatchewan	09-Jan-2010	Saskatoon Field House
33	4.84 *		Taylor Petrucha	Saskatchewan	09-Jan-2010	Saskatoon Field House
33	4.85 *		Jason Wurster	Toronto	09-Jan-2010	UofT Athletic Centre

## **Best Men's Long Jump Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 7.10)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	0.01		Dwayne Harriott	Windsor	04-Dec-2009	St. Denis Athletic Centre
2	3.83		Ryan Charlton	York	26-Nov-2009	Toronto Track and Field Centre
3	3.84		Graeme Nicol	Windsor	04-Dec-2009	St. Denis Athletic Centre
4	3.93		Antonin Forget-Besnard	Sherbrooke	29-Jan-2010	Tomlinson Field House
5	3.97		Richmond Appianing	Ottawa	16-Jan-2010	Louis Riel Dome
6	4.14		Joshua Waithe	York	26-Nov-2009	Toronto Track and Field Centre
7	4.16		Alex Meyer	Windsor	04-Dec-2009	St. Denis Athletic Centre
8	4.31		Kevin Mintah	York	26-Nov-2009	Toronto Track and Field Centre
9	4.41		Bradley Matheson	York	29-Jan-2010	Tomlinson Field House
10	4.43		Zachary Bertram	Windsor	04-Dec-2009	St. Denis Athletic Centre
10	4.43		Ben Merwin	Windsor	04-Dec-2009	St. Denis Athletic Centre
12	4.50		Jesse Bauer	Windsor	04-Dec-2009	St. Denis Athletic Centre
13	4.54		David Mayer	York	26-Nov-2009	Toronto Track and Field Centre
14	4.55		Fabien Lamaze	Laval	29-Jan-2010	Tomlinson Field House
15	4.61		Preston Matthews	St. Mary's	09-Jan-2010	CEPS
16	4.80		Mark Farnsworth	Ottawa	29-Jan-2010	Tomlinson Field House
17	4.81		Jacques Levesque	Moncton	09-Jan-2010	CEPS
18	4.82		Benson Ng	York	26-Nov-2009	Toronto Track and Field Centre
19	4.84		Josh Logozar	Manitoba	23-Jan-2010	Max Bell Field House
20	4.88		Vincent Bisailon	Laval	21-Nov-2009	Louis Riel Dome
21	4.93		Connor Macaulay	Manitoba	06-Feb-2010	Max Bell Field House
22	4.95		Jean-Philippe Garant	McGill	29-Jan-2010	Tomlinson Field House
23	4.99		Valentine Inengi	Regina	05-Dec-2009	Regina Field House
24	5.00		Boris Ouedraogo	Laval	29-Jan-2010	Tomlinson Field House
25	5.02		Vince DiBacco	York	26-Nov-2009	Toronto Track and Field Centre
26	5.05		Curtis Finson	Manitoba	06-Feb-2010	Max Bell Field House
27	5.06		Jeremy Khan	York	05-Dec-2009	Toronto Track and Field Centre
28	5.09		Chris Weatherhead	Ottawa	21-Nov-2009	Louis Riel Dome
29	5.10		Patrick Keating	McMaster	19-Feb-2010	Uof T Athletic Centre
30	5.11		Sebastien Mezeret	McGill	27-Feb-2010	Tomlinson Fieldhouse
31	5.13		Glen Downs	St. Mary's	27-Feb-2010	CEPS

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32	5.14		Jason MacKenzie	Moncton	29-Jan-2010	Tomlinson Field House
33	5.15		Ismael Karidio	Alberta	26-Feb-2010	U of A Butterdome
34	5.17		Chris Schneider	Saskatchewan	29-Jan-2010	Saskatoon Field House
35	5.19		Theo Feroiu	York	06-Feb-2010	Toronto Track and Field Centre
35	5.19		Matt Pierce	Queen's	27-Nov-2009	Louis Riel Dome
35	5.21		Ryan Johnson	McGill	27-Feb-2010	Tomlinson Fieldhouse
38	5.32		Yvon Gagnon	Moncton	27-Feb-2010	CEPS
38	5.32		Steven Poole	Manitoba	06-Feb-2010	Max Bell Field House
40	5.33		Laurence Ruelens-Lepoutre	Laval	23-Jan-2010	PEPS
40	5.33		Alexandre Genois	Laval	21-Nov-2009	Louis Riel Dome
42	5.34		Mike Bashucky	York	29-Jan-2010	Tomlinson Field House
42	5.36		Andrew Pospilsil	Calgary	15-Jan-2010	U of A Butterdome
44	5.38		Mike Weatherhead	Ottawa	29-Jan-2010	Tomlinson Field House
44	5.38		Lawrence Adjei-Okyere	Guelph	05-Dec-2009	Toronto Track and Field Centre
46	5.40		Justin Conlon	Waterloo	15-Jan-2010	St. Denis Athletic Centre
47	5.41		Dylan Hollohan	St. FX	09-Jan-2010	CEPS
48	5.46		Youssef Youssef	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
48	5.48		Andrew Hamilton	McGill	13-Feb-2010	Louis Riel Dome
48	5.48		Levi Dow	York	29-Jan-2010	Tomlinson Field House
51	5.53		Daniel Moylan	Queen's	27-Nov-2009	Louis Riel Dome
52	5.54		Felix Li	Western	23-Jan-2010	Thompson Recreation and Athletic Centre
53	5.55		Matthew Janssen	Alberta	26-Feb-2010	U of A Butterdome
54	5.56		Preston Eng	Calgary	29-Jan-2010	Saskatoon Field House
55	5.57		Ben Terejko	Waterloo	09-Jan-2010	UofT Athletic Centre
55	5.59		Benjamin Harack	Regina	05-Dec-2009	Regina Field House
57	5.60		Zachary Quevillon	Ottawa	29-Jan-2010	Tomlinson Field House
58	5.61		Travis Francis	York	26-Nov-2009	Toronto Track and Field Centre
58	5.61		Drew Glazer	Regina	21-Nov-2009	Regina Field House
58	5.61		Tancrede Ropivia	Laval	29-Jan-2010	Tomlinson Field House
58	5.62		John Kelsey	McGill	05-Dec-2009	Tomlinson Fieldhouse
58	5.63		Pierre-Luc Labelle	Montreal	29-Jan-2010	Tomlinson Field House
58	5.65		Danny Taphorn	Manitoba	13-Jan-2010	Max Bell Field House
64	5.67		Josh Gundrum	Manitoba	12-Feb-2010	Lied Recreation Centre
65	5.69		Eric Furletti	Manitoba	24-Feb-2010	Max Bell Field House
65	5.69		Zachary Little	Calgary	29-Jan-2010	Saskatoon Field House
67	5.70		Wray Hussey	Guelph	09-Jan-2010	UofT Athletic Centre
68	5.72		Rob McCulloch	Dalhousie	09-Jan-2010	CEPS
68	5.78		Rhys Lautenschlager	Manitoba	05-Dec-2009	Max Bell Field House
68	5.79		Brandon Holden	Guelph	20-Nov-2009	Gryphon Dome

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71	5.82		Aaron Beddome	Manitoba	24-Feb-2010	Max Bell Field House
71	5.85		Jason Mei	Toronto	05-Dec-2009	Toronto Track and Field Centre
73	5.87		Joseph Ariwi	McGill	05-Dec-2009	Tomlinson Fieldhouse
74	5.88		James Langevin	Laval	29-Jan-2010	Tomlinson Field House
74	5.88		Martin Brandt	Waterloo	29-Jan-2010	Tomlinson Field House
76	5.89		David Crittenden	Alberta	12-Feb-2010	Regina Field House
76	5.90		Florian Bobeuf	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
78	5.91		Jason Guenette	Laval	23-Jan-2010	PEPS
78	5.92		Shawn Hind	Guelph	15-Jan-2010	St. Denis Athletic Centre
78	5.92		Bruno-Charles Busseau	Ottawa	27-Nov-2009	Louis Riel Dome
81	5.93		Grant Henneberg	Queen's	27-Nov-2009	Louis Riel Dome
81	5.95		Brandon McCartney	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
81	5.95		Evan Neufeldt	Saskatchewan	09-Jan-2010	Saskatoon Field House
81	5.95		Mehdi Khamadmadi	York	26-Nov-2009	Toronto Track and Field Centre
85	5.97		Carl Shen	Western	19-Feb-2010	Uof T Athletic Centre
85	5.99		Andrew Dandie	Windsor	29-Jan-2010	Findlay Fieldhouse
85	6.00		Brendon Gryba	Saskatchewan	06-Feb-2010	Max Bell Field House
85	6.01		Brett Bromley	Lethbridge	15-Jan-2010	U of A Butterdome
89	6.02		Trent Becker	Manitoba	05-Dec-2009	Max Bell Field House
90	6.03		Thomas Scott	Queen's	27-Nov-2009	Louis Riel Dome
90	6.03		Jason Diston	Guelph	09-Jan-2010	UofT Athletic Centre
92	6.05		Trent Johnston	Calgary	12-Feb-2010	Regina Field House
93	6.07		Chris Crossley	Saskatchewan	12-Feb-2010	Regina Field House
93	6.07		Omar Fayoumi	Western	29-Jan-2010	Tomlinson Field House
95	6.09		Adam Clark	Calgary	15-Jan-2010	U of A Butterdome
96	6.11		Simon Watts	Dalhousie	15-Nov-2009	HB Studios Fieldhouse
96	6.12		Olivier Gauthier-Kwan	Ottawa	27-Nov-2009	Louis Riel Dome
96	6.13		Patrick Arbour	Ottawa	29-Jan-2010	Tomlinson Field House
99	6.14		Ian Jestadt	Regina	12-Feb-2010	Regina Field House
99	6.14		Jared Chapman	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
101	6.17		Pierre Puyjalon	Sherbrooke	19-Feb-2010	Tomlinson Fieldhouse
102	6.19		Miguel Mangalindan	McGill	27-Nov-2009	Louis Riel Dome
102	6.19		Ian Griffin	Windsor	04-Dec-2009	St. Denis Athletic Centre
102	6.21		Andrew Archibald	McGill	27-Nov-2009	Louis Riel Dome
102	6.24		Mike Martinello	Windsor	04-Dec-2009	St. Denis Athletic Centre
106	6.25		John Schelesnak	Lethbridge	15-Jan-2010	U of A Butterdome
106	6.25		Kevin Honig	Guelph	29-Jan-2010	Tomlinson Field House
106	6.25		Kris Geyson	Manitoba	05-Dec-2009	Max Bell Field House
109	6.26		Steven Fox	Dalhousie	09-Jan-2010	CEPS

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109	6.26		Ehis Adada	Western	11-Mar-2010	St. Denis Athletic Centre
111	6.28		Vincent Schnabl	Alberta	12-Feb-2010	Regina Field House
111	6.28		Brett Galloway	Regina	06-Feb-2010	Max Bell Field House
113	6.30		Delong Zeng	Alberta	28-Nov-2009	Universiade Pavillion
114	6.32		Jeremy Yang	Waterloo	15-Jan-2010	St. Denis Athletic Centre
115	6.35		Jason Goetz	Waterloo	29-Jan-2010	Tomlinson Field House
116	6.39		Randolph Fajardo	York	09-Jan-2010	UofT Athletic Centre
117	6.41		Ndiaga Diop	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
118	6.43		Jeremy Eckert	Regina	11-Mar-2010	St. Denis Athletic Centre
118	6.45		Keegan Sharp	Saskatchewan	29-Jan-2010	Saskatoon Field House
118	6.45		Cossy Nachilobe	Saskatchewan	15-Jan-2010	U of A Butterdome
121	6.46		Connor MacDonald	Regina	05-Dec-2009	Regina Field House
122	6.47		Les Andersen	Regina	05-Dec-2009	Regina Field House
123	6.50		Anthony Bernard	Dalhousie	29-Jan-2010	Tomlinson Field House
124	6.52		David Walford	Regina	06-Feb-2010	Max Bell Field House
125	6.57		Lucas Lafourcade	McGill	21-Nov-2009	Louis Riel Dome
125	6.58		Justin Baker	Regina	26-Feb-2010	U of A Butterdome
127	6.61		Brayan Patten	Windsor	20-Feb-2010	Michigan Track and Field Centre
127	6.61		Christopher Greenaway	Ottawa	27-Nov-2009	Louis Riel Dome
129	6.62		Maxime Fredette	Sherbrooke	16-Jan-2010	Centre Sportif
130	6.69		Anthony Dandie	Windsor	15-Jan-2010	St. Denis Athletic Centre
131	6.75		Guyson Kuruneri	Guelph	05-Feb-2010	Loftus Centre
131	6.83		Hank Palmer	McGill	05-Dec-2009	Tomlinson Fieldhouse
133	6.86		Andrew Judge	Western	24-Nov-2009	Thompson Recreation and Athletic Centre

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## **Best Men's Triple Jump Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 14.40)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	0.01		Dwayne Harriott	Windsor	04-Dec-2009	St. Denis Athletic Centre
2	6.60		Simon Watts	Dalhousie	09-Jan-2010	CEPS
3	8.76		Travis Nightingale	Windsor	13-Feb-2010	St. Denis Athletic Centre
4	9.68		Jonathan Budning	McGill	19-Feb-2010	Tomlinson Fieldhouse
5	10.13		Sylvain Bérubé	Moncton	27-Feb-2010	CEPS
6	10.47		Chase Gregoire	Ottawa	13-Feb-2010	Louis Riel Dome
7	10.54		Joseph Ricci	McGill	27-Feb-2010	Tomlinson Fieldhouse
8	10.72		Patrick Keating	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
9	10.77		Ali Mroueh	York	26-Nov-2009	Toronto Track and Field Centre
10	10.83		Rahim Noormohamed	McGill	27-Feb-2010	Tomlinson Fieldhouse
11	10.94		Jacques Levesque	Moncton	27-Feb-2010	CEPS
12	11.03		Mathew McNaughton	Windsor	04-Dec-2009	St. Denis Athletic Centre
13	11.24		Boris Ouedraogo	Laval	23-Jan-2010	PEPS
14	11.28		Ian Sandler	McGill	27-Feb-2010	Tomlinson Fieldhouse
15	11.36		Andrew Pospilsil	Calgary	15-Jan-2010	U of A Butterdome
16	11.51		Grant Henneberg	Queen's	08-Jan-2010	Barton Hall
17	11.54		Sean Pearce	Dalhousie	28-Nov-2009	CFB Gagetown Indoor Facility
18	11.55		Tancrede Ropivia	Laval	29-Jan-2010	Tomlinson Field House
19	11.56		Jay Waters	Manitoba	06-Feb-2010	Max Bell Field House
20	11.59		Ian Griffin	Windsor	04-Dec-2009	St. Denis Athletic Centre
21	11.60		Martin Brandt	Waterloo	29-Jan-2010	Tomlinson Field House
22	11.67		Matt Pierce	Queen's	27-Nov-2009	Louis Riel Dome
23	11.68		Ross Bodnar	Saskatchewan	12-Feb-2010	Regina Field House
23	11.73		Ismael Karidio	Alberta	10-Jan-2010	U of A Butterdome
25	12.00		Will Schultz	Western	13-Feb-2010	St. Denis Athletic Centre
26	12.08		Jason Mei	Toronto	15-Jan-2010	St. Denis Athletic Centre
27	12.11		Trent Becker	Manitoba	17-Jan-2010	Bison Sports Arena
27	12.11		Travis Francis	York	06-Feb-2010	Toronto Track and Field Centre
29	12.18		Mike Martinello	Windsor	04-Dec-2009	St. Denis Athletic Centre
30	12.30		Wray Hussey	Guelph	09-Jan-2010	UofT Athletic Centre
31	12.32		Maxime Fredette	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
31	12.32		Todd Rigaux	Calgary	15-Jan-2010	U of A Butterdome
33	12.34		Lawrence Adjei-Okyere	Guelph	20-Nov-2009	Gryphon Dome
33	12.34		Eric Furetti	Manitoba	17-Jan-2010	Bison Sports Arena
35	12.38		Preston Eng	Calgary	12-Feb-2010	Regina Field House
35	12.41		Olivier Gauthier-Kwan	Ottawa	13-Feb-2010	Louis Riel Dome
37	12.47		Drew Glazer	Regina	21-Nov-2009	Regina Field House
38	12.56		Levi Dow	York	26-Feb-2010	Toronto Track and Field Centre

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39	12.60		Connor MacDonald	Regina	21-Nov-2009	Regina Field House
40	12.65		Anthony Bernard	Dalhousie	19-Dec-2009	CEPS
41	12.66		Brandon Holden	Guelph	20-Nov-2009	Gryphon Dome
42	12.67		Riley Booth	Calgary	15-Jan-2010	U of A Butterdome
42	12.73		Thomas Scott	Queen's	05-Dec-2009	Tomlinson Fieldhouse
42	12.80		Brett Bromley	Lethbridge	07-Feb-2010	Olympic Oval
42	12.80		Adam Clark	Calgary	15-Jan-2010	U of A Butterdome
46	12.85		Jason Guenette	Laval	23-Jan-2010	PEPS
47	12.93		Josh Gundrum	Manitoba	23-Jan-2010	Bierman Field House
47	13.01		Les Andersen	Regina	11-Mar-2010	St. Denis Athletic Centre
49	13.03		Cossy Nachilobe	Saskatchewan	06-Feb-2010	Max Bell Field House
50	13.04		Ian Jestadt	Regina	11-Mar-2010	St. Denis Athletic Centre
50	13.04		Cornell Haynes	Guelph	29-Jan-2010	Tomlinson Field House
52	13.15		Jose Belfast-Kum	Western	06-Feb-2010	Toronto Track and Field Centre
53	13.27		Carl Shen	Western	15-Jan-2010	St. Denis Athletic Centre
54	13.35		Mark Baerg	Saskatchewan	12-Feb-2010	Regina Field House
55	13.36		David Walford	Regina	21-Nov-2009	Regina Field House
56	13.42		Anthony Dandie	Windsor	22-Jan-2010	Grand Valley State University
57	13.73		Kevin Honig	Guelph	06-Feb-2010	Toronto Track and Field Centre
57	13.92		Christopher Greenaway	Ottawa	13-Feb-2010	Louis Riel Dome
59	14.15		Ndiaga Diop	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
60	14.16		Andrew Judge	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
61	14.36		Justin Darlington	McGill	05-Dec-2009	Tomlinson Fieldhouse
62	14.56 *		Jason Goetz	Waterloo	15-Jan-2010	St. Denis Athletic Centre

## **Best Men's Shot Put Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 15.24)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	0.01		Rey Stewart	Manitoba	23-Jan-2010	Bierman Field House
2	5.54		Jean-Philippe Garant	McGill	27-Feb-2010	Tomlinson Fieldhouse
3	5.86		Alex Meyer	Windsor	04-Dec-2009	St. Denis Athletic Centre
4	5.96		Ben Merwin	Windsor	04-Dec-2009	St. Denis Athletic Centre
5	6.01		Svein Piene	Windsor	04-Dec-2009	St. Denis Athletic Centre
6	6.43		Graeme Nicol	Windsor	04-Dec-2009	St. Denis Athletic Centre
7	6.55		Matt Sinclair	Windsor	04-Dec-2009	St. Denis Athletic Centre
8	6.67		Alexandre Genois	Laval	16-Jan-2010	Centre Sportif
9	6.72		Travis Francis	York	26-Nov-2009	Toronto Track and Field Centre
10	6.93		David Zylberberg	York	26-Nov-2009	Toronto Track and Field Centre
11	6.94		Omar Fayoumi	Western	29-Jan-2010	Tomlinson Field House

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12	6.95		Sebastien Mezeret	McGill	27-Feb-2010	Tomlinson Fieldhouse
13	7.11		Ben Procter	Windsor	04-Dec-2009	St. Denis Athletic Centre
14	7.17		Chris Weatherhead	Ottawa	21-Nov-2009	Louis Riel Dome
15	7.18		Yasin Sohawon	York	26-Nov-2009	Toronto Track and Field Centre
16	7.20		Mark Henshaw	Windsor	04-Dec-2009	St. Denis Athletic Centre
17	7.28		Bradley Matheson	York	06-Feb-2010	Toronto Track and Field Centre
18	7.48		Matt Walters	Windsor	04-Dec-2009	St. Denis Athletic Centre
19	7.66		Olu Ogunde	York	26-Nov-2009	Toronto Track and Field Centre
20	7.77		Mitchell Tome	Windsor	04-Dec-2009	St. Denis Athletic Centre
21	7.83		Antonin Forget-Besnard	Sherbrooke	29-Jan-2010	Tomlinson Field House
22	7.95		Josh Logozar	Manitoba	23-Jan-2010	Max Bell Field House
23	8.00		Florian Bobeuf	Sherbrooke	16-Jan-2010	Centre Sportif
24	8.05		Charles Thibodeau	Laval	05-Dec-2009	Tomlinson Fieldhouse
25	8.22		Jeremy Eckert	Regina	21-Nov-2009	Regina Field House
26	8.26		Ayoub Rachati	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
27	8.43		Nicholas Falk	Windsor	04-Dec-2009	St. Denis Athletic Centre
28	8.46		Vince DiBacco	York	29-Jan-2010	Tomlinson Field House
29	8.53		Jason MacKenzie	Moncton	29-Jan-2010	Tomlinson Field House
29	8.64		Ryan Johnson	McGill	27-Feb-2010	Tomlinson Fieldhouse
31	8.68		Yvon Gagnon	Moncton	27-Feb-2010	CEPS
32	8.77		Mike Bashucky	York	06-Feb-2010	Toronto Track and Field Centre
32	8.77		Felix Li	Western	26-Feb-2010	Toronto Track and Field Centre
34	8.83		Benjamin Harack	Regina	21-Nov-2009	Regina Field House
35	8.99		Aaron Beddome	Manitoba	11-Dec-2009	Max Bell Field House
36	9.03		Maxime Beaumont-Courteau	McGill	27-Feb-2010	Tomlinson Fieldhouse
37	9.04		Jason Guenette	Laval	23-Jan-2010	PEPS
38	9.07		Les Andersen	Regina	15-Jan-2010	U of A Butterdome
39	9.17		Patrick Durham	Manitoba	06-Feb-2010	Max Bell Field House
40	9.23		Cameron McIntyre	McGill	05-Dec-2009	Tomlinson Fieldhouse
40	9.24		Michael Antwi	York	26-Nov-2009	Toronto Track and Field Centre
40	9.24		Adam Kellar	Windsor	04-Dec-2009	St. Denis Athletic Centre
43	9.25		Dustin Eldridge	Windsor	04-Dec-2009	St. Denis Athletic Centre
43	9.25		James MacNeil	McGill	19-Dec-2009	Tomlinson Fieldhouse
45	9.30		Rhys Lautenschlager	Manitoba	06-Feb-2010	Max Bell Field House
46	9.32		Joshua Waithe	York	26-Nov-2009	Toronto Track and Field Centre
47	9.39		Randolph Fajardo	York	26-Nov-2009	

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						Toronto Track and Field Centre
48	9.43		Shawn Hind	Guelph	07-Jan-2010	Gryphon Dome
49	9.52		Curtis Finnson	Manitoba	06-Feb-2010	Max Bell Field House
49	9.57		Mikaël Gosselin	Laval	05-Dec-2009	Tomlinson Fieldhouse
51	9.63		Kevin O'Neill	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
51	9.75		Justin Conlon	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
51	9.77		Matt Brisson	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
54	9.80		Justin Charrier	Manitoba	05-Dec-2009	Max Bell Field House
55	9.94		Mitchell Caissy	Moncton	29-Jan-2010	Tomlinson Field House
56	9.97		Connor Macaulay	Manitoba	13-Jan-2010	Max Bell Field House
57	10.03		Thomas Corkery	McGill	29-Jan-2010	Tomlinson Field House
58	10.14		Zachary Quevillon	Ottawa	27-Nov-2009	Louis Riel Dome
59	10.18		Pierre Puyjalon	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
60	10.23		David Crittenden	Alberta	15-Jan-2010	U of A Butterdome
60	10.23		Rhys Clark	Calgary	07-Feb-2010	Olympic Oval
62	10.33		Anthony Dandie	Windsor	29-Jan-2010	Findlay Fieldhouse
63	10.39		Codey Pakula	Regina	15-Jan-2010	U of A Butterdome
63	10.40		Drew Glazer	Regina	05-Dec-2009	Regina Field House
65	10.50		Justin Baker	Regina	26-Feb-2010	U of A Butterdome
66	10.58		Evan Neufeldt	Saskatchewan	15-Jan-2010	U of A Butterdome
67	10.67		Stephane Lavoie	Moncton	13-Feb-2010	CFB Gagetown Indoor Facility
68	10.69		Matt Davis	York	23-Jan-2010	Thompson Recreation and Athletic Centre
69	10.70		Pascal Cyr	Moncton	09-Jan-2010	CEPS
70	10.71		Jason Diston	Guelph	05-Dec-2009	Toronto Track and Field Centre
71	10.85		Steven Fox	Dalhousie	27-Feb-2010	CEPS
72	10.88		Nathan Stern	Guelph	20-Nov-2009	Gryphon Dome
72	10.96		Vincent Bisailon	Laval	21-Nov-2009	Louis Riel Dome
74	10.98		Youssef Youssef	Waterloo	22-Jan-2010	UofT Athletic Centre
75	11.03		Al Gagnon	St. Mary's	27-Feb-2010	CEPS
76	11.04		Jean-Philippe Bamba	Laval	23-Jan-2010	PEPS
77	11.18		Keegan Sharp	Saskatchewan	19-Dec-2009	Saskatoon Field House
78	11.41		Cody Stephanow	Manitoba	05-Dec-2009	Max Bell Field House
78	11.41		Mathieu- O Dumont	Sherbrooke	05-Dec-2009	Tomlinson Fieldhouse
80	11.43		Lucas Lafourcade	McGill	21-Nov-2009	Louis Riel Dome
80	11.64		Jesse Francis	Western	24-Nov-2009	Thompson Recreation and Athletic Centre

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80	11.65		Smith Wright	Alberta	28–Nov–2009	Universiade Pavillion
83	11.75		Rob McCulloch	Dalhousie	29–Jan–2010	Tomlinson Field House
84	11.79		Ben Ford	Western	15–Jan–2010	St. Denis Athletic Centre
85	11.84		Alex Rodenheiser	Western	13–Feb–2010	St. Denis Athletic Centre
86	12.07		Robert Young	Calgary	15–Jan–2010	U of A Butterdome
87	12.15		Chris Crossley	Saskatchewan	19–Dec–2009	Saskatoon Field House
87	12.15		Stephen Shearer	Windsor	04–Dec–2009	St. Denis Athletic Centre
89	12.26		Umar Khan	York	26–Nov–2009	Toronto Track and Field Centre
90	12.32		Juan Van der Merwe	Saskatchewan	19–Dec–2009	Saskatoon Field House
91	12.50		Dustin McCrank	Guelph	20–Nov–2009	Gryphon Dome
92	12.65		Nick Clarke	Saskatchewan	29–Jan–2010	Saskatoon Field House
93	12.68		Lief Welz	Alberta	12–Feb–2010	Regina Field House
94	12.73		Stewart Walsh	St. FX	09–Jan–2010	CEPS
95	12.75		Andrej Brajic	Calgary	15–Jan–2010	U of A Butterdome
96	12.95		Geoff Myatt	Dalhousie	06–Feb–2010	Dalplex
97	13.08		James Sharpe	Dalhousie	06–Feb–2010	Dalplex
98	13.10		Brent Roubos	Guelph	20–Nov–2009	Gryphon Dome
99	13.18		Andre Labelle	Toronto	06–Feb–2010	Toronto Track and Field Centre
100	13.21		Steven Leung	Saskatchewan	19–Dec–2009	Saskatoon Field House
101	13.46		Garth Suppes	Manitoba	17–Jan–2010	Bison Sports Arena
102	13.59		Cole Bloxam	Windsor	22–Jan–2010	Grand Valley State University
102	13.59		Garrett Ramey	St. Mary's	29–Jan–2010	Tomlinson Field House
102	13.59		Seth London	Dalhousie	29–Jan–2010	Tomlinson Field House
105	13.63		Patrick Arbour	Ottawa	27–Nov–2009	Louis Riel Dome
106	13.90		Dan McDonald	Western	23–Jan–2010	Thompson Recreation and Athletic Centre
107	14.13		Nolan Machiskinic	Saskatchewan	26–Feb–2010	U of A Butterdome
108	14.25		Chris Pickering	Regina	05–Dec–2009	Regina Field House
109	15.30 *		Tim Hendry	Guelph	20–Nov–2009	Gryphon Dome
110	15.83 *		Mike Miller	Windsor	05–Feb–2010	Loftus Centre
111	16.46 *		Andrew Smith	Saskatchewan	12–Feb–2010	Regina Field House

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## **Best Men's Weight Throw Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 16.15)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	0.01		Rey Stewart	Manitoba	26-Feb-2010	U of A Butterdome
2	6.70		Chidi Small	York	26-Nov-2009	Toronto Track and Field Centre
3	6.72		Lucas Lafourcade	McGill	19-Feb-2010	Tomlinson Fieldhouse
4	7.16		Maxime Beaumont-Courteau	McGill	19-Feb-2010	Tomlinson Fieldhouse
5	7.34		Ryan Johnson	McGill	19-Feb-2010	Tomlinson Fieldhouse
6	7.67		Charles Thibodeau	Laval	05-Dec-2009	Tomlinson Fieldhouse
7	8.82		Mikaël Gosselin	Laval	05-Dec-2009	Tomlinson Fieldhouse
8	9.07		Cameron McIntyre	McGill	27-Feb-2010	Tomlinson Fieldhouse
9	9.15		Cory Huybregts	Ottawa	27-Nov-2009	Louis Riel Dome
10	9.25		Nathan Stern	Guelph	05-Dec-2009	Toronto Track and Field Centre
11	9.54		Pascal Cyr	Moncton	27-Feb-2010	CEPS
12	9.78		Matt Davis	York	05-Dec-2009	Toronto Track and Field Centre
13	9.93		Nick Clarke	Saskatchewan	15-Jan-2010	U of A Butterdome
14	10.00		Alex Rodenheiser	Western	15-Jan-2010	St. Denis Athletic Centre
15	10.47		Stephen Leonhardt	Lethbridge	13-Feb-2010	U of A Butterdome
16	10.70		Stewart Walsh	St. FX	09-Jan-2010	CEPS
17	10.73		Al Gagnon	St. Mary's	20-Feb-2010	Dalplex
18	10.78		Mitchell Caissy	Moncton	29-Jan-2010	Tomlinson Field House
19	10.89		Vincent Bisailon	Laval	16-Jan-2010	Centre Sportif
20	11.17		Smith Wright	Alberta	29-Jan-2010	Saskatoon Field House
21	11.23		Cole Bloxam	Windsor	26-Feb-2010	Toronto Track and Field Centre
22	11.28		Karl van Klaveren	Western	13-Feb-2010	St. Denis Athletic Centre
23	11.34		Codey Pakula	Regina	21-Nov-2009	Regina Field House
24	11.48		Mathieu- O Dumont	Sherbrooke	05-Dec-2009	Tomlinson Fieldhouse
25	11.76		Travis Waterhouse	Manitoba	12-Dec-2009	Max Bell Field House
26	11.83		Garrett Ramey	St. Mary's	09-Jan-2010	CEPS
27	11.84		Cody Stephanow	Manitoba	05-Dec-2009	Max Bell Field House
28	12.02		Steven Leung	Saskatchewan	19-Dec-2009	Saskatoon Field House
29	12.03		Stephen Shearer	Windsor	04-Dec-2009	St. Denis Athletic Centre
29	12.10		Andrej Brajic	Calgary	29-Jan-2010	Saskatoon Field House
31	12.21		Brent Roubos	Guelph	20-Nov-2009	Gryphon Dome
32	12.44		Seth London	Dalhousie	09-Jan-2010	CEPS
33	12.76		Lief Welz	Alberta	10-Jan-2010	U of A Butterdome
34	12.82		Umar Khan	York	26-Nov-2009	Toronto Track and Field Centre
35	12.88		Jesse Francis	Western	15-Jan-2010	St. Denis Athletic Centre

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36	12.93		Dan McDonald	Western	13-Feb-2010	St. Denis Athletic Centre
37	12.94		Darren Jones	Lethbridge	13-Feb-2010	U of A Butterdome
38	13.07		Garth Suppes	Manitoba	12-Dec-2009	Max Bell Field House
39	13.58		Tarnava Ryan	Lethbridge	15-Jan-2010	U of A Butterdome
40	13.79		Robert Young	Calgary	13-Feb-2010	U of A Butterdome
41	14.00		Nolan Machiskinic	Saskatchewan	09-Jan-2010	Saskatoon Field House
42	14.03		Justin Charrier	Manitoba	17-Jan-2010	Bison Sports Arena
43	14.10		Tim Hendry	Guelph	05-Feb-2010	Loftus Centre
44	14.63		Mike Miller	Windsor	04-Dec-2009	St. Denis Athletic Centre
45	15.23		Chris Pickering	Regina	21-Nov-2009	Regina Field House
46	15.52		Andrew Smith	Saskatchewan	15-Jan-2010	U of A Butterdome
47	16.75 *		Dustin McCrank	Guelph	05-Feb-2010	Loftus Centre

## **Best Men's Pentathlon Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 3498.00)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	769.00		Antonin Forget-Besnard	Sherbrooke	29-Jan-2010	Tomlinson Field House
2	1983.00		Ryan Johnson	McGill	27-Feb-2010	Tomlinson Fieldhouse
3	2075.00		Chris Weatherhead	Ottawa	21-Nov-2009	Louis Riel Dome
4	2157.00		Alexandre Genois	Laval	16-Jan-2010	Centre Sportif
5	2179.00		Yvon Gagnon	Moncton	27-Feb-2010	CEPS
6	2185.00		Josh Logozar	Manitoba	23-Jan-2010	Max Bell Field House
7	2235.00		Jean-Philippe Garant	McGill	27-Feb-2010	Tomlinson Fieldhouse
8	2263.00		Bradley Matheson	York	29-Jan-2010	Tomlinson Field House
9	2345.00		Mike Bashucky	York	29-Jan-2010	Tomlinson Field House
10	2400.00		Curtis Finsson	Manitoba	12-Feb-2010	Regina Field House
11	2424.00		Vince DiBacco	York	29-Jan-2010	Tomlinson Field House
12	2430.00		Vincent Bisailon	Laval	21-Nov-2009	Louis Riel Dome
13	2464.00		Sebastien Mezeret	McGill	27-Feb-2010	Tomlinson Fieldhouse
14	2552.00		Jason MacKenzie	Moncton	29-Jan-2010	Tomlinson Field House
15	2699.00		Zachary Quevillon	Ottawa	29-Jan-2010	Tomlinson Field House
16	2745.00		Justin Conlon	Waterloo	22-Jan-2010	UofT Athletic Centre
17	2766.00		Shawn Hind	Guelph	26-Feb-2010	Toronto Track and Field Centre
18	2795.00		Aaron Beddome	Manitoba	23-Jan-2010	Max Bell Field House
19	2834.00		Rhys Lautenschlager	Manitoba	23-Jan-2010	Max Bell Field House
20	2839.00		Omar Fayoumi	Western	29-Jan-2010	Tomlinson Field House
21	2854.00		Felix Li	Western	29-Jan-2010	Tomlinson Field House
22	2935.00		David Crittenden	Alberta	12-Feb-2010	Regina Field House
23	3048.00		Florian Bobeuf	Sherbrooke	16-Jan-2010	Centre Sportif
24	3053.00		Jason Guenette	Laval	16-Jan-2010	Centre Sportif
25	3187.00		Rob McCulloch	Dalhousie	29-Jan-2010	Tomlinson Field House

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26	3297.00		Patrick Arbour	Ottawa	21-Nov-2009	Louis Riel Dome
27	3370.00		Steven Fox	Dalhousie	27-Feb-2010	CEPS
28	3377.00		Evan Neufeldt	Saskatchewan	15-Jan-2010	U of A Butterdome
29	3410.00		Anthony Dandie	Windsor	29-Jan-2010	Findlay Fieldhouse
30	3436.00		Justin Baker	Regina	26-Feb-2010	U of A Butterdome
31	3460.00		Les Andersen	Regina	15-Jan-2010	U of A Butterdome
32	3476.00		Jason Diston	Guelph	22-Jan-2010	UofT Athletic Centre
33	3483.00		Lucas Lafourcade	McGill	21-Nov-2009	Louis Riel Dome
34	3586.00 *		Jeremy Eckert	Regina	26-Feb-2010	U of A Butterdome
35	3669.00 *		Keegan Sharp	Saskatchewan	15-Jan-2010	U of A Butterdome
36	3685.00 *		Pierre Puyjalon	Sherbrooke	27-Feb-2010	Tomlinson Fieldhouse
37	3788.00 *		Chris Crossley	Saskatchewan	15-Jan-2010	U of A Butterdome

## **Best Men's 55m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 6.35)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	6.53		Oluwasegun Makinde	Ottawa	23-Jan-2010	Newell Field House
2	6.56		Sissoko Moussa	Ottawa	23-Jan-2010	Newell Field House
3	6.59		Christopher Greenaway	Ottawa	23-Jan-2010	Newell Field House
4	6.61		Tony Risling	Ottawa	23-Jan-2010	Newell Field House
5	6.68		Olivier Gauthier-Kwan	Ottawa	23-Jan-2010	Newell Field House
6	6.69		Moussa Sissoko	Ottawa	23-Jan-2010	Newell Field House
7	6.85		Tyler Fawcett	Ottawa	23-Jan-2010	Newell Field House
8	6.87		Brandon Brown	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
9	6.91		Aaron Rublee	Ottawa	23-Jan-2010	Newell Field House
10	7.02		Chase Gregoire	Ottawa	23-Jan-2010	Newell Field House
11	7.13		Cory Huybregts	Ottawa	23-Jan-2010	Newell Field House
12	7.24		Bruno-Charles Busseau	Ottawa	23-Jan-2010	Newell Field House
13	7.39		Mark Farnsworth	Ottawa	23-Jan-2010	Newell Field House
14	7.46		Auguste David	Ottawa	23-Jan-2010	Newell Field House

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## **Best Men's 200m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 21.93)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	22.11		Brendan Dills	Windsor	22-Jan-2010	Grand Valley State University
2	22.20		Oluwasegun Makinde	Ottawa	23-Jan-2010	Newell Field House
3	22.52		Leonae Nichol	Windsor	20-Feb-2010	Michigan Track and Field Centre
4	22.56		Aaron Bowman	Windsor	22-Jan-2010	Grand Valley State University
5	22.60		David Szczepaniak	Manitoba	13-Jan-2010	Max Bell Field House
6	22.63		Kris Geyson	Manitoba	23-Jan-2010	Bierman Field House
7	22.84		Justin Keating	Windsor	22-Jan-2010	Grand Valley State University
8	22.85		Mason Foote	Regina	05-Dec-2009	Regina Field House
9	22.88		Elias Granillo	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
10	22.93		Jeremy Batt	Ottawa	23-Jan-2010	Newell Field House
11	22.98		Travis Nightingale	Windsor	20-Feb-2010	Michigan Track and Field Centre
12	23.00		Christopher Greenaway	Ottawa	23-Jan-2010	Newell Field House
13	23.01		Shea Pierre	Windsor	22-Jan-2010	Grand Valley State University
14	23.02		Les Andersen	Regina	05-Dec-2009	Regina Field House
15	23.04		Brandon Holland	Windsor	22-Jan-2010	Grand Valley State University
15	23.04		Jamie McMaster	Manitoba	11-Dec-2009	Max Bell Field House
17	23.05		Luke Govia	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
18	23.09		Jay Waters	Manitoba	12-Feb-2010	Lied Recreation Centre
19	23.17		Daniel Goddard	Western	05-Dec-2009	Thompson Recreation and Athletic Centre
20	23.19		Tait Nystuen	Regina	05-Dec-2009	Regina Field House
21	23.20		David Walford	Regina	05-Dec-2009	Regina Field House
22	23.24		Mychael Windrum	Regina	05-Dec-2009	Regina Field House
23	23.28		Tyler Nightingale	Queen's	08-Jan-2010	Barton Hall
24	23.35		Jimmy Tat	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
25	23.37		Shane Kelly	Queen's	12-Feb-2010	Barton Hall
26	23.42		Tyler Fawcett	Ottawa	23-Jan-2010	Newell Field House
27	23.44		Adrian Heller	Queen's	08-Jan-2010	Barton Hall
28	23.47		Zacharie Durand	Manitoba	12-Feb-2010	Lied Recreation Centre
28	23.47		Stephen Lamarche	Windsor	20-Feb-2010	Michigan Track and Field Centre
30	23.53		Uzair Ahmed	Regina	05-Dec-2009	Regina Field House
31	23.54		Kingston Knudsen	Windsor	22-Jan-2010	Grand Valley State University
31	23.54		Mack Gajadhar	Manitoba	12-Feb-2010	Lied Recreation Centre
33	23.56		Rey Stewart	Manitoba	24-Feb-2010	Max Bell Field House
34	23.57		Nicholas Peters	Windsor	20-Feb-2010	Michigan Track and Field Centre
35	23.61		Kyle Donsberger	Saskatchewan	05-Dec-2009	Saskatoon Field House

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36	23.64		KJ Lukas	Guelph	05-Dec-2009	Toronto Track and Field Centre
36	23.74		Steven Poole	Manitoba	11-Dec-2009	Max Bell Field House
38	23.76		Christian Desulme	Ottawa	23-Jan-2010	Newell Field House
39	23.78		Conor Fanning	Windsor	22-Jan-2010	Grand Valley State University
40	23.81		Enyinnah Okere	Regina	05-Dec-2009	Regina Field House
40	23.81		Randy Henley	Dalhousie	28-Nov-2009	CFB Gagetown Indoor Facility
42	23.84		Eric Roque	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
43	23.86		Gareh Murray-Johnson	Toronto	29-Jan-2010	Findlay Fieldhouse
44	23.90		Mathew Reid	Windsor	20-Feb-2010	Michigan Track and Field Centre
45	23.93		Danny Taphorn	Manitoba	11-Dec-2009	Max Bell Field House
46	23.97		Catlin Adams	Manitoba	23-Jan-2010	Max Bell Field House
47	23.99		Sean Setyo	Saskatchewan	05-Dec-2009	Saskatoon Field House
48	24.03		Jam He	Toronto	05-Dec-2009	Toronto Track and Field Centre
49	24.13		Chase Gregoire	Ottawa	23-Jan-2010	Newell Field House
49	24.13		Chris Schneider	Saskatchewan	05-Dec-2009	Saskatoon Field House
51	24.15		Denis Noronha	McMaster	05-Dec-2009	Thompson Recreation and Athletic Centre
51	24.15		Brandon McCartney	Western	24-Nov-2009	Thompson Recreation and Athletic Centre
53	24.18		Matt MacDonald	Guelph	05-Dec-2009	Toronto Track and Field Centre
54	24.22		Tony Risling	Ottawa	23-Jan-2010	Newell Field House
55	24.25		Marc Martin	Manitoba	13-Jan-2010	Max Bell Field House
56	24.27		Simon Gabriel-Savard	Toronto	29-Jan-2010	Findlay Fieldhouse
57	24.33		Matthew Croteau	Saskatchewan	05-Dec-2009	Saskatoon Field House
58	24.34		Tim Beaver	Manitoba	11-Dec-2009	Max Bell Field House
59	24.41		Gage Bonneville	Regina	05-Dec-2009	Regina Field House
59	24.41		Craig White	Regina	05-Dec-2009	Regina Field House
59	24.53		Eric Noland	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
62	24.57		Rob Gardiner	Manitoba	23-Jan-2010	Max Bell Field House
63	24.61		Cameron Perkins	Saskatchewan	05-Dec-2009	Saskatoon Field House
64	24.66		Aaron Rublee	Ottawa	23-Jan-2010	Newell Field House
65	24.71		Bruno-Charles Busseau	Ottawa	23-Jan-2010	Newell Field House
66	24.79		Spencer Bell	Ottawa	23-Jan-2010	Newell Field House
67	24.86		Dane Satchell	Toronto	29-Jan-2010	Findlay Fieldhouse
68	24.92		David Boyle	Saskatchewan	05-Dec-2009	Saskatoon Field House
69	25.01		Murray tyler	Ottawa	23-Jan-2010	Newell Field House
70	25.15		Cory Huybregts	Ottawa	23-Jan-2010	Newell Field House
71	25.16		Kofi Kwarko-Fosu	Waterloo	05-Dec-2009	Thompson Recreation and Athletic Centre
72	25.22		Roy Duodu-Sarpong	Manitoba	11-Dec-2009	Max Bell Field House

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73	25.24		Valentine Inengi	Regina	05-Dec-2009	Regina Field House
74	25.35		Chris Weatherhead	Ottawa	23-Jan-2010	Newell Field House
75	25.37		Eric Furletti	Manitoba	13-Jan-2010	Max Bell Field House
76	25.55		Sterling Chun	Toronto	05-Dec-2009	Toronto Track and Field Centre
77	25.66		Marco Venne	Guelph	05-Dec-2009	Toronto Track and Field Centre
78	26.16		Daniel Giesen	Saskatchewan	05-Dec-2009	Saskatoon Field House
79	26.17		Auguste David	Ottawa	23-Jan-2010	Newell Field House
80	27.53		Diego Todres	Manitoba	11-Dec-2009	Max Bell Field House

## **Best Men's 400m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 48.35)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	48.83		Michael Trnkus	Toronto	05-Feb-2010	Loftus Centre
2	49.62		Chris Reid	Windsor	22-Jan-2010	Grand Valley State University
3	50.19		Nathan Scott	Saskatchewan	13-Feb-2010	Dempsey Field House
4	50.26		Gord Frenke	Queen's	08-Jan-2010	Barton Hall
5	50.27		Dustin Eldridge	Windsor	20-Feb-2010	Michigan Track and Field Centre
6	50.45		Jamie McMaster	Manitoba	12-Feb-2010	Lied Recreation Centre
6	50.56		Pierre Puyjalon	Sherbrooke	12-Feb-2010	B U TrackCenter
8	50.66		Jay Waters	Manitoba	12-Feb-2010	Lied Recreation Centre
9	50.84		Travis Nightingale	Windsor	22-Jan-2010	Grand Valley State University
10	51.08		Jeremy Batt	Ottawa	10-Jan-2010	Leverone Fieldhouse
11	51.48		Benjamin Gravel	Sherbrooke	10-Jan-2010	Leverone Fieldhouse
11	51.54		Joel Vankoughnet	Manitoba	12-Dec-2009	Max Bell Field House
13	51.56		Stephen Lamarche	Windsor	20-Feb-2010	Michigan Track and Field Centre
14	51.68		Zacharie Durand	Manitoba	23-Jan-2010	Bierman Field House
15	51.78		Cameron Smithers	Ottawa	10-Jan-2010	Leverone Fieldhouse
16	51.88		Moussa Sissoko	Ottawa	23-Jan-2010	Newell Field House
17	52.67		Marc-Philippe Taillon	Ottawa	10-Jan-2010	Leverone Fieldhouse
18	52.77		Ben Leis	Saskatchewan	12-Feb-2010	Regina Field House
19	53.03		Luc Wittig	Victoria	14-Feb-2010	Dempsey Field House
20	53.12		Anthony Bernard	Dalhousie	28-Nov-2009	CFB Gagetown Indoor Facility
21	53.23		Sean Pearce	Dalhousie	28-Nov-2009	CFB Gagetown Indoor Facility
22	53.30		Gavin Abrahamson	Guelph	05-Dec-2009	Toronto Track and Field Centre
23	53.53		Florian Bobeuf	Sherbrooke	10-Jan-2010	Leverone Fieldhouse
24	53.56		Derek MacKinnon	Manitoba	22-Jan-2010	Max Bell Field House
24	53.56		Jordan Saccucci	Manitoba	10-Feb-2010	Max Bell Field House
26	53.76		Josh Simair	Saskatchewan	12-Feb-2010	Regina Field House
27	53.91		Peter Tarleton	Manitoba	23-Jan-2010	Bierman Field House
28	53.93		Tony Risling	Ottawa	12-Dec-2009	Newell Field House
28	53.93		Spencer Bell	Ottawa	10-Jan-2010	Leverone Fieldhouse

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30	54.28		Mack Gajadhar	Manitoba	10-Feb-2010	Max Bell Field House
31	54.33		Christian Desulme	Ottawa	23-Jan-2010	Newell Field House
32	54.39		Nicholas Sader	Manitoba	10-Feb-2010	Max Bell Field House
33	54.85		Nicholas Bode	Ottawa	10-Jan-2010	Leverone Fieldhouse
34	55.20		Murray tyler	Ottawa	23-Jan-2010	Newell Field House
35	55.99		Chase Gregoire	Ottawa	23-Jan-2010	Newell Field House
36	56.04		Charles Fournier	Sherbrooke	10-Jan-2010	Leverone Fieldhouse
37	56.30		Arash Mirrahimi	Toronto	29-Jan-2010	Findlay Fieldhouse
38	56.82		Patrick Arbour	Ottawa	23-Jan-2010	Newell Field House
39	57.32		Jericho De Castro	Manitoba	12-Dec-2009	Max Bell Field House
40	57.61		Jean-Francois Rouleau	Sherbrooke	10-Jan-2010	Leverone Fieldhouse
41	58.23		Carl Dallaire	Sherbrooke	10-Jan-2010	Leverone Fieldhouse
42	58.43		Antonin Forget-Besnard	Sherbrooke	10-Jan-2010	Leverone Fieldhouse

## **Best Men's 500m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 1:03.36)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:05.45		Rob Gooch	Western	05-Feb-2010	Loftus Centre
2	1:05.61		Moise N'Ken	Sherbrooke	12-Feb-2010	B U TrackCenter
3	1:07.29		Zac Tars	Toronto	05-Feb-2010	Loftus Centre
4	1:09.51		Shane Kelly	Queen's	08-Jan-2010	Barton Hall

## **Best Men's 800m Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 1:51.87)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:49.71 *		Dustin Gamble	Guelph	05-Feb-2010	Loftus Centre
2	1:50.80 *		Darren Mazzei	Victoria	29-Jan-2010	Dempsey Field House
3	1:51.39 *		Mike Delmonte	Toronto	05-Feb-2010	Loftus Centre
4	1:52.84		Chris Simair	Saskatchewan	13-Feb-2010	Dempsey Field House
4	1:52.84		Adam Kellar	Windsor	05-Feb-2010	Loftus Centre
6	1:53.14		Mathieu Raymond	Laval	12-Feb-2010	B U TrackCenter
7	1:53.37		Karl Robertson	Victoria	16-Jan-2010	Dempsey Field House
8	1:53.68		Evan Stevens	Guelph	05-Feb-2010	Loftus Centre
9	1:54.32		Andrew Cruickshank	Toronto	05-Feb-2010	Loftus Centre
10	1:54.38		Rob Jackson	Guelph	05-Feb-2010	Loftus Centre
11	1:55.56		Travis Toet	Manitoba	12-Feb-2010	Lied Recreation Centre
12	1:56.09		Andrew Schellenberg	Manitoba	12-Feb-2010	Lied Recreation Centre
13	1:56.68		James Barnes	Victoria	14-Feb-2010	Dempsey Field House
14	1:56.96		Michael Robertson	Ottawa	10-Jan-2010	Leverone Fieldhouse
15	1:57.11		Jordan Saccucci	Manitoba	12-Feb-2010	Lied Recreation Centre
16	1:57.27		Trevor Schiavonne	Victoria	14-Feb-2010	Dempsey Field House

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17	1:57.55		Mathieu Bilodeau	Sherbrooke	12-Feb-2010	B U TrackCenter
18	1:57.90		Adam Wasylyshyn	Calgary	05-Dec-2009	Jack Simpson Track
19	1:58.20		Phil Dalton	Windsor	05-Feb-2010	Loftus Centre
20	1:58.26		Marc-Philippe Taillon	Ottawa	23-Jan-2010	Newell Field House
21	1:58.59		Joel Vankoughnet	Manitoba	24-Feb-2010	Max Bell Field House
22	1:59.01		Kyle Irvine	Victoria	16-Jan-2010	Dempsey Field House
23	1:59.07		Nicholas Falk	Windsor	22-Jan-2010	Grand Valley State University
24	1:59.17		Stephen Campbell	Manitoba	24-Feb-2010	Max Bell Field House
25	1:59.26		Colin Barnett	Manitoba	12-Feb-2010	Lied Recreation Centre
26	2:00.14		Alyosha Boldt	Saskatchewan	12-Feb-2010	Regina Field House
27	2:00.34		Kevin Brennan	Ottawa	23-Jan-2010	Newell Field House
28	2:00.44		Owen deLange	Calgary	05-Dec-2009	Jack Simpson Track
29	2:00.53		Matt MacDonald	Guelph	05-Dec-2009	Toronto Track and Field Centre
30	2:00.97		Kyle Mackie	Ottawa	23-Jan-2010	Newell Field House
31	2:01.83		Doug Oxland	Victoria	16-Jan-2010	Dempsey Field House
32	2:02.17		Philippe Cloutier	Ottawa	23-Jan-2010	Newell Field House
33	2:02.40		Dale Wig	Regina	12-Feb-2010	Regina Field House
34	2:02.55		Johnathan Ell	Saskatchewan	12-Feb-2010	Regina Field House
35	2:02.78		Gage Bonneville	Regina	12-Feb-2010	Regina Field House
36	2:03.22		Jason Redpath	Manitoba	23-Jan-2010	Bierman Field House
37	2:03.36		Remy Binns	Ottawa	23-Jan-2010	Newell Field House
38	2:03.91		Marshall Gallaway	Manitoba	11-Dec-2009	Max Bell Field House
39	2:04.38		Cameron Smithers	Ottawa	23-Jan-2010	Newell Field House
40	2:04.92		Adam Penner	Manitoba	11-Dec-2009	Max Bell Field House
41	2:06.56		Patrick Kelly	Manitoba	23-Jan-2010	Max Bell Field House
42	2:07.19		Jonathan Zidar	Windsor	20-Feb-2010	Michigan Track and Field Centre
43	2:07.21		Kevin Lohrenz	Manitoba	11-Dec-2009	Max Bell Field House
44	2:07.47		Marco Venne	Guelph	05-Dec-2009	Toronto Track and Field Centre
45	2:07.65		Marc Beaton	Regina	12-Feb-2010	Regina Field House
46	2:08.06		Mitch Singleton	Regina	12-Feb-2010	Regina Field House
47	2:08.33		Mitsuru Wilson	Toronto	05-Dec-2009	Toronto Track and Field Centre
48	2:10.38		Michael Bergeron	Ottawa	23-Jan-2010	Newell Field House

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## **Best Men's Mile Result for All Athletes as of 15-Mar-2010 00:07:35** (Standard: 4:10.95)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	4:01.79 *		Kyle Boorsma	Guelph	05-Feb-2010	Loftus Centre
2	4:08.87 *		Daniel Mallie	Victoria	16-Jan-2010	Dempsey Field House
3	4:09.40 *		Matt Walters	Windsor	05-Feb-2010	Loftus Centre
4	4:10.95 *		Nigel Wray	Guelph	05-Feb-2010	Loftus Centre
5	4:16.72		Cliff Childs	Victoria	14-Feb-2010	Dempsey Field House
6	4:17.61		Darren Mazzei	Victoria	16-Jan-2010	Dempsey Field House
7	4:22.91		Alastair Brown	Lakehead	23-Jan-2010	UWS Fieldhouse
8	4:23.89		Adam Penner	Manitoba	12-Feb-2010	Lied Recreation Centre
9	4:24.51		James Barnes	Victoria	16-Jan-2010	Dempsey Field House
10	4:27.00		Chris Brown	Lakehead	13-Feb-2010	St Scholastica Fieldhouse
11	4:27.15		Jason Redpath	Manitoba	17-Jan-2010	Bison Sports Arena
12	4:31.51		David Witoluk	Lakehead	23-Jan-2010	UWS Fieldhouse
13	4:31.57		Zain Ahmed	Toronto	29-Jan-2010	Findlay Fieldhouse
14	4:32.38		Josh Clouthier	Victoria	16-Jan-2010	Dempsey Field House
15	4:33.16		Clay Patterson	Queen's	08-Jan-2010	Barton Hall
16	4:34.01		Michael Cox	Victoria	16-Jan-2010	Dempsey Field House
17	4:34.23		Jake Woloshyn	Toronto	29-Jan-2010	Findlay Fieldhouse
18	4:36.21		Garrett de Jong	Ottawa	23-Jan-2010	Newell Field House
19	4:36.72		Antun Pavelic	Toronto	12-Feb-2010	Barton Hall
20	4:36.76		Fraser Kegel	Windsor	20-Feb-2010	Michigan Track and Field Centre
21	4:37.66		Tyson Loney	Queen's	08-Jan-2010	Barton Hall
22	4:38.34		Doug Oxland	Victoria	14-Feb-2010	Dempsey Field House
23	4:38.60		Andrew Nicholl	Toronto	29-Jan-2010	Findlay Fieldhouse
24	4:39.56		Julien Biboud	Sherbrooke	12-Feb-2010	B U TrackCenter
25	4:40.20		Vincent Fluét	Ottawa	23-Jan-2010	Newell Field House
26	4:41.96		Shane Harrigan	Ottawa	23-Jan-2010	Newell Field House
27	4:48.39		Michael Bergeron	Ottawa	12-Dec-2009	Newell Field House
28	4:56.74		Oliver Hatheway	Queen's	08-Jan-2010	Barton Hall
29	5:03.98		Despatie Mathieu	Ottawa	23-Jan-2010	Newell Field House
30	5:17.75		Micah Quinn	Ottawa	10-Jan-2010	Leverone Fieldhouse

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## Best Men's 5000m Result for All Athletes as of 15-Mar-2010 00:07:35 (Standard: 14:24.94)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	15:41.15		Jonas Holmberg	Lakehead	23-Jan-2010	UWS Fieldhouse

## Best Men's 55mH Result for All Athletes as of 15-Mar-2010 00:07:35 (Standard: 7.76)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	7.78		Tyler Fawcett	Ottawa	12-Dec-2009	Newell Field House
2	7.82		Pierre Pujalon	Sherbrooke	12-Feb-2010	B U TrackCenter
3	7.92		Oluwasegun Makinde	Ottawa	23-Jan-2010	Newell Field House
4	8.24		Patrick Arbour	Ottawa	23-Jan-2010	Newell Field House
4	8.24		Patrick Khalaf	Ottawa	23-Jan-2010	Newell Field House
6	9.16		Spencer Bell	Ottawa	23-Jan-2010	Newell Field House
7	10.18		Zachary Quevillon	Ottawa	23-Jan-2010	Newell Field House