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Note: \* indicates CIS Standard and (HT) indicates a Hand Time

## Best OUA Men's 60m Rankings as of Mar-14-2010 00:01:22 (Standard: 6.79)

Rank	Result	Athlete	Team	Date	Venue
1	6.74 *	Randolph Fajardo	York	Feb-26-2010	Toronto Track and Field Centre
2	6.74 *	Tyrone Halstead	York	Feb-26-2010	Toronto Track and Field Centre
3	6.80	Jason Kerr	Western	Feb-26-2010	Toronto Track and Field Centre
4	6.81	Olu Ogunde	York	Jan-22-2010	UofT Athletic Centre
5	6.84	Oluwasegun Makinde	Ottawa	Feb-26-2010	Toronto Track and Field Centre
6	6.85	Moussa Sissoko	Ottawa	Feb-26-2010	Toronto Track and Field Centre
7	6.86	Dontae Richards-Kwok	York	Feb-26-2010	Toronto Track and Field Centre
8	6.87	Justin Keating	Windsor	Jan-29-2010	Tomlinson Field House
9	6.87	Aaron Bowman	Windsor	Jan-22-2010	Grand Valley State University
10	6.90	Michael Robertson	Ottawa	Jan-16-2010	Louis Riel Dome
11	6.92	Brandon McCartney	Western	Feb-26-2010	Toronto Track and Field Centre
12	6.94	Christopher Greenaway	Ottawa	Jan-29-2010	Tomlinson Field House
13	6.97	Elias Granillo	Western	Feb-26-2010	Toronto Track and Field Centre
14	6.98	Sissoko Moussa	Ottawa	Jan-10-2010	Leverone Fieldhouse
15	6.99	Luke Govia	Waterloo	Jan-29-2010	Tomlinson Field House

## Best OUA Men's 300m Rankings as of Mar-14-2010 00:01:22 (Standard: 34.53)

Rank	Result	Athlete	Team	Date	Venue
1	0:33.68 * (33.25 400m)	Michael Robertson	Ottawa	Jan-16-2010	Louis Riel Dome
2	0:33.80 *	Dontae Richards-Kwok	York	Feb-26-2010	Toronto Track and Field Centre
3	0:34.48 *	Jason Kerr	Western	Feb-26-2010	Toronto Track and Field Centre
4	0:34.57 (34.14 400m)	Tyrone Halstead	York	Feb-13-2010	Louis Riel Dome
5	0:34.73	Chris Reid	Windsor	Jan-29-2010	Tomlinson Field House
6	0:34.82	Moussa Sissoko	Ottawa	Jan-29-2010	Tomlinson Field House
7	0:34.84 (34.41 400m)	Oluwasegun Makinde	Ottawa	Jan-16-2010	Louis Riel Dome
8	0:34.85	Brendan Dills	Windsor	Jan-15-2010	St. Denis Athletic Centre
9	0:35.16	Michael Trnkus	Toronto	Feb-26-2010	Toronto Track and Field Centre
10	0:35.19	Elias Granillo	Western	Feb-26-2010	Toronto Track and Field Centre
11	0:35.36	Gord Frenke	Queen's	Feb-19-2010	Tomlinson Fieldhouse
12	0:35.43	Shayne Rice	Windsor	Feb-13-2010	St. Denis Athletic Centre
13	0:35.51	Scott Leitch	Western	Feb-26-2010	Toronto Track and Field Centre
14	0:35.55	Jimmy Tat	McMaster	Jan-29-2010	Tomlinson Field House
15	0:35.60	Adrian Heller	Queen's	Dec-05-2009	Tomlinson Fieldhouse

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## Best OUA Men's 600m Rankings as of Mar-14-2010 00:01:22 (Standard: 1:19.67)

Rank	Result	Athlete	Team	Date	Venue
1	1:18.53 *	Michael Robertson	Ottawa	Jan-29-2010	Tomlinson Field House
2	1:18.85 *	Dustin Gamble	Guelph	Jan-29-2010	Tomlinson Field House
3	1:18.91 *	Scott Leitch	Western	Jan-29-2010	Tomlinson Field House
4	1:19.79	Mitchell Tome	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	1:19.98	Dustin Eldridge	Windsor	Feb-26-2010	Toronto Track and Field Centre
6	1:20.43	Stefan Ristic	York	Feb-26-2010	Toronto Track and Field Centre
7	1:20.84	Camillo Quevedo	Windsor	Feb-26-2010	Toronto Track and Field Centre
8	1:21.48	Michael Nishiyama	Queen's	Feb-26-2010	Toronto Track and Field Centre
9	1:21.83	Ryan Charlton	York	Feb-06-2010	Toronto Track and Field Centre
10	1:21.84	Noah Fleming	McMaster	Feb-13-2010	St. Denis Athletic Centre
11	1:21.85	Rob Gooch	Western	Feb-26-2010	Toronto Track and Field Centre
12	1:22.01	Matt Hulse	Queen's	Feb-06-2010	Toronto Track and Field Centre
13	1:22.33	Evan Stevens	Guelph	Jan-29-2010	Tomlinson Field House
14	1:22.49	Matt MacDonald	Guelph	Feb-06-2010	Toronto Track and Field Centre
15	1:22.60 (1:22.13 300m)	Ben Lane	Windsor	Jan-22-2010	Grand Valley State University

## Best OUA Men's 1000m Rankings as of Mar-14-2010 00:01:22 (Standard: 2:26.58)

Rank	Result	Athlete	Team	Date	Venue
1	2:23.99 *	Mike Delmonte	Toronto	Feb-26-2010	Toronto Track and Field Centre
2	2:24.66 *	Matt Hulse	Queen's	Feb-26-2010	Toronto Track and Field Centre
3	2:25.19 *	Adam Kellar	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	2:25.91 *	Matt Walters	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	2:27.71	Rob Jackson	Guelph	Feb-12-2010	B U TrackCenter
6	2:28.08	Evan Stevens	Guelph	Jan-29-2010	Tomlinson Field House
7	2:29.87	Joshua Potvin	Queen's	Feb-19-2010	Tomlinson Fieldhouse
8	2:29.99 (2:29.01 330m)	Ethan Davenport	Toronto	Feb-05-2010	Loftus Centre
9	2:30.28	Benoit Boulay	Guelph	Feb-19-2010	Uof T Athletic Centre
10	2:30.51	Noah Fleming	McMaster	Jan-15-2010	St. Denis Athletic Centre
11	2:30.54	Andrew Cruickshank	Toronto	Feb-19-2010	Uof T Athletic Centre
12	2:30.77	Stephen Holmes	Guelph	Feb-19-2010	Uof T Athletic Centre
13	2:30.82	Clay Patterson	Queen's	Feb-06-2010	Toronto Track and Field Centre
14	2:30.85	Andrew Douglas	McMaster	Jan-15-2010	St. Denis Athletic Centre
15	2:30.88	Alastair Brown	Lakehead	Feb-13-2010	St Scholastica Fieldhouse

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## Best OUA Men's 1500m Rankings as of Mar-14-2010 00:01:22 (Standard: 3:52.56)

Rank	Result	Athlete	Team	Date	Venue
1	3:46.0 * (HT)	Kyle Boorsma	Guelph	Jan-23-2010	The Armory Track Field Center
2	3:50.05 *	Mike Delmonte	Toronto	Jan-22-2010	UofT Athletic Centre
3	3:50.44 *	Rob Jackson	Guelph	Jan-29-2010	Tomlinson Field House
4	3:51.70 *	Matt Hulse	Queen's	Jan-29-2010	Tomlinson Field House
5	3:52.49 *	Adam Kellar	Windsor	Feb-13-2010	St. Denis Athletic Centre
6	3:52.87	Allan Brett	Guelph	Jan-29-2010	Tomlinson Field House
7	3:52.93	Andrew Aguanno	Windsor	Feb-13-2010	St. Denis Athletic Centre
8	3:53.24	Dave Weston	Windsor	Feb-13-2010	St. Denis Athletic Centre
9	3:53.88	Matt Walters	Windsor	Feb-13-2010	St. Denis Athletic Centre
10	3:55.33	Kyle O'Neill	Western	Feb-13-2010	St. Denis Athletic Centre
11	3:56.14	Nigel Wray	Guelph	Feb-13-2010	St. Denis Athletic Centre
12	3:58.21	Alastair Brown	Lakehead	Jan-29-2010	Tomlinson Field House
13	3:58.35	Ryan Huff	Western	Jan-29-2010	Tomlinson Field House
14	3:58.47	Stephen Douglas	Toronto	Jan-15-2010	St. Denis Athletic Centre
15	3:58.83	Ethan Davenport	Toronto	Feb-19-2010	Uof T Athletic Centre

## Best OUA Men's 3000m Rankings as of Mar-14-2010 00:01:22 (Standard: 8:20.47)

Rank	Result	Athlete	Team	Date	Venue
1	8:12.81 * (8:09.75 330m)	Dave Weston	Windsor	Feb-05-2010	Loftus Centre
2	8:15.61 *	Kyle Boorsma	Guelph	Jan-29-2010	Tomlinson Field House
3	8:17.04 * (8:13.98 330m)	Kyle O'Neill	Western	Feb-05-2010	Loftus Centre
4	8:19.10 *	Nigel Wray	Guelph	Jan-29-2010	Tomlinson Field House
5	8:19.46 * (8:16.40 330m)	Andrew Aguanno	Windsor	Feb-05-2010	Loftus Centre
6	8:20.59 (8:17.53 330m)	Allan Brett	Guelph	Feb-05-2010	Loftus Centre
7	8:26.88	Matt Brunsting	Guelph	Feb-19-2010	Uof T Athletic Centre
8	8:30.84	John Parrott	Guelph	Feb-19-2010	Uof T Athletic Centre
9	8:30.90	Ryan Huff	Western	Feb-26-2010	Toronto Track and Field Centre
10	8:32.24 (8:29.69 300m)	Matt Walters	Windsor	Jan-22-2010	Grand Valley State University
11	8:41.31	Andrew Nixon	Lakehead	Feb-13-2010	St Scholastica Fieldhouse
12	8:41.70 (8:39.15 300m)	Drew Patterson	Windsor	Jan-22-2010	Grand Valley State University
13	8:42.25 (8:39.19 330m)	Larry Abbott	McMaster	Feb-05-2010	Loftus Centre
14	8:42.68	Rob Koziarski	Guelph	Jan-29-2010	Tomlinson Field House
15	8:42.80 (8:40.25 300m)	Alex Meyer	Windsor	Jan-22-2010	Grand Valley State University

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## Best OUA Men's 60mH Rankings as of Mar-14-2010 00:01:22 (Standard: 8.33)

Rank	Result	Athlete	Team	Date	Venue
1	7.98 *	Chris Theriau	York	Feb-26-2010	Toronto Track and Field Centre
2	8.04 *	Matt Brisson	Western	Feb-26-2010	Toronto Track and Field Centre
3	8.13 *	Tyler Fawcett	Ottawa	Feb-26-2010	Toronto Track and Field Centre
4	8.21 *	Anthony Dandie	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	8.22 *	Oluwasegun Makinde	Ottawa	Feb-26-2010	Toronto Track and Field Centre
6	8.27 *	Mark Stewart	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
7	8.37	Kevin O'Neill	Western	Feb-26-2010	Toronto Track and Field Centre
8	8.46	Jeremy Sin	Toronto	Feb-06-2010	Toronto Track and Field Centre
9	8.51	Patrick Arbour	Ottawa	Feb-26-2010	Toronto Track and Field Centre
10	8.53	Conor Fanning	Windsor	Feb-26-2010	Toronto Track and Field Centre
11	8.58	Hugo Lopez	Waterloo	Feb-26-2010	Toronto Track and Field Centre
12	8.59	Matthew Daly-Grafstein	Toronto	Feb-26-2010	Toronto Track and Field Centre
13	8.73	Austin Roth	Windsor	Feb-06-2010	Toronto Track and Field Centre
14	8.74	Matt Morden	Western	Feb-13-2010	St. Denis Athletic Centre
15	8.77	Eric Noland	Waterloo	Feb-06-2010	Toronto Track and Field Centre

## Best OUA Men's 4x200m Relay Rankings as of Mar-14-2010 00:01:22 (Standard: 1:28.57)

Rank	Result	Athlete	Team	Date	Venue
1	1:26.60 *	York Lions	York	Feb-26-2010	Toronto Track and Field Centre
2	1:27.20 *	Western Mustangs	Western	Feb-26-2010	Toronto Track and Field Centre
3	1:27.60 *	Ottawa Gee Gees	Ottawa	Feb-26-2010	Toronto Track and Field Centre
4	1:27.68 *	Windsor Lancers	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	1:28.47 *	Western Mustangs	Western	Feb-13-2010	St. Denis Athletic Centre
6	1:30.27	Waterloo Warriors	Waterloo	Feb-19-2010	Tomlinson Fieldhouse
7	1:30.47	Queen's Gaels	Queen's	Feb-06-2010	Toronto Track and Field Centre
8	1:31.38	Guelph Gryphons	Guelph	Feb-26-2010	Toronto Track and Field Centre
9	1:31.83	McMaster Marauders	McMaster	Feb-26-2010	Toronto Track and Field Centre
10	1:32.01	Toronto Varsity Blues	Toronto	Feb-26-2010	Toronto Track and Field Centre
11	10:32.05 (10:31.01 400m)	Queen's Golden Gaels	Queen's	Nov-27-2009	Louis Riel Dome

## Best OUA Men's 4x400m Relay Rankings as of Mar-14-2010 00:01:22 (Standard: 3:20.70)

Rank	Result	Athlete	Team	Date	Venue
1	3:17.71 * (3:16.50 300m)	Windsor Lancers	Windsor	Jan-22-2010	Grand Valley State University
2	3:17.77 * (3:16.32 330m)	Western Mustangs	Western	Feb-05-2010	Loftus Centre
3	3:19.36 *	York Lions	York	Feb-26-2010	Toronto Track and Field Centre
4	3:20.75	Queen's Gaels	Queen's	Feb-19-2010	Tomlinson Fieldhouse
5	3:20.99	Ottawa Gee Gees	Ottawa	Feb-26-2010	Toronto Track and Field Centre
6	3:22.74	Waterloo Warriors	Waterloo	Feb-19-2010	Tomlinson Fieldhouse
7	3:23.31	Guelph Gryphons	Guelph	Jan-29-2010	Tomlinson Field House
8	3:24.21 (3:22.76 330m)	McMaster Marauders	McMaster	Feb-05-2010	Loftus Centre
9	3:24.82	Toronto Varsity Blues	Toronto	Feb-26-2010	Toronto Track and Field Centre
10	3:24.91	Western Mustangs	Western	Jan-15-2010	St. Denis Athletic Centre
11	3:33.12 (3:30.70 400m)	Ian Fung	Queen's	Nov-27-2009	Louis Riel Dome
12	3:45.57	Lakehead University	Lakehead	Jan-23-2010	UWS Fieldhouse

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13	30:30.50 (30:30.52 200m)	Queen's Golden Gaels	Queen's	Jan-08-2010	Barton Hall
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## **Best OUA Men's 4x800m Relay Rankings as of Mar-14-2010 00:01:22** (Standard: 7:42.91)

Rank	Result	Athlete	Team	Date	Venue
1	7:42.23 *	Toronto Varsity Blues	Toronto	Jan-15-2010	St. Denis Athletic Centre
2	7:42.42 *	Guelph Gryphons	Guelph	Jan-15-2010	St. Denis Athletic Centre
3	7:42.60 *	Windsor Lancers	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	7:42.79 *	Queen's Gaels	Queen's	Feb-26-2010	Toronto Track and Field Centre
5	7:49.71 (7:51.11 146m)	Ben Lane	Windsor	Jan-29-2010	Madison Square Garden
6	7:49.94	McMaster Marauders	McMaster	Feb-26-2010	Toronto Track and Field Centre
7	7:51.39	York Lions	York	Feb-26-2010	Toronto Track and Field Centre
8	7:51.89	Lakehead University	Lakehead	Feb-26-2010	Toronto Track and Field Centre
9	7:53.60	Ottawa Gee Gees	Ottawa	Jan-29-2010	Tomlinson Field House
10	8:01.14	Western Mustangs	Western	Feb-13-2010	St. Denis Athletic Centre
11	8:13.24	Waterloo Warriors	Waterloo	Jan-29-2010	Tomlinson Field House
12	8:13.91	Western Mustangs	Western	Jan-15-2010	St. Denis Athletic Centre

## **Best OUA Men's High Jump Rankings as of Mar-14-2010 00:01:22** (Standard: 2.00)

Rank	Result	Athlete	Team	Date	Venue
1	2.05 *	Cornell Haynes	Guelph	Dec-05-2009	Toronto Track and Field Centre
2	2.03 *	Jonathan Odemeru	York	Jan-15-2010	St. Denis Athletic Centre
3	2.02 *	Josh Edwards	Windsor	Feb-14-2010	St. Denis Athletic Centre
4	2.00 *	Brett Georgevski	Toronto	Feb-06-2010	Toronto Track and Field Centre
5	2.00 *	Jason Diston	Guelph	Jan-09-2010	UofT Athletic Centre
6	1.98	Andrew Dandie	Windsor	Feb-26-2010	Toronto Track and Field Centre
7	1.98	Mike Lopatowski	Guelph	Feb-26-2010	Toronto Track and Field Centre
8	1.96	Christopher Greenaway	Ottawa	Dec-19-2009	Louis Riel Dome
9	1.89	Andrew Good	Waterloo	Feb-26-2010	Toronto Track and Field Centre
10	1.89	Justin Conlon	Waterloo	Feb-26-2010	Toronto Track and Field Centre
11	1.89	Andrew Foster	Windsor	Jan-15-2010	St. Denis Athletic Centre
12	1.86	Patrick Arbour	Ottawa	Feb-26-2010	Toronto Track and Field Centre
13	1.86	Levi Dow	York	Feb-19-2010	Uof T Athletic Centre
14	1.85	Mehdi Khamadmadi	York	Nov-26-2009	Toronto Track and Field Centre
15	1.85	Mathew McNaughton	Windsor	Dec-04-2009	St. Denis Athletic Centre

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## Best OUA Men's Pole Vault Rankings as of Mar-14-2010 00:01:22 (Standard: 4.64)

Rank	Result	Athlete	Team	Date	Venue
1	5.50 *	Jason Wurster	Toronto	Feb-06-2010	Toronto Track and Field Centre
2	4.85 *	Jeff Vukasovic	Windsor	Feb-06-2010	Toronto Track and Field Centre
3	4.60	Townsend Benard	Toronto	Feb-19-2010	Uof T Athletic Centre
4	4.55	Vuk Bogunuvik	Guelph	Feb-20-2010	Toronto Track and Field Centre
5	4.55	Chris Erle	Western	Feb-26-2010	Toronto Track and Field Centre
6	4.55	Geoff Law	Toronto	Feb-06-2010	Toronto Track and Field Centre
7	4.50	Adam Wyprysky	Western	Feb-19-2010	Uof T Athletic Centre
8	4.45	Mike Lopatowski	Guelph	Feb-26-2010	Toronto Track and Field Centre
9	4.40	Andrew Debus	Guelph	Feb-20-2010	Toronto Track and Field Centre
10	4.40	Lane Clark	Guelph	Feb-20-2010	Toronto Track and Field Centre
11	4.25	Mark Farnsworth	Ottawa	Jan-23-2010	Newell Field House
12	3.90	Paul Sumpton	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
13	3.80	Zachary Bertram	Windsor	Feb-13-2010	St. Denis Athletic Centre
14	3.75	Mike Weatherhead	Ottawa	Feb-26-2010	Toronto Track and Field Centre
15	3.11	Brandon Yuen	Ottawa	Dec-19-2009	Louis Riel Dome

## Best OUA Men's Long Jump Rankings as of Mar-14-2010 00:01:22 (Standard: 7.10)

Rank	Result	Athlete	Team	Date	Venue
1	7.64 *	Christopher Greenaway	Ottawa	Feb-26-2010	Toronto Track and Field Centre
2	7.25 *	Guyson Kuruneri	Guelph	Feb-26-2010	Toronto Track and Field Centre
3	7.25 *	Andrew Judge	Western	Feb-26-2010	Toronto Track and Field Centre
4	7.15 *	Ehis Adada	Western	Nov-24-2009	Thompson Recreation and Athletic Centre
5	7.12 *	Anthony Dandie	Windsor	Feb-26-2010	Toronto Track and Field Centre
6	7.08	Olivier Gauthier-Kwan	Ottawa	Feb-26-2010	Toronto Track and Field Centre
7	6.98	Jeremy Yang	Waterloo	Feb-06-2010	Toronto Track and Field Centre
8	6.83	Jared Chapman	Western	Feb-06-2010	Toronto Track and Field Centre
9	6.78	Jason Goetz	Waterloo	Feb-26-2010	Toronto Track and Field Centre
10	6.78	Brandon McCartney	Western	Feb-13-2010	St. Denis Athletic Centre
11	6.72	Jason Diston	Guelph	Feb-26-2010	Toronto Track and Field Centre
12	6.65	Kevin Honig	Guelph	Feb-26-2010	Toronto Track and Field Centre
13	6.63	Thomas Scott	Queen's	Dec-05-2009	Tomlinson Fieldhouse
14	6.63	Brayan Patten	Windsor	Dec-04-2009	St. Denis Athletic Centre
15	6.58	Randolph Fajardo	York	Nov-26-2009	Toronto Track and Field Centre

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## Best OUA Men's Triple Jump Rankings as of Mar-14-2010 00:01:22 (Standard: 14.40)

Rank	Result	Athlete	Team	Date	Venue
1	14.92 *	Andrew Judge	Western	Jan-15-2010	St. Denis Athletic Centre
2	14.77 *	Jason Goetz	Waterloo	Feb-06-2010	Toronto Track and Field Centre
3	14.44 *	Kevin Honig	Guelph	Feb-13-2010	St. Denis Athletic Centre
4	14.39	Christopher Greenaway	Ottawa	Feb-26-2010	Toronto Track and Field Centre
5	13.99	Jason Mei	Toronto	Feb-26-2010	Toronto Track and Field Centre
6	13.95	Carl Shen	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
7	13.75	Anthony Dandie	Windsor	Feb-13-2010	St. Denis Athletic Centre
8	13.34	Jose Belfast-Kum	Western	Feb-26-2010	Toronto Track and Field Centre
9	13.09	Lawrence Adjei-Okyere	Guelph	Feb-06-2010	Toronto Track and Field Centre
10	13.05	Olivier Gauthier-Kwan	Ottawa	Feb-26-2010	Toronto Track and Field Centre
11	13.04	Cornell Haynes	Guelph	Jan-29-2010	Tomlinson Field House
12	13.04	Thomas Scott	Queen's	Jan-15-2010	St. Denis Athletic Centre
13	13.01	Travis Francis	York	Feb-26-2010	Toronto Track and Field Centre
14	12.99	Wray Hussey	Guelph	Jan-29-2010	Tomlinson Field House
15	12.89	Levi Dow	York	Jan-15-2010	St. Denis Athletic Centre

## Best OUA Men's Shot Put Rankings as of Mar-14-2010 00:01:22 (Standard: 15.24)

Rank	Result	Athlete	Team	Date	Venue
1	16.97 *	Mike Miller	Windsor	Jan-15-2010	St. Denis Athletic Centre
2	16.37 *	Tim Hendry	Guelph	Feb-12-2010	Gryphon Dome
3	15.83 *	Umar Khan	York	Feb-19-2010	Uof T Athletic Centre
4	15.51 *	Dan McDonald	Western	Feb-26-2010	Toronto Track and Field Centre
5	15.45 *	Cole Bloxam	Windsor	Jan-15-2010	St. Denis Athletic Centre
6	14.86	Patrick Arbour	Ottawa	Feb-26-2010	Toronto Track and Field Centre
7	14.73	Brent Roubos	Guelph	Feb-19-2010	Uof T Athletic Centre
8	13.77	Nathan Stern	Guelph	Feb-26-2010	Toronto Track and Field Centre
9	13.47	Andre Labelle	Toronto	Jan-22-2010	UofT Athletic Centre
10	12.96	Dustin McCrank	Guelph	Feb-12-2010	Gryphon Dome
11	12.94	Jesse Francis	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
12	12.81	Alex Rodenheiser	Western	Jan-29-2010	Tomlinson Field House
13	12.67	Ben Ford	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
14	12.66	Jason Diston	Guelph	Feb-26-2010	Toronto Track and Field Centre
15	12.15	Stephen Shearer	Windsor	Dec-04-2009	St. Denis Athletic Centre

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## Best OUA Men's 35lb Weight Throw Rankings as of Mar-14-2010 00:01:22 (Standard: 16.15)

Rank	Result	Athlete	Team	Date	Venue
1	17.39 *	Dustin McCrank	Guelph	Jan-15-2010	St. Denis Athletic Centre
2	15.99	Tim Hendry	Guelph	Feb-26-2010	Toronto Track and Field Centre
3	15.11	Brent Roubos	Guelph	Feb-26-2010	Toronto Track and Field Centre
4	15.08	Mike Miller	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	14.63	Umar Khan	York	Feb-19-2010	Uof T Athletic Centre
6	14.50	Dan McDonald	Western	Feb-26-2010	Toronto Track and Field Centre
7	13.81	Jesse Francis	Western	Dec-05-2009	Thompson Recreation and Athletic Centre
8	13.16	Alex Rodenheiser	Western	Feb-26-2010	Toronto Track and Field Centre
9	12.62	Karl van Klaveren	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
10	12.56	Matt Davis	York	Jan-29-2010	Tomlinson Field House
11	12.04	Cole Bloxam	Windsor	Dec-04-2009	St. Denis Athletic Centre
12	12.03	Stephen Shearer	Windsor	Dec-04-2009	St. Denis Athletic Centre
13	9.92	Nathan Stern	Guelph	Nov-20-2009	Gryphon Dome
14	9.15	Cory Huybregts	Ottawa	Nov-27-2009	Louis Riel Dome
15	6.70	Chidi Small	York	Nov-26-2009	Toronto Track and Field Centre

## Best OUA Men's Pentathlon Rankings as of Mar-14-2010 00:01:22 (Standard: 3498)

Rank	Result	Athlete	Team	Date	Venue
1	3620.00 *	Jason Diston	Guelph	Feb-26-2010	Toronto Track and Field Centre
2	3603.00 *	Anthony Dandie	Windsor	Feb-26-2010	Toronto Track and Field Centre
3	3602.00 *	Patrick Arbour	Ottawa	Feb-26-2010	Toronto Track and Field Centre
4	3117.00	Omar Fayoumi	Western	Feb-26-2010	Toronto Track and Field Centre
5	2953.00	Zachary Quevillon	Ottawa	Feb-26-2010	Toronto Track and Field Centre
6	2934.00	Felix Li	Western	Feb-26-2010	Toronto Track and Field Centre
7	2903.00	Justin Conlon	Waterloo	Feb-26-2010	Toronto Track and Field Centre
8	2846.00	Shawn Hind	Guelph	Jan-22-2010	UofT Athletic Centre
9	2634.00	Bradley Matheson	York	Feb-26-2010	Toronto Track and Field Centre
10	2552.00	Vince DiBacco	York	Jan-22-2010	UofT Athletic Centre
11	2345.00	Mike Bashucky	York	Jan-29-2010	Tomlinson Field House
12	2075.00	Chris Weatherhead	Ottawa	Nov-21-2009	Louis Riel Dome

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